

Military Adaptive Sports Program



What Is the Military Adaptive Sports Program (MASP)?

The Military Adaptive Sports Program (MASP) enhances recovery by engaging wounded, ill and injured Service members early in individualized physical and cognitive activities outside traditional therapy settings, inspiring recovery and physical fitness and encouraging new opportunities for growth.

► Goals and Objectives

MASP provides recreational activities and competitive opportunities to all recovering Service members to improve their physical and mental quality of life through the continuum of recovery and transition. In addition, participation in adaptive physical activities helps demonstrate to recovering Service members that they still have physical capabilities beyond what they might have thought was possible. This confidence-building experience can help them in other parts of their recovery as well.

► The Model

MASP provides direct support to Service-specific adaptive sports programs in the form of subject matter expertise, equipment and policy guidance. MASP also coordinates with the Department of Veterans Affairs adaptive sports programs, the U.S. Olympic Committee, community-based organizations and other Non-governmental organizations.

► Going Local

Thirty site coordinators located across the world facilitate daily activities, and structured camps and clinics to support adaptive sports opportunities in their locations, including para-triathlon, yoga, strength conditioning, water polo, cycling, archery, shooting, surfing and sitting volleyball.



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