



Caribbean DREAMIN'

PW'S CLEMMIE RELAXES INTO ISLAND LIFE IN GRENADA



Hidden away at the tip of the Caribbean, is a tiny gem of an island packed full of beautiful beaches, good food and lovely people – yep, Grenada really is honeymoon paradise.

Known as the Spice Isle, I wasn't expecting the name to be quite so literal, but as soon I stepped off the plane I was hit by the scents of nutmeg, cinnamon, cloves and ginger wafting over from the local spice markets.

After a short 15-minute drive from the airport, we arrived at the lovely Mount Cinnamon Hotel, where we were welcomed with a rum punch (natch) and plenty of smiles and hugs from the extremely welcoming staff. Made up of 21 suites and villas – all carefully perched above the stunning Grand Anse beach (two miles of powdery white sand, palm trees and clear, warm sea) – Mount Cinnamon boasts some of the best views on the island. My gorgeous villa had two balconies both overlooking the scenery and

it proved all too easy to waste many hours watching the boats bob in and out of St George's port, just across the bay.

However, it didn't take long before the temptation to get in the turquoise water got too strong, and we ventured out to the brilliantly-named Flamingo Bay. Here we popped on a snorkel and spotted a vast range of marine life including colourful angelfish, dinky seahorses and octopuses. For scuba divers, the gorgeous underwater sculpture parks are a real honeymoon highlight.

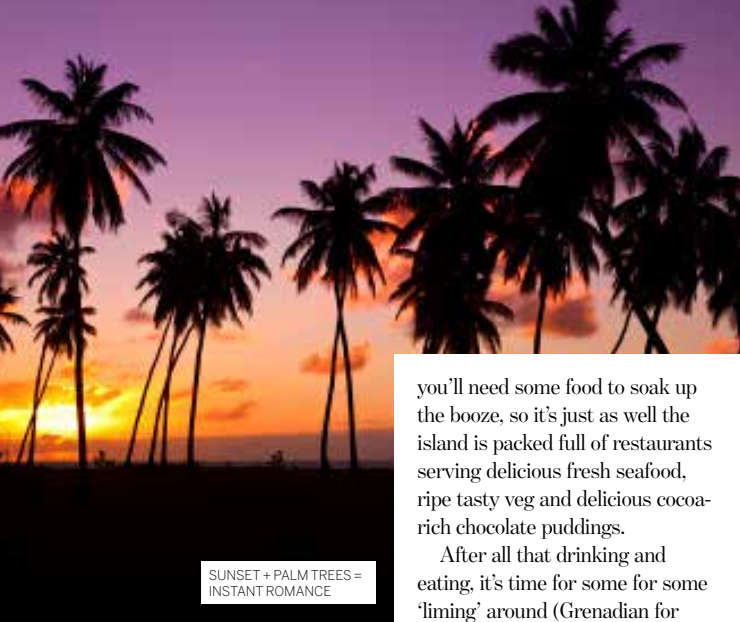
A tour of the island is definitely recommended too. You'll see the aromatic spice markets,

Honeymoons are all about 'liming' around...



THE GORGEOUS VILLAS AT MOUNT CINNAMON





SUNSET + PALM TREES =
INSTANT ROMANCE

beautiful coloured houses and plentiful vegetation. Go further north and you'll find yourself in a jungle paradise. The carefully preserved Grand Etang National Park features 3,600 acres of lush rainforest, glorious waterfalls and even a few cheeky little monkeys.

For rum enthusiasts (aren't we all!?) a tour of the local River Antoine Rum Distillery is a must. See how this Caribbean staple is made and follow it with an obligatory tasting at the end (of course). But, be warned, Grenadians like their rum strong with Rivers rum coming in at 69% alcohol minimum! After maybe a few too many rum punches,

you'll need some food to soak up the booze, so it's just as well the island is packed full of restaurants serving delicious fresh seafood, ripe tasty veg and delicious cocoa-rich chocolate puddings.

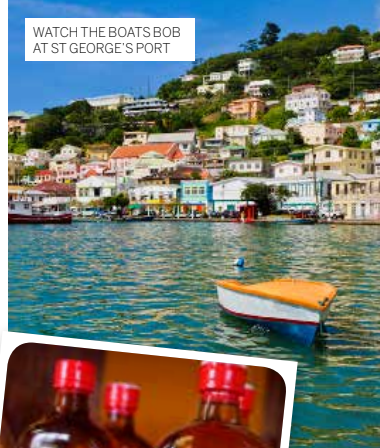
After all that drinking and eating, it's time for some for some 'liming' around (Grenadian for relaxing). Why not pop down to Mount Cinnamon's Beach Cabana for an indulgent signature massage? Or simply get in some quality sun lounger time splashing about on Grand Anse with your new husband. Heaven!

Mount Cinnamon costs £1,249 per person for seven nights in a One Bedroom Suite on a bed and breakfast basis for two guests sharing, includes flights with Virgin in economy and shared round trip transfers in Grenada. **Book it:** To book, email info@tropicbreeze.co.uk or call 01752 880 880.

For more information, visit mountcinnamongrenadahotel.com



WATCH THE BOATS BOB
AT ST GEORGE'S PORT



FANCY ANOTHER RUM
PUNCH? AH, GO ON THEN...



HOW ABOUT A LAZY DIP
IN THE LAGOON POOL?

