



**6 Saint Lucian Female Folklore  
Characters You Should Know! By  
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## **Introduction:**

On February 22nd, my island home celebrates 46 years of independence from the United Kingdom, and I created this guide to celebrate our independence. I also created this guide to introduce you to some of our folklore and mythical characters, as many know about Greek and Roman but not much about folklore and mythology from other parts of the world.





**Soucouyant** I grew up with the stereotype that a soucouyant was an old woman who shed her human form and turned into a fireball, but as another Saint-Lucian writer, A.L. Dawn French, told me, a soucouyant can be any gender and any age. A soucouyant lives and appears as a regular human during the day, but at night they shed their human form and turn into a fireball in search of their victim. They can enter the home and suck the blood of their victims. They are vampiric-like creatures.



**Ladjablès:** Depending on the story, she is a demi demon of either African descent or biracial or is white. One of the stories goes that she made a deal with the devil after she suffered a heartbreak. In the stories, she lures men into ditches or forests. She usually goes after men who commit adultery. She is often depicted as a beautiful woman dressed in 19th-century French Creole attire with a cow's foot; however, her beauty is farce, as she has the face of a corpse.



**Mama Glo** is a half woman, half snake. She is the protector of the rivers and all river animals; she is basically the mother of rivers. She is married to Papa Bwa, the protector and father of the forests and all forest animals. In my opinion, she is a combination of the three main ethnicities and cultures that influenced folklore and mythology: European (primarily French), West African, and Indian.



**Mary Ansent:** Her last name is a French Creole and French term for pregnant. She has double meaning in Saint-Lucia culture since we are predominately a Roman Catholic nation; her character alludes to Mary, mother of Jesus, and the nation; however, she also alludes to the numerous pregnant enslaved women and the harsh realities they faced. Having a baby should be a period of happiness, but it wasn't for Mary or these enslaved women. She is married to Papa Djab and is forever pregnant.



**SheDjab:** Don't mind the name, as Shedjab means she devil, but she is really a protector who suffered from sexual abuse and abandonment. Papa Djab ressurts her at the xistence of Mary Ansent, and her mission is to punish the men who hurt and disrespect women.





**Mahji Blanc** is the Saint-Lucian version of a succubus.



I hoped you enjoyed learning about some of the mythical characters from my culture.



## Recommended Readings

Angelo Bissessarsingh [La Diabliesse](#)

June Frederick

🌐 [Traditional Masquerade of Saint Lucia: Characters and Costumes \\* Music and Dances \\* Chant...](#)

A.L.Dawn French: 🌐 [Under the Christmas Tree Vol.1](#) Vol. 1



A.L. Dawn French: [Caribbean Legends: Myths. Folklore and Tradition](#) : Soon to be published in 2025/2026

Caribbean Reads: 🌐 [Soucouyant - Caribbean folklore from CaribbeanReads](#) Soucouyant: CaribbeanSoucouyant: Caribbean

Oxford English Dictionary

🌐 [soucouyant, n. meanings, etymology and more | Oxford English Dictionary](#)