

# Make the call before the fall



Accurate diagnosis,  
followed by an  
integrative  
treatment plan

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**BNBA**  
Boston Neurobehavioral Associates



## About Us

Since 1929, Blue Cross Blue Shield has led the healthcare industry by rising to the challenges that change brings, enabling new discoveries and continuing to evolve. Learn more about our history, what we are doing today and our commitment to providing access to high-quality, affordable healthcare coverage for all Americans.



## Our Services

- Health Insurance Plans
- Preventive Care
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- Telehealth Services

BCBS guarantees medical services and professional doctors who work hard for the recovery of all their patients.

### CONTACT US

- 225 North Michigan Ave. Chicago, IL 60601
- 1-800-262-BLUE (2583)
- <https://www.bcbs.com>
- [info@bcbs.com](mailto:info@bcbs.com)



## Your Health Is Our Priority

### WE ARE AT YOUR SERVICE

Everyone deserves affordable, high-quality health care no matter where you live, your income or health status. Blue Cross and Blue Shield companies across the country can help.

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**(2583)**





## *Neuro Care* at Durdans Hospital

### DIAGNOSTICS

EEG

EMG

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Physiotherapy

Rehabilitation

Traction

Nerve Stimulation

Speech Therapy

MRI Scanning

CT Scanning

Carotid Doppler

Digital X-rays

Laboratory Services

## EXPERIENCE THE DIFFERENCE

### Neuro Surgery

- Best expertise
- Affordable
- Comprehensive Care Packages
- 24 hour coverage
- Dedicated operation theatre for an infection free recovery
- Intensive and ward care for a safe and uncomplicated recovery
- Day Cases Centre for minor surgeries

### Neurology

- Excellence in medical and nursing care
- Accurate diagnosis using the latest technology for diagnostics
- Quality management to ensure best outcomes



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# Boston Scientific

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## A Guide to CAD

How to Understand Coronary  
Artery Disease

**For more information, visit**

<https://www.bostonscientific.com/en-US/patients-caregivers/device-support/coronary-stents.html>





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# What does CAD stand for?

Coronary artery disease (CAD) is when plaque builds up in the heart's vessels and makes them narrow. This can lead to blockages over time, which can cause chest pain or a heart attack.



## Identifying The Signs

Some of the signs are pain in the chest, tiredness, shortness of breath, and pain in the arms or shoulders. If any of these things happen, call 911.

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### **Figuring out what could go wrong**

Know your risk - Obesity, idleness, a bad diet, smoking, high cholesterol, high blood pressure, diabetes, and a history of CAD in your family all raise your risk.



### **Coming up with a diagnosis**

Doctors can tell if you have CAD based on your medical background, risk factors, and symptoms. There may be a need for tests like an ECG, a stress test, or a coronary angiogram



### **Choices for treatments**

Treatments vary, but most of the time, lifestyle changes and medicines are used. There may be a need for angioplasty, bypass surgery, or stent placement.



### **How to Understand Stents**

Stents keep the blood vessels open. There are two kinds: bare metal (for people with allergies) and drug-eluting (with a layer of the drug). Polymers on drug-eluting stents can last or break down over time.



### **Why are Stents used?**

Re-narrowing is a usual problem after angioplasty that can be helped by stents. They can bend and fit the shape of your artery.



### **Different kinds of stents**

Bare-Metal Stents are wire mesh tubes that don't have any drugs in them. Stents that release drugs are covered with a drug-releasing material. There are two kinds: lasting and biodegradable

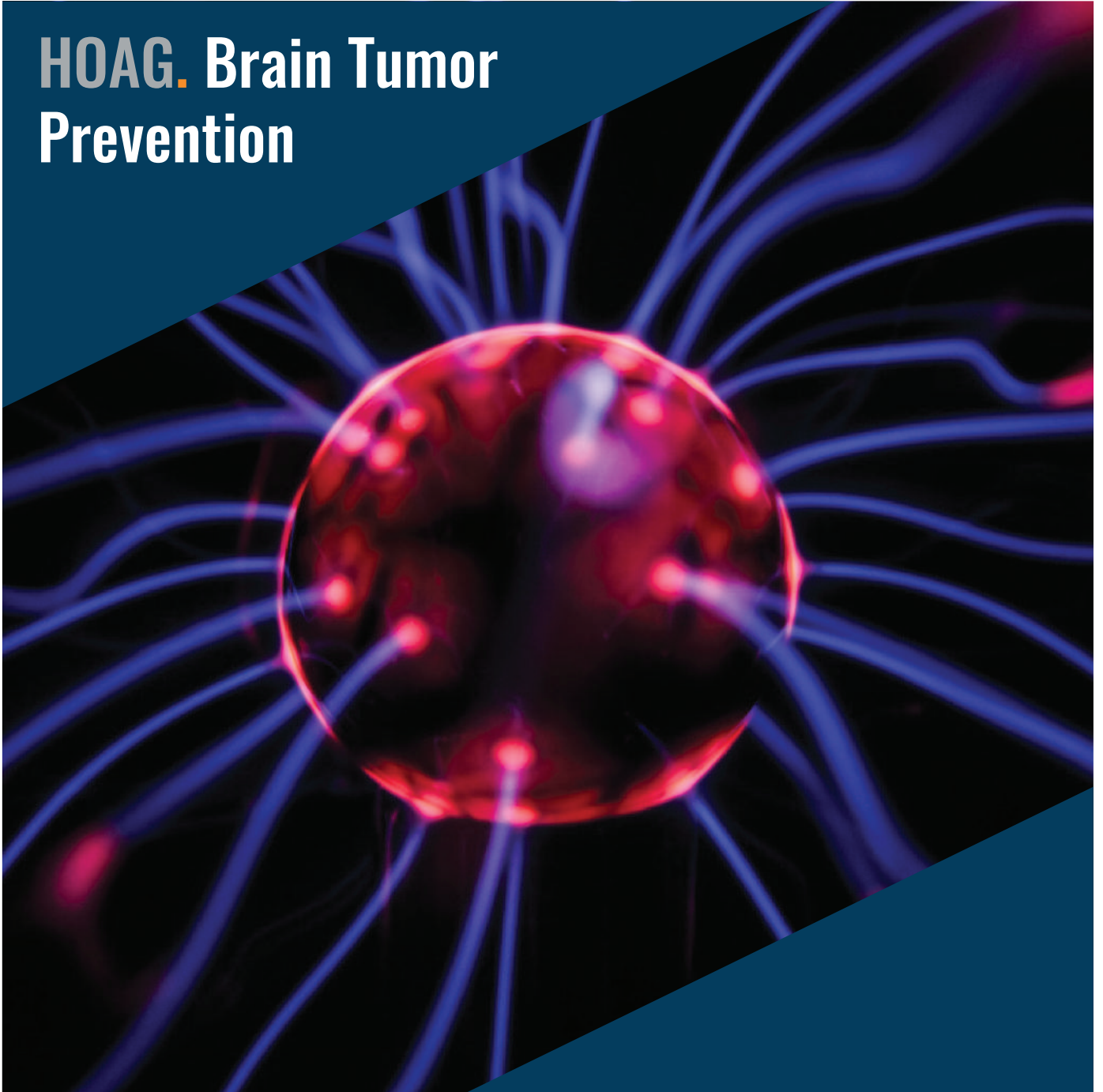
## **For more information, visit**

<https://www.bostonscientific.com/en-US/patients-caregivers/device-support/coronary-stents.html>

Choose health, and choose understanding. Find out about the risk factors, signs, and ways to treat CAD. Take charge of the health of your heart.

**YOU.**  
**EMPOWERED BY HOAG.**

## **HOAG.** Brain Tumor Prevention



**FOR MORE INFORMATION**  
**8 8 8 - 2 3 5 - 6 9 7 3**

**YOU.**

## **The Leader In Neurocare In-**

At HOAG, we are on the cutting edge of new neurosciences and work hard to improve patient results. Expert clinicians and researchers who collaborate with Hoag's Pickup Family Neurosciences Institute (PFNI) and Hoag Family Cancer Institute (HFCI) to find novel ways to identify and treat brain tumors run our Brain Tumor Program.



### **Compassionate Care:**

Our unwavering dedication to compassionate care, clinical excellence, and creative intelligence makes sure that patients get the best care possible.



### **Clinical Research:**

We give people access to the latest clinical research studies, such as vaccine approaches for glioblastoma, one of the deadliest primary brain tumors.



### **Team-Based Approach:**

Our diverse team, which includes neurosurgeons, neurologists, oncologists, radiologists, and more, works closely together to treat a wide range of brain tumors. Weekly Tumor Board meetings make sure that care is based





### **Top Rankings:**

U.S. News & World Report ranks Hoag in the top 1% for neurology and neurosurgery and in the top 10% for cancer care. HOAG offers complete care for brain tumors, with access to modern technologies, clinical research, specialized doctors, patient navigators, and holistic care pathways.



### **Advanced Technology:**

HOAG is great at advanced technology and techniques that don't require a lot of cutting. We have all three types of radiosurgery, including the high-tech Gamma Knife® Perfexion. Our doctors teach people all over the country how to use these new tools.



### **Rapid Diagnosis:**

We are one of the first places to use Invenio, a new laser tool that helps doctors find brain tumors quickly during surgery. Hoag also has PET/MR scans for better planning of treatments.