



SPACE OF THE
MONTH

Raising the Bar

This nook isn't just an at-home watering hole.

It's also a self-care station, says designer Bobby Berk (@bobby), whose new book, *Right at Home: How Good Design Is Good for the Mind* (out September 12), breaks down

how to arrange your surroundings to improve your well-being. "Any space, bar or not, that allows you to unplug, relax, and reset is good for your mental health," he says. This bar area, in the Los Angeles home of two of Bobby's friends, actor Freida Pinto and photographer Cory Tran, features a dazzling chandelier original to the 1950s bungalow, as well as a moody paint color and copious dark walnut wood and glass shelving. We'll have a double. As in, two of these bars, please!

COURTESY OF SARA LIGORRIA-TRAMP AND BOBBY BERK



ON TREND

Colorful Marble

These bold pieces totally rock. (Sorry, we had to.)

Left: Grace Accent Table, \$506; beambk.com
Luis Red Travertine Sculpture, \$149; cb2.com Decorative Marble Chain, \$60; wayfair.com Right: Squiggle Marble Trivet, \$130; hawkinsnewyork.com Alabaster Swivel Box, \$206; laylagrayce.com



MISTAKES YOU DIDN'T KNOW YOU WERE MAKING

Indoor Lighting

Joe Borress, president of Tri-Star Electric & Automation in Malibu, California, shares his bright ideas to correct your biggest blunders.

The Color Is Too Cool

Lightbulbs vary from warm (soft and golden) to cool (brighter and bluish), and they're measured in degrees on the Kelvin scale. "For residential use, we recommend 2,700 degrees," Borress says. Cooler bulbs, at 3,000 or higher, will likely be too harsh for your space.

You're Focused on the Ceiling

Too many recessed lights will make your living room look like an operating room. "Use different layers of lighting," Borress suggests. These layers include ceiling lights, yes, but also options like floor and table lamps, wall sconces, picture lights, and more.

You're Not Using Dimmers

"Every light should be on a dimmer," Borress says. Lighting is for two things—seeing and creating a mood—and dimmers make the latter possible. He likes the ones by Lutron (from \$25). If you're not all that handy, consider just turning on one less lamp this evening.



Note the brilliant use of a floor lamp, table lamp, and chandelier!