

RECIPE

Golden Turmeric Salad



Ready in **15 minutes**

Serves **2 people**

Ingredients

- ¼ cup olive oil
- 1 tsp **turmeric** powder
- ½ tsp ground ginger
- 2 tbsp honey
- 1 tbsp almond butter (sun butter)
- 1 tsp lemon juice
- 1 tsp sea salt
- 2 cups mixed greens
- ⅓ cup cranberries
- 1 tbsp pumpkin seeds
- 1 sliced granny smith apple

Preparation

1. In a blender, combine olive oil, **turmeric** powder, ginger, honey, almond butter, lemon juice, and salt. Add additional salt if needed. Set aside.
2. In a separate bowl, combine mixed greens, cranberries, pumpkin seeds, and sliced apple.
3. Incorporate turmeric dressing into lettuce mixture.
4. Serve and enjoy!