

Paletas, food trucks, bear fare, oh my! Find out what we're craving this month. Hint: it has something to do with summer paletas, cocktail recipes, and a new food truck hub.



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What We're Craving, Sipping, and Talking About in May

Summer paletas, cocktail recipes, and a new food truck hub coming to Sherman Heights



Tune in to episode 226 of the Happy Half Hour podcast, with special guest chef Eric Greenspan, an expert in the emerging field of ghost kitchens and virtual kitchens. We tap into Eric's insight about this new ecosystem of delivery-only dining in light of CloudKitchens opening its first ghost kitchen in San Diego, the Barrio Food Hub.



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We Chat with Acclaimed Chef Eric Greenspan about the World of Ghost and Virtual Kitchens



Your favorite summer wines this year just might be in a can. Today, the new kids on the block are prioritizing quality, and several companies are working directly with some of the best winemakers and growers. Here are our top recommendations.



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## **Our Top Recommendations for Canned Wines**

Your favorite summer wine might just be in a can this year



Find out what we're craving, sipping, and talking about in June. Mouth-watering authentic Texas-style barbecue in Chula Vista, boozy ice cream for brunch, and ethically sourced household products at a new zero-waste store in North Park.



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What We're Craving, Sipping, and Talking About in June

Texas-style barbecue, boozy ice cream for brunch, and a new zero-waste store