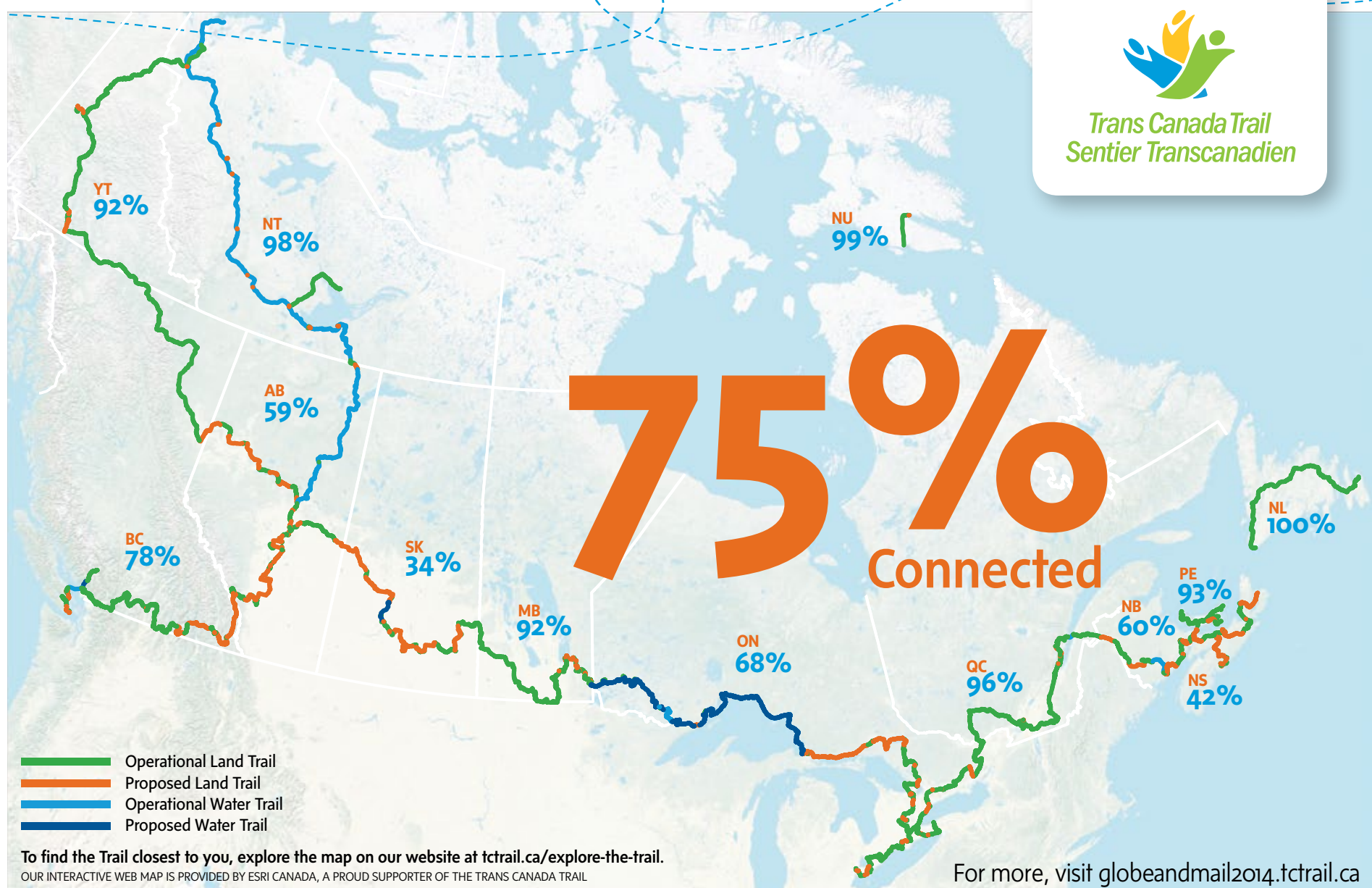


Special

The Trans Canada Trail



The march is on to connect the world's longest and grandest trail network by 2017 – Canada's 150th birthday

Our Canadian journey

There's no such thing as "The" Canadian Journey – not just one, and not just yet.

In fact, there have been many iconic Canadian journeys – by explorers, voyageurs, pioneers, heroes. Journeys both triumphant and tragic – Mackenzie's overland trek to the Pacific comes to mind, as does the lost Franklin expedition. Just as legendary are the original First Nations routes – overland and by water – upon which all subsequent Canadian journeys have relied.

Combining elements of both triumph and tragedy was the transcontinental railway, which pegged out a smooth track across this vast country. It was a transformative achievement for Canada, but one that was won at great personal cost to the engineers and workers, particularly the Chinese immigrants who completed the final, most difficult stretches through the Rockies. The arduous route to the Last Spike is reflected in the Trans Canada Trail, a great deal of which runs on former railway lines.

In this special Canada Day feature devoted to the Trans Canada Trail (TCT), you will discover how the TCT unites these historic exploits into one truly Canadian journey. On pages six and seven, you'll read how the TCT retraces such varied journeys as the iconic western Canadian traditions represented at the Calgary Stampede, the original route of Jacques Cartier as he sailed up the

"There are thousands of unique 'petites patries', in this country, and the Trans Canada Trail allows us to rediscover them."

Dr. Pierre Camu,
co-founder of the Trans Canada Trail

Saint Lawrence to establish New France, and the secretive paths of the Underground Railroad that led to an important terminus in southwestern Ontario.

In these pages, the TCT also pays its respects to the founders of the nation's original Chinese community in Victoria, B.C., the Ukrainian pioneers who crossed the continent to settle the Prairies, and the turn-of-the-century gold-rush stampeders who quite literally put Yukon Territory on the map.

In all corners of Canada, when people travel on the Trans Canada Trail, they walk in the diverse footsteps of our nation builders.

For the co-founder of the TCT, Dr. Pierre Camu, one of the most interesting Canadian heritage routes runs on the river to which the fur trader Alexander Mackenzie gave his name. "The Mackenzie is not a deep river," said Dr. Camu in a conversation earlier

this month, "but it is very long – and has the largest drainage basin in Canada. It allows for quite a nice, long, slow journey. You could start at Fort McMurray and go by canoe, on the Trans Canada Trail water route, all the way up the Mackenzie, over the Arctic Circle, and straight on to the Beaufort Sea. It would be a very interesting canoe trip over many days, or weeks."

For Dr. Camu, slow is the name of the game. "The majority of Canadians travel the country by plane, train and car – and you can't re-discover the country at very high speed. But with the Trail, you can walk, or cycle, at human speed."

In their younger days, Dr. and Mrs. Camu used to cycle frequently on the Trans Canada Trail, particularly in Brockville, Ontario, the Gatineau Hills in Quebec, and in urban Ottawa. "People skate for long distances on the Rideau Canal in the winter," he recalls, "and in the summer, on Sunday mornings, when the Driveway along the canal is closed to car traffic, many cyclists, rollerbladers and strollers make use of the Trail."

"On the Trail," he continues, "the air is fresh; the surroundings are beautiful; you can listen to the birds; and you can make a connection with the natural en-

vironment, which you lose when you spend all your time in the middle of a city – as 75 per cent of Canadians do. It is good to get out – and the Trail gives you that opportunity."

The Trail allows people to visit small hamlets on the outskirts

THANK YOU

As of Canada Day, 2014, the Trans Canada Trail is 75.3 per cent connected from coast to coast to coast, thanks to the TCT's many supporters, including: all of our donors; our partners at all levels of government; our tireless volunteers; our National Champions; our Patrons; our provincial and territorial partners; almost 400 trail groups across the country; and generous in-kind contributions from Esri Canada, Bell Canada, Shaw Communications and *The Globe and Mail*. On that note, a special thank you to *The Globe* for supporting our fourth annual special publication, this Canada Day.

of more populated areas, which otherwise we would never have a chance to see. "These are what I call *les petites patries* – maybe two or three villages together, or three or four wards within a large city – with a particular culture, having been predominantly settled by one or several ethnic groups," says Camu. "There are thousands of these *petites patries* in this country, and the Trail allows people to rediscover them."

It's precisely what the Trail's co-founders had in mind, back in 1992, when they conceived of the grand idea of a national Trail. Cut to 22 years later, and the Trans Canada Trail is 75 per cent complete, and on track for full connection by Canada's 150th birthday, in 2017.

"When it is completed," says Dr. Camu, "I'll feel very, very pleased – it's an accomplishment that I'll not only enjoy myself, but recommend to so many other people. We should use it – and use it fully."

After all, the TCT reflects the ultimate Canadian Journey, a gift for every Canadian for generations to come.

INSIDE

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Parks Canada: Trails are the number one gateway to nature. [Page TCT 4](#)

Canadian journeys in many corners of the TCT. [Page TCT 6](#)

ONLINE

To find out more about the TCT, visit tctrail.ca

This report was produced by RandallAnthony Communications Inc. (www.randallanthony.com) in conjunction with the advertising department of The Globe and Mail. Richard Deacon, National Business Development Manager, rdeacon@globeandmail.com.

This summer, go twice as far!

Double your gift to the Trail.



2017
CONNECT THE TRAIL
FOR CANADA'S
150TH BIRTHDAY

Thanks to a generous contribution from the Richardson Foundation, your gift will be **matched** when you **donate by August 15**. Make your gift go twice as far!

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or call **1-800-465-3636**

THE GLOBE AND MAIL*



Parks Canada



Trans Canada Trail
Sentier Transcanadien



"As a proud Canadian who has crossed our vast country so many times, I am delighted to be a part of the Trans Canada Trail. Seeing Canada from space is a rare and marvellous perspective, especially when it's also possible to experience it on foot, close-up and shared with everyone." Colonel Chris Hadfield, Astronaut and Professor

PERSPECTIVE

Trail and tradition

A message from the co-chair of the TCT Foundation, Hartley T. Richardson

The Trans Canada Trail has the ability to instill pride in our country, connect Canadians across the land, and nurture a sense of our shared national journey. All of these ideals deeply resonate with me, and with my family's company.

James Richardson & Sons, Limited was founded in 1857. When I look back at our more than 150-year history, I'm humbled to realize that the family business has been there since the beginning of Canada itself. We were there for the opening up of Western Canada. We helped establish grain farming in the Prairies, and we supported the pioneers moving west – ahead of the nation's first transcontinental railway, in many cases.

Today, our organization has the great privilege of being active in every part of Canada. Because of this, we think it only fitting to support the Trans Canada Trail.

Our active and retired personnel in many parts of the country can enjoy walking, riding or paddling on the Trans Canada

Trail, and more locations are being connected all the time. When it is complete, the Trail will stretch nearly 24,000 kilometres and link almost 1,000 communities.

The Trans Canada Trail initiative also dovetails with two cornerstones of our Foundation: the environment and youth. It's environmental in the sense that it secures land from development and protects it as part of the Trail. It engages youth by creating areas for healthy outdoor play.

And it also allows Canadians to create a legacy for future generations.

This is why, in 2011, the Richardson Foundation made a \$1-million commitment to the Trans Canada Trail. We were proud to be a lead gift to start the TCT's Chapter 150 Campaign, devoted to connecting the whole Trail by 2017.

Part of our financial commitment to the Trail is a program to match donations dollar for dollar – this is our way of encouraging every Canadian to participate in this iconic national project. With your help, we can fully connect the Trail by July 1, 2017 – in time for the 150th anniversary of Confederation.

One hundred and fifty years from now, I hope that our descendants will look back on the generation that connected the Trail with some of the same esteem we hold for our forefathers who established the country itself 150 years ago.

Let's make the grand vision of a connected Trans Canada Trail a reality. Together.

"Let's make the grand vision of a connected Trans Canada Trail a reality. Together."

Hartley T. Richardson



FUNDRAISING

Chapter 150 Campaign Cabinet

The Chapter 150 Campaign Cabinet is a circle of devoted volunteers helping the TCT to garner support from Canada's iconic companies and families, and all our modern-day nation-builders, to achieve connection by 2017.

- **Lauren Harper** (Honorary Campaign Chair)
- **Valerie Pringle** (Co-Chair)
- **Hartley T. Richardson** (Co-Chair)
- **Wendy Adams, LLB, MBA**
- **David Aisenstat**, President & CEO, The Keg Steakhouse + Bar
- **Ross J. Beaty**, Chairman, Pan American Silver Corp. and Alterra Power Corp.
- **Jack Cockwell**, Group Chairman, Brookfield Asset Management Inc.
- **David Cottingham**, Founder, Ventoux Investments
- **Bruce Croxon**, Managing Partner, Round 13 Capital
- **Russ Girling**, President & CEO, TransCanada Corporation
- **Anthony R. Graham, LLD**, President, Wittington Investments Ltd.
- **David M. Hoffman, FCA**, Co-CEO, Bragg Group of Companies (Chair, Atlantic Region)
- **Kenneth Killin, BBM, CPA, CA**, Killin Instinct Advisors
- **Paul C. LaBarge, JD, LLM**, Managing Partner, LaBarge Weinstein LLP
- **Pierre Lassonde, CM, OQ**, Chairman, Franco-Nevada Corp.
- **Don Lindsay**, President & CEO, Teck
- **Claude Mongeau**, President & CEO, CN
- **Gordon M. Nixon**, President & CEO, Royal Bank of Canada
- **Gail O'Brien**, Co-Chair, Council for Canadian American Relations
- **Ian Pearce**, Partner, X2 Resources
- **Douglas B. Richardson, OC**, McKercher LLP (Co-Chair, Saskatchewan)
- **Sandy Riley**, President & CEO, Richardson Financial Group Ltd.
- **John Risley**, President, Clearwater Fine Foods Inc.
- **Michael Shaw**, President, AMKCO
- **Bruce Simpson**, Director, McKinsey & Company
- **Galen G. Weston**, Executive Director, Loblaw Companies Ltd.
- **Vaughn Wyant**, President & CEO, Vaughn Wyant Automotive Group (Co-Chair, Saskatchewan)

HISTORY MAKING

Walking a mile (or 20) in Laura Secord's shoes

Reflections from Valerie Pringle, co-chair of the Trans Canada Trail Foundation

I always say that the Trans Canada Trail tells the story of Canada. Pathways created and carved by First Nations people, voyageurs, explorers, immigrants and the romantic ribbons of steel that opened our country. The 500 community trails that comprise the magnificent and iconic Trans Canada Trail are traces they have left behind for all of us to follow.

A perfect example of this is the Laura Secord Legacy Trail, which is part of the Trans Canada Trail.

On June 22, 2013, at the crack of dawn, 1,000 people walked through the doors of the quaint Laura Secord Homestead in scenic Queenston, on the Niagara River in southern Ontario. We were all walking into history with Laura on the 200th anniversary of her famous and fateful trek to warn British soldiers of an impending attack by the Americans during the War of 1812.

The Laura Secord Legacy Trail was the inspiration of Laura's great-great-great-granddaughter, Caroline McCormick, who spent years researching her journey from Queenston to DeCew House in Thorold where the British were garrisoned.

What a thrill to walk in this Canadian heroine's footsteps 200 years to the day after her brave solo trek. The women of the Trans Canada Trail wanted to honour Laura and to be part of it.

Our Honorary Campaign Chair, Lauren Harper, and a group of her hiking friends from across the country joined me, some of my adventuresome friends, TCT president and CEO Deborah Apps and VP development Simone Hicken for the 32-kilometre (20-mile) walk through the beautiful countryside of the Niagara Peninsula and up the escarpment.

The local MP, Rob Nicholson, who is the Minister of National Defence, also completed the journey along with dozens of Laura's descendants from around the world and hundreds of other people.

It took about seven hours, and all of us gained a vastly heightened appreciation for Laura Secord, who did this alone, in enemy territory, with no directions, water stations, bridges, running shoes or Lycra.



"Laura Secord's path is a significant part of the Canadian Journey and, because of this Trail, we can all walk in her shoes."

Valerie Pringle

It gave us a chance to reflect, as only a walk can do, on her bravery and what Canada might look like if she had not decided to risk her life to pass on the crucial information. It was wonderful to meditate on this beautiful part of the world on a hot summer day.

There is a profound connection between walking and thinking. Jean-Jacques Rousseau wrote, "I can only meditate when I am walking. My mind only works with my legs." Soren Kierkegaard ventured that the mind functions best at a pace of three miles an hour. Nietzsche said, "Only those thoughts which come from walking have any value." These

very smart men captured one of the great benefits of the Trans Canada Trail: Our bodies and our brains need to go for a walk!

Laura Secord's path is a significant part of the Canadian Journey and, because of this Trail, we can all walk in her shoes.

As co-chair of the Trans Canada Trail Foundation, my goal is to engage Canadians and raise the money to connect all these storied paths into the national icon of the Trans Canada Trail for Canada's 150th birthday in 2017.

I can't think of a better gift to Canadians than a Trail that allows us all to walk freely, to learn, to think and to dream.

HIGHLIGHT

TCT expands for the 2015 Pan Am/Parapan Am Games in Ontario

On October 3, 2013, the Government of Ontario announced a \$3.5-million trail-building initiative that will connect southern Ontario in time for Toronto's 2015 Pan Am and Parapan Am Games.

A portion of this funding will be dedicated to bridging 250 kilometres of existing gaps in the TCT network, creating a continuous, 2,000-kilometre Trail system connecting four major Games venues.

"Expanding trails in more communities is a great way to promote healthy and active living throughout the province. I look forward to running on these new paths with running groups well beyond the Games in 2015," says Ontario Premier Kathleen Wynne.

Thanks to this funding, several TCT projects are moving forward this trail-building season with many more in the works before the Games begin.

For example, TCT's New Tecumseth project will see six kilometres of new greenway between Caledon and Innisfil; the TCT Frontenac K&P Trail will gain its first 12 kilometres; and the TCT County of Essex Trail will expand by more than 40 kilometres, bridging two important gaps in its Toronto-Windsor connection.

"The Trans Canada Trail is absolutely thrilled to receive this support," said Deborah Apps, TCT's president & CEO, "which will bring us a great deal closer to realizing our goal of developing a national recreational Trail."



Ontario Premier Kathleen Wynne walking the Trans Canada Trail with TCT chair Paul LaBarge on the occasion of her government's trail-funding announcement.

FOUNDATION

The Trans Canada Trail Foundation

Incorporated as a non-profit corporation in October 2010, the Trans Canada Trail Foundation (TCTF) is responsible for raising funds to support the advancement of the Trans Canada Trail. Among its activities, the TCTF has undertaken an ambitious national campaign to raise the \$75-million needed to help connect the Trail by 2017. To find out more about the TCT, visit our website, tctrail.ca

- **Valerie Pringle**, Co-Chair, Ontario
- **Hartley T. Richardson**, Co-Chair, Manitoba
- **David Aisenstat**, Director, British Columbia
- **David Cottingham**, Director, Ontario
- **Anthony Graham**, Director, Ontario
- **David Hoffman**, Director, Nova Scotia
- **Pierre Lassonde**, Director, Ontario
- **Bruce Simpson**, Director, Ontario
- **Wendy Southall**, Director, Ontario
- **Paul LaBarge**, Chair, TCT, ex officio
- **Ken Killin**, Treasurer, Ontario

"I'm delighted to support the Trans Canada Trail as it continues to grow. It is a wonderful legacy, and will play a role in getting Canadians, especially youngsters, to become more active. Let's all get moving on the Trail." **The Honourable Nancy Greene Raine, Senator and Olympic Ski Champion**



For more, visit globeandmail2014.tctrail.ca

SUPPORT

The TCT welcomes PEI's Robert Ghiz as its first Champion Premier

Remarks from Trans Canada Trail president & CEO Deborah Apps



As I travel this great country, from the Avalon Peninsula to Nootka Sound, I meet Canadians who are committed to connecting the Trans Canada Trail by 2017. Every day, I am reminded of what that means.

The Trail signifies so much about Canadians – our optimism, our tenacity, our commitment to the land, our sense of community, our cultural identities, how much we care about our children and the legacy we leave to generations to come.

I am so proud to be playing a small part in the completion of this grand project, over 21 years in the making. Working for the TCT has reminded me what it is I love about Canada and inspires me to help build an even stronger and even more caring, country.

When it is time for me to hand over the walking stick to future generations, I want to know that

they have a Trail on the ground, one that is sacred and that will be protected. I hope that you will join me in connecting Canadians 'at human speed' by 2017.

On that note, I am so proud to welcome the Honourable Robert Ghiz, Premier of the province of Prince Edward Island, as the TCT's first Champion Premier.

PEI has always been a strong supporter of the TCT. Its Confederation Trail, an important link in the Trans Canada Trail, is currently 93 per cent complete and is well on its way to full connection this summer, making it the second province to complete the Trail, after Newfoundland and Labrador.

Just as PEI was the birthplace of Confederation almost 150 years ago, the province is now helping to rekindle passion for our country's sesquicentennial birthday present, the Trans Canada Trail.

When I asked Premier Ghiz how important it is to have a Trail linking Canada and Canadians, he said, "Canada is a country to be proud of. I encourage all Canadians to get behind the Trans Canada Trail, which was originally launched here on PEI. Future generations will benefit from the exposure to nature, and the active lifestyles the Trans Canada Trail can help inspire. It helps expose Canadians to their country's rich history and its diverse landscape."

I couldn't agree more. The Trans Canada Trail will ensure Canadians are connected to our shared history, our magnificent and varied landscape and our rich multicultural mosaic. It will also motivate people to be active, and help to improve the health and well-being of Canadians right across Canada.

That's why Premier Ghiz wants all people of PEI to enjoy the Trail. "The Confederation Trail is Prince Edward Island's premier outdoor venue for walking, running, hiking and cycling," he said. "It showcases the Island's natural beauty and gives residents and visitors a great reason to enjoy the outdoors. So not only does the Trail inspire people

to become more physically active, but it also provides an excellent venue to enjoy the Island's natural beauty and our clean, fresh air. The benefits derived from those features are immeasurable."

Premier Ghiz said he chose to champion the Trail because it is important to build healthy links among PEI's communities. "The Confederation Trail gives Islanders and visitors a safe and healthy option for travel between communities," he said, "and also provides residents with a safe, traffic- and noise-free environment for travel."

Ever since the launch of the TCT, Canadians have rallied together in support of this grand, national project. Our provincial and territorial partners and Trail groups work tirelessly to build



"...not only does the Trail inspire people to become more physically active, but it also provides an excellent venue to enjoy the Island's natural beauty."

The Hon. Robert Ghiz, Premier of PEI

and manage Trails across the country, while our volunteer board members and devoted staff never take their eyes off the goal. We are grateful for the support we receive from all levels of government, as well as from Canadians from every corner of the country, who make personal donations to ensure the Trans Canada Trail will connect us all.

The Trans Canada Trail will play a critical role in ensuring our country celebrates 150 years of Confederation as a strong, unified nation. Please join me, Premier Ghiz and the hundreds of thousands of Canadians working hard from coast to coast to make sure we get the job done.

Because connected, we are stronger.

CANADA 150

What are you doing for Canada's birthday?

An invitation from Mrs. Lauren Harper, Honorary Campaign Chair

I know where I'll be on July first this year – right here on Parliament Hill, helping to throw a birthday party for a nation. Yes, a birthday party! Canada Day is not just a long weekend, or the official kickoff to summer, or a great night for fireworks. It's all of those things, of course, but more importantly, it's the anniversary of Confederation – it was on July 1, 1867, that the country of Canada was born.

I'm already getting excited for Canada's 150th birthday, in 2017. This September, in Charlottetown, Prince Edward Island, I'll help celebrate an important milestone on the way to Confederation. Founders Week marks the 150th anniversary of the Charlottetown Conference, when the Fathers of Confederation signed an agreement to create this nation.

From August 28 to September 8, all eyes will be on PEI as Canada observes that important anniversary with a series of concerts and special events.



Trans Canada Trail's Chapter 150 Honorary Campaign Chair, Mrs. Lauren Harper, hopes the TCT will encourage all Canadians to get outdoors and enjoy the sights and sounds of nature. SUPPLIED

Dear to my own heart will be the celebration of a fully connected Confederation Trail, the part of the Trans Canada Trail that runs throughout the beautiful, historic island province.

It gives me great pride to know that the Trans Canada Trail is on its way to becoming

fully connected across the nation. But we still have a long way to go before we connect the TCT from coast to coast to coast. And that is why I'd like to extend an invitation to every Canadian to support the Trans Canada Trail.

It's a legacy gift from all Canadians to all Canadians, for generations to come. And what could be a better 150th birthday present than that? Together, we can put the Trans Canada Trail on the world map for 2017.

Still don't know what you're doing for Canada's birthday? Here's my suggestion – before the sun sets and you settle in to watch the Canada Day fireworks, why not go for a walk, a hike or a ride on the section of Trail nearest you? And then make your contribution. After all, it's our very own.

The important thing, for me, is that every Canadian celebrates this nation's sesquicentennial – and helps to build a great, big, wonderful Trans Canada Trail.

PATRONS



Honorary Patrons

Their Excellencies the Right Honourable David Johnston
C.C., C.M.M., C.O.M., C.D.
Governor General of Canada and
Mrs. Sharon Johnston, C.C.

Trail Patrons

- Jean Béliveau, C.C., O.Q.
- Hon. J. Judd Buchanan, P.C., O.C.
- Hon. Jean Charest, P.C.
- Mel Cooper, C.M., O.B.C.
- Purdy Crawford, C.C., Q.C.
- Phillip Crawley
- Hon. William G. Davis, P.C., C.C., Q.C.
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- James K. Irving, O.C.
- Murray B. Koffler, O.C.
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- Peggy Mc Kercher, C.M.
- Michael Phelps, O.C.
- Hon. Jim Prentice, P.C., Q.C.
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- Beckie Scott
- Allan C. Shaw, C.M.
- Jonathan Wener, C.M.
- W. Galen Weston, O.C.
- Victor L. Young, O.C.

COMMUNITIES

Our inaugural Municipal Champions

The following 17 leaders are the TCT's inaugural Municipal Champions

All mayors and reeves whose communities are traversed by the Trail are invited to participate.

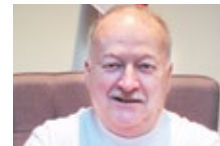
Write us at ceo@tctrail.ca or call 1-800-465-3636.



Mayor Brad Woodside, City of Fredericton, NB (President of FCM 2014-2015)



Mayor Don Atchison, City of Saskatoon, SK



Mayor Richard Collins, Town of Montague, PEI



Mayor David Dunphy, Town of Stratford, PEI



Lord Mayor Dave Eke, Niagara-on-the-Lake, ON



Mayor Ross Forrest, Town of Lake Cowichan, BC



Mayor Dean Fortin, City of Victoria, BC



Mayor Don Iveson, City of Edmonton, AB



Mayor Clifford Lee, City of Charlottetown, PEI



Mayor Ron McRae, City of Kimberley, BC



Mayor Darrell Mussatto, City of North Vancouver, BC



Mayor Naheed Nenshi, City of Calgary, AB



Mayor Gregor Robertson, City of Vancouver, BC



Mayor Wayne Stetski, City of Cranbrook, BC



Mayor Trish Stewart, Town of Oxford, NS



Mayor Basil Stewart, City of Summerside, PEI



Mayor Jim Watson, City of Ottawa, ON

Connect the Trail. *Celebrate Canada.*



Thank you to the Government of Canada for its support of our bold mission to connect the Trail in time for Canada's 150th birthday in 2017. Until then, the **Government will match 50 cents of every dollar you donate to the Trail!**

Visit www.tctrail.ca/donatenow or call 1-800-465-3636

Photo: View of the South Saskatchewan River, L.J. Faucher



"The Trans Canada Trail is not just a wilderness trail. It's an urban trail. I use it to bomb around town on my bike, to commute to work. I like that young people all over Canada can ride, walk, run on the TCT – it's the best." **George Stroumbouloupoulos, TV and Radio Host and Producer**

CHAPTER 150

Nation builders

Canada's history was forged by pioneers and trailblazers. Nation builders. People of the same vision and character as many of today's leaders, families, businesses and foundations, who are connecting the Trans Canada Trail for all Canadians. This year, the Trans Canada Trail welcomed five new leaders as donors to its Chapter 150 Campaign. By committing a minimum of \$500,000 in support of the TCT, these modern-day nation builders have helped the Trail reach a connection level of 75 per cent nationwide. But there is still much more to do in order to achieve connection by 2017.



Jon and Nancy Love

Our family is proud to be Canadian; we have roots in PEI and have lived in Alberta and Ontario. Over the years, with our children, we have driven every mile of the Trans-Canada Highway and experienced Canada's natural diversity. We've visited such beautiful places as Loon Lake, north of Saskatoon, seen the polar bears in Churchill, Manitoba, and spent summers hiking in Ontario's parks and Alberta's mountains, and camping on beaches from Tofino on Vancouver Island's west coast to Newfoundland's Avalon Peninsula and PEI's red-sand shores.

The Trans Canada Trail affords Canadians ways to experience our country's enormous scale and diversity, including its geography, climates and people, just like the Trans-Canada Highway did for our family, and what the CPR did in its generation.

By connecting these and other special places together, the Trail is a great symbol of Canada's unity, and the extraordinary Canadian journey that makes us all proud.



Robert A. Quartermain
President and Chief Executive Officer, Director, Pretivm

Almost every day, I run or walk on the Trans Canada Trail – to my office in downtown Vancouver, or to Granville Island to get groceries. I also have a home in Fredericton, New Brunswick – near where I grew up – that is located on the Salamanca Trail, connecting to the TCT and the Bill Thorpe Walking Bridge (Old Railway Bridge) that crosses the St. John River, where one can get outdoors year-round.

As an exploration geologist, I have spent the past 38 years living and working in nearly every province and territory of this great country – often in remote areas like Baker Lake (Nunavut), Natashquan on the lower St. Lawrence River (Quebec), and Daniel's Harbour, near Gros Morne National Park (Newfoundland and Labrador).

This country has been very good to me; supporting the TCT is a way for me to give back and help celebrate our country's 150th birthday. It's also a great way to promote green activities and healthy living. That's good for all of us.



Galen G. Weston
Executive Chairman, Loblaw Companies Limited

The grand stretch of our nation deserves the grand stretch of the Trans Canada Trail.

In part, the Trail reflects the sheer geographic span and settings that have defined Canada since its earliest days. More importantly, it creates a tie between the communities and happenings, big and small, that define today's Canada.

Loblaw's stated purpose is to help Canadians 'Live Life Well.' Our company values – like the values of so many Canadians – include respect for the environment and dedication to communities.

Supporting the Trail is a wonderful way to bring these commitments to life. It offers a truly Canadian opportunity to get out, get active and get in touch with the places that make our nation such a sight to see.



William J. Doyle
President and Chief Executive Officer, PotashCorp

At PotashCorp, we have a strong connection to the land – through the essential nutrients we produce for farmers, who use our products to help grow healthy, nutritious food. Our potash, nitrogen and phosphate products are transported to more than 40 countries around the world, but at the heart of our company is the land, and what it can grow.

The Trans Canada Trail is an important part of enjoying our natural environment and building our sense of community. For these reasons, PotashCorp is pleased to play a role in extending the Meewasin Valley Trail to connect the City of Saskatoon to an outstanding national historic site – Wanuskewin Heritage Park.

Saskatchewan is such a beautiful province, and we are proud to invest in completing this portion of the Trans Canada Trail. We look forward to celebrating a Trail that connects Canadians from coast to coast by 2017.



Gerald T. McCaughey
President and Chief Executive Officer, CIBC

CIBC is a proud supporter of the Trans Canada Trail and its inspiring vision to span the breadth of our diverse country – in time for Canada's 150th anniversary in 2017.

The Trail connects us to Canada's extraordinary natural beauty and to each other, linking millions of Canadians from coast to coast to coast. Whether you like to hike, bike or simply enjoy our pristine national parks and waterways, the Trail offers an open invitation to all of us to get outside and discover Canada.

CIBC has been a part of the Canadian landscape since Confederation. We have been a partner in the economic vitality and sustainable growth of the thousands of communities we serve, supported by a strong tradition of employee volunteerism.

On behalf of all of us at CIBC, thank you to the thousands of volunteers and supporters who are making the Trans Canada dream a reality. As we prepare to celebrate Canada's 150th birthday in 2017 – and CIBC's own 150-year anniversary – the Trail will be an important symbol of unity and a legacy for future generations.

CHAPTER 150 LEADERSHIP DONORS

The following organizations and individuals have each committed a minimum of \$500,000 in support of the TCT.

- Richardson Foundation
- Nancy Baron, Trustee, The W. Garfield Weston Foundation
- Teck Resources Limited
- David Aisenstat, President & CEO, The Keg Steakhouse + Bar
- The Ross Beatty Family
- Brookfield Partners Foundation, Tim Price and Jack Cockwell
- CIBC
- CN
- Esri Canada Limited (in-kind)
- The Globe and Mail (in-kind)
- Pierre Lassonde
- Loblaw Companies Limited
- Jon & Nancy Love
- Rob & Cheryl McEwen
- PotashCorp
- Power Corporation of Canada
- Robert A. Quartermain, President and CEO, Director, Pretivm
- Shaw Media (in-kind)
- Sudbury Integrated Nickel Operations, A Glencore Company
- TransCanada Corporation



Q&A

An intersection of national priorities

A conversation with Parks Canada's director of visitor experience, Kara Sherrard



In January of 2014, the Trans Canada Trail was delighted to announce that the federal government, via Parks Canada, will provide matching funding for the TCT, a contribution worth up to \$25-million over four years. Why is Parks Canada pleased to support the Trans Canada Trail?

Parks Canada has a long and proud history of trails – they can be discovered in all of our locations. From Canada's first national park in Banff, to the creation of the Rouge, Canada's newest and first national urban park, these special places all have trail activities that visitors can enjoy, no matter what level of skill or ability.

The Trans Canada Trail believes as strongly in trails as Parks Canada does, so it is a natural fit to support the efforts of this great organization.

Trail experiences play an important role in facilitating both connections to nature and to Canadians' most cherished national treasures – National Parks, National Historic Sites and National Marine Conservation Areas.

What better way to take part in Canada's 150th Celebration of Confederation and the 25th anniversary of the Trans Canada Trail than to experience Parks Canada's special places on a trail?

Given that 75 per cent of Canadians live in cities, and that 70 per cent of the TCT goes through urban or municipal areas, how do national parks – and our national Trail – help to connect Canadians to nature, and with their country?

Connecting all Canadians to nature, whether in urban or rural areas, is of utmost importance to Parks Canada. We offer a number of opportunities designed to assist Canadians living in urban areas to discover nature, be active in the outdoors, learn camping and nature-related skills, and connect with their natural heritage.

Programs such as the Parks Canada My Parks Pass, the Learn to Camp and Xplorers, as well as our commitment to trails and trail systems, are all valuable ways that national parks can provide Canadians with opportunities to experience nature and become more comfortable within it.

According to the Canadian Parks Council report, "Connecting Canadians with Nature: An Investment in the Well-Being of



Parks Canada and the Trans Canada Trail intersect in two beautiful locations: the Coastal Trail in Fundy National Park and the Banff Legacy Trail in Banff National Park.

PARKS CANADA/PROVINCE OF NEW BRUNSWICK; BANFF LAKE LOUISE TOURISM/P. ZIZKA

our Citizens," urban trails are the number one "gateway to nature" for Canadians. Trails have always been used as an opportunity to connect people to nature in a way that caters to each individual's ability.

Many urban trail systems incorporate "gateway" trails, which encourage children and families to get outside in places closer to home, somewhere more familiar to them. It is a logical connection that these children and families will gain a larger appreciation of the outdoors and want to explore trails farther from home, perhaps at one of Canada's National Parks.

Why is a connection with nature important, in your opinion?

We are fortunate to have such unlimited access to unparalleled natural beauty in our country. I believe there is a balance that comes with taking time to connect with our surroundings in day-to-day life, but sadly, many of us have forgotten this or cannot find the time to enjoy our natural surroundings.

The good news is that it is easy to reverse this – seek out a trail and go for a walk, run, bike or horseback ride. Connect with nature close to home, or visit a national park and take advantage of the special places that have been set aside for all Canadians to enjoy.

“My father would have been ‘tickled pink’ with this Trail. His every free moment, and there were few, was spent doing outdoor activities with us six kids. I applaud the efforts of all involved in this amazing project ... yet another reason to be a proud Canadian.” **Anne Murray, Singer and Author**



For more, visit globeandmail2014.tctrail.ca

CONNECTION

An achievement for all Canadians to celebrate

TCT Chair and Founding Member Paul LaBarge steps up plans for Canada’s 150th birthday

What’s the best gift to give a country on its 150th birthday? On July 1, 2017, when Canada celebrates its 150th anniversary of Confederation, the national dream that is the Trans Canada Trail will see Canadians from communities across the country celebrating this milestone on the Trail’s scenic paths and waterways.

Their communities may be separated by vast distances, but these celebrants will be connected to each other by the Trail – a vast network of nearly 500 trails that stretch 24,000 kilometres from the Atlantic to the Pacific to the Arctic oceans, running through every province and territory.

“We will have such a celebration on July 1, 2017, with almost 1,000 communities participating in the 150th anniversary celebration,” says Paul LaBarge, chair and founding member of the Trans Canada Trail.

The Trail received a significant financial boost this year when the federal government announced it would provide \$1 for every \$2



“The whole concept of the Trans Canada Trail is ownership, participation, action and community.”

Paul LaBarge is chair and founding member of the Trans Canada Trail

raised by the Trans Canada Trail, to a maximum of \$25-million over four years.

How will Canadians coast to coast to coast celebrate the country’s 150th on the Trail? “There are a number of ideas under consideration,” says Mr. LaBarge. “These include a relay that would culminate on Canada Day in Ottawa, and the planting of a series of LED lights that would illuminate the Trail so it could be seen via satellite from outer space.”

Another idea, he suggests, is that “since July 1 is very close to the summer solstice, we could also consider doing a relay all in one day with people from each community along the Trail heading out in both directions to link up with the next adjacent community.”

For all these celebrations, the key is to encourage as many Canadians as possible to be on the Trail as participants, not merely spectators. “The whole concept of the Trans Canada Trail is ownership, participation, action and community,” says Mr. LaBarge.

The Trail – a community-based project with Trail sections owned and maintained by local groups, municipalities, provincial authorities and national agencies – may be the largest and most precious gift that Canadians will give themselves for the country’s 150th birthday.

It delivers great educational value as a literal path to greater awareness of Canada’s history, and promotes environmental conservation and the protection of green spaces. It’s also an economic asset that can stimulate tourism and create jobs, and a health booster that inspires active living.

More than a gift, the Trail is a national, sustainable legacy that will enrich the lives of future generations of Canadians, says Mr. LaBarge.

“The completed Trail will make us the envy of the world – truly iconic,” he says. “And most important of all, it will be the most fantastic acknowledgement and recognition of our Canadian existence.”

BOARD OF DIRECTORS

The Trans Canada Trail is a non-profit registered charity. Its mission is to promote and assist in the development and use of the Trail in every province and territory. The TCT also provides funding to local Trail organizations to support the development of the Trail. To find out more about the TCT, visit our website, tctrail.ca.

- **Paul LaBarge**, Chair, Ontario
- **Tara Atleo**, Director, British Columbia
- **Jim Bishop**, Director, British Columbia
- **Cameron Clark**, Director, Ontario
- **Mylène Forget**, Director and Secretary, Quebec
- **Eric Gionet**, Director, New Brunswick
- **Betty Anne Graves**, Director, Alberta
- **Ron Hicks**, Director, British Columbia
- **Ken Killin**, Director, Ontario
- **Lori Leach**, Director, Saskatchewan
- **Alan MacDonald**, Director, Ontario
- **Ruth Marr**, Director, Manitoba
- **Rick Morgan**, Director, Ontario
- **Claire Morris**, Director, Ontario
- **Andrew Parsons**, Director and Treasurer, Quebec
- **Cynthia Price**, Director, Quebec
- **Neil Yeates**, Director, Ontario
- **Valerie Pringle**, Co-Chair, TCTE, ex officio

EVENTS

The TCT’s “Top 10” milestones in 2013-14

The Trans Canada Trail and its partners, champions and supporters are working hard to achieve connection from coast to coast to coast by 2017. Some of the TCT’s highlights this year include the following “top 10” Trail openings, receptions, funding announcements and other special events, all milestones along the way to building a truly national Trail.

APRIL 23, 2013

TCT Reception, Ontario
Valerie Pringle, co-chair of the TCT Foundation, held a lovely reception at her home in Toronto uniting many of the TCT’s core supporters.



From L to R: Paul LaBarge (chair, TCT); Valerie Pringle (co-chair, TCT Foundation); Sandi Treliving; Mrs. Laureen Harper (TCT honorary campaign chair); Jim Treliving; Donette Chin-Loy; Raymond Chang.

JUNE 9, 2013

Official opening of the Du Gouffre Trail, Quebec



The Du Gouffre Trail traverses the world-renowned agricultural and forested lands of the Charlevoix region, and allows for walking, hiking, cycling, snowshoeing and cross-country skiing. Connecting downtown Baie-Saint-Paul to the Trans Canada Trail, this Trail section is an important link between the southern part of Quebec and the Petit Témis Trail, which heads east into New Brunswick.

JUNE 15, 2013

Official opening of the Lacombe County Trail, Alberta

On this eight-kilometre section of the Trans Canada Trail, hikers and cyclists can enjoy a fully paved path through the rural countryside, connecting the towns of Lacombe and Blackfalds. The Trail also features “interpretive signage” created by Grade 5 students who researched the local flora and fauna.

From L to R: Carol Simpson (Councillor, Town of Blackfalds); Melody Stol (Mayor, Blackfalds); Betty Anne Graves (TCT board member); Dana Kreil (Councillor, Lacombe County); Pamela Law (Deputy Reeve, Lacombe County); Linda



Strong-Watson (executive director, Alberta TrailNet); Debbie Olsen (president, Central Alberta Regional Trails Society); Ken Wigmore (Reeve, Lacombe County); Rod Fox (MLA); Cliff Soper (Councillor, Lacombe County); Blaine Calkins (MP); Kelly Turkington (acting director of operations, Lacombe Research Centre); Reuben Konnick (Councillor, City of Lacombe).

SEPTEMBER 27, 2013

Official opening of a 40-km section of the Border to Beaches Trail, Manitoba

More than 100 people – including TCT’s Honorary Campaign Chair, Mrs. Laureen Harper – gathered to officially open the Trail segment connecting Old Pinawa Dam to Whiteshell Provincial Park, Manitoba. Spanning 370 kilometres, the high-quality Border to Beaches Trail links the Ontario border with Grand Beach Provincial Park.



From L to R: Deborah Apps (president & CEO, TCT); Ruth Kristjansson (vice-president corporate relations, Manitoba Hydro); Laureen Harper (Honorary Campaign Chair); Ian Hughes (president, Trails Manitoba); The Hon. Shelly Glover (Minister of Canadian Heritage and Official Languages).

OCTOBER 7, 2013

Official opening of Fundy Trail, New Brunswick

Trans Canada Trail, Parks Canada and Sentier NB Trail proudly announced the official opening of the 33-kilometre Fundy Trail. It passes through Fundy Na-



tional Park, part of the UNESCO Fundy Biosphere Reserve and one of Canada’s most prized landscapes.

From L to R: Geri Syroteuk (acting superintendent, Fundy National Park); Kirstin Shortt (Mayor, Alma); Wayne Steeves (MLA, Alberta); Deborah Apps (president & CEO, TCT); and Poul Jorgensen (executive director, Sentier NB Trails). Photo: Isabelle Spencer, Parks Canada

OCTOBER 8, 2013

Announcement of funding to complete the Confederation Trail, Prince Edward Island

On the Trail in Vernon River, TCT president & CEO Deborah Apps announced \$1.4-million in funding to finish connecting the Trail in PEI. This funding will bridge the last remaining gap of the Confederation Trail, between Stratford and Iona, making PEI the second province to fully connect its Trail, after Newfoundland and Labrador.



From L to R: Charlie McGeoghegan (MLA, Belfast-Murray Harbour); Robert Vessey (Ministry of Transportation and Infrastructure Renewal); Deborah Apps (president & CEO, TCT); Alan McIsaac (Ministry of Education and Early Childhood Development); Robert Henderson (Ministry of Tourism and Culture); Bryson Guphill (president, Island Trails); David Dunphy (Mayor, Stratford, PEI).

OCTOBER 17, 2013

Sod-turning ceremony for Meewasin Valley Trail, Saskatchewan

Trans Canada Trail and PotashCorp “turned the sod” of an expansion to the Meewasin Valley Trail, named one of the “Top 10 Greatest Hikes In Canada” by Reader’s Digest. Saskatchewan’s Meewasin Valley project has been an outstanding success in cultural and natural conservation for more than 30 years and is an important natural resource of the South Saskatchewan River Valley.

From L to R: Donald Atchison (Mayor, Saskatoon); Lee Knafelc (VP of human resources, PotashCorp); Lloyd Isaak (CEO, Meewasin Valley Authority); Darlene Bessey



and Ken Pontikes (campaign co-chairs); Deborah Apps (president & CEO, TCT); Jack Vicq (chair, Meewasin Valley Authority).

JANUARY 10, 2014

Federal funding announcement, Kinsol Trestle, B.C.

At this spectacular setting of the TCT on Vancouver Island, Prime Minister Stephen Harper announced funding to help bridge many remaining Trail gaps and connect Canadians from coast to coast to coast by 2017, Canada’s 150th birthday. The matching funds of up to \$25-million over four years will be administered by Parks Canada; the agreement will provide one federal dollar for ev-

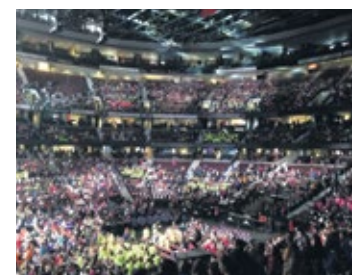


ery two dollars raised by the TCT. From L to R: Paul LaBarge (chair, TCT); Mrs. Laureen Harper (Honorary Campaign Chair); The Right Honourable Stephen Harper, Prime Minister of Canada; Deborah Apps (president & CEO, TCT); Hartley Richardson and Valerie Pringle (co-chairs, TCT Foundation).

APRIL 9, 2014

TCT presentation at We Day, Ottawa, Ontario

After finishing his six-year trek on the TCT from Newfoundland to British Columbia in December, intrepid hiker Dana Meise happily waded, boots and all, into the Pacific Ocean. In April, he spoke to 16,000 young people at Canada’s national “We Day” celebrations in Ottawa.



APRIL 24, 2014

TCT Reception, Ontario

TCT Foundation director, Pierre Lassonde, and his wife Janelle welcomed former astronaut Julie Payette, now a TCT National Champion, Mrs. Laureen Harper and 50 honoured guests to an intimate event at their Toronto home. The highlight of the evening was a charming speech by the Lassondes’ daughter, Laurelle. Having asked her friends and family for donations to the TCT in lieu of gifts for her eighth birthday last year, she is proof that every Canadian can contribute to building our national Trail, no matter their age.



From L to R: Janelle Lassonde; Laurelle Lassonde; Mrs. Laureen Harper (Honorary Campaign Chair); Pierre Lassonde.



TCT National Champion young Payette shares a moment with young Janelle. PHOTO: LAURA BERMAN



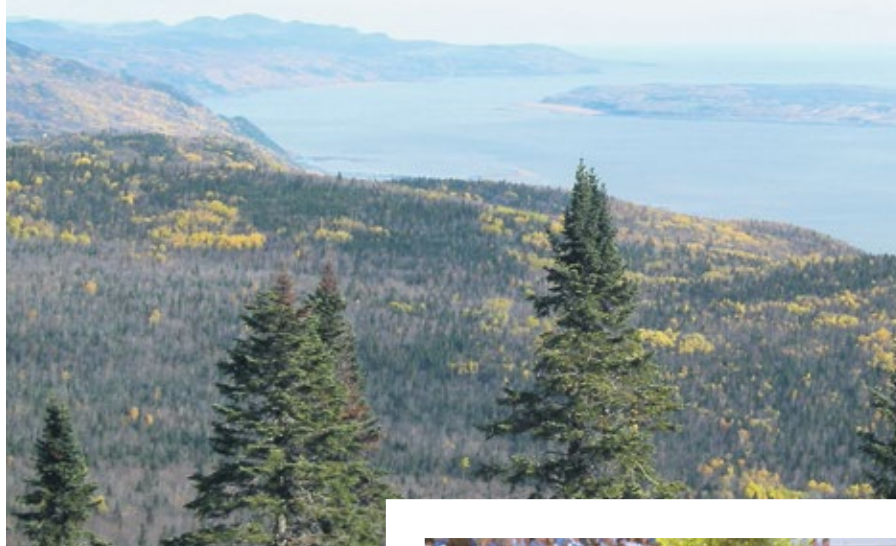
"Great music has the ability to unite us in such a powerful way. I love that the Trans Canada Trail is another great way to unite Canadians, and connect our great country from coast to coast to coast."

David Foster, Canadian Musician, Record Producer, Composer and Chairman, David Foster Foundation

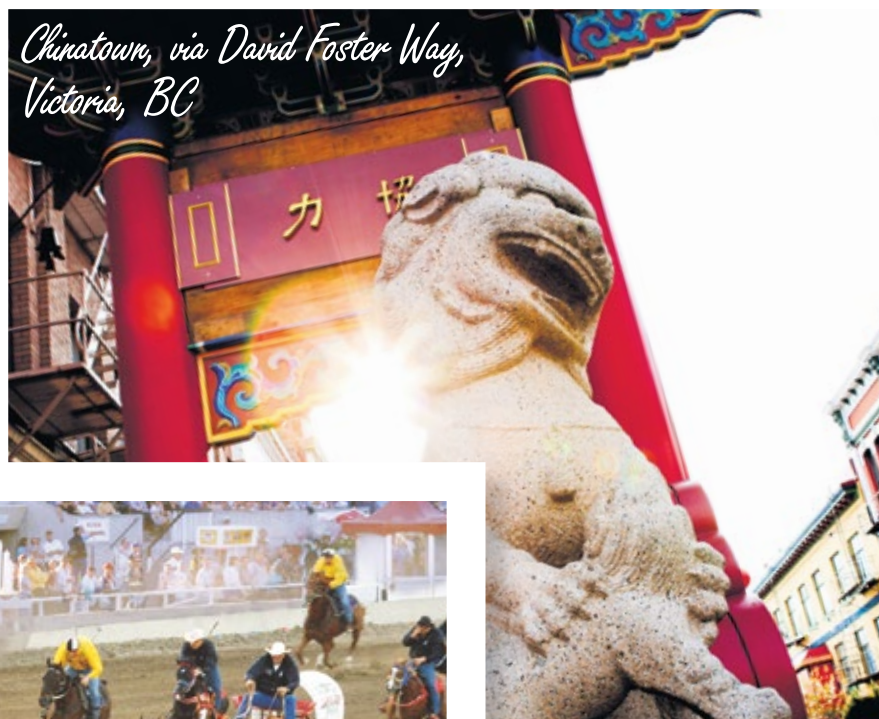
COVER STORY

Our Canadian journey

Sentier Gabrielle Roy Est, in Charlevoix, QC



Chinatown, via David Foster Way, Victoria, BC



VENERABLE IN VICTORIA

In B.C., the TCT links to Canada's original Chinese community

As it weaves its way across this nation, the Trans Canada Trail touches one thread of Canadian heritage after another – 400-year old Acadian paths in New Brunswick, Loyalist byways in Upper Canada, ancient aboriginal portages in the Canadian Shield, to name only a few. And in Victoria, British Columbia, the TCT links to a fascinating piece of this national fabric.

Victoria is home to Canada's first, and oldest surviving, Chinese community. It is, in fact, the second-oldest Chinatown in all of North America, after San Francisco.

When this community was founded, back in 1858, British Columbia was not yet a province, nor was Canada even a country. Vancouver Island was its own crown colony, and Victoria (or Fort Victoria, at the time) was little more than a 15-year-old Hudson's Bay trading post. It was the discovery of gold in the Fraser Valley that put this remote harbour on the international map.

News of the gold strike spread quickly down the coast and, in 1858, scores of would-be miners sailed from San Francisco. Victoria was ideally situated to serve as an outfitting station; many of the new arrivals decided to set up shop there.

Long before the construction of the Canadian Pacific Railway, which would draw thousands of Chinese nationals to B.C., the original Chinese-Canadians put down strong roots in Victoria, founding a community that remains vibrant to this day.

At its peak, Chinatown accounted for half the population of Victoria, with its own hospital, three schools, five temples, two churches, several theatres and more than 150 shops.

It maintained strong social institutions and cultural traditions which, together with its heritage wooden and brick structures, give Victoria much of its character today, particularly in the six remaining blocks of Chinatown.

One of the most characteristic structures has to be the beautiful and massive "Gate of Harmonious Interest," at the corner of Government and Fisgard Streets.

It's no accident that the TCT leads travellers to this historic Chinatown on its way from Mile Zero West. From Clover Point, the TCT travels up David Foster Way to the 60-km Galloping Goose trail. The Johnson Street Bridge is one short block from famous Fan Tan Alley – the narrowest street in Canada – and the heart of Chinatown.

"When you stop and think about it, you can't help but be impressed by the tremendous journeys undertaken by all of Canada's cultural communities,"



Calgary Stampede, via the Cenovus Legacy Trail, AB

says Trisha Kaplan, the Trans Canada Trail's trail development manager for Western and Northern Canada. "I am proud that the Trans Canada Trail touches so many of these diverse communities between St. John's, Tuktoyaktuk and Victoria."

STAMPEDING THE TRAIL

Calgary's Cenovus Legacy Trail connects the city's western heritage with the whole country

Whether you're a monarch, a Hollywood celebrity, a tourist or a local Albertan, you have not lived until you've experienced the energy and excitement of the Calgary Stampede, or as it is billed, "The Greatest Outdoor Show on Earth."

With more than a million visitors each year, the Stampede is an iconic event as much associated with Canada as it is with the western city where it was conceived and first hosted more than a century ago. The 2013 flood didn't stop it, despite the fact that Stampede Park itself, not to mention the first ten rows of seats in the Scotiabank Saddledome, was submerged only a week before.

And now, the Stampede is putting its mark on the Trans Canada Trail.

In Calgary, where the TCT's Elbow River Trail runs along the eastern edge of Stampede Park, a section 650 metres long is going to be widened, refurbished and transformed into the Cenovus Legacy Trail, an open-air museum about Canada's vibrant Western heritage. It will be a journey through time, with public art pieces and interactive displays telling the histories of Calgary, the Stampede and the First Nations people of Alberta.

The Cenovus Legacy Trail is part of a \$100-million project that includes a state-of-the-art facility for agricultural community events, a youth education and arts training campus, and a new Riverfront Park – an inner-city space that will house Stampede events as well as civic celebrations and public recreation year-round. All this is being built thanks to a

\$1.5-million gift from Canadian oil company Cenovus Energy Inc.

"I love the idea of connecting the Cenovus Legacy Trail and, really, the Calgary Stampede, to a broader, national idea like the Trans Canada Trail," says Sarah Hayes, executive director of the Calgary Stampede Foundation. "The Stampede is not just about Calgary or Alberta, it's also about Canada's West. By connecting the Stampede to the Trans Canada Trail, we're connecting that western heritage with the whole country."

Ms. Hayes says the refurbished Trail is scheduled to open in September 2015, with full programming expected in 2016. Building the trail – a process that involves reclaiming land under a gravel parking lot and planting 200 trees and 800 shrubs and native grasses – will start this summer.

SENTIER CHARLEVOIX

The TCT and Canada's New France heritage

From the Trans Canada Trail in Charlevoix, a beautiful and historic region about an hour upstream from Quebec City, the coastal cliffs of the St. Lawrence River still appear as they did centuries ago, when French explorers Jacques Cartier and Samuel de Champlain sailed through the massive waterway from the Gulf, deep into what they christened La Nouvelle France.

According to TCT Foundation director Pierre Lasseigne, it is only fitting that the Trail follow some of Samuel de Champlain's historic journeys into Canada. All of this, he said, is thanks to the work being done by TCT volunteers and visionaries as they work to connect the Trail.

"We are proud to say that the TCT is almost completely connected in Quebec," confirms Richard Sénécal, executive director of the Conseil québécois du sentier Transcanadien. "The Sentier extends more than 1,400 kilometres through Quebec, connecting Quebec City and Montreal with the regions of the Outaouais, the Laurentians, the

Montérégie, the Eastern Townships and the Bas-Saint-Laurent. Now our focus has shifted to the final sections to complete, up in Charlevoix and Côte-de-Beaupré."

Indeed, the final 3.7 per cent of la belle province's TCT is located on the north shore of the St. Lawrence River, extending into the Laurentian Mountains. It is the home of dramatic natural vistas, a historic CP hotel, the renowned Le Massif de Charlevoix ski resort, and Quebec's original farm-to-fork gastronomic scene, 'La Route des saveurs,' which has been attracting food-loving tourists as far back as the 1760s.

Parts of Charlevoix have been designated a World Biosphere Reserve, and this natural environment is dramatically displayed along the Traversée de Charlevoix, a 100-kilometre wilderness Trail linking to the Parc des Grands-Jardins. This part of the Trail features remote, high-elevation boreal forest, populated by protected species that include woodland caribou, grey wolves and peregrine falcons.

By 2017, three more Trail sections will be built, including a new Trail west of the waterfront town of Baie-Saint-Paul, an arts-loving community favoured by the Group of Seven painters. The final section of this Louise-Gasnier Trail will be built this season, while in 2015, other Trail sections will be built leading out of the town, along the river with a walkway over the marshland, and then tracking inland along proposed extensions to the sentiers Gabrielle Roy and Louise-Gasnier.

When complete, the TCT will connect to the well-established Sentier des Caps de Charlevoix, which links to Le Massif downhill skiing resort, and then runs for 43 more kilometres along a highland ridge with glorious views of the Charlevoix coastline.

From these high vantage points, looking out at the characteristic cliffs of the untouched Charlevoix coast, you can easily imagine the ships of Cartier and de Champlain as they first sailed into New France through the brackish, tidal waters of the massive Fleuve Saint-Laurent, to establish Quebec City (Donnacona) and further upstream, Trois-Rivières and Montreal (Hochelaga).

In Charlevoix, as in Canada itself, impossible things sometimes do come true.

"In 2000, linking Mont-Saint-Anne, the Sentier des Caps de Charlevoix, Le Massif, Baie-Saint-Paul and la Traversée de Charlevoix was a distant dream," said Mr. Sénécal. "Today, supported by our Trail groups and local and regional governments, this dream is becoming reality."

From top: from the TCT in Charlevoix, you can easily imagine the ships of Jacques Cartier and Samuel de Champlain as they first sailed into New France; just off David Foster Way is the Gate of Harmonious Interest, the main entrance to Canada's original Chinatown in Victoria, B.C.; in Calgary, the TCT's Elbow River Trail/Cenovus Legacy Trail runs along the edge of the Stampede, home of western heritage events like this chuckwagon race.

TCT (COSTC); VICTORIA TOURISM; SHANE KUHN/CALGARY STAMPEDE

"I grew up in the natural beauty that is Vancouver Island, BC. My childhood was spent playing in forests, swimming in an unpolluted ocean with nearby freshwater lakes, and hiking through endless terrains of majestic landscapes and nature trails. These memories I shall always cherish." *Kim Catrall, Actress and Executive Producer*



For more, visit globeandmail2014.tctrail.ca



TCT near Canora, SK

THE RIDGE ROAD HERITAGE TRAIL

Near Dawson City, the TCT retraces Yukon's iconic gold rush

Remnants of the gold rush still dot the landscape around Dawson City, Yukon, where tens of thousands of prospectors from around the world flocked to the Klondike after gold was discovered more than a century ago. In 1898, the best way to Dawson was through the peaks of the Coast Mountains: the treacherous White Pass, upon which scores of packhorses lost their lives each day, or the steeper, more strenuous Chilkoot Pass. Very quickly, more convenient inroads were built, as the Klondike gold rush put the Yukon on the map – territorial status was granted in 1898, just two years after the initial "strike" at Bonanza Creek.

While the popular sites of beautifully restored Dawson City pay homage to that glorious period of Canadian history, the TCT leads hikers through the surrounding hills to the place where it all began.

The Ridge Road Heritage Trail traverses the heart of gold mining territory, allowing hikers to experience a part of the history of the Klondike, says Toos Omtzigt, a consultant with the Klondike Snowmobile Association, the TCT's partner in Yukon.

Originally built in 1899 to service the big mines on Sulphur Creek and Dominion Creek, it was the first government-built wagon road in the brand-new territory. It was also used for everyday travel, says Ms. Omtzigt. "In the early days, people used ridges to traverse the country because the valleys were often too swampy to cross in summertime – this was before there were proper roads," she explains.

Historical sites of interest and relics along the 33-km-long gravel Trail recall the history of mining in the region, including the Yukon Ditch, built to bring water to the mines; 11 Mile Camp and 15 Mile Camp, roadhouses for miners during the gold rush; and the Soda Station, an old box car used for storing mining supplies.

In 1996, the old road was designated an official Yukon Heritage trail, and reopened for the Klondike Centennial. As part of the Trans Canada Trail network, the Ridge Road Heritage Trail contributes an important element of our national history and culture to all who hike or ride it. In Dawson, the TCT links all Canadians to the romantic heritage of the gold rush and its legendary trails.

Even today, there are areas in the region where visitors can legally pan for gold. "Mining around Dawson never stopped," says Ms. Omtzigt. "There are still many small placer mines in the region and hikers pass through active mining areas on their way to the trailhead. It's a bit of living history."



Underground Railroad, Chatham to Kent TCT, ON

Henson's story is an inspiration. "Walking through the door, visitors are confronted with the fact that this man was born into slavery. He had nothing; he was considered property. When they realize what he accomplished – becoming a father, an author, an abolitionist and one of the co-founders of the first schools in Canada – with so little, they are moved."

Another part of the museum holds the Underground Railroad Freedom Gallery. "Visitors can see control devices that were used on enslaved people, such as the speculum oris, used to force-feed them, or thumb-screws for getting them to reveal secrets," Mr. Cook says. "Seeing those devices, what hits home are the horrors of slavery and the courage of those freedom seekers who left the plantations not knowing whether they were going to make it or be returned and again subjected to torture."

Rev. Henson personified this courage – he sought freedom and helped so many others attain the same through the Underground Railroad, a secret network of routes and safe houses leading escaped slaves to Canada, which operated mainly between 1840 and the signing of the Emancipation Proclamation in 1863.

Of the estimated 30,000 former slaves who fled to Canada, most landed in southwestern Ontario, settling in what is now Windsor, Fort Erie, Chatham and other local communities, where "they contributed significantly to the building of our nation," says Mr. Cook.

Ms. Pomeroy adds that they founded many important communities that are still thriving today. "It's quite a legacy, and I find it humbling to trace their footprints on the Trail."

CANORA WELCOMES THE TRANS CANADA TRAIL
In rural Saskatchewan, Canada's Ukrainian farming roots shine

Along the Good Spirit Lake to Canora portion of the Trans Canada Trail in Saskatchewan, there are stretches of natural sand dunes, beautiful beaches, marshland and river valleys, but for the most part, the path winds through farming country.

"You have a chance to witness farm life in Saskatchewan as you're passing farmyards, livestock in pastures or farmers working in the fields," says TCT co-ordinator Kristen Gabora, whose 4,000-acre farm in Canora lies about a mile from the Trail.

She jokingly calls the area the "pierogi belt," since more than 13 per cent of Saskatchewan's population claims Ukrainian heritage, as do more than one million Canadians. Of Ukrainian descent herself, Ms. Gabora's family has been in the area for more than a century – her grandmother, who is now 101, was born here – and is well integrated into the tight-knit community of 2,400, where people still look out for one another.

In addition to Ukrainian culture, the region boasts a National Doukhobor Heritage Village in Veregin, as well as settlers with a Scandinavian background – a confluence of traditions that has enriched local communities, says Ms. Gabora, who sees evidence of the region's history in old schoolyards, cemeteries, farms and the landscape itself.

To her, farmers are the ultimate conservationists. "The land means everything to them. If you asked a farmer, he would say that farming is not a job – it's a way of life," she says. That deep connection can sometimes prove a challenge for connecting the Trail. "Farmers can be a bit territorial," Ms. Gabora explains.

At just 33.8 per cent completed, Saskatchewan has the greatest way to go of any jurisdiction in Canada. But this is changing fast, as local communities gain greater awareness of the TCT project. "The Trail has come through Canora," she says. "And, once we got it, people realized that it's not meant to change their way of life – it enhances it."

Sharing a love of the land and an interest in nature, Ms. Gabora sees the Trail as a way of encouraging visitors to learn more and experience a farming community in a largely untouched setting.

It's that authenticity that makes this stretch so special, says Ms. Gabora, who adds that it hasn't even been named yet. "The Trakkers Snow Club and the Town of Canora are the stewards of the Trail, and they believe it's important to find a name that adequately captures the spirit of the place," she says.

No matter what name it's given in different parts of the province, she says, "the Trans Canada Trail is going to be great for the rural municipalities of Saskatchewan."

Top: Saskatchewan's rural and farming heritage is well reflected along the TCT between Good Spirit Lake and Canora.

Above: Travellers on the Chatham-to-Kent Trans Canada Trail can retrace the footsteps of a renowned conductor of the Underground Railroad.

Below: Hikers enjoy a view of Gold Bottom Creek from the Ridge Road Heritage Trail.

TCT; UNCLE TOM'S CABIN HISTORIC SITE; GREG SKUCE/YUKON GOVERNMENT

IN ONTARIO, A HISTORIC PATHWAY TO EMANCIPATION
The Underground Railroad and the Chatham-Kent TCT

It's an unassuming site on the TCT – a two-storey cabin nestled among a grove of tall trees – yet its history is known around the world. The home was owned by Reverend Josiah Henson, the famous Canadian abolitionist whose life story inspired the novel *Uncle Tom's Cabin* by Harriet Beecher Stowe.

The house now bears the name of the fictional character – it's called 'Uncle Tom's Cabin Historic Site.' But it is Rev. Henson who started his life in slavery, before following the Underground Railroad to freedom and settling in Dresden, Ontario. The final stretch of Henson's journey, and that of the hundreds of former slaves he then guided to freedom, is part of the Chatham to Kent Trans Canada Trail, a paved, 222-kilometre track passing through picture-perfect rural scenery.

"It's an honour to walk along that path," says Melissa Pomeroy, general manager of TCT Ontario. "As a Canadian, I am proud that our national Trail incorporates some of the routes used by the Underground Railroad," she explains. "These incredibly courageous individuals were seeking liberty for themselves and their children. They arrived here after what must have been an arduous journey and built a better life."

For Steven Cook, site manager of Uncle Tom's Cabin, Rev.



Ridge Road Heritage Trail, YT

JUST LIKE OUR NATIONAL TRAIL, OUR LIST OF CHAMPIONS IS GETTING LONGER.

"Trails have been my life. To move through nature without crashing and tromping, thereby not disturbing wildlife or plants—and to savour the joy and beauty of nature away from the world of machines—is a gift to all Canadians."


- Robert Bateman, artist, naturalist, TCT donor and National Champion

Their Excellencies the Right Honourable **David Johnston**, Governor General of Canada, and **Mrs. Sharon Johnston**



Photo Credit: Sgt. Serge Gouin


Mrs. Laureen Harper
Honorary Campaign Chair



The Honourable **Robert Ghiz**
Premier,
Prince Edward Island



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JD, LL.M.
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The Right Honourable **Michaëlle Jean**, 27th Governor General of Canada (2005-2010), and **Jean Daniel Lafond**, Filmmaker and Author




The Right Honourable **Adrienne Clarkson**
26th Governor General of Canada (1999-2005)



Photo Credit: Michael Chambers

John Ralston Saul
Writer and International
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The Right Honourable **Jean Chrétien**
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The Honourable **Gary Doer**
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Margaret Atwood
Writer and Naturalist




Photo Credit: Jean Malick

Robert Bateman
Artist and Naturalist



Photo Credit: Brigit Fryjae Bateman

Roberta Bondar
President
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Scotiabank Giller
Prize-Winning Novelist




Photo Credit: Norman Wong

Paul Brandt
Country Music Artist



Kurt Browning
Four-Time World Figure
Skating Champion



Photo Credit: CBC - Dustin Rubin

Edward Burtynsky
Industrial Landscape
Photographer




Photo Credit: Brigit Kleber

Kim Cattrall
Actress and Executive
Producer



Photo Credit: Timothy Greenfield-Sanders

G. Raymond Chang & Family
**Raymond Chang
Foundation**



Jim Cuddy
Musician



Photo Credit: Heather Pollock

David Foster
Musician, Record Producer,
Composer and Chairman,
David Foster Foundation



Graeme Gibson
Writer and Naturalist





Photo Credit: Dennis Minny

Colonel **Chris Hadfield**
Astronaut and Professor



Rick Hansen
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Norman Jewison
Film Director and Producer




Photo Credit: Peter Bragg/Hellor

Craig Kielburger
Co-Founder
Free The Children




Marc Kielburger
Co-Founder
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Cindy Klassen
Six-Time Olympic Medallist



Eugene Levy
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Natalie MacMaster
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Photo Credit: Richard Beland


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Writer and Broadcaster



Deepa Mehta
Screen Writer and Director



Dana Meise
Explorer and Hiker



Rick Mercer
Star of CBC's
Rick Mercer Report



Photo Credit: Jon Sturge

Anne Murray
Singer and Author



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World Change Warrior
Me to We



Deborah Apps
President & CEO
Trans Canada Trail



Every Canadian is invited to share this great national journey. Find the section of Trail nearest you, and help us connect the remaining 25% of the TCT.

It all starts here: www.tctrail.ca

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