

## YANA ~ You Are Not Alone

You are not alone,  
Take a step back and breathe,  
Everything you need may be shown,  
But please, don't ever leave.

As times may bring you challenges,  
Your worries may deeply grow,  
Don't let those fears take you away,  
You belong here, don't you know.

Cherish your time with loved ones,  
Why not make new friends,  
Don't ever let yourself feel done,  
It's ok to not follow the trends.

Remember you are enough,  
Please don't ever feel alone,  
Someone out there believes in you,  
You are not alone.

*Written By: Tayla O'Leary*