

ROOM Rx

Once Upon a Mattress

If your bed blocks the window, designer EMILIE MUNROE shares her tricks for making your room look harmonious, not haphazard.

BY LESLIE CORONA

Q:

The only spot a bed will fit is in front of the window. How do I set up the space without getting a bed that blocks light—or is so low I have to crawl into it? —Elyse from Montclair, New Jersey



1

REST YOUR HEAD

A low, upholstered headboard will let you lean back without laying your head against glass, and also insulate against drafts. Place the bed a few inches from the wall so curtains close easily. **TO BUY:** Ava Emerald Queen Bed, \$1,399; crateandbarrel.com.

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GET THE RIGHT LIGHTS

Go with lamps and nightstands that jibe with your bed's proportions. Lamps should be a bit taller than the top of the headboard, and the table's surface should be level with the mattress. **TO BUY:** Modern Wood Column Table Lamp, \$189; westelm.com.



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GO WIDE ON DRAPES

Install a rod that extends at least a foot beyond each side of the window. This way you can push the curtains clear to let in more light, and it makes the window seem bigger. **TO BUY:** Hearth & Hand with Magnolia Blanket Stitch Curtain Panel, \$25; target.com.



4

CREATE A COLOR POP

Paint the window's frame and dividers the same blue as the walls. The bold contrast with the green headboard will accentuate light filtering in. **TO BUY:** Indigo Cloth by Valspar, from \$26 per gallon; lowes.com.

Submit your own design dilemmas to room.rx@realsimple.com.