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Ph.D. in Mind-Body Medicine

Contemplative End-Of-Life Care Specialization

Guided by our compassionate and holistic approach to care, you will emerge from the Ph.D. in Mind-Body Medicine, Contemplative End-of-Life Care Specialization program with the capacity to help individuals accept death with grace and mindfulness.

LENGTH OF PROGRAM

4.5 to 5.5 years

CREDITS EARNED:

75 to 78

UNIVERSITY EXPERIENCES:

- ☒ **Virtual Learning Experience – Required**
- ☒ **Community Learning Experience – Optional**



Compassionate Care for Those at the End of Life

Our Ph.D. in Mind-Body Medicine, Contemplative End-of-Life Care Specialization program draws upon insights from psychology, medicine, sociology, philosophy, and spirituality to nurture profound understanding and compassion for those who wish to become an advocate for the dying and create optimal support, comfort, and care for those facing life's final chapter and their loved ones.

Within the Contemplative End-of-Life Care Specialization curriculum, you will study end-of-life decision-making, loss, grief, mourning, cultural humility, and much more.

This vital work goes beyond providing comfort in someone's final days. In addition to the topics above, you will learn how to cultivate a courageous presence with the dying, provide mindful support to the grieving, and explore your own experiences and attitudes toward death.