



Your Roadmap to Life's Golden Years

You've always been in the driver's seat, and now as you approach the next leg of your journey, **Avenue Sixty-Two** will make sure you stay there.

Our experienced and compassionate team will help you age in place or downsize while still honoring your fondest memories and accomplishments.

DOWNSIZING & MOVING



“ I have my house back! Avenue Sixty-Two completed a full evaluation and was always quick to follow up on my concerns.

-Eileen C.

Give yourself room to explore.

Change can be stressful and overwhelming, **Avenue Sixty-Two** helps you plan ahead, avoiding costly last-minute decisions and potential disagreements and making sure your new adventures are off to a smooth start from the get-go.

Your parents come first.

Sometimes you just can't be there to help your family as much as you would like. At **Avenue Sixty-Two**, our priority is your parents' well-being; we ensure they are treated with the utmost care and that their wishes are respected with complete confidentiality.



Kathy's Tips

Rewarding Awards

Larger homes allow you to have extra shelving or places where you can proudly display your favorite memorabilia or trophies—items that mean a lot to you but that can take up a lot of space.

[READ MORE](#)



CONTACT US FOR A FREE 1-HOUR CONSULTATION

650-518-9941



[Aging in Place](#)
[Downsizing & Moving](#)
[Design](#)
[Room by Room](#)

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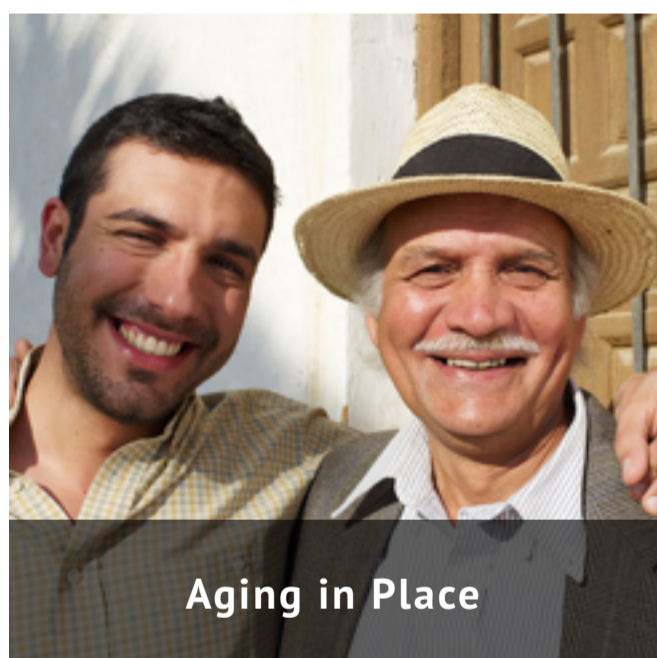


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Services

We provide a range of customized services to help you either live more comfortably in your home or make the move to a new community. Please contact us for a no-fee consultation on how we can best meet your needs via:

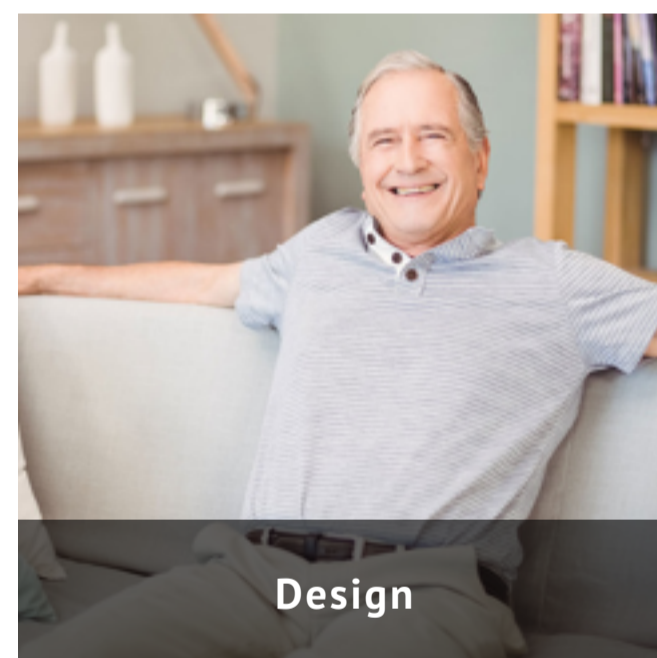
- Aging in place, downsizing & moving plans
- Inventory taking, sorting and organizing
- Professional packing and unpacking
- Home staging
- Management of all contracted services
- Design & set-up of new living space



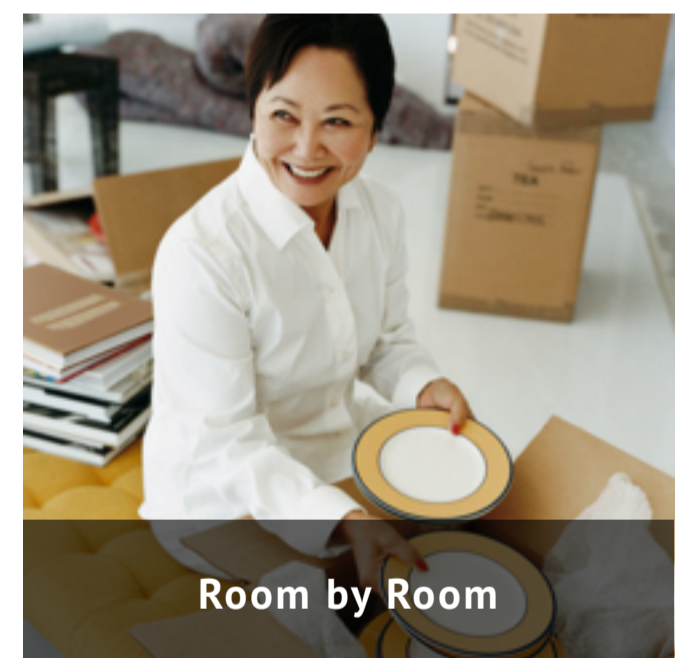
Aging in Place



Downsizing & Moving



Design



Room by Room



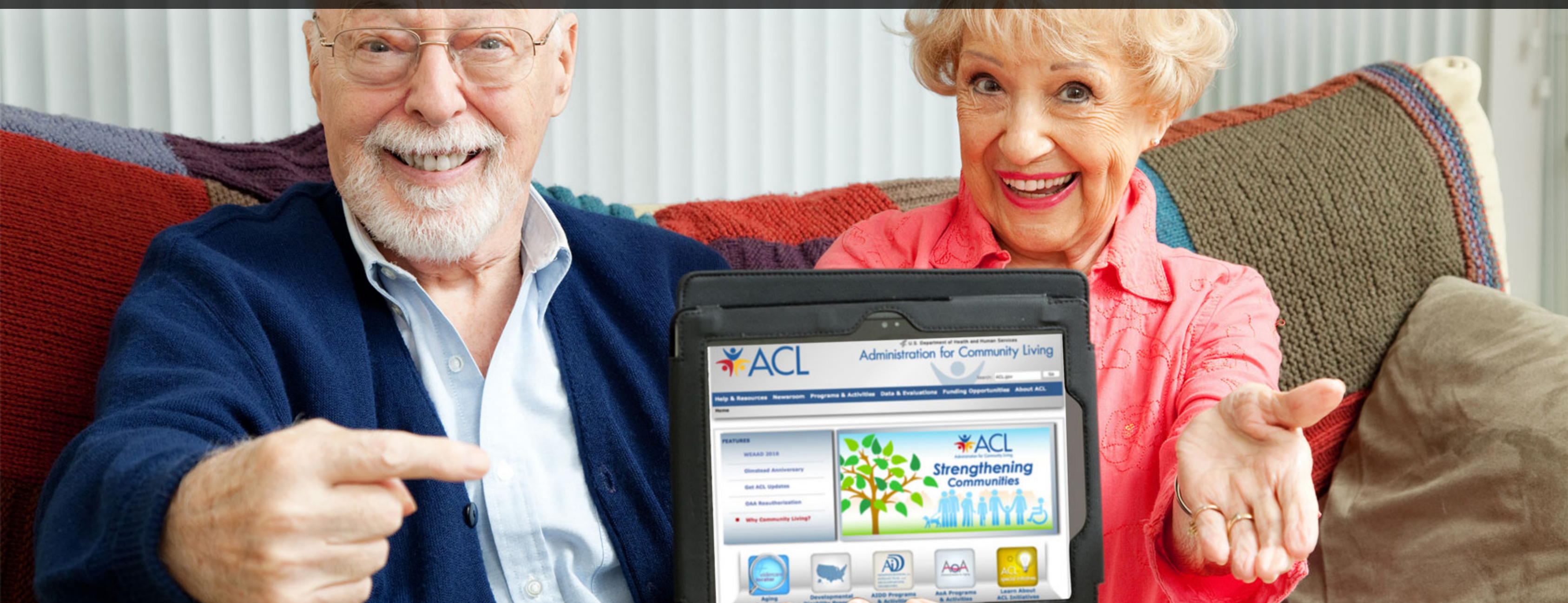
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Resources

Thankfully, a large variety of government and non-profit organizations provide support to us as we age. That said, sorting through them to find the best ones for your family is often no easy task.

Here are some of **Avenue Sixty-Two's** top recommendations. To learn more, please contact us for a free consultation. We would be happy to direct you to the programs and services that best suit your needs.

Caregiving

- [The Family Caregiver Alliance \(FCA\)](#)

Being a caregiver for loved ones with long-term illnesses and disabilities can be overwhelming. The Family Caregiver Alliance is an indispensable resource, providing educational articles and videos, events and even free retreats. Be sure to check out their caregiver connect section for support groups.

- [Institute on Aging](#)

The Institute on Aging provides innovative, community-based programs for a diverse population of older adults and disabled adults, enabling its clients to live at home for as long as possible. The Institute serves San Francisco, Marin, San Mateo and Santa Clara Counties. Check out their [specialized app](#), which helps you track medication and appointments.

Education

- [Administration on Aging and Administration on Community Living](#)

This Federal Government agency is a good starting place to learn about services and programs designed to support us as we age. Here you will find information on Adult Day Health Care, Caregiver Support, Health Insurance Counseling, Long-Term Care and Senior Housing assistance, to name a few.

- [Support for Veterans](#)

Elderly U.S. Veterans may be eligible for a wide-variety of benefits, including disability compensation, pension, education and training, health care, home loans, insurance, vocational rehabilitation and employment, and burial.

- The Federal Government also oversees state agencies that provide community-based services and opportunities for older Americans and their families, including nursing, adult day care, transportation services and meal deliveries.

Faith-Based Organizations

In the Bay Area, two prominent, faith-based organizations provide helpful resources for aging adults:

- [Episcopal Senior Communities](#)
- [Jewish Family and Children's Services](#)

General Information

- [Next Avenue](#)

This is public media's first and only national service for America's aging population providing stories and resources reflecting national trends and sentiments.

Elder Abuse

- [National Committee for the Prevention of Elder Abuse](#)

Get to know signs of elder abuse and find recommendations to help monitor financial behavior.

- [True Link](#)

This financial service helps you to monitor purchases and prevent fraud.

Related services

Referrals for the following reputable and reliable services are available upon request:

- Estate planning
- Family law
- Bookkeeping
- Accounting
- Realty services



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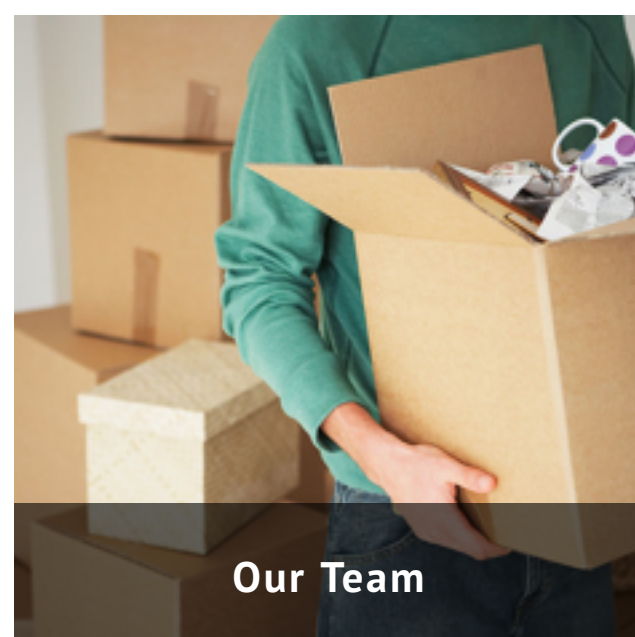
“ Out-of-state moves can be difficult. The Avenue Sixty-Two team are outstanding communicators and are extremely organized. They made the move seamless.

-Todd R., Massachusetts

About Avenue Sixty-Two

Avenue Sixty-Two is a full-service transition and relocation company that helps you shift seamlessly and joyfully into the next phase of your life.

Whether you, or your parents, are deciding to age in place or relocate to a retirement home, our compassionate and experienced team will guide you through the process, providing the resources and expertise you need to make informed decisions about organizing, remodelling or moving.



Our Team



Our Ethics



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FAQs

Click on the links below to find the answers to some of our most frequently asked questions. If your question is not listed here, pop us an email or give us a ring and we'll be happy to respond.

We want to try and do most of the sorting and distributing ourselves, but we are not sure yet. Can we just call you in for help as needed?

I can't be there to help my parents move. How can I be sure their transition will be smooth?

We have been trying to downsize ourselves for months now and we can't get ahead. How can you help?

We love the spaciousness of our home. How can we live in a smaller space without tripping over our things or each other?

What will you do with the things we no longer need or want?

My family wants to organize the move themselves instead of paying for a Senior Move Manager. How can I convince them the costs are well worth our while?

How far ahead do we need to book you?

How can you ensure I get the price I want for my things?

How can we be sure the moving company is reliable?

What's the best time to move?

Our daughter is moving to another state to go to university. Can you help with her move?

Do we have to be moving in order to use your services?

Our parent's home is beautiful, but their decor is out of date. Does this have an impact on their ability to sell their home or to get the price they want?

Unfortunately, we are not available to help our parents move. Can you do everything from start to finish?

We're downsizing and don't know where to start. Can you help us?

My parents are thinking about downsizing, but are not ready to move yet. When should we begin?

How much do you charge?

Answers

We want to try and do most of the sorting and distributing ourselves, but we are not sure yet. Can we just call you in for help as needed?

Absolutely! It doesn't matter what stage you are at; we provide a range of options so that we can customize our services to your particular situation. Avenue Sixty-Two can do as much or as little as you wish.

I can't be there to help my parents move. How can I be sure their transition will be smooth?

We plan the move well in advance, working closely with you, your parents and the residence manager. According to your wishes, we can keep you abreast of all our activities. We can even send you status updates via text on moving day if you like.

We have been trying to downsize ourselves for months now and we can't get ahead. How can you help?

It's not easy to part with cherished possessions. We will guide you through the process with a series of thoughtful questions that will help you decide which items mean the most to you and how you can part peacefully—even joyfully—with the rest.

We love the spaciousness of our home. How can we live in a smaller space without tripping over our things or each other?

Of course there will be an adjustment, but it may be one that you end up appreciating more and more. We will provide you with an intelligent, modern floor plan that will maximize your actual living space. We also can organize your household items so that you spend less time looking for (or dusting!) your things, and more time just enjoying them.

What will you do with the things we no longer need or want?

It depends on what they are. If they are valuable family heirlooms, we will help you decide to whom they should go. If you would like to sell them, we can help you find the right channel—be it private sale or auction house. Other items can be sold through yard sales or donated to those in n

My family wants to organize the move themselves instead of paying for a Senior Move Manager. How can I convince them the costs are well worth our while?

That's understandable. Many people try to do it themselves first but then find that the process is more laborious and emotionally draining than expected. Our team will facilitate the decision-making process, mitigating disputes and helping you complete your tasks much faster. Plus, you won't have the mental stress of having to find reliable movers, shippers, estate liquidators and cleaners.

How far ahead do we need to book you?

It is best to reserve our services six to eight weeks in advance of your move; this gives you enough time to go at a relaxed pace. That said, we can mobilize quickly if you are faced with an urgent mo

How can you ensure I get the price I want for my things?

Many things affect how much you will get for your possessions. Their quality, current trends, market demand, location and timing, all play a role. We work with experienced professionals whose expertise will help you get the best possible resale value. Feel free to call us to discuss at your convenience—there's no charge!

How can we be sure the moving company is reliable?

We carefully vet the moving companies that we employ; after all our reputation depends on working with professionals who will treat your possessions with care. Once your things have arrived at their destination, we use one of the Senior Move Managers in our trusted network to help you unpack and arrange your things in your new home.

What's the best time to move?

The housing market tends to be more active between Spring to early Fall but ultimately, the best time to move is when it works best for you.

Our daughter is moving to another state to go to university. Can you help with her move?

While Avenue Sixty-Two works primarily with seniors and their families, we are happy to provide our services to anyone who needs them.

Do we have to be moving in order to use your services?

No! We help people who are not planning to move and just want to live in an organized, clutter-free space.

Our parent's home is beautiful, but their decor is out of date. Does this have an impact on their ability to sell their home or to get the price they want?

There's no doubt that these days buyers are heavily influenced by all the images of a stunning designer homes they see in magazines and social media. Our experienced [interior designer](#) can help stage your parent's home so that it creates maximum appeal.

Unfortunately, we are not available to help our parents move. Can you do everything from start to finish?

Absolutely! We can help with every aspect of their move—decluttering, downsizing, floor planning, packing and unpacking, and staging. Please check out our [list of services](#).

We're downsizing and don't know where to start. Can you help us?

Yes! We prepare customized plans to make sure that what you want to take will fit in your new residence. We work with you, and your family, as you wish, to sort through your belongings and make decisions about what to keep, gift, donate or discard.

My parents are thinking about downsizing, but are not ready to move yet. When should we begin?

The sooner the better. Even thinking about a move can be stressful and you will likely need to downsize a large portion of your belongings. Taking more time offers you numerous benefits, including the decision to wait for the right buyer for unique or high-end artwork, or—once we've got you started—doing some of the downsizing work yourself!

How much do you charge?

Each move is different, which is why we offer a variety of services. Please call or email us for a no-cost, no-obligation consultation. We would be happy to talk about our various options with you.



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