

YAS QUEEN! It is often heard being shrieked violently by me as I give my friends a final look over before girls' night out ;) The ever-popular phrase a jubilant cry for the celebration of the feminine body. We are queens of all shapes, colors, and sizes. Clothing is just one avenue we choose to express our inner flavor and lingerie, specifically, is one of my favorite methods.

Every day is an opportunity to slip into something that not only represents your style but feels amazing. There is something devilishly delightful about wearing undergarments that look damn good. It's like you're wearing an awesome secret and everyone around you is missing out.

I wear lingerie just to make breakfast. What, daytime lingerie?! I wear lingerie while I'm Netflix and chillin...by myself. Why? Because it makes me feel good! You know how your favorite pair of jeans or that perfect little black dress makes you feel like a million bucks. Well lingerie is the starter course. So yes, I sit there in my Lavender Macaroon Camisole thinking Yas Queen about myself and the Khaleesi while I blast through an entire season of GOT.

Whether your look is sultry temptress or flirty and feminine. Whether you're curvy, flat – chested or anything in between for that matter. No matter your unique shape, size, or style you're as sexy as the next lovely lady and deserve to wear lingerie every day.

However, some people have difficulty incorporating lingerie into their everyday wardrobe. These are a few excuses I hear all the time and how I address them:

1. No one is going to see my holey underwear. Why buy lingerie? You don't have to wear lingerie for anyone else. Start with yourself! When I'm wearing beautiful undergarments, my subconscious is sent a lovely little positive message and I find that it subtly affects my mood and interactions throughout the day. Also, you should probably get rid of the holey underwear [👉](#).
2. It's uncomfortable. I'm here to tell you that lingerie, while meant to be easy on the eyes, starts with how you feel. If you don't put on those cherry apple red cheeky boy shorts and think Yas Queen, then something isn't right. If you are new to lingerie and you're not sure what works best for you, a panty subscription box is just what you are looking for. They give you a chance to be exposed to a variety of fabrics, shapes and styles, and you can see what makes you feel the sexiest and most comfortable.
3. I'm only going to wear it at night for five minutes before I take it off (or it gets taken off). It's a common misconception that lingerie is only meant to be worn under clothes during the evening of special occasions. Those special occasions usually involve a significant other. I respectfully disagree. I love experimenting with new fabrics and styles just for myself. Lingerie isn't meant to be worn solely as an undergarment either. The right pieces work perfectly as outerwear. Think sexy body suit or corset with high waisted jeans and a blazer.
4. It's just too expensive! A lot of women can't justify spending money on something people can't see. You don't need to give away an arm, a leg and your first-born child to buy a fantastic set of lingerie. That's what's great about panty subscriptions. If you're concerned about costs, panty subscriptions like the Secret Panty Club provide an opportunity to experiment with one of a kind hand-made lingerie at affordable prices. You will find a unique variety of designer pieces to add to your feel-good collection, without breaking the bank.

Now that I've shut down all your arguments, I challenge you to wear lingerie for at least 3 days (all day) this week. It's the easiest challenge you'll ever have to face. Let me know how you felt about wearing lingerie throughout the week and comment below. I'm super interested to hear about your experience!