

Ranch Review

VOL. 3, FALL 2023



Welcome to fall edition Trinity's Ranch Review! Our non-profit's mission to change lives has been made possible by YOU, our generous donors and volunteers! Keep reading to learn more about Trinity's programming and the positive impact that your continued partnership is having in our community!

Trinity's First Dementia Caregiver Retreat: October 2nd, 2023

Caring for a person living with dementia can be challenging so a day has been created especially for this community's caregivers! Trinity has partnered with the ADRC to bring you a free retreat at the ranch, which includes lunch, walking trails, time with the horses, a variety of workshops to boost resilience, the opportunity to connect with others, and a wellness gift bag! Registration is limited to the first 20 people. Register at www.adrcevents.org or call 715-839-4735 by **Wednesday, September 27th**. If you would like to volunteer to help out at this event, please email Hannah at volunteer@trinity-ec.com for more info!



Thank You to the Wisconsin District 10 WI American Legion Riders

for their generous donation to Trinity's Veteran Wellness Program. It's donations like these that allow us to continue providing equine-assisted mental health services to local Veterans and their families at zero cost to them!



☎ 715-835-4530 / www.trinity-ec.com

🏠 S5300 State Road 37 Eau Claire, WI 54701

✉ Resource Development: lisaf@trinity-ec.com



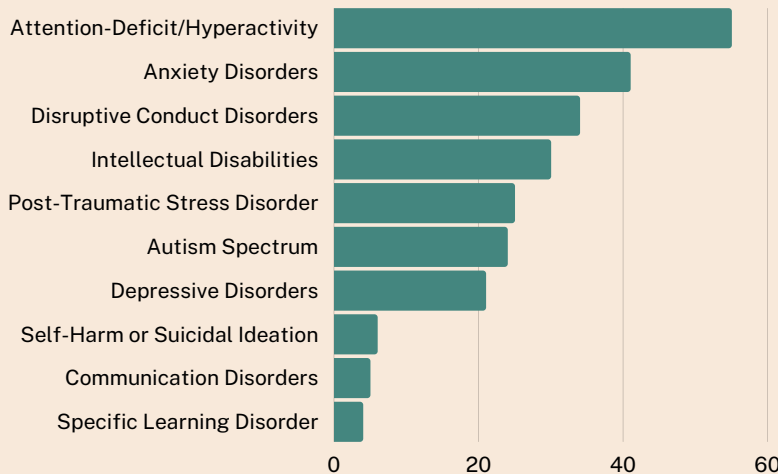
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Who We Serve

Did you know that 1 in 7 youth experience a mental health condition? Of those Americans ages 6-17 who have been diagnosed, 50.6% do not receive treatment (National Alliance on Mental Illness, 2022). Failing to address adolescent mental health conditions impairs both physical and mental health in adulthood. This is why Trinity's Youth Counseling & Workshops programs serve kids with more than 25 different diagnoses. Here are the top 10:



Trinity's 2nd Annual Fall Festival: October 27th, 2023

Trinity is hosting its Fall Festival on Friday, October 27th for all of our Youth Development kiddos to celebrate the changing seasons! We will have pizza, fall crafts, games, Karaoke, giveaways & more. If you or your agency is interested in sponsoring this event, please reach out to lisaf@trinity-ec.com for more information!



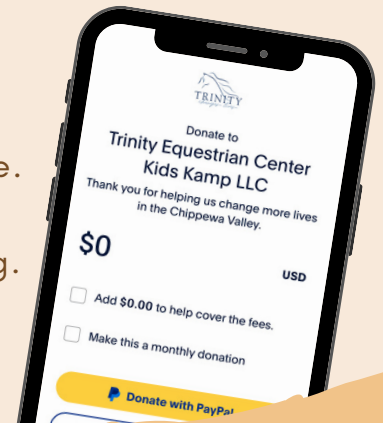
If you would like to get involved, you can help us Change Lives in 4 easy steps:

STEP 1: Scan the QR code with your phone.

STEP 2: Choose your dollar amount.

STEP 3: Check the box to make it recurring.

STEP 4: Click "Donate" and you're done!



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TRINITY EQUESTRIAN CENTER

Reminiscing ON THE RANCH

A 4-week program for enhancing the quality of life of adults living with dementia and their care partners.

Thursdays, September 7th-28th
1pm-2:30pm

Reminiscing on the Ranch is a program offered by Trinity Equestrian Center in which adults living with dementia and their care partners have the opportunity to enjoy the horses through care taking, grooming, and an array of nature-based, stimulating activities on the Ranch. Studies have found equine-assisted activities to:

- enhance emotional well-being,
- improve communication and cognitive abilities, and
- increase engagement and shared experiences with family and friends.



No Cost to Participate!

Made possible by Bader Philanthropies' sponsorship!
If you or a loved one are interested in participating in our upcoming series, **please register by Monday, August 21st by emailing equineservices@trinity-ec.com as there are limited spots available!** There will be a brief meet and greet required prior to the start of services on September 7th. If you have questions regarding enrollment details or to request volunteer information, please call **Amanda or Katie at 715-835-4530.**

 715-835-4530

 S5300 WI-37 Eau Claire, WI 54701

 equineservices@trinity-ec.com

 **BADER**
PHILANTHROPIES, INC.
CELEBRATING COMPASSION


TRINITY
changes lives

CARING FOR THOSE WHO GIVE THE MOST

A DAY OF WELLNESS FOR DEMENTIA CAREGIVERS

MONDAY, OCTOBER 2ND, 11AM-4PM

Caring for a person living with dementia can be challenging so a day has been created especially for you! You are invited to enjoy this free retreat at the ranch, which includes a sponsored lunch, walking trails, time with the horses, a variety of workshops to boost resilience, the opportunity to connect with others, and a wellness gift bag full of goodies!



TO REGISTER:

Registration is limited to the first 20 people.

Register at www.adrcevents.org or call:

*715-839-4735 by **Wednesday, September 27th.***

Thank you to our sponsors!



TRINITY EQUESTRIAN CENTER S5300 WI-37, EAU CLAIRE, WI 54701