

St. Christopher's Hospice Runs End of Life Training Programme for Youth

St. Christopher's Centre for Awareness and Response to End of Life (CARE) is set to run a summer school programme for youngsters aged 16-18 in July at their centre in Sydenham, London. Aimed at helping youth understand palliative care, the 'Young Changemakers' programme hopes to change the way young people deal with death and end of life.

The programme consists of a five-day day summer school course starting on the 10th of July, which would educate the youth on healthcare approaches and challenges. Interested applicants can also apply for a year-long leadership programme in addition to the summer school, which will be conducted online, but would include a few events to be attended in person.

The requirements for application include being between the ages of 16 and 18, as well as being full time students who hope to help and support others in their community, with special preference being given to applicants from the five Boroughs being served by St. Christopher's Hospice, which include – Lewisham, Croydon, Bromley, Lambeth and Southwark.

The Young Changemakers programme has been subsidised by a grant from Tallow Chandlers, a company that supports charitable organisations focusing on educating young people, and applicants will have to pay a nominal charge of £35, which will include breakfast and lunch.

The summer school course hopes to include young people in the process, and would include field trips to organisations that have been working to create change, ensuring that the applicants draw inspiration from them. In addition to this, it also aims to focus on challenges faced by communities, people and organisations in the field and aims to show the youth how they can play a role in finding solutions by working together and encouraging each other, rather than only relying on professionals in the field, explained the team at CARE.

While this is their second year of running the programme, Community Action Programme Manager Emma Woodhouse explained that this year's programme is designed on the basis of creating social change.

"Young Changemakers is proven to be effective in supporting a number of young people from across London who want to create change," said Woodhouse. "We can't wait for another cohort of students to be inspired by!"