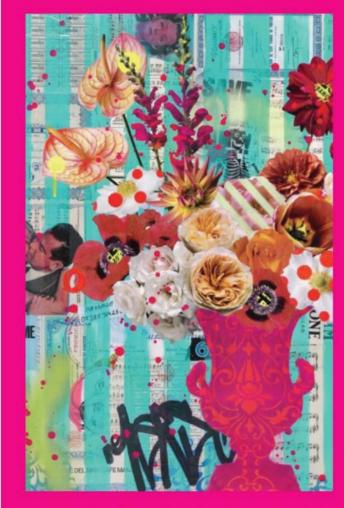
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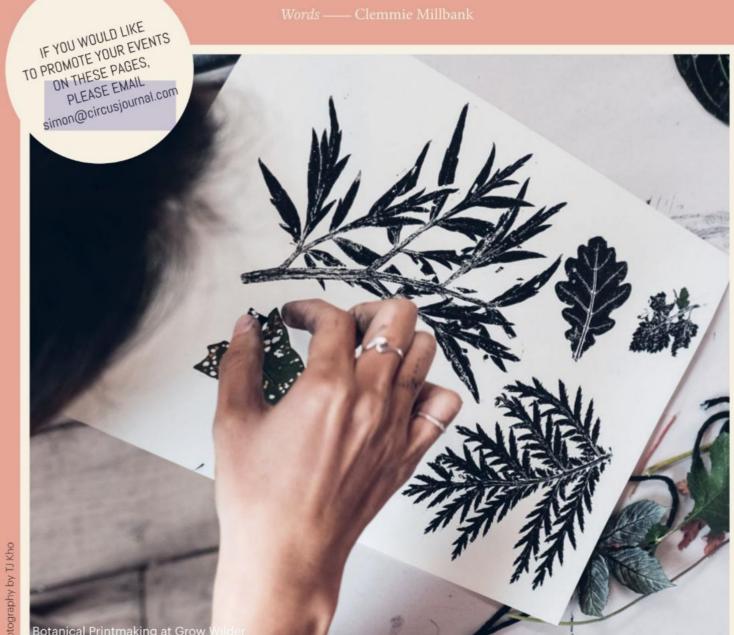
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The Guide



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Periormance

The Science of Magic Mushrooms

Komedia, Bath

April 6

An evening with Dr Chris
Timmermann, from the Centre for
Psychedelic Research, exploring
the avenues of the psychedelic
revolution in mental health and
the pharmacology of psilocybin.
komedia.co.uk

Nightmares on Wax

LOMAH, Bath

April 9

Legendary DJ George Evelyn, aka Nightmares on Wax, will be gracing the decks at LOMAH to showcase his highly regarded eclectic mix of electro, hip-hop, reggae and soulful house. Book your ticket now.

walcothousebath.com

Emmanuel Sonubi

Rondo Theatre, Bath

April 12

London-born Emmanuel Sonubi went from nightclub bouncer to the BBC's Live at the Apollo and ITV2's The Stand Up Sketch Show at record speed. Catch this cool, calm and hilarious show before he goes stratospheric. rondotheatre.co.uk

Symphonica – the History of Drum and Bass

Marble Factory, Bristol

April 22

Find out what happens when you combine a super-orchestra and world-class DJ, and challenge them to showcase the entire history of drum and bass in one epic evening.

motion-bristol.com

Gina Larner

The Louisiana, Bristol

April 28

Inspired by Fleetwood Mac, KT
Tunstall and Kacey Musgraves,
catch rising star Gina Larner's
infectious blend of country
pop-rock at one of Bristol's most
popular music venues.

thelouisiana.net

Macbeth

The Egg, Bath

April 29 + 30
Something wicked this way comes... Young theatre-goers will be entranced by the classic story of guilt, power and political ambition in this engaging and accessible production of The Scottish Play.

theatreroyal.org.uk

David Kitt: Idiot Check Live

The Love Inn, Bristol

May 11

Melding together acoustic and electronic elements with absolute precision, prepare to be enraptured by the live performance of Kitt's latest album in the heart of Stokes Croft. headfirstbristol.co.uk

The Dam Busters

Aerospace Bristol

May 16

On the 80th anniversary of
Operation Chastise – the RAF's
mission to bomb the Ruhr Valley
dams – take a seat beneath the
wings of Concorde Alpha Foxtrot
at its home in Bristol, and watch
the 1955 classic film inspired by
the true story.

yuup.co



Backstage with... Emmanuel Sonubi

He plays at the Rondo Theatre, Bath, on April 12. Here, the London bouncer-turned-comedian takes us through his typical day

SCHOOL RUN COOL After I did Live at the Apollo last year, I woke up thinking Hollywood was going to call. Then you realise you're just Noah and Chloe's dad and nobody cares. A mum on the school run said: "I'm really sorry... I never normally do this, but can you get me Jason Manford's autograph?" No! WORK FROM HOME When I started comedy, I created a website and bought three 0800 numbers – one each for enquiries, bookings and information – that all came to my mobile. One comedy club told me "You don't half sound like your manager."

LUNCH I eat a lot of protein. I recently filmed Alan Davies: As Yet Untitled. When everyone sat down to lunch, I ate an entire roast chicken with my hands.

GIG PREP I do vocal warm-ups to rap music, to stop me slurring and mumbling. Eminem is fast but his diction is flawless. Dr Dre, Snoop Dogg and Xzibit are great. Bradley from S Club 7 less so.

IN THE ZONE When I worked as a bouncer, I had to deal with people who were a) drunk, b) had false ID, or c) wanted a fight. Now I'm a parent, I'm so patient I'd listen to any sob story about why they haven't got their ID and it's their friend's birthday, even though they look about 12.

SHOW NIGHT I've played in Bath many times. The first time, I told myself I wasn't going to drink. A bunch of guys from the Welsh international rugby team came over. The rest of the night is a blur. **CHILL OUT** Post-gig you're so elated, you need something to wind down. My choice is *The Vampire Diaries* on Netflix. I have the Netflix taste of a 14-year-old girl.

emmanuelstandup.com

Words: Rich Pelley

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Rodney Graham: Getting it Together in the Country

Hauser & Wirth, Bruton Until May 8

Delving into Graham's later body of work, this lightbox series is dedicated to nature's cycle through meticulously staged mise-en-scènes, but always with his trademark sense of humour. hauserwirth.com

Ayo Akingbade: Show Me the World Mister

Spike island, Bristol

Until May 21

An exhibition comprising two new films, shot on location in Nigeria and building on Akingbade's interests in history, placemaking, legacy and power – her most ambitious productions to date. spikeisland.org.uk

Garry Fabian Millar: Adore

Arnolfini, Bristol

Until May 28

Garry Fabian Millar returns to his home city with a major retrospective of 'camera-less' photography, with themes including light, nature and time. There are also works from other artists, gardeners, thinkers and writers that have inspired him. arnolfini.org.uk

America in Crisis

American Museum, Bath

Until July 4

Social change in the US through the lens of a diverse group of 39 artists. An eye-opening exhibition featuring over 80 images from the 1960s to the modern day. americanmuseum.org

Peter Brathwaite: Rediscovering Black Portraiture

Bristol Museum & Art Gallery

April 14 – July 16

The artist explores new interventions and sound installations to reveal the Black presence hidden at the heart of spaces and objects. bristolmuseums.org.uk

Conscious & Curated

Woodchester Mill, Stroud

April 21-23

Artists including Claudia Legge and Fred Clark gather for a series of workshops and exhibitions in aid of Stroud Women's Refuge. facebook.com/shinehousetoursuk

North Somerset Arts Week

Across North Somerset

April 28 – May 8

Over 200 artists open up their studios for an explosion of contemporary and traditional art; plus talks, workshops and homemade cakes.

northsomersetarts.org

Mindful May

The Holburne, Bath

Throughout May
Experience the museum as a place of calm, with a focus on mindfulness. Try a yoga class or an 'art after hours' session for drinks and chilled DJ sets.
holburne.org







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Roller Disco

Cheese & Grain, Frome

Every Wednesday

Pull out your best *Xanadu* moves at this retro roller rink, complete with disco lights and party tunes. There's a dedicated under-14s session too, so kids can skate with confidence.

fabulousfrome.co.uk

Giffords Circus

Fennells Farm, Stroud

April 6-17

Roll up, roll up! The village-touring circus is here and the big top is bursting with aerialists, jugglers, clowns and illusionists – all ready to present a show filled with spectacle and wonder.

giffordscircus.com

Family Wildlife Walk

Oldbury Court, Bristol

April 12

A pretty circular walk around Bristol parkland, with a look at all the delightful springtime flora and fauna. Plus, kids will love the creative tree uses and tasty hedgerow snacks.

steveengland.co.uk

Bats of Stoke Park

Stoke Park Estate, Bristol

April 14, 17 + 27

Grab your walking shoes, a torch and a bat echo locator for a tour across Stoke Park to see how many bat species you can spot. Plus, learn all about bat habits as you go.

steveengland.co.uk

Easter on the Estate

The Newt in Somerset, Bruton

Until April 16

Kids can explore the garden and collect a chocolate egg at this joyful Easter celebration. There'll be lambing demos, BBQs and hot cross bun gelato at the gelateria.

Bee Safari

Yeo Valley Organic Garden, Blagdon

thenewtinsomerset.com

May 4

Join Jean Vernon (aka Jeanie Bee) for a stroll around the Yeo Valley garden, where you'll meet lots of fuzzy, winged friends and learn how to support them when planting your own garden. veovalley.co.uk

Disney's The Lion King

Bristol Hippodrome

May 18 – July 1

An evocative Serengeti backdrop, plenty of compelling storytelling and an unbelievable 232 puppets in each performance.

atgtickets.com

Scarecrow Trail

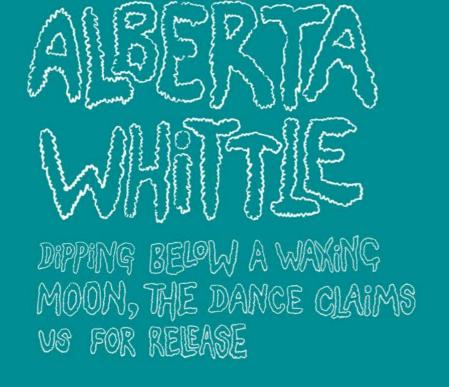
Palette and Pasture Pyle Farm, Near Frome

May 28 – June 4
Follow the trail to find the scarecrows and say hello to sheep, bunnies, pigs and cows along the way.

paletteandpasture.co.uk







Until 8 May 2023



Generously supported by:



Stuart and Bianca Roden



Immersive Half-day Glassblowing

Shakspeare Glass & Arts, Langport

April 15

Experience the excitement of working with hot glass to create your own pieces under the expert tuition of Will Shakspeare, one of the world's leading glassblowers. shakspeareglass.co.uk

Grow Your Own Veg at Home

Parsley Gardens, Mells

April 22

Pick up a trowel and get your hands dirty in this practical workshop. Tend and grow your gardening know-how and learn how to fill your veg patch with edible bounty.

parsleygardens.co.uk

Make an Eco Modern Footstool Weekend

Bristol Upholstery Collective

April 22-23

Master modern upholstery techniques, such as deep buttoning, piping and pleating in this fun weekend workshop. You'll come away with your very own bespoke footstool.

bristolupholsterycollective.com

Bread Making

Glebe House, Colyton

May 3 + 31

Shape up your sourdough with this hands-on bread-making morning. Tips from chef Sam Lomas, followed by a farmhouse lunch in Glebe kitchen. glebehousedevon.co.uk

Full Moon Guided River Swim

Bradford on Avon

May 5

Take wild swimming to the next level and join expert instructors from Go With the Flow Swimming for an evening guided glide down the Avon, with only the moon to light your way.

yuup.co

Make Your Own Sneakers

Leather Needle Thread, Bristol May 12

Fancy making your own pair of kicks? Discover how to handcraft bespoke leather sneakers in this small, challenging class.

leatherneedlethread.com

Plant-based Photography With Turmeric

Westonbirt Arboretum

May 12 + 13

Learn how to make stunning photographs using just kitchencupboard turmeric and the action of light. You'll also be given the materials to play with the process at home and develop your talents. forestryengland.uk

Botanical Printmaking

Grow Wilder, Bristol

May 20

Roam around the Grow Wilder garden, gathering vegetation and materials, before returning to the workshop to create your own beautiful monoprints.

bristolprintcollective.com

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WESTIZO Fri 5 May Bristol Beacon Bridgehouse An artful mix of Colombian traditions of currulao and cumbia with hip-swaying salsa. head-nodding rap verses, shards of electronica and jazz improvisation. Tickets £16.35 incl. bf bristolbeacon.org BRISTOL BEACON

Food + drink



Hopyard Craft Beer Festival Propyard, Bristol

April 14 + 15

Get your first taste of summer with a mix of well-established and upcoming beers and ciders. There will also be top musical acts (line-up TBA) and sensational street food to soak up some of

those hops. propyard.co.uk

South Petherton

Ana Ortiz at Holm Somerset

April 19

There's a celebration of top-notch cookery going on at Holm. In April, the team will be joined by Galapagos-born chef Ana Ortiz, who will bring a South American feast – including her moreish empanadas de morocho – to this beautiful modern restaurant. holmsomerset.co.uk

correct at the time o

Bristol Whisky Festival

Bristol City Hall

April 22

From India to the USA, Japan to Scotland (obviously), taste the finest whiskies from every corner of the globe at this not-for-the-faint-hearted festival. Plus, learn more from the experts as they celebrate the malty stuff.

thewhiskylounge.com

Andi Oliver

Toppings, Bath

April 25

Get swept away on a sensory journey with TV chef Andi Oliver, as she embarks on an exploration of identity, heritage and unbeatable Caribbean flavours, in her highly anticipated and deeply personal first cookery book. toppingbooks.co.uk

May Day Bank Holiday Beer Festival

The Prince Albert, Stroud

April 27 – May 1

Over 40 fantastic beers, ciders and perries, plus food and live music. This bank holiday celebration is a legendary event. theprincealbertstroud.co.uk

Small Plates with Dhruv Baker

The Bertinet Kitchen, Bath

April 29

Dhruv brings his distinct spice and flavour layering to this course, where you'll learn how to make his signature showstoppers. thehertinetkitchen.com

French Macaron Making

Little Kitchen Cookery School, Bristol

May 6

Tackle this tricky French delicacy with a guide to crafting the perfect macaron. At the end, you'll get to go home with 24 delicious meringuey morsels. little-kitchen.co.uk

Demuths Supper Club

Demuths, Bath

May 17

This exclusive plant-based supper club is a friendly affair, with a specially designed menu by one of the Demuths team.

demuths.co.uk

Frome Vegan Fair

Cheese & Grain, Frome

May 28

Over 40 mouth-watering stalls, with tasters, talks and plenty of opportunities to meet the makers. *cheeseandgrain.com*

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