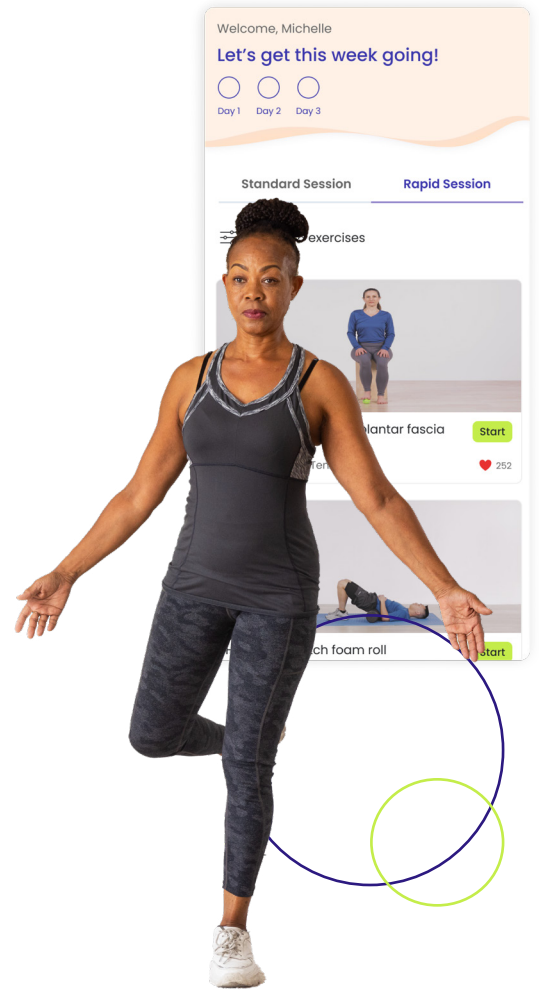




# Evidence-based MSK care. Better outcomes. Lower cost.

Reimagine musculoskeletal care for your population with RecoveryOne.™

The MSK problem is too big to ignore.



## Introducing RecoveryOne.

With the industry's strongest clinical pedigree, frictionless technology, flexible integration capabilities, and unrivaled personalization, RecoveryOne makes MSK care more effective for your population and less expensive for you.

### ✔ Virtual MSK care navigation

Members get faster access to professional guidance, navigating them to the right care at the right time, improving outcomes and reducing costs.

### ✔ Convenient physical therapy

With over 225 evidence-based physical therapy programs, each member gets a personalized care plan and access to exercise therapy to recover anytime, anywhere.

### ✔ A coordinated care team

With a dedicated physical therapist and certified health coach, every member has the physical and behavioral support they need for a successful recovery.

## RESULTS

### High-impact savings.

- ✔ \$2100 per episode<sup>4</sup>
- ✔ \$53 PMPM<sup>4</sup>

Based on an independent claims analysis from a leading U.S. national insurer.

### Proven clinical results.

- ✔ 51% of members express decreased surgery intent<sup>5</sup>
- ✔ 37% of members report less opioid usage<sup>5</sup>
- ✔ 62% improvement in function<sup>6</sup>
- ✔ 44% reduction in pain<sup>6</sup>



## The RecoveryOne difference.

✓ **The industry's strongest clinical backbone.**

Each one of our 225+ exercise therapy programs is built and independently reviewed using evidence-based research and the most up-to-date physical therapy best practices.

✓ **Programs that are never cookie-cutter.**

Our technology and processes support continuous program adaptation and personalization, so members never get a generic, "off-the-shelf" experience.

✓ **Technology without friction.**

Members get real-time feedback from our motion-tracking technology, Motion Trainer, using just the camera on their device — no bulky sensors required.

✓ **An integrated experience.**

Our solution is designed to integrate with your existing care ecosystem for a cohesive member experience, free from the frustrations of point solutions.

## Exceptional engagement drives superior outcomes.

RecoveryOne keeps members engaged throughout their recovery with 1-on-1 health coaching, progress tracking, real-time motion tracking, and an empowered product experience.



### Want to save on MSK?

Let's talk about how we can work together to reduce MSK expenses and improve the health of your population.

Visit [recoveryone.com](https://recoveryone.com) to learn more.

1 Musculoskeletal Diseases and the Burden the Cause in the United States." The Burden of Musculoskeletal Diseases in the United States. The United States Bone and Joint Initiative, <https://www.boneandjointburden.org/>.

2 Dieleman, J. L., Cao, J., Chapin, A., et al. US Health Care Spending by Payer and Health Condition, 1996–2016. JAMA, 2020, 323(9):863–884. doi:10.1001/jama.2020.073

3 RecoveryOne internal analysis of industry data.

4 24-month+ claims analysis by a U.S. national insurer leveraging claims data of 3.5m+ members.

5 RecoveryOne member data (self reported). Users who have initially engaged and have at least 1 baseline and 1 follow-up survey answered from March 1, 2021 – April 6, 2022.

6 RecoveryOne member survey data from Jan 2020 – May 2022.

7 RecoveryOne user data sourced from product

8 RecoveryOne internal data