# A TRANSFORMED WOMAN EMBRACING A TRANSFORMING GOD

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## "In the area of transformation, you have to understand the heart of God."

If the "after you" could write a letter to the "before you" what would it say? This is dedicated to the woman who I interviewed who dealt with abuse and continuous infidelity in her marriage. She stayed because she didn't know there were resources available that would incline her to leave much sooner. What matters now though, is she did leave. It may have taken her years to go through the same thing, but she got out before it was too late. This is not only to empower you but to possibly help someone else who can't seem to find their voice.

#### Dear Troubled One,

You allowed people to come into your life who didn't deserve you. Why would you settle? Oh, I know why, it's because you don't love yourself. You don't think you can do better; therefore it is just easier for you to stay. Why not stay with what you're familiar with, because the unknown is frightening. It's easier to accept incompleteness than wholeness because you don't believe you're worthy of the whole. Therefore, you subject yourself to the partial. Well, I know a God who can make you whole. The God I know can love you more than anyone else can. He pleasures in making you better. I have to warn you though, He's a jealous one, so you should just focus on Him. He's all you need. He will

show you how to love yourself, set standards, and not just accept the minimum. I could discuss Him forever with you, but for now, this should be enough to minister to your vulnerability. One last thing, embrace Him because He's a transforming God!

### Sincerely,

#### A Transformed Woman

True transformation can't take place physically until the internal is dealt with. Anyone can put on a new outfit and look fabulous, but that new outfit doesn't make you a new person. Transformation comes through deliverance. Deliverance comes when you're honest with yourself and God.

Some transform openly, and some transform in their secret closet. Transformation is never said but is done, never heard, but seen. It is an action that doesn't have to be announced, but it is displayed. Was there ever a time when you didn't like yourself or were around someone who didn't like you? Then one day you have a new attitude and perspective, and you begin liking yourself again. The same person who didn't want to be in your presence before is the same person who gravitates to you and even may mention that there's something different about you. The difference they see is not always necessarily your hair color, a new lipstick shade, or a new dress. It is your inner glow.

Also, there are no time constraints or limits to transformation. It can be instantaneous or a process over time. Everyone has a different testimony; some were delivered right away, whereas someone else may have had to wean themselves off of whatever it is they needed to be delivered from. What matters most is the end result. With every transformation, ultimately, the results equivocate to change. Let it always be a change for the better.

"For the Lord does not see as man sees; for man looks at the outward appearance, but the Lord looks at the heart" (1 Sam. 16:7).

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