



**FEELING DOWN OR IN A CRISIS?  
TEXT **CARE4U** TO 741741  
TO REACH A TRAINED CRISIS COUNSELOR.**

**Free, 24/7 confidential crisis support by text.**

Flagler Health+ has partnered with Crisis Text Line to bring its own unique text code to St. Johns County. Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support through a format that young people already use and trust: text. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform, and helps people in need move from a “hot” moment to a cool one. This is just one of the many innovative solutions Flagler Health+ is delivering to advance the physical, social and economic health of communities we serve. That’s the Power of+. For more information visit: <https://www.stjohnscareconnect.com/partners/>.