

# 3 Burger Joints in the Metro

Text by LYKA MAE P. CHIANG

Whether you want to go on a casual date, have some fun food trip with your friends, or just want to fill in your growling stomach and arouse your taste buds, these burger places will never fail your expectations nor your pocket.



## LAZY BASTARD

This burger joint's name may sound unpleasant, but their menu will surely satisfy your cravings.

Located in Bel-Air Makati, Lazy Bastard is known for its "New York City pub" ambiance and for having everything-bacon in their menu. That's why it is no wonder that their bestselling burger sandwich is the **Bacon Cheeseburger** (260), a cheeseburger with a crispy—but not too crispy—bacon weaves. And if you're on a budget, you'll enjoy this one too. **Sloppy Joe** (150), another bestseller, is a sandwich made with delicious, sloppy mess of overflowing ground beef simmered in Lazy Bastard's own sweet tomato-based sauce.

## UNIVERSITY BURGER

If you are a student or just want to reminisce your ol' school days, you'll definitely enjoy this one. University Burger offers affordable burger sandwiches made with 100% pure imported Angus beef patties to cater to everyone.

Their unique food names will surely make you feel nostalgic of the campus vibes. Their bestseller, **Mr. Nice Guy** (90), is a quarter-pound burger home-grilled to satisfy your mouth and stomach. If you love pizza, you'll also love their **Exchange Student Pizza Burger** (P159) where you get pizza instead of buns. Yay? And lastly, if you're into hot and cold at the same time, you must try their **Cool Guy** (P109), a quarter pound topped with vanilla ice cream plus choco fudge. Another yay?

University Burger has two branches located in Makati and Sampaloc, Manila.



## BIG BETTER BURGERS

Inspired by American invention, Big Better Burgers introduced to the country the ultimate in premium burgers—fresh, one-third pound, pure-beef burger patties infused with special seasonings, and grilled to smoky and juicy perfection.

Their bestseller, **Triple XXX** (P369), is made with three premium beef patties, three layers of all-american cheddars, topped with crispy bacon, dill-onion mayo, fresh tomato, and lettuce. For a more affordable option, you can get their **BBB Classic** (P99), but if you're feeling much more extra, then you should definitely try their **BBB Beast Burger** (P525).

Big Better Burgers has different branches throughout Metro Manila, including SM City Fairview, Robinsons Galleria, Robinsons Magnolia, and BF Homes Parañaque. **TR**





# Start-ups that Soar

When local business meets travel

Text by LYKA MAE P. CHIANG

DO YOU WANT TO PACK your bags, disappear from the crowd for a moment, and go on an adventure that you'll treasure for the rest of your life but aren't so sure how? Here are some useful travel-startups invented by our fellow countrymen to serve all the wanderlust Filipinos out there.

## TRIPKADA

Tripkada is a mobile app and website for travelers to meet and join trips organized by fellow travelers. Think about carpooling for trips—trip-pooling. Sounds good?

Instead of paying for the entire package, users can just book a slot, split the cost, meet new friends, face new adventures, and cross things out from their bucket list for less.

Interesting, huh?

## BOOKY

Booky is a local food app that allows food-lovers and city travelers to search for restaurants and menus, book a table, and enjoy discounts and freebies at 800 top dining spots in Metro Manila.

It is an offline app, so anyone can use it anywhere at any time, even without the hassle of having a slow internet connection.

And that's why the next time you go roaming around the Metro, you won't have to sweat thinking about what and where to eat anymore.


## TRAVELBOOK.PH

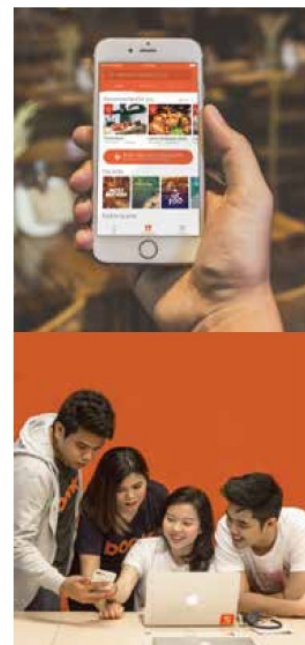
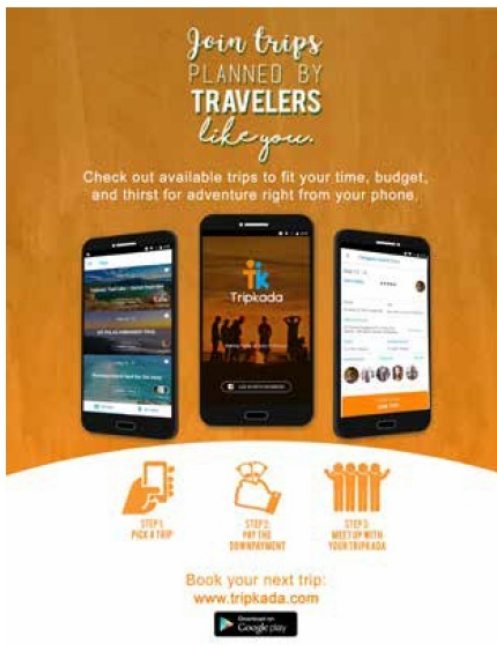
Travelbook.ph offers great value hotel bookings with a varied selection of hotels and resorts in top cities and provinces in the Philippines. They give the lowest prices and best discounts and have an innovative payment option for non-credit card users.

They also offer exclusive reward points, which customers can use for future bookings (1 point = 1 peso). Travelbook.ph's convenient mobile app is also available, enabling users to book accommodations on the go.

## HARPOON CO.

One of the most important things to have when traveling and something that we must never, ever forget is a good traveling bag. This is a space for all your other stuff, so you need to make sure that you are bringing a trusted one.

Harpoon Co. offers this kind of bags. Their goods are handcrafted and printed in small batches. Their bestseller, **Rolltop** (P3,000), is created with durable waxed cotton canvas with leather details. Aside from this, they also sell graphic hats that are perfect for traveling and camping—just exactly what you need for function and aesthetic. 





# Make it Minimal

Makeup essentials to include in your travel kit

Text by LYKA MAE P. CHIANG



MAKEUP IS FUN but when traveling, bringing and putting it on just demand too much space and time. But, if you just pack light and right, you can totally say goodbye to the hassle of traveling with makeup. After all, adventures don't entail a full makeup do. Minimalism is the key, and you just have to look fresh and natural.

So, if you want to achieve such look, read on as we listed all the stuff that you need to stow in your travel makeup pouch. Promise, it won't take much!

## MILK TINT WITH SPF 30

Foundations can be icky when worn under the sun. Don't fret. This tinted moisturizer doesn't just hydrate your face but also evens out your skin tone while protecting your skin from the harmful UV radiation. It's totes adorable, and the size is just the perfect fit for your makeup pouch. Plus, you even get three products in one!

## MEOW EYELINER STAMP

We all want that cat eye look but not all of us are blessed with steady hands. Well, this eyeliner stamp saves the day! In just one second, you can create the perfect cat eye you've been longing for. And it is smudge-proof, water resistant, and long wearing!

## WEB FIBER MASCARA


Nothing accentuates the eyes than the good ol' mascara. This Web Fiber Mascara will make your lashes pop a whole day long without

a hint of smudge. It is also infused with castor oil which promotes hair growth so you'll be hitting two birds with this product.

## JETSETTER EYESHADOW PALETTE

Created with a specific choice of colors for day and night, this Jetsetter Palette will surely take you to places with a playful mood. You can combine different tones for different looks depending on the event or your whereabouts.

## GIRL GANG MATTE LIQUID LIPPIES

Gone were the days when lipsticks come in shiny, smudgy form. Think about food proof and kiss proof—these Girl Gang Matte Liquid Lippies will stay even after taking a bite of pizza or giving a smooch to someone. And they come even come in 20 shades to suit everyone's skin tone! 



## Aiza Diuco: Beauty with Brains

Text by LYKA MAE P. CHIANG

ONE OF THE MOST VALUABLE things one can possess is knowledge. It is something that cannot be taken by others nor can vanish as easily as a bubble. More importantly, if you treasure and flourish it right, you'll be surprised by how knowledge can make an impact on your life.

A poised lady who holds so much beauty on the inside and out, Aiza Diuco, founder and CEO of Age Defying Solutions Philippines (ADSPHils), earned what she had unconsciously invested in for a long time. Influenced by her mother who is a retired teacher, at a young age, Aiza would always play detective and go hungry for information. She loved to dig into different worlds printed on the pages of the books and

discover new things as she went through every word. She would research about different things that caught her interest and be awed by how much wonder the world had that she didn't know about yet.

When she reached college, her father, who is an eminent entrepreneur of a confectionery manufacturing company, visualized her future as an ambassador representing the country, hence her decision to take up AB International Studies. But fate made a bizarre turn as it stored an even far-reaching opportunity for her, which what led her to where she stands today.

During her early years as an adult, Aiza spent most of her time working for her dad's company as the executive vice

president, where she learned to handle the company's sales, marketing, and finance.

Having worked for the company is what furnished her with business management experience. But, her persona as a researcher is the very root of her now emerging corporation.

"Because of my passion for research, I was able to discover that it's time for me to step up and end the search of the market, specifically of the women, in finding the right beauty products for them," said Aiza.

### THE CREATION OF GLUPA

The story itself behind the Age Defying Solutions's salient treasure Glupa, a formula patented brand with combined glutathi-



one and papaya contents, is awe-inspiring. Her *tita*, who resides in Canada, would always ask Aiza to send her whitening products because of the pressure she felt living abroad as the residents there are known for being fair-skinned. But then one day, she popped the magic question, *which one is better—glutathione or papaya?* That was when Aiza utilized her detective instincts and did an extensive research on the unique properties of each component.

“Through my research, I found out that if you combine the two most powerful whitening agents in the world, which are glutathione and papaya, you will achieve faster whitening results,” she told.

With this knowledge at hand, she didn't let a huge opportunity slip away and so she decided to hire a chemist and a pharmacist to put things all together for the creation of the final product. And even though the market was already cluttered by skin whitening products back in 2009, she didn't hesitate to dive into the competition.

She believed that her discovery would be able to help Filipinos and Asian people in general to address all their skin concerns. It has also helped her as a new player because of the uniqueness of her product being the first and only glutathione and papaya combination in the world. Through Glupa, Aiza has been changing the lives of many Filipinos, most especially women, and been able to adhere to her advocacy to empower women.

While Glupa has already established different variants—namely soaps, lotions, creams, and toners—which address numerous skin concerns including whitening and acne problems, Aiza is still thinking of other ways to improve her products and reach out to a wider range of members of the community.

“Early next year, we are launching the Glupa age-defying line because the market is getting old so we have to keep up with that,” she explained. “So aside from the concerns for having an even skin tone or fair skin, we also have to address the sagging skin, fine lines, and wrinkles.”

With ADSPHils running for eight years now and continuing its quest to become the top choice provider of globally competitive, innovative, and excellent beauty and wellness products, the Philippines is getting nearer to reaching its highest peak in the beauty industry. ■





# Croatia within reach

By LYKA MAE P. CHIANG



WITH ITS COUNTRIES' PICTURESQUE travel spots, Europe has proven its worth when it comes to tourism. But, if you're looking for another European destination that will give you a satisfactory sight, then you must consider visiting Croatia, a place filled with historical wonders, outstanding architecture, modern hotspots, and breathtaking view of nature.

The Mediterranean jewel vibe will take you back in time as you walk under the sun through its well-preserved forts, cobblestoned roads, and ancient buildings, all while overlooking the azure Adriatic Sea.

Rich in culture and history, Croatia will not disappoint in giving you the old town vibe you feel when visiting European countries. Zagreb, the capital and the largest city of Croatia, is full of enticing pavement cafes and restaurants which are perfect for those who love to stroll along medieval streets and experience a nostalgic sense.

Alongside these vintage alleyways and antique shops is a taste of contemporary sights, such as the boulevard and bizarre museum and galleries, proving that the city has a beautiful blend of primitive and civilization.

It is a metropolis where you can wander and drown in culture and art in every way possible.

If you're in for more retro, another site worth exploring is the UNESCO protected historical center of Dubrovnik, also known as "the Pearl of the Adriatic." It is filled with well-maintained gothic, renaissance, and baroque churches, monasteries, palaces, and fountains that will make you feel like you're in the past. The city's pride is the Old Town, a famous city barricaded by walls, where the Game of Thrones's "King's Landing" and the latest Star Wars movie franchise were filmed.

Croatia's second largest city Split is also a prominent tourist destination. It is infused with ancient structures and wall forts, ruins, and historical palaces built centuries ago. Unlike in Dubrovnik, many locals reside here, so if you're a wanderlust who's eager to experience the country's lifestyle and culture, this is the place you should step a foot on when visiting Croatia.

Apart from the old sceneries, Croatia is also known for its astonishing natural resources. It has spectacular pebbled beaches where celebrities are frequently spotted in and hiking and skiing sites that are perfect for backpackers

who love engaging in outdoor activities. If the description fits you, then you should give Hvar Town a visit. It is one of the most popular tourist spots in the country where you can sunbathe and enjoy water sports.

If you want to witness the beauty of Croatia, you may book right away with the newly opened Emirates daily flight to Zagreb with a layover in Dubai. The Southeast European destination will be served by an Emirates Boeing 777-300 aircraft providing you with a first class cabin product between the Middle East and Zagreb. For your return, you may take a plane from another city near Zagreb to maximize your trip.

Emirates offers excellent onboard service, generous baggage allowance, and more than 2,500 channels of on-demand entertainment on the award-winning in-flight entertainment system *Ice Digital Widescreen*. The airline truly lets you travel in style and comfort to any of its over 150 destinations, taking away the stress of a long-haul flight.

*For more information on Emirates, including how to book flights and a complete list of terms and conditions, visit [www.emirates.com](http://www.emirates.com).*