

a film by afifa bashir

KAL



## **KAL**

Treatment, 11/6/2020

Author Name: Afifa Bashir

### Logline:

Easy-going Zaroon struggles to resist the urge to delay things as he strives to meet the deadlines at workplace, school and personal life.

### Character:

Zaroon: a 22 year old, juggling between school, work and social life tries his best to give his time to everyone but ends up delaying everything.

### Synopsis:

Zaroon mornings start with journaling everyday. He sits at a table, sips coffee, makes a to-do list, takes out post-its, plans out the utmost important tasks for the day, marks important dates and days on a calendar and gets to work. He has three important dates this month; meet a friend before she leaves for her masters, schedule a meeting with a very important client and make an excel sheet for reimbursements of transportation for employees, and to submit his thesis proposal. He will be fired from work, would miss the chance to bid proper farewell to his friend and will fail his capstone project if he doesn't complete all the tasks smoothly. After marking them on the calendar and blocking time on the post-its, he sits down and decides on to start working on his thesis proposal.

He sets the timer for 30 minutes and starts researching for his thesis proposal. Only ten minutes into the timer when his friend( going for masters) messaged him asking to company him for a drive because the friend would be flying to Canada for masters. He refused the offer because he just planned for the day and had to get tasks done. He then starts to scroll through instagram mindlessly

and as soon as the timer rang he comes across a fun tik tok video which he wanted to do. He stopped the timer rather than putting it on repeat and made a tik tok video. Seconds later after making the video, he gets an email notification from his work colleague reminding of the task that Zaroon has to do and forward it to him. Zaroon closes the math book, delaying to the other day and opens the laptop to work on the excel sheet. He switches to youtube to watch some excel tutorials to get his work started but minutes later he comes across this ted talk and spends a considerable amount of time watching that. Hyped up, he switched on airplane mode, kept his phone aside and started working on the excel sheet. Since Excel has a lot of features, Zaroon got super agitated in decoding those features and using excel smoothly so he closed the lid of the laptop and started doodling in his notebook. Grabbed the phone, switched off the airplane mode and started scrolling through pinterest mindlessly for creative doodle patterns. Minutes later, he gets the call from the same very friend to remind Zaroon to meet. Zaroon cancels on her today because he has a work task to complete today if nothing else. As soon as gets done with the call, Netflix notification, 'Continue Watching Schitts Creek' gets to him and becomes irresistible for him to not watch. He slides everything aside, and starts watching that and falls asleep.

Upon reflection, he wasn't able to achieve anything quite literally except postponing tasks to the other day.

## **Script- KAL**

Screenplay by Afifa Bashir

### **INT. PLAYGROUND ROOM- DAY**

Zaroon morning rituals look like planning out the day by organizing tasks, marking important dates on his calendar, attaching post-its, making a to-do list

and sipping his green tea, letting out a sigh of relief; feeling hopeful and assured that things will go as per the plan.

### **INT-PLAYGROUND ROOM- DAY**

He kick starts his day by setting up the timer, researching about his thesis proposal when his friend messages who is leaving for masters to go for a drive. Zaroon ignores, switches back to studying but after a few minutes picks up the phone and starts scrolling through tik tok videos. He stands up from his chair, stretches a little and goes on to sit on the sofa; enjoying the videos. He receives an email from his work colleague to send him the office task. He stands up, goes back to the chair, opens the laptop. He types in the email and then erases it. He switches to youtube for watching excel tutorials. He switches to watching a ted talk and then shuts down the laptop to doodle.

### **INT- PLAYGROUND ROOM- DAY**

He starts doodling in his notebook and then picks up the phone to open Pinterest to search for new doodle patterns. He attaches a post-it saying tomorrow under the same very tasks and stands up, stretches a little, and slides onto the sofa, takes off his glasses and dozes off.

## **STORY STRUCTURE**

### **ACT 1**

- ❖ Inciting incident: Zaroon marks important dates on his calendar.
  - Plot Point 1: Sets the timer for thirty minutes to study for the thesis proposal.

### **ACT 2**

❖ Midpoint: cancels on friend, skips his research and watches tik tok videos

- Plot point 2: starts to work on work task (excel sheet and scheduling an email)

## ACT 3

- CLIMAX: starts to watch doodling videos on pinterest after skipping every task planned.

### Character Breakdown

Character Name: Zaroon

#### Physiology

Gender	Male
Age	22.
Height	Medium
Posture	Open/Good posture; shoulders resting down, back

	straight, head
Appearance	Long wavy hair tied up in a ponytail or by a headband. He wears jogger pants, slides and a plain light colored shirt.
Defects	None.

Sociology:

Social Class	Upper Middle Class
Profession	Student
Education	A final year student of undergraduate.
Lifestyle	sustainable and adequate lifestyle.
Race	South Asian

Religion	Muslim
Hobbies	Watching shows and doodling.

Psychology:

Moral Standards	Morally upright and aware.
Ambitions	He wants to get into a good university for masters with a good enough scholarship.
Frustrations	He is super agitated at himself. For organising tasks yet not being able to prioritise and manage time for his tasks.
Optimistic/Pessimistic	Super Optimistic; going with the flow believing if things were meant to be they will work out.
Extrovert/Introvert	Extrovert; big social circle and hanging out daily with friends.

Background Story:

Zaroon is the eldest among his two younger siblings; one is enrolled in a Alevel institution and one just started university; a freshmen. Zaroon works at an advertising agency as an intern with a monthly stipend. This is because he wants to polish his work experience to be able to get in a masters degree program in a good university and also to manage his daily commuting and hanging out with friend expenses. He has his thesis going on, work deadlines to meet and maintain social life but he profoundly struggles with resisting procrastination.

## SCENE ANALYSIS- SCENE 1

questions	answers
<p>What Just Happened before the scene started to create a sense that the scene is "in the middle of" something. How have we established the opening to this scene?</p>	<p>Scene 1 paints a picture of Zaroon morning rituals. It starts with Zaroon being hopeful for the day as he sips his green tea with his hair tied and plans out his tasks for the day. He makes a to-do list and circles the three important dates on the calendar and attach post-its on the softboard.</p>
<p>What FACTS are given in this scene. What INFORMATION does it give the audience?</p>	<p>As mentioned above, this scene gives a glimpse of how Zaroon's mornings look like.</p> <ul style="list-style-type: none"> <li>● He has a study table with his supplies ready. (post-its, notebooks, different color pens, laptop, phone and a calendar)</li> <li>● He has to have green tea.</li> <li>● His hair is tied.</li> <li>● He starts with his day with making a to-do list, marking important dates on a calendar,</li> </ul>
<p>Who are the characters in the scene? What do they want it specifically? Focus on INTENTION and OBSTACLE in the form of:</p> <p>DO TO / GET FROM</p> <p>Define the Conflict. Who drives the scene, and what does he or she want? Who or what stands in</p>	<p>There is only one actor throughout the film. He is the lead protagonist. This scene gives an introduction to his morning rituals. He needs to meet the deadlines in his work, school and social life and for that he organises his tasks for everyday. However, the one thing he struggles with is managing time and breaking down big tasks for him to prioritise them everyday.</p>



<p>opposition? Why?</p> <ul style="list-style-type: none"> <li>- what the character DOES...</li> <li>- to get what he/she WANTS...</li> <li>- to fulfill his/her NEEDS</li> </ul>	
<p>What is different at the end of the scene when compared to the beginning? What has changed?</p>	<p>The change has not been pretty significant but the audience gets a good idea of Zaron morning rituals.</p>
<p>What is the TURNING POINT in the scene where the stakes are raised? What specific line or action.</p>	<p>This particular scene doesn't have a specified/clearer turning point.</p>
<p>What is the CLIMAX of the scene? Specific line or action.</p>	<p>There is no climax in this scene.</p>
<p>What is the scene ABOUT specifically (few words as possible)</p>	<p>It's about how mornings are spent in planning and organising the tasks for the day after a sip of green tea to get the brain working.</p>
<p>Whose Point of View (POV) is most important and why?</p>	<p>Zaron's point of view is important because it is through Zaron that the scenes are driving ahead;</p>

	<p>jumping from one task to another with the intention to atleast get one task completed.</p>
<p>What is at stake for each character if they fail to satisfy their intentions?</p>	<p>For now the stakes are not very high-but marking important dates shows that if he fails to complete these tasks he has to face the consequences.</p>
<p>What are your personal associations to the scene.</p>	<p>I could relate to this scene on a very personal level because this is exactly how I usually begin my mornings. Throughout my 22 years I have had considerable stationary supplies accumulated; hundreds of notebooks in different colors, sizes and shapes with several different pens and pointers, post-its, folders to name a few. This was the for the sake of organizing and planning out my day as colorful and vibrant as I can</p>
<p>What is the root emotion at the beginning of the scene for each character. What body language cues can expose those emotions per character?</p> <p>Do the same for the end of the scene.</p>	<p>Zaroon feels hopeful and assured throughout this particular scene because for him planning out his day seems promising enough for him to complete his specified tasks.</p>
<p>What concerns do you have for this scene?</p> <p>How does this scene worry you? How is it a challenge?</p>	<p>Initially, I thought, is this particular scene even relevant for me to shoot? It's established how more or less everyone plans so will the audience be able to interpret if left on them to interpret that Zaroon loves the idea of organizing his tasks? However, I wanted to show that organizing your tasks and planning your entire day doesn't mean you are able to accomplish everything you were expected to</p>

	and I believe that I have shown that in my film.
--	--

## **SCENE ANALYSIS- SCENE 2**

questions	Answers
<p>What Just Happened before the scene started to create a sense that the scene is "in the middle of" something. How have we established the opening to this scene?</p>	<p>In the scene before, we have established his morning rituals, now in this scene he has finally sat to kickstart the day. Setting up the timer for thirty minutes to start prepping for his research proposal.</p>
<p>What FACTS are given in this scene. What INFORMATION does it give the audience?</p>	<p>This particular scene acts as a driving force to the scenes ahead. This scene present some facts: Zaroon gets a reminder email from his work colleague to send him the work.</p> <ul style="list-style-type: none"> <li>● He writes the email but erases it and switches to youtube for learning excel tutorials.</li> <li>● He switches from excel tutorials to ted talk.</li> <li>● Social platforms are a real distraction. Their algorithm is designed in a way that can soak a person in entirely.</li> <li>● It's better to break big tasks rather to do in one day</li> <li>● Taking breaks is okay. Your brain needs rest to start working again. But it is you who need to regulate and time your breaks.</li> </ul>
<p>Who are the characters in the scene? What do they want it specifically? Focus on INTENTION and OBSTACLE in the form of:</p>	<p>As mentioned earlier that the entire film is based on one actor as the lead protagonist. His wants vary in this scene from the scene earlier. They vary in the sense that in the scene prior it was clear he wanted to get done with the tasks he planned. In this scene,</p>

<p>DO TO / GET FROM</p> <p>Define the Conflict. Who drives the scene, and what does he or she want? Who or what stands in opposition? Why?</p> <p>– what the character DOES...</p> <p>– to get what he/she WANTS...</p> <p>– to fulfill his/her NEEDS</p>	<p>he wants to scroll through tik tok and check in with his friend. However, his need to produce quality work while meeting deadlines remains the same. The distractions which come forth; pop-up messages from the friend who's leaving for masters, mindlessly scrolling through instagram to jump to tiktok videos acts as an obstacle.</p>
<p>What is different at the end of the scene when compared to the beginning? What has changed?</p>	<p>At the beginning of the scene, Zaroon is alert and attentive and as the scene transitions to its ending Zaroon has lost focus with the task uncompleted.</p>
<p>What is the TURNING POINT in the scene where the stakes are raised? What specific line or action.</p>	<p>The turning point in this scene is when Zaroon receives a pop-up message from his friend and he slides in to check his phone.</p>
<p>What is the CLIMAX of the scene? Specific line or action.</p>	<p>The climax is when he leaves his office task uncompleted and switched to watching ted talk on time management.</p>
<p>What is the scene ABOUT specifically (few words as possible)</p>	<p>Organizing tasks wouldn't let your brain to maintain focus every other minute. It's the individual who has to from time to time to ask the brain to keep on functioning to get the tasks completed.</p>
<p>Whose Point of View (POV) is most important and why?</p>	<p>It is Zaroon point of view which is important because Zaroon is solely responsible for producing</p>

	work
What is at stake for each character if they fail to satisfy their intentions?	For not getting done with the research for his thesis proposal he wouldn't be able to write his proposal and would fail his capstone course.
What are your personal associations to the scene.	I, personally can relate to this scene in the sense that no matter how much you plan out your day, the distractions are enough to keep you out of track and when organising backfires because you know you have so much to do so the guilt of not even achieving one task properly just keeps you delaying further.
What is the root emotion at the beginning of the scene for each character. What body language cues can expose those emotions per character?  Do the same for the end of the scene.	At the beginning of the scene he feels heedful and focused however at the end of the scene he feels laid back and relaxed.  He starts the scene with sitting on his chair all upright, feeling assured. In the ending of the scene, he is sitting on the sofa, sliding in and feeling relaxed.
What concerns do you have for this scene?  How does this scene worry you? How is it a challenge?	Fairly, it was an easy scene to pull off so I didn't have any concerns as such for this particular scene.

**SCENE ANALYSIS- SCENE 3:**

questions	answers
-----------	---------

<p>What Just Happened before the scene started to create a sense that the scene is "in the middle of" something. How have we established the opening to this scene?</p>	<p>In the scene prior, we have established that he has started prepping for his thesis proposal; in continuity, this scene now paints a depiction of Zaron moving to an office task after being reminded by his work colleague, thus delaying his thesis proposal and canceled on meeting his friend.</p>
<p>What FACTS are given in this scene. What INFORMATION does it give the audience?</p>	<p>Some facts present in this scene:</p> <ul style="list-style-type: none"> <li>● He closes the lid of the laptop to start doodling.</li> <li>● He switches to using pinterest in phone for new doodling patterns.</li> <li>● He attached a post-it saying 'tomorrow' under the same very tasks that he had to do today.</li> <li>● His hair is open and unkempt.</li> <li>● He takes off his glasses.</li> </ul> <p>This particular scene gives off the information that how Zaron wants to get his work done but he is in the illusion that by giving into the distractions, he would feel refreshed but rather, at the end of the day he is tired and exhausted and dozes off. His body language says about his attitude towards work as the day comes to an end.</p>
<p>Who are the characters in the scene? What do they want it specifically? Focus on INTENTION and OBSTACLE in the form of:</p> <p>DO TO / GET FROM</p> <p>Define the Conflict. Who drives the scene, and what</p>	<p>In the scene prior, Zaron wants to complete his work task, which is to schedule a meeting with a client and make an excel sheet for reimbursements for transportation. However, since excel has too many features to learn in one day and since scheduling a meeting with a client is super easy, Zaron switched to watching a ted talk to give himself one more chance to feel motivated to get done with this office task. However, in this particular</p>

<p>does he or she want? Who or what stands in opposition? Why?</p> <p>- what the character DOES...</p> <p>- to get what he/she WANTS...</p> <p>- to fulfill his/her NEEDS</p>	<p>scene he jumps to another distraction which is doodling until he exhausts himself and dozes off</p>
<p>What is different at the end of the scene when compared to the beginning? What has changed?</p>	<p>In the beginning of the scene, Zaroon stands up to start completing the office task, however, at the end of the scene, he is on the sofa, dozing off.</p>
<p>What is the TURNING POINT in the scene where the stakes are raised? What specific line or action.</p>	<p>There is no definite turning point in this scene.</p>
<p>What is the CLIMAX of the scene? Specific line or action.</p>	<p>There is no definite climax in this particular scene.</p>
<p>What is the scene ABOUT specifically (few words as possible)</p>	<p>This scene is about being in the illusion of doing something you love so your brain can start working and cooperating to complete the tasks.</p>
<p>Whose Point of View (POV) is most important and why?</p>	<p>Zaroon's point of view is important here too because</p>
<p>What is at stake for each character if they fail to</p>	<p>If he doesn't complete the office task he will get fired.</p>

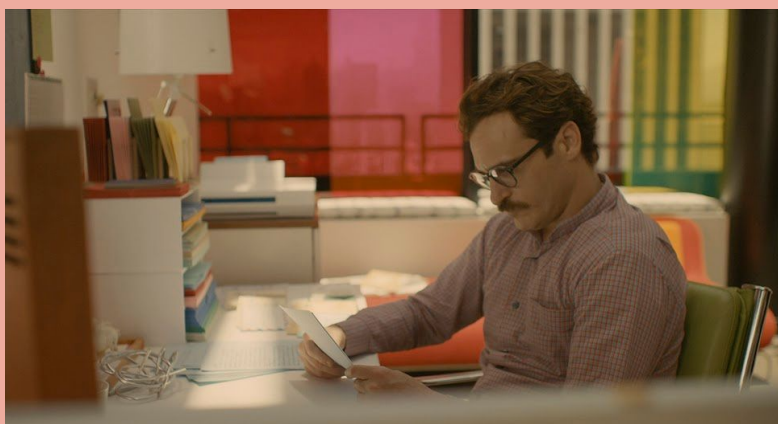


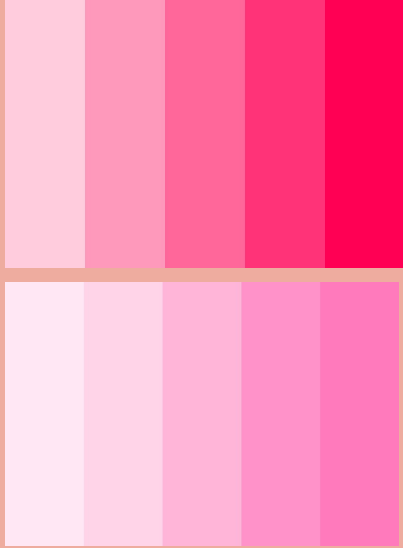
<p>satisfy their intentions?</p>	
<p>What are your personal associations to the scene.</p>	<p>I feel personally associated to this specific scene in the sense that sometimes all you feel is to switch to working on something really close and you lose track of time until you have to postpone all the tasks to tomorrow.</p>
<p>What is the root emotion at the beginning of the scene for each character. What body language cues can expose those emotions per character?</p> <p>Do the same for the end of the scene.</p>	<p>At the beginning of the scene, Zaron feels lowkey stressed out but also self-assured that he will get the task done. As the scene transitions to its ending he is exhausted and physically drained to do anything except sleep.</p>
<p>What concerns do you have for this scene?</p> <p>How does this scene worry you? How is it a challenge?</p>	<p>Initially i thought zaron should be completing his work task after doodling but my sole intention was to show how procrastination can sometimes ruin your day and puts you in utter guilt and sometimes even knowing that you have so much to do stresses you out.</p>

## **VISUAL SYSTEMS**

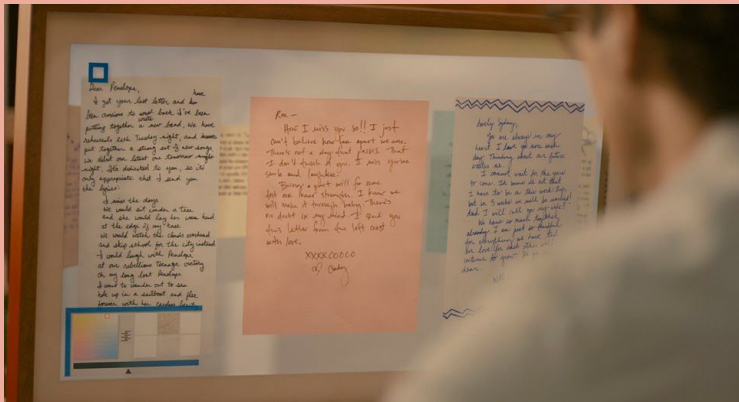
### Color palette

The story highlights feelings of hope and assurity and aims to render a calming effect rather than ugly panic and aggressiveness. It also intends to soften frustration therefore, through the use of shades of pink hues, I wanted to elicit a similar response from the audience.





## VISUAL SYSTEMS (CINEMATOGRAPHY)

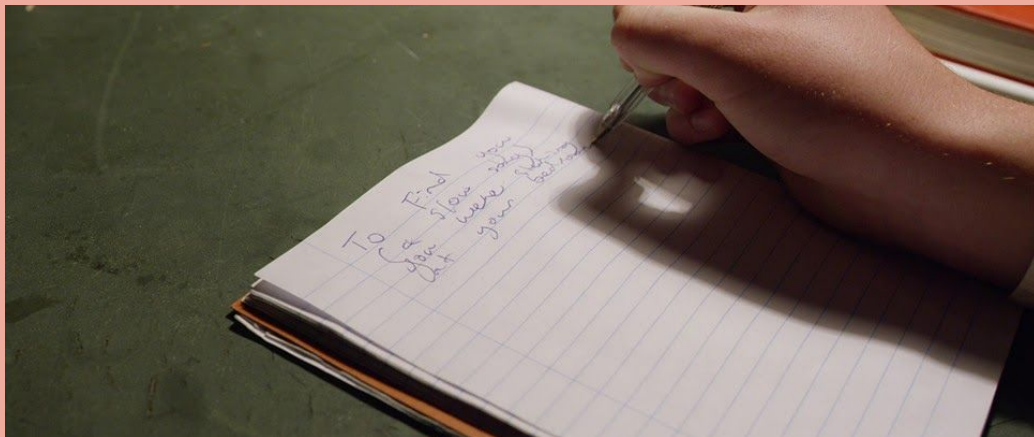
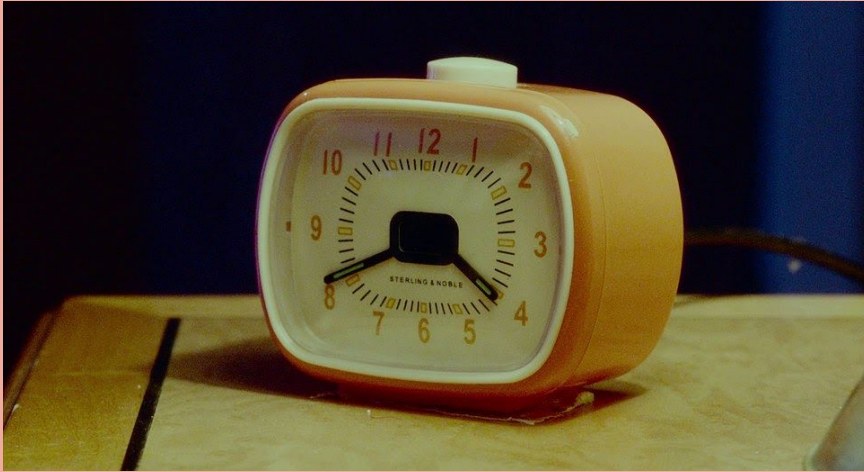


These specific kind of Over the Shoulder shots will be applied to establish the protagonist point of view throughout.



The

film will comprise of a lot of inserts to pay close attention to specifics; specific things the protagonist is doing throughout the film.





medium closeups will be captured. Since it's a silent film I really want the audience to properly register the protagonist's facial gestures and emotions while retaining background. Also, to make the transition of the scenes easier and organic.

### **VISUAL SYSTEMS (PRODUCTION DESIGN)**

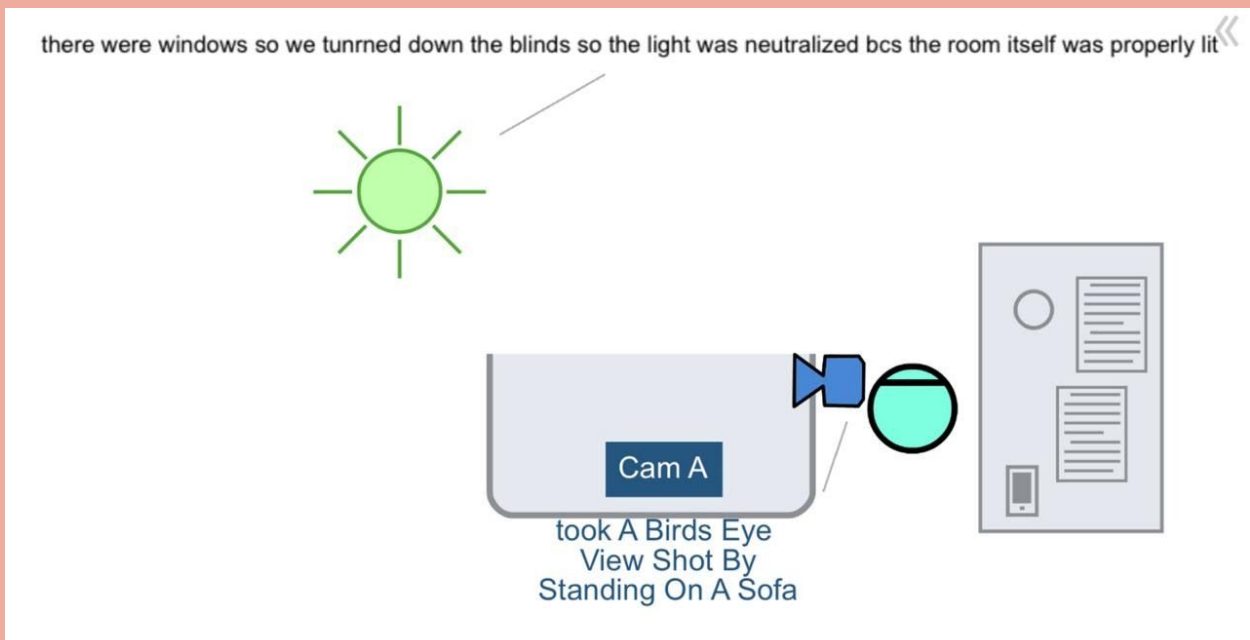




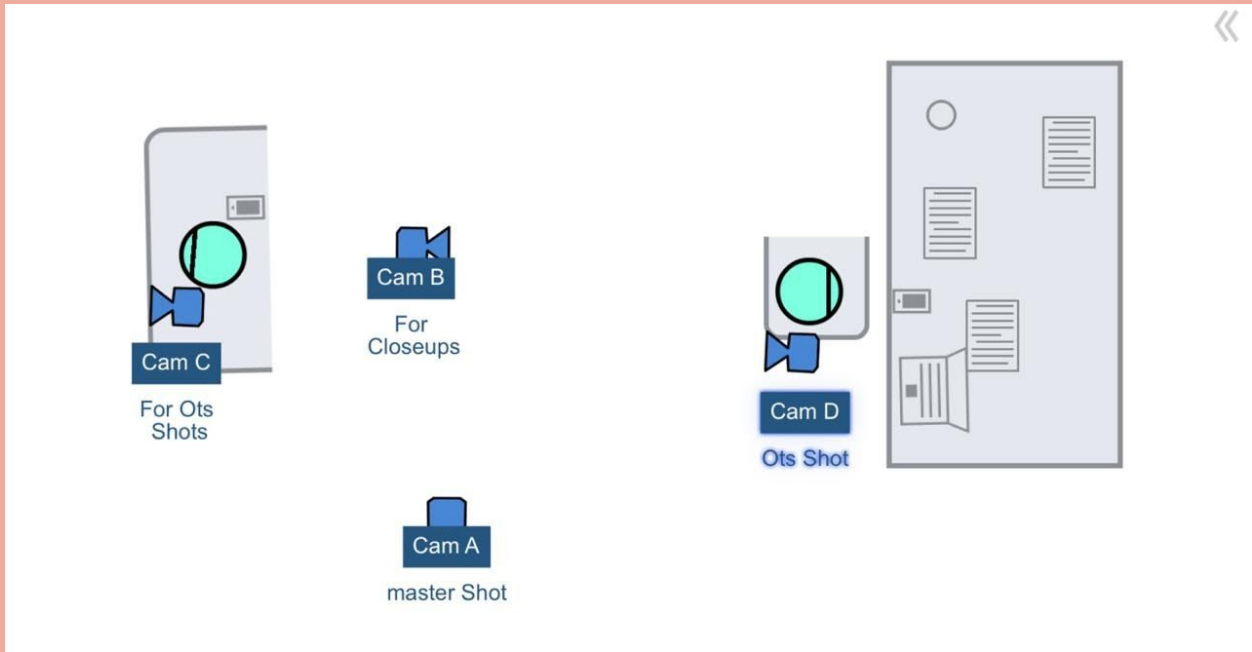
I wanted to make my production design resemble this. This is because Zaroon is a student who tries his best to juggle work, social life and academics altogether so wanted to give a comforting vibe through different shades of pink hues and lots of stationary supplies. Precisely, I wanted to render a proper study room feeling to convey the idea that you may get the silent environment but distractions still won't leave you and it's on you to not delay things.

## FLOOR PLANS

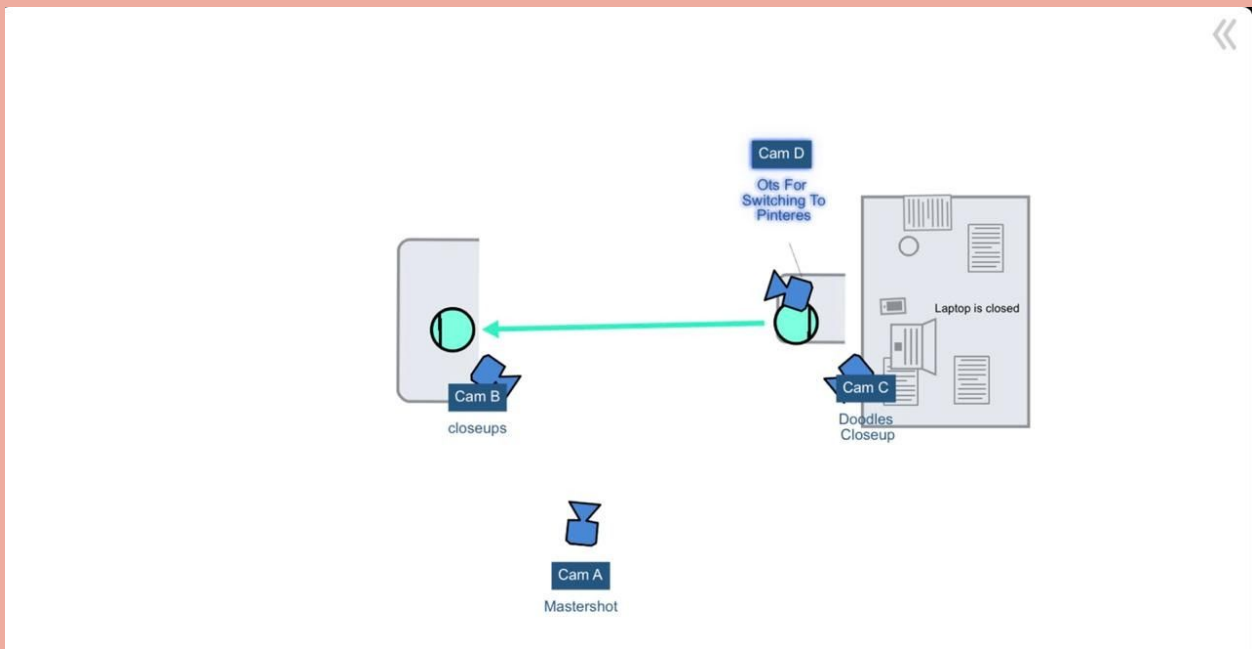
### SCENE 1



## SCENE 2



## SCENE 3



## SHOT LIST

S.No	Shot Type	Description	Location	In frame	Props	Check
1a.	Birds Eye View	Zaroon is sitting at his study table; with notebooks, calendar, post-its, pens and a mug of green tea. He opens the notebook and flips pages.	Int.Playground'sRoom.	Zaroon.	pens,notebooks ,post-its, calendar, research.	x
1b.	Medium Close up	Zaroon sips his green tea.				
1c.	OTS	Zaroon circles important dates on the Calendar			Calendar	
1d.	Insert; Close up.	Zaroon attaching post-its on the softboard of the three important dates.			Post-its, pens	
1e.	Insert; Close up	Zaroon making a to-do list.				
1f.	Close up	Zaroon letting out a sigh of relief, feeling hopeful				



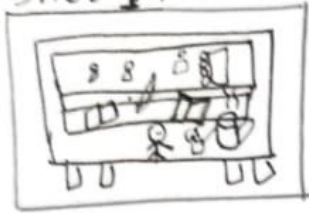
2a.	Insert; Closeup	Setting up a timer for thirty minutes.				
2b.	Extreme Closeup	Zaroon prepping for his thesis proposal				
2c	Insert; close up	His friend messaged Zaroon about to meet				
2d	Medium close up	Zaroon studied for a while and then slammed his research and switched to using phone				
2e	Master Shot	After using his phone for a while he stood up, stretched a little and switched to sofa with his phone				
2f.	Close up	Zaroon unties his hair, slides into the sofa and enjoys watching tiktok				
2g	OTS	Zaroon scrolling through tiktok				
2h	OTS	Zaroon switches to email after receiving an email from his work colleague.				

2i	Medium Close up	Zaroon goes to sit on his chair.				
2j	OTS	Zaroon opens email but erases it and then switches to youtube to watch youtube tutorials of excel.				
2k	insert; closeup	Youtube tutorials of excel				
3a	Medium Closeup	Zaroon shuts down the lid of laptop and switches to notebook to doodle				
3b	Insert; close up	Doodling in a notebook				
3c	Insert;close up	Picking up the phone to open pinterest.				
3d	OTS	Searching new doodling patterns on pinterest				
3e	Close up	Attaching a post-it saying 'tomorrow' on the softboard under the same tasks				
3f	Master shot	Zaroon stands up from the chair ,				

		stretches, and goes to sit on the sofa with his hair open, and takes his glasses off, keeping the phone on side.				
3g	Medium close up	Zaroon yawns and dozes off.				

**STORYBOARD**

Shot 1a



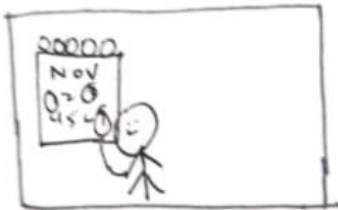
~~Mat~~ Birds eye view shot, Zaron is sitting at the table with everything ready

Shot 1b



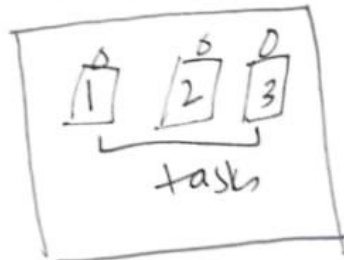
Medium close up Zaron sips his green tea.

Shot 1c



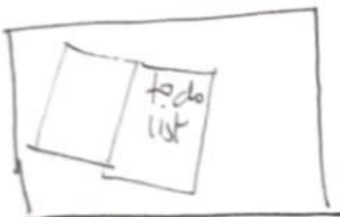
OTS marking important dates

Shot 1d



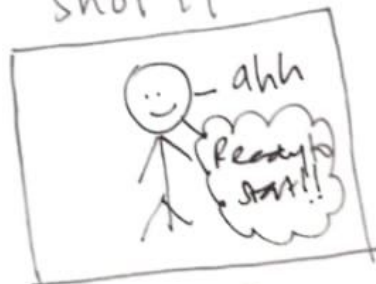
Inserts Post-its.

Shot 1e



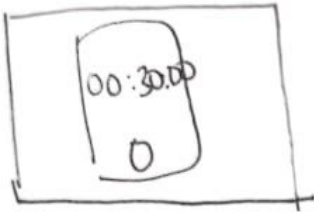
~~Zar~~ Insert, Closeup, Zaron making a to do list.

Shot 1f



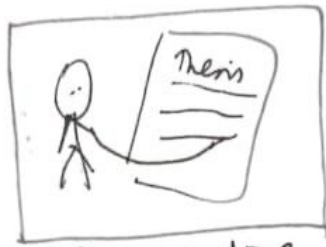
Close up, Zaron letting out a sign of relief.

Shot 2a



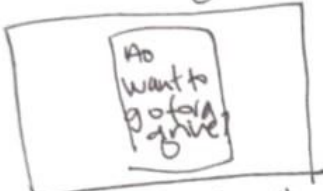
insert, closeup

shot 2 b



Extreme close up.

Shot 2c



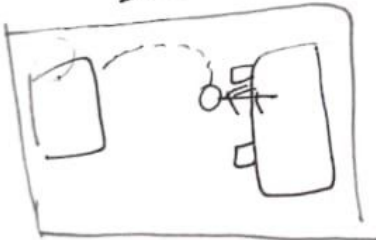
closeup, insert

2d



Medium closeup switched to using his phone.

2e



Mastershot Zanon goes to sit on the sofa.

2f



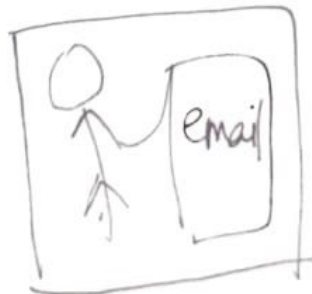
closeup zanon unhes his half ~~and~~ and eyes relaxes

2g



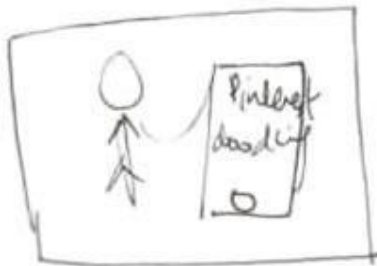
OTS zanon scrolling through tickets

2h



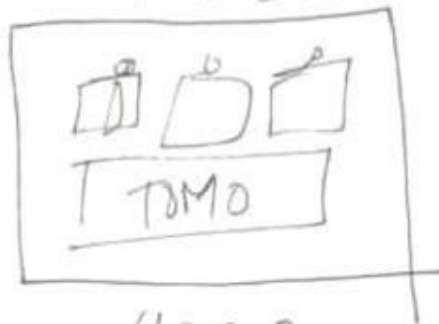
OTS checks email

Shot 3d



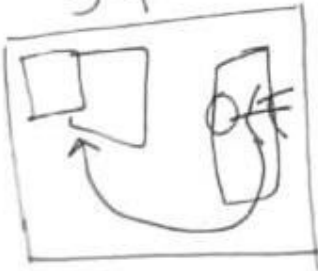
DTS,  
searching  
doodling patterns

Shot 3e



closeup.

3f



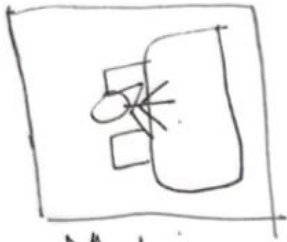
Marker shot  
Zanov stands up  
from the chair  
and sketches and  
gestures on the  
wifi

3g



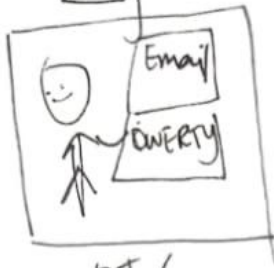
Medium close  
up  
zanov yawns and  
sleeps.

2i



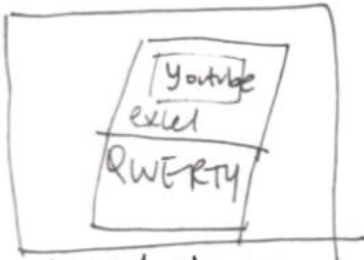
Medium closeup,  
Zaron gets to  
sit on his  
chair.

2j



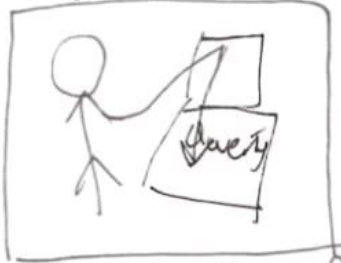
OTS  
Zaron opens  
email but then  
switches to  
youtube for  
watching excel tutorials

2k



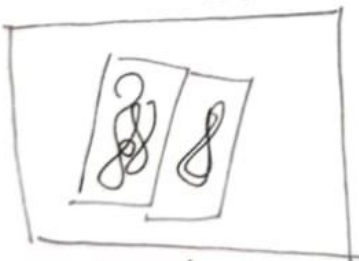
Insert, closeup.

Shot 3a



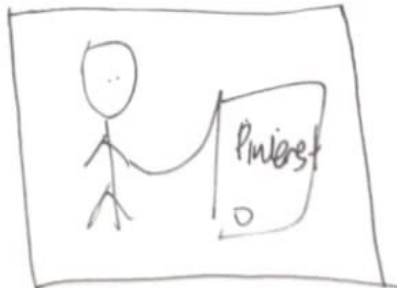
Medium closeup  
Zaron closes down  
laptop

Shot 3b



Insert,  
doodling

Shot 3c



Insert,  
Picking up the phone  
to open Pinterest

**Production: KAL**

**Director: Afifa Bashir**

**CREW**

Name	Role	Contact	Email
Anita	Production designer	03452672926	az03442@st.habib.edu.pk
<b>CAST</b>	Name	Number	
Osama Fawad	Zaroon	03008929839	-

**CALL SHEET**

<b>Director:</b> Afifa Bashir	<b>KAL</b> <b>CREW CALL TIME</b> <b>01:00PM</b>	<b>DATE: 11/4/2020</b>
----------------------------------	---	------------------------

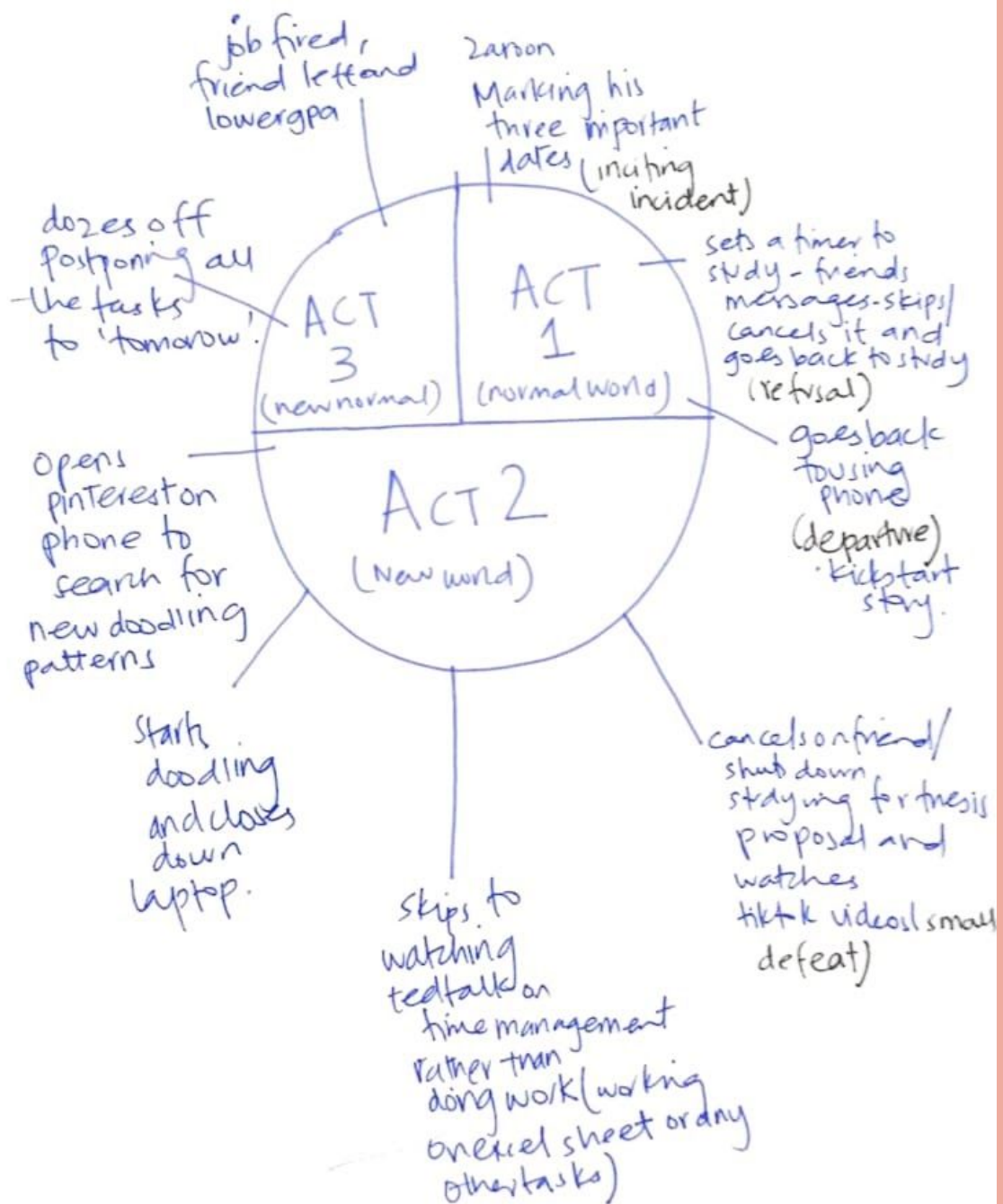


Production office	Address	Nearest Hospital to set
Habib University Film Studio	Block18, Gulistan-e-Jauhar, University Avenue, Karachi	Habib University Own clinic.

Location	Address	Parking	Contact
Habib University Playground Room.	Block18, Gulistan-e-Jauhar, University Avenue, Karachi	Inside Habib University Parking Area	+92 21 1110 42242

Scene and Description	Cast	Location
Scene 1- sitting on his study table, planning and organizing his tasks	Zaroon	Playground room
Scene2- about to kickstart the day; delves into distractions and delays work	Zaroon	Playground room
Scene3-doodles, and dozes off	Zaroon	Playground room

## Story Structure



## Director Notes

### **INT. PLAYGROUND ROOM- DAY**

Zaroon morning rituals look like planning out the day by organizing tasks, marking important dates on his calendar, attaching post-its, making a to-do list and sipping his green tea, letting out a sigh of relief; feeling hopeful and assured that things will go as per the plan.

### **INT-PLAYGROUND ROOM- DAY**

He kick starts his day by setting up the timer, researching about his thesis proposal when his friend messages who is leaving for masters to go for a drive. Zaroon ignores, switches back to studying but after a few minutes picks up the phone and starts scrolling through tik tok videos. He stands up from his chair, stretches a little and goes on to sit on the sofa; enjoying the videos. He receives an email from his work colleague to send him the office task. He stands up, goes back to the chair, opens the laptop. He types in the email and then erases it. He switches to youtube for watching excel tutorials. He switches to watching a ted talk and then shuts down the laptop to doodle.

### **INT- PLAYGROUND ROOM- DAY**

He starts doodling in his notebook and then picks up the phone to open Pinterest to search for new doodle patterns. He attaches a post-it saying tomorrow under the same very tasks and stands up, stretches a little, and slides onto the sofa, takes off his glasses and dozes off.