

WEDDING SOS

OUR EXPERTS ARE HERE TO HELP SAVE THE DAY

FASHION

Q. We're having a ceremony at a registry office, but going on to our marquee reception later. What sort of dress would work for both?

Lauren, 31

CHARLIE: With the wedding being split into two different locations, it's the perfect opportunity to create two unique looks for your day. A simple dress such as our Salentino gown can be transformed into a bespoke look for the ceremony by layering with a beautiful separate, such as our Keala top, which could then be removed for the evening reception or replaced with something else. Bridal additions are the ideal, affordable way to create multiple looks throughout the day and evening, and more and more brides are requesting them.

KEALA TOP £625
SALENTINO DRESS
£1,795. CHARLIE BREAR

OUR EXPERTS

SARAH LINDSAY



Celebrity
Trainer, ROAR
fitness

ANDREA BAUER-KADIM



Director, Wild
Peacock Fine
Food and Events

JACOB FLYNN



Press Executive,
Paradox
London Pink

JOANNA RHODES



Managing
Director and
Owner of
Hayford &
Rhodes

CHARLIE BREAR



Creative
Director &
Founder at
Charlie Brear

CHRISTOPHER MILLS



Creative
Director at The
Events Mill

FLOWERS

Q. I LOVE THE PINTEREST TREND FOR BIG OVERFLOWING BOUQUETS OF FLOWERS, BUT WE ARE ALREADY OVERSPENDING. ARE THERE ANY WAYS TO GET THE LOOK ON A BUDGET? **ANNABELLE, 29**

JOANNA: If you're on a budget, foliage is your friend. Foliage-filled bouquets was a trend that came into its own in 2017, and we don't see it falling out of favour any time soon. Use different types of greenery to add texture; add some large-head flowers such as dahlias and spray rose, and your bouquet will be voluptuous without breaking the budget.

USE GREENERY TO
ENHANCE YOUR BLOOMS



KEEP LITTLE ONES HAPPY
WITH FUN FINGER FOOD



IMAGE: ALICIA POLLET

CATERING

Q. WE HAVE A LOT OF KIDS COMING TO OUR WEDDING. SHOULD WE GIVE THEM A DIFFERENT FOOD OPTION AND IF SO, WHAT WOULD YOU SUGGEST? **FLORA, 32**

ANDREA: WE QUITE OFTEN PUT ON A SPECIAL CHILDREN'S BUFFET WITH THINGS LIKE MINI CHEDDAR CHEESE PIZZAS, FINGER SANDWICHES, FRUIT STICKS AND MACARON FACES AS WELL AS A TABLE FILLED WITH COLOURING

BOOKS, LITTLE SWEETIE BAGS AND A SELECTION OF GOOD QUALITY JUICES. KIDS LOVE FOOD THAT LOOKS INVITING AND THE SIMPLER IT IS, THE MORE LIKELY YOU ARE TO HAVE CLEAN PLATES AND WELL-FED CHILDREN.

FITNESS

Q. I really want to feel my best on the big day, but I'm finding it hard to find time to go to the gym with so much wedding stuff going on – what can I do?

OLIVIA, 26

SARAH: It's really important to prioritise exercise when you're stressed, so try delegating wedding jobs to your groom and bridal party so you have time to work out. Chose big compound moves such as squats, deadlifts, lunges and rowing to really push yourself three times a week and you'll feel amazing in no time.



EXERCISING WILL HELP
BEAT WEDDING STRESS

GETTY IMAGES

SHOES

Q *I don't want to wear flats on my wedding day, but I'm not great at walking in heels. How can I improve?* **JASMINE, 22**

JACOB: A low-heeled style, a wedge or a block heel would be your best options. Each will offer you a little height without being too difficult to walk in. Practice walking in them before the big day too. Wear them around your house and if they feel a little tight, try putting a thick pair of socks on underneath to give them a bit of stretch.



ENTERTAINMENT

Q. *I WANT SOME DAYTIME ENTERTAINMENT IN BETWEEN THE CEREMONY AND THE MEAL. ANY IDEAS TO GET THE PARTY STARTED?* **NATALIE, 28**

CHRISTOPHER: IF YOU'RE LOOKING FOR SOMETHING REALLY DRAMATIC WE LOVE A CIRCUS THEME. A CHARISMATIC CONTORTIONIST (COME MASTER OF CEREMONIES) WOULD BE AN UNEXPECTED TWIST FOR ENTERTAINMENT AND HELP TO KEEP THE DAY MOVING. FOR THE FINALE, THEY COULD BE ELEVATED ABOVE GUESTS AND DANCE FROM THE CEILING!



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STYLING

Q. *WE'VE BOOKED AN ENORMOUS BARN FOR OUR BIG DAY AND I REALLY WANT SOME STATEMENT DÉCOR. WHAT DO YOU SUGGEST?* **NICOLE, 29**

CHRISTOPHER: BE AUTHENTIC WITH YOUR DESIGN AND MAKE USE OF THE MATERIALS FROM THE BARN ITSELF. WEAVE THIS DESIGN DETAIL THROUGHOUT THE DÉCOR BY USING RECLAIMED WOODEN TABLES AND

NATURAL FABRICS. IN THE PAST, WE HAVE CREATED TABLE RUNNERS MADE FROM WILD FLOWERS THAT GROW IN FRONT OF GUESTS IN REAL TIME – THESE ARE TRULY SPECTACULAR AND ARE SURE TO WOW YOUR GUESTS.

WEDDING DRESSES

Q. *I WANT A MODERN LOOK (I HATE LOTS OF LACE), BUT I STILL WANT TO FEEL LIKE A BRIDE! ANY TIPS?*

SOPHIE, 24

CHARLIE: THERE'S A HUGE RANGE OF DRESSES ON THE MARKET IN A MULTITUDE OF STUNNING FABRICS FROM CHIFFONS AND TULLE TO SILK AND CREPE. THE MOST IMPORTANT CONSIDERATION IS THE CUT OF THE DRESS; A PERFECTLY CUT DRESS WILL BE FEMININE AND FLATTERING. ONCE THE DRESS HAS BEEN CHOSEN, LAYERING WITH STYLISH ACCESSORIES (SUCH AS OUR PICO JACKET) WILL CREATE AN INDIVIDUAL LOOK.



PICO JACKET, CHARLIE
BREAR £995

CHOOSE DÉCOR TO
COMPLEMENT YOUR VENUE



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GOT A QUESTION? EMAIL US AT SOS@PLANYOURPERFECTWEDDING.COM