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Explore what to wear and trends within the huge world of fashion. As someone who is keen on fashion, I always like exploring new trends and viewing creative and innovative ideas within the industry.

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What is a magazine without beauty... In this segment there is everything hair related, makeup related and more for you to bury yourself in.

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This section is filled with everything to be happy, and have a healthy innovative lifestyle. I know life can get tough so read this relaxing segment to calm your hectic life a bit.

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We all want that luxe life, of booking a nice holiday away each year, and then splurging the pictures all over Instagram... Well this segment teaches you how to have that at an affordable price!

### **80 INSPIRATION**

This segment lacks text so you can just immerse your imagination into creativity to allow your head to wonder.



Editors Note

From such a young age magazines have such a huge part of my life, growing up writing and reading became best friends of mine. As my literary style developed, and my reading interests changed, I discovered journalism was changing. With the use of online sites and social media, the way news, articles and current affairs is spread is forever evolving. This is when I found blogging, and soon after fell in love with it. I admired the colloquial style of writing, that often feels more personal and humourous. However, my love for print journalism was still very much alive. I knew that I wanted to some day create something that combined the two, so here, I present a blog style magazine, with one goal; to inspire. There is nothing ore empowering than one woman empowering or being empowered by another woman. This magazine celebrates the female sex, in a way that we should constantly be celebrating it and each other. This magazine is the first step, of what I hope to be a chain of women inspiring women.

Cyann Fielding



### fashion

finding festivals

Attending festivals has always been a part of summer, especially one we look forward too. With hundreds of festivals taking place each year across the UK, we can chose, according to our individual music tastes, which we'd like to go to. Then there comes the problem of what to wear when that festival comes around, normally before you know it. So what are the key festival pieces to add to wardrobe this summer?

#### A GUIDE TO FESTIVAL LOOKS

There's a lot to think about when preparing for a festival, one key thing being what to wear. Depending on how long you are going for, also changes the amount of clothing you need, and thus the amount of fun festival looks you are going to need.

Firstly, you will need to think about the weather. Normally, we are lucky to have sunny weather during festivals, but there can also be rainy days. So make sure you've packed some wellies, sparkly are best, and then a rain mac. You won't want to be taking a coat with you, as it is rather bulky to be lugging around, to a light rain mac will be enough to keep you dry, in case of showers.

The next thing that is also key is footwear. If you're planning on doing a lot of dancing, and walking around the festival all day, you'll need something that is lightweight, doesn't rub and is comfortable. After all, you don't want to be travelling home with sore feet and blisters! You need to be careful with the colour, because mud doesn't mix well with shoes... So white is out. Good picks are Old Skool Vans, however they are on the little pricier side. Other than that, you can pick up trainer/canvas style shoes anywhere for pretty cheap. Next up is the clothing... Now this is the exciting bit. Depending on your own unique style, changes what you may want to wear. But there are normally some key trends at festivals, that really captures the festival vibe.

One trend that seems to be repetitive with festivals is sequins and glitter. You can pick up a great pair of sequin shorts with a frayed hem, from Boohoo, or some great sequin bralette from nearly any online clothing store. Metals also are quite popular, you could show this trend off in the form of body chains and silver bikinis.

Another trend, if you are wanting to be a little more girly, is tassels and crochet. This is another trend that is widely available. Crochet bralets are always pretty, especially when pair with plaits, as it brings out the braids in the crochet. Tassels on shorts, skirts or dresses, can emphasise your legs and make you look taller. Plus, they are very fun to twizzle around in!

Bralets are everywhere at festivals, and they are worn with confidence, if you don't feel like wearing one, you could always opt for a crop top, or a funky tie dye t-shirt. This may make you stand out from the crowd, but since when has that been a bad thing! Another idea for a festival look is co-ords and playsuits. These outfits are simply, comfortable and quick ways to look great. Short co-ords and playsuits are great for not being paranoid about skirt fly ups. These pieces can be found in various patterns, one being snake scales. More popular patterns are floral and tropical. These give of a great fun flirty summer vibe, that is just perfect for festivals.

Other things to pack, other than the vitals like underwear, are additional pieces. For example, summer evenings can get chilly, so taking a few hoodies never hurts (especially if you're camping then they can double as pillows!). A lace kimono is also a way of covering up, but keeping up with the festival vibe. Also, don't forget your bum bag, these are great for keeping your vitals close and safe! You'll need plenty of hair bands for some great festival hairstyles, to see some hair and makeup ideas, go to the beauty section. For more outfit inspo, there is plenty on Pinterest, and plenty of blogging accounts on Instagram. The best thing to remember when going to festivals and choosing what to wear is that you have to be comfortable and enjoy your time. Oh, and don't forget to take plenty of pictures of your festival outfits!



White lace top: New Look £12.99



USA Denim Jacket: Bershka £24



Pom Pom Jacket: Urban Outfitter £112







Bag: Gucci (POA) Coat: Topshop £56 Hoodie: River Island £34 Leather Trousers: Topshop £42 Shoes: Adidas Superstars



Top: New Look £9.99 Leather skirt: Miss Selfridge £32 Suede boots: Topshop £48

### IT'S ALL ABOUT LEATHER

Leather comes in many forms, the most famous being a leather jacket. It's a great way of making an outfit look a little edgier. Or, making a outfit sexier, with a leather skirt or leather trousers. Leather can also come in the form of shoes, to add class to an outfit.





### DRESS IT DOWN OR DRESS IT UP

Leather doesn't have to be black, or shiny, it can be suede or coloured. To add fun to an outfit try coloured leather. Red, white and black are great at giving off a motor sport vibe. Coloured leather is also a way of making your outfit more girly, and more appropriate all year round.



Top: Bohoo £100.99 Red Lather Skirt: Boohoo £18.99



Top: H&M £12.99 Leather Skirt: New Look £24.99 Suede Boots: River Isalnd £36 Bag

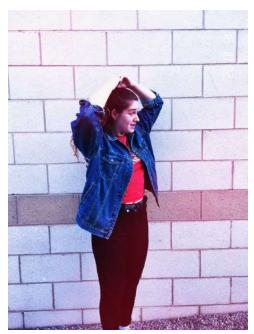
"When in doubt wear denim"

Denim, unlike leather, appears much more casual. The classic blue denim has been around for decades, and has been a fashion must have. Whether, this is in the form of a jacket or jeans, denim must be incorporated in your wardrobe. Denim has also evolved over the years, to now where coloured denim is also very popular. Denim can also be faded or acid washed/bleached. This creates a whole new vibe to an outfit. The classic blue, being casual and cool, then there is red denim which can add a fun flirty vibe to an outfit. A denim jacket can always act as a go to cover up. Vintage denim is also a way of capturing the 70s street style, but maybe let's not bring back flares.







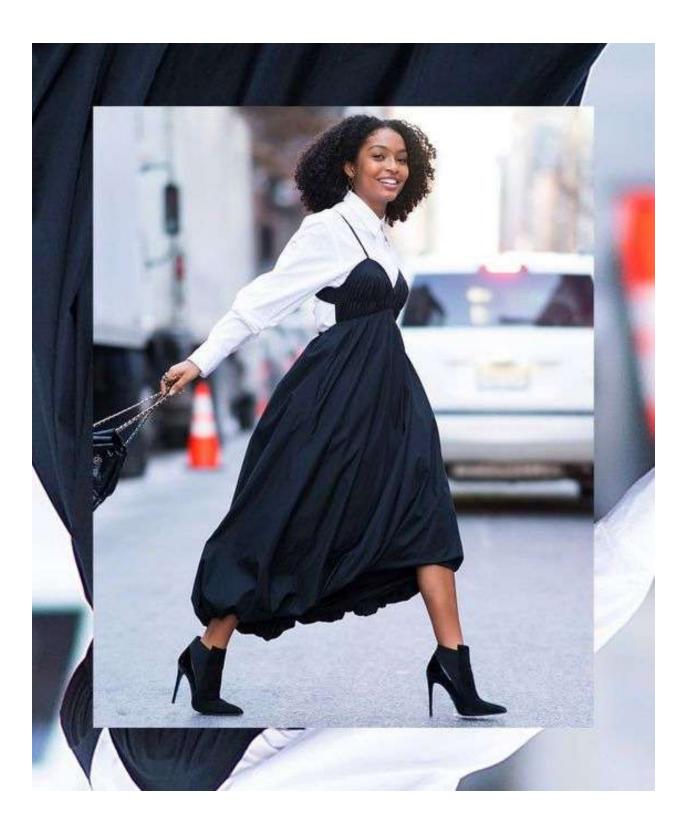












Mad Monochrome

"Black comprises everything. So does white. They possess absolute beauty: they are in perfect harmony." —Coco Chanel

Whilst black and white are often associated with blandness, work wear and a definitive yes or no, monochrome can be so much more than the straight forward black and white, as we've be conditioned to know. It also doesn't make us a Cruella de Vil look alike.

The history of monochrome can be traced back to 1926 where Coco Chanel bought out the first 'Little Black Dress', which to today is still a massive fashion staple. Chanel took a colour which had always been associated with death, to make something that was elegant, and evidently, timeless. Yet the in the 1960's people went crazy for monochrome. This was the decade that changed fashion, including the idea of monochrome.

Monochrome has always been seen as formal, after men started to wear black suits by the German designer Karl Lugerfield. This set the image of formality, and the idea of uniform, especially to formal events or within the workplace. However, this straightforward idea of monochrome, can be brightened up, without necessarily using colour. This can be done with accessories, like jewellery. Vertical stripes can help to make you appear taller, as well as adding elegance to an outfit. Black and white polka dots can help to make a work outfit more fun and feminine, as well as emphasising 'your assets'.

Monochrome again has made many staples, like a blazer. Blazers don't just have to be worn formally, pair it with some white jeans and a bright top, you've got a monochrome outfit with a splash of colour. One must always a 'little black dress', or in my case several, these can be dressed up with heels, or dressed down with a grey or white cardigan, this is in keeping with the monochrome trend, but also still classy. Also, from personal experience, having a black duster coat, is always useful as it goes with everything!

The Power of Flowers

# An exploration of beautiful flowers and how they can be incorporated into fashion

## With the rage of 'flower power' in the 1970's, flowers have since been very popular within fashion. Within the past couple of years this has grown significantly, and the fashion industry's love for flowers continues to innovate and bloom.

Flowers can be incorporated in fashion in a variety of ways, this can be either through the image of a flower, or even a real flower. Real flowers are quite often used in hair to make a look that capture nature, femininity and elegance.
'Babies Breath', which are small white flowers are quite commonly used in wedding and prom hairstyle. I, myself, had this as a look for my prom hair. These are good flowers for this as they aren't bulky, and as the flower dies, it doesn't wilt, it dries out, which means it maintains a pretty look all day. For more floral hair, some people use thistles, and roses, to capture colour.

Recently, embroided flowers have become very common, all for good reason as it makes simplepieces of clothing look fun and pretty. Most popular on skirts, pinafores and t-shirts, this trend is one that you should definitely jump on if you love flowers.

Flowers can also simply be worn as a pattern or slogan. There are so many pieces within fashion that make reference to flowers meaning happiness. Also, flowers are quite common within jewellery. Collectable pieces like Troll Beads or Pandora, have many floral beads often linked to birth flowers, or meaningful memoirs.

The image of a flower can add femininity, and elegance. It can also make a boring outfit more interesting. Different flowers have different meanings; like the red rose often associated with love, or a yellow daffodil associated with













## BLOOM

## TOPSHOP





## BERSHKA



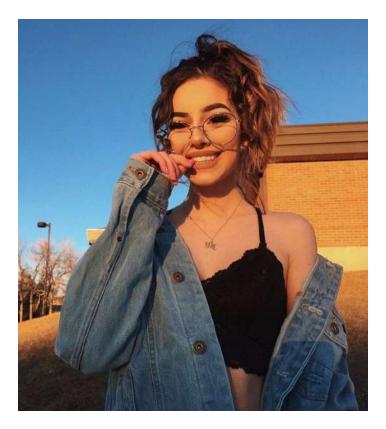


## URBAN OUTFITTERS





## BOOHOO





fashion

dressing outside of your comfort zone

We all have what we love to wear, and are staples within our wardrobes. If you're anything like me there is about ten items of clothing that are on a constant loop, and when you can't see them in your wardrobe you find yourself rummaging through the wash basket to find one of your favourite things to wear, even though there is plenty to wear in your wardrobe. Additionly to this, when buying new clothes, you stick to the same colours, designs, shapes and size. Making your wardrobe, honestly, lacking in variety.

#### A LOOK AT SELF DISCOVERY

When growing up you experience many fashion trends, a lot of which seem great at the time and then fade in popularity. On the other hand, there are some trends that really make you wonder, whether they can actually be counted as 'fashionable'. Many choose to not jump on the band wagons, myself on the other hand, initially thinks most trends are stupid, and then after about a month of seeing it plastered over social media and magazines, normally then leaps onto the band wagon too, just a little late.

To say the least, there has been some interesting trends over the past decade. We've seen wedged trainers (2012) which now are rarely seen, but then with the breakthrough of exposing your midriff (2012) there has been no going back. 2013 was a great year for fashion with the return of monochrome, just having been re-invented, the introduction of all white, bringing white jeans to the scene, and a the empowering fashion trend of women exploring mens clohing, bringing new shapes, sizes and texture to the womens fashion industry. In 2014, the very popular bomber jacket emerged and in 2015, the masculine clothes for women went a step further with shirt dresses. In 2016, the fashion industry had a boom in fashion trends, with an increase in young influencers as well. Off the shoulder dresses emerged, inspiring a whole off the shoulder wardrobe. People also discovered chokers, which continue to be worn. This is also when white converse came onto the scene. The love for bralettes was discovered in 2017. Finally, in 2018, embroidery and old school classics, like tartan and jumpsuits returned.

With many trends it is sometimes hard to find your own unique style. With your own fashion you should only wear what you want to, and not be pressured by society's influence. Having said that, in order to know what you love sometimes you need to try things you wouldn't normally necessarily try. The way of doing this is simple, all you need to do is grab a group of your friends and plan a shopping trip. Hit your nearest city, and when shopping try on many things that you wouldn't normally give a second glance. If you want to, you could also have fun asking your

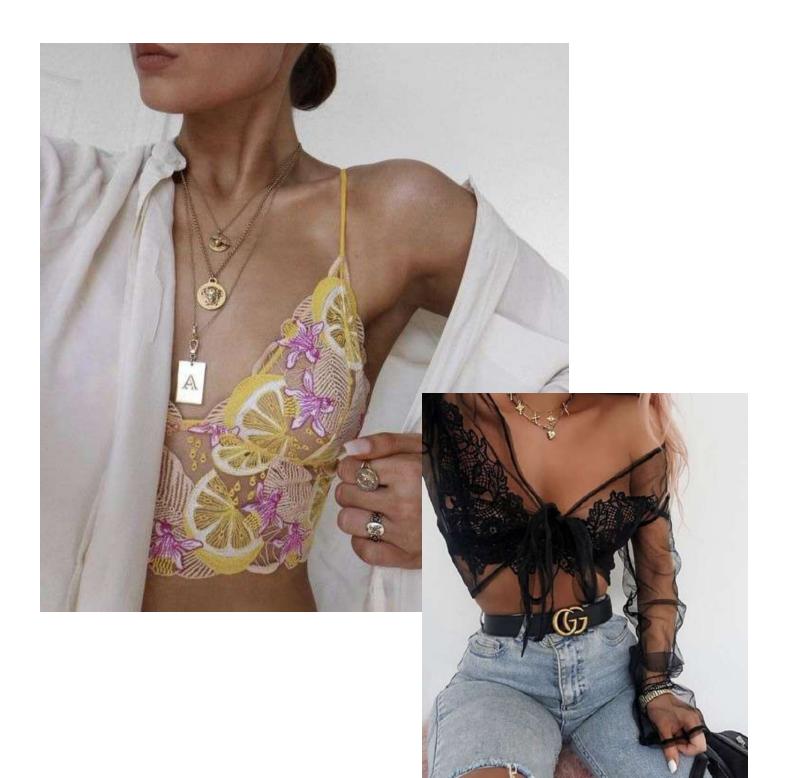
friends to choose some clothes for you to try on. It may surprise you. I have done this many a times when out shopping, and normally the things I buy, are the things I would never imagine myself wearing.

If you seem to lack colour in your wardrobe, start off with subtle colours, or black or white t-shirts with graphic coloured prints. these help to introduce fun into an outfit, as well as exploring something you may not be used to wearing.

Some great pieces I have picked up include a green tartan skirt, floral embroidered V-neck bodysuit and bralettes. Sometimes it may not be the item of clothing, it may be about changing the size. For example, up until recently, I was adamant I was a UK size 6, I tried on clothing in a UK size 4, and surprisingly to me, they fit much better. On the other hand, I love vintage inspired outfits, so will go up a few sizes, for a looser fitting. Altering and knowing your sizes, is a great way of really owning an outfit.

Sometimes you just have to be brave in what you wear, to love what you wear.

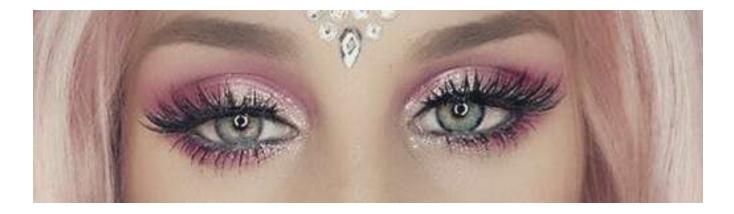






Festival Makeup

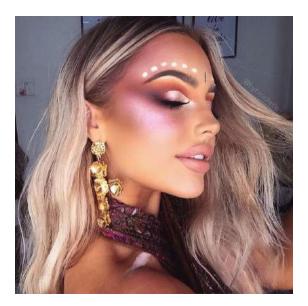
When planning to go to a festival we always want to look our best. This normally involves glitter, bright and bold makeup, sequins and some funky outfits and hairstyles. Depending on what colours you plan on wearing, changes what makeup look you may go for. For example, if wearing yellow, you could create yellow and orange eye look, with glitter in the inner corner of your eye, to really make your eyes sparkle. Festival makeup doesn't have to mean normal makeup as well, it can involve body art, henna and body gems. One popular trend if you're feeling brave is glitter boobs (also if you have a lot of time to spare). Glitter hair roots are also a festival fav, especially when in plaits, Although be prepared for glitter in your hair for days, after rocking this look.



### DON'T FORGET TO TAKE PHOTOS... CONSTANTLY!

In you festival makeup, make sure to embrace you. This means if your very feminine then match that with pink glitter in fishtail plaits and a bright eye look. The best way to make a statement or stand out is by being confident in what you wear, and the only way to do that is to be completely yourself. At the same time, try and have some fun, so if you're feeling brave why not try something you normally wouldn't. Remember most of the people you meet at a festival you will never see again, so this is a chance to be the person you want to be, and have fun. Just remember if you are planning on doing your makeup at a festival, to make sure you pack it well to avoid breakages and spillages. Also, don't forget your makeup best friend: makeup remover wipes. Unfortunately, if you're camping, it won't be practical bringing your whole night routine, but makeup wipes will get you through the days away, and save your skin from being clogged with makeup.









### beauty

# grow your hair faster

We have all had that traumatic experience of going to the hairdressers to get our hair cut, and hopefully enjoy the experience, but much to your surprise, you look at your freshly cut hair in your mirror, and see that it is a little shorter than maybe you wanted. You then find yourself desperately wanting it to grow, and may even, like me got to the extreme of searching th web for way to make your hair grow faster. Here I have found numerous ways, and decided to try them out for myself.

#### STOPPING THE HAIR PANIC

Method Two - Lee Stafford

#### Method One - The Inversion Method

Now this method may seem a little crazy, but it is one of the most popular methods out there. The Inversion Method claims to grow your hair at least an inch in a week. All you have to do is simply inverted your head, and give yourself a head massage for four minutes. The easiest way to do this is by lying down on your bed, or a sofa, and hanging your head over the edge. To make this even easier, set a timer on your phone to know exactly when the time is up. Repeat this once a day for a week, and the you should hopefully see improvements in the length of your hair. If you want to try and make the most out of this process, then on two of the days use a natural oil, like coconut oil. This should help your hair to restore itself if it is damaged and help to also boost hair growth. You could also use a hair mask to help make your hair healthier.

#### When I tried it:

At the start of this I measured from the bottom of my ear to the end of my hair, at the start of the week my hair was 17cm long, I then repeated this at the end of the week and my hair had grown 2cm, to 19cm long. Therefore, in my opinion this method worked really well. Lee Stafford is a hair product company that bought out a range of hair products that re made to help your hair become healthier and grow faster. The range includes a shampoo, a conditioner, a hair mask, a leave in hair treatment and a serum. The products say that they encourage growth, strengthen, condition, help to reduce hair loss, moisturizes the scalp and improves texture.

#### When I tried it:

These products stood out to immediately because they smelt amazing. I'm not one to normally use expensive hair products, so I wouldn't know what the common result of hair products would be, but these products have definitely made my hair feel stronger, healthier and softer. Therefore, in my opinion a must buy.

#### Method Three - Biotin/Hair Vitamins

Biotin is a type of vitamin normally found in eggs, salmon and leafy greens. It helps with strengthen and making hair and skin healthier. It also helps to reduce hair loss. These can be found for around a fiver from MyVitamins. Hair vitamins have also recently become popular, mostly because they are now available as chewable sweets. These include more than one type of vitamin, as well as being flavoured. Hairburst Hearts, are available from Beauty Bay for £20. They contain Biotin, Zinc and Selenium, and it is recommended you take two daily.

When I tried it:

For the first few days of the week I took the Biotin vitamins, and personally, I was not a fan of taking them. I didn't mind it, but it wasn't that they tasted nice. I took them more or less like I take paracetamol/Ibuprofen; swallowed them with water. After taking them, I couldn't really tell what they did. The made me feel a little brighter, but whether that was the biotin or not, I'm not sure.

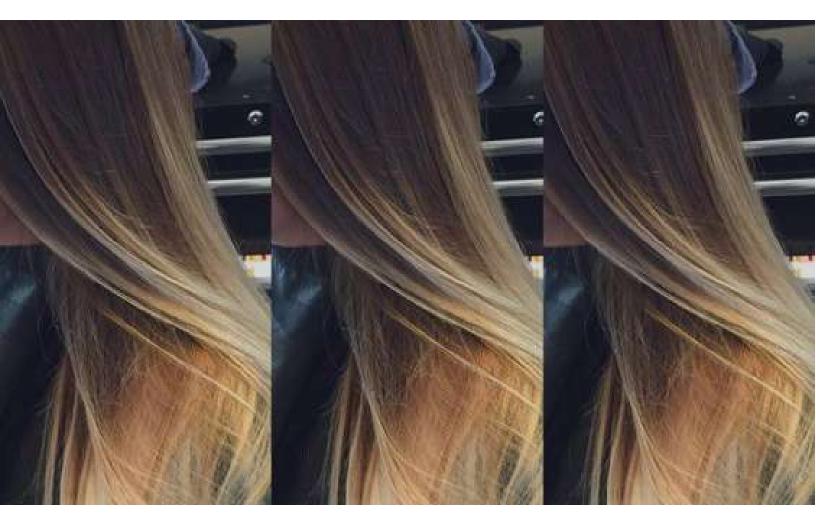
The second half of the week I used the Hairburst Hearts, now my expectations were high because I have heard and seen these many times before, and also they were expensive. These tasted lovely, and my hair did feel healthier. But for the price, maybe not...







THERE IS SOMETHING GREAT IN BRAVING THE UNKNOWN.



### LET'S INNOVATE

## SOMETHING FOR YOUR HAIR...

Our hair is massive part of who we are, and as we grow up many chose to experiment with it. Some of us have curly blonde hair others have straight brown hair, then theres me who tends to just have a brown mess, we are all different. Some of us choose to experiment with our hair, I myself have dabbled with highlights.

Howwever, some don't want to dye their hair but they still wish to occasionally change this, yes you can curl it or straighten it, or put it up in some fancy bun, but sometimes we don't have the time for this and need something simple that makes a change.

The answer; hair accessories. There are numerous different things to put in your hair ranging from glitter bobby pins to scrunches, so you can adapt this to your personal style, or simply whatever you feel like on the day.

FENTY BEAUTY BY RIHANNA - AVAILABLE AT HARVEY NICHOLS





Makeup Must Haves

When it comes to makeup everyone uses different products, and have their own daily routine to get ready. However, sometimes we may use products that aren't as good as we expected, here's a run down of products you can trust!

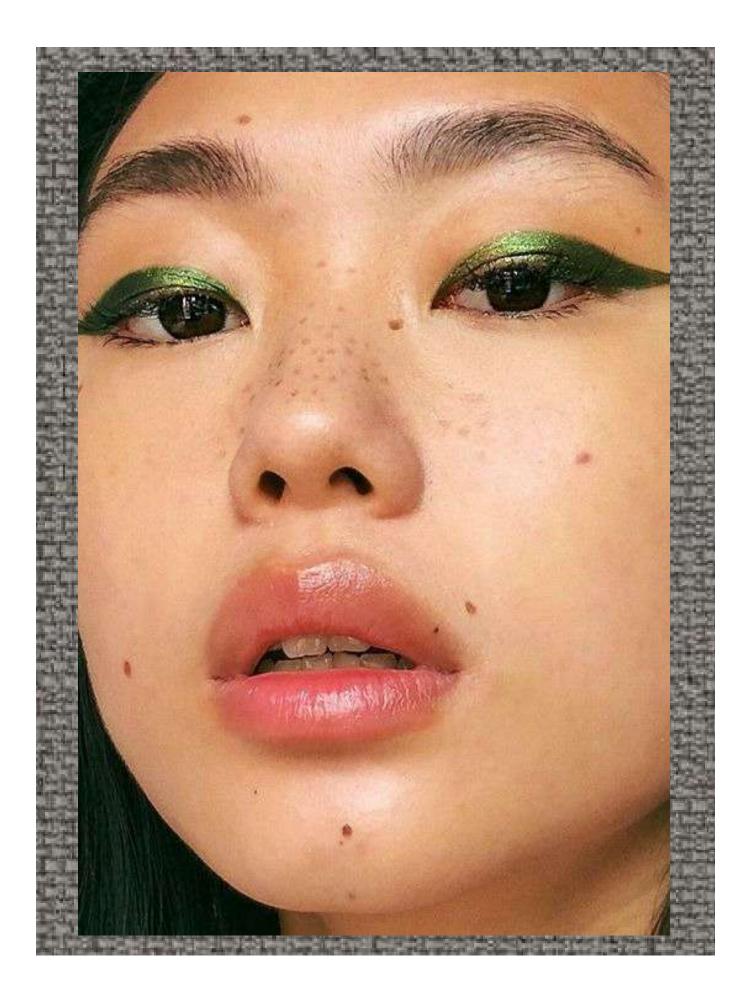
A go to foundation, that I have trusted for years now and is at an affordable price is the L'Oréal True Match Foundation. This foundation is at a very affordable at £9.99, and has a vast range of colours, so you are able to find the tone best matched to you. It has a high coverage and lasts all day, especially when matched with setting sprays.

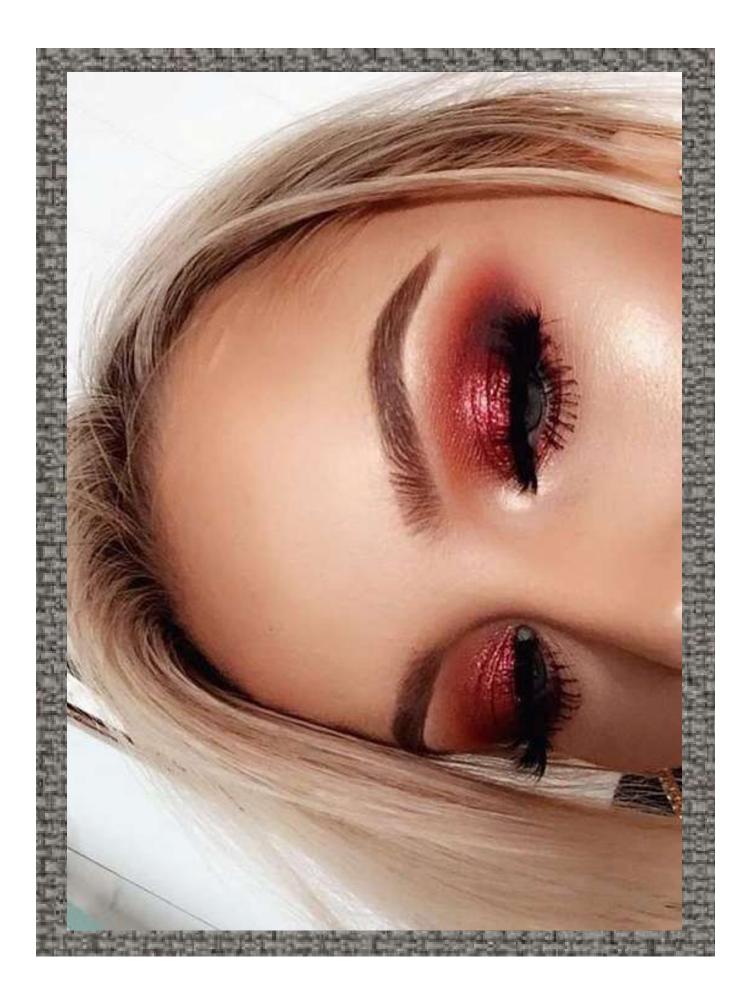
On that note, a slightly more expensive product but really great at its job is the Urban Decay 'All Nighter' setting spray, at £24 a bottle it is a little pricier, but the product is worth it. It keeps your makeup in place for hours on end, making it great for sweaty nights out!

Next up is a great mascara: Benefits Roller Lash Mascara, at £21.50 is again an investment, but one that will never fail to make your lashes look incredible. This mascara is great at adding volume without being too clumpy.

These are your basics, but if you want to look glowy faced, then the Too Faced Natural Face Palette from Cult Beauty for £35 is a great palette to have, it contains two highlighters, two bronzers and two blushers to create your perfect look. In subtle but beautiful colours, this palette is perfect for your everyday makeup routine. You can forever extend your collection, but these make a good start.







ALC:

Lifestyle

A match made in heaven: Metflix and bed (with food, of course)

IT'S KINDA A CRISIS...

=Recently, I made the rather foolish decision of signing up to Netflix, and needless to say I am already addicted. For those of you living under a rock, Netflix is a monthly subscription where you can watch unlimited films, and series on your tv, tablet or even phone. At ---a month, you can watch whatever you like, from historical documentaries to gruesome horrors, there really is something for everyone. It is especially perfect for students, as if you don't have TV, this is your way of still having something to binge watch; something I will be doing once I go to university.

A couple of 'must watches' in my opinion, are 'The Kissing Booth' and 'To all the boy I ever loved before'. These two Netflix original movies are full of your normal cringe and corniness, but to the point where you really love it.

'The Kissing Booth' follows the story of a girl, who is head over heels in love with her best friend's brother. The whole romance sparks over a kissing booth stall at a school event, and then as her and 'Noah' start their secret relationship, it gradually gets herder to hide from her best friend 'Lee'. It is comical, as well as relatable.

To all the boys I ever loved before' follows a girl who dangerously writes and hides, but never sends, love letter to all the boys she's ever loved in her life, which there are five. Her sister, after seeing how socially awkward and alone her sister is, sends the letters out. This causes tension between the girl and her older sister, as one of he boys she previously 'loved' is her sisters recent ex. On the other hand, it sparks a 'fake' relationship which develops into a real one with one of her other previous loves.

As well as cringey teen rom-coms, Netflix has some killer series' like 'Stranger Things'. There is something for everyone, and this is how it has rather dangerously become my favourite site. And to make the most out of it, it is best in bed, with the fairy lights on, with some sort of comfort food, and just cosy up and endlessly watch programme after programme.

Feeling moody: Netflix. Feeling tired: Netflix. Feeling unloved: Netflix. It is always there in every situation, right by your side. Basically... a new best friend.

### NETFLIX

















Sometimes, I think I feel more like myself with James than I do on my own.



# A LOVE FOR INTERIOR DESIGN

Growing up, I have always loved to decorate. Endlessly, collecting photos on Pinterest into a interior design folder. Having my own space, to make my own stamp on had never excited me more. Unfortunately, growing up you're limited to your bedroom, and a rather small budget. At uni, the same problem occurs. Having your own house, and your own budget is when you have the freedom. Having said that, having your own room to decorate can be very fun. If you're anything like me you get bored of 'your space' easily, leading you to constantly changing small things. Therefore, when you have the chance to change your whole room, excitement boils within.

Now when I had the chance to do my room, I want it to be girly, light and bright. I have always been the cliché lover of pink, and therefore immediately wanted a pink feature wall, so here's my first tip: remember wallpaper limits you to what accessories you can have elsewhere in the room. My feature wall is a dusty pink, as I didn't want my room to suddenly go from a teenager's room to a toddlers. I had the painted custom made, at B&Q. The rest of the walls were painted a very pale silver grey colour. This allowed me to still add other colours to my room as well as patterns.

The rest of my room fell very quickly into place, I already had built I wardrobes, so the only furniture I need was a new bed (went from a single to a double), a dressing table, desk, beside tables and anything else I wanted. Second tip: get your furniture second hand, from places like Gumtree. I managed to pick my white painted metal bed frame and new mattress from a throw out yard, for £15. My dressing table was originally pine, and £20 off Ebay, beside tables were £30 for the pair, my desk another £15, a small cabinet £15 from a charity shop and finally a ladder shelf for £20. All of these needed to match, so in order to do that, I bought a cream chalk based paint and painted everything, and finally I added matching crystal drawer knobs. This meant my room quickly came together with about a week of hard work. I then created a picture wall over time, by collecting various frames and mirrors from car boot sales and charity shops, and the spray painting them to match. I also custom made a fake flower art piece, and water colour Chanel perfume bottle prints.

Last touches included a pair of lamps for £20 from Gumtree, a canopy for £5 from Ikea, makeup storage and fairy lights. My room is now very girly, filled with florals and mixing metals, to create a cosy theme within a large room. Three years on, it has come to the point where I am starting to get bored again. Except I do not want to redo my room, only areas. After initially spending, under £300 on my room, I have decided to try and change things up for the smallest amount possible.

Tip three: use what you already have. I am doing this by using my printed photos I get each month for £3 via an app, and my polaroid's I take as and when I want. I am crating a photo wall as you come into my room, this is something I have always wanted to do, as I love photography, but have never really printed the photos I have taken and displayed them. Another thing I wish to change is my picture wall, as this brings me to tip four; less is more. I have way too many frames, that either keep falling or tilting themselves to an annoying angle where lie in bed stressing over the fact that half of them aren't straight. I'm not entirely sure what to put there instead, like a mirror or just have less photos, but I know it needs changing. Tip five: when lacking inspiration look at Pinterest, my own Pinterest even has folders for this @CyannFielding. This will help to get your creative ideas flowing.

Just remember, whatever you wish to do with your room, keep it you and don't follow trends. Also, most importantly have fun and keep an eye on your budget, as after all, you are bound to change your room again in the future.



## BEDROOM

# KITCHEN



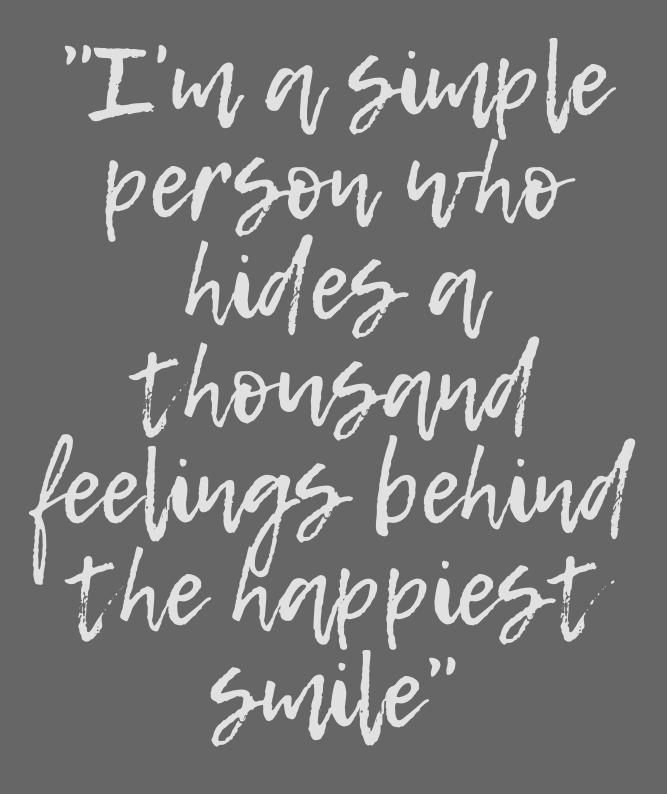


## HALL

# an app for everything

Meditation and sleep:	Calm
Game:	RushARound
Note taking:	Noted
Music:	Spotify
Shopping:	Missguided
Banking:	HSBC
Photo editing:	VSCO
Social Media:	Snapchat

Everyone has their phones practically glued to their hands nowadays, therefore it is important to make sure your phone is suited up with all the best apps out there. The above breaks down an app for each genre, to fill your phone with the essentials.



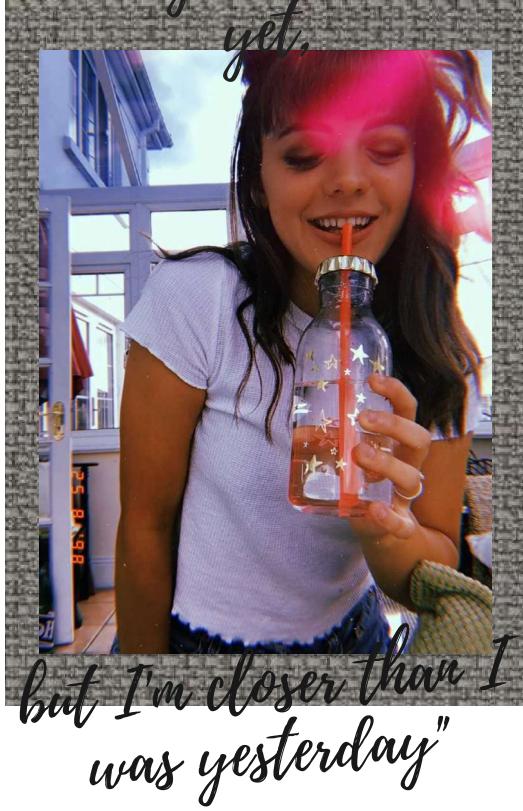


# BASIC ISN'T ALWAYS BAD

Through life we have to overcome hurdles, whether this may be educational ones like failing exams, not going to the university you wanted to go to, or not getting that job you tried really hard for, or emotional obstacles like losing a friend, someone passing or your mental health being affected.

Life isn't always fun, and you may be someone who just blends in with the crowd. But basic isn't always bad. In a world where we are brought up to fit in, to then discover that in your teens and young adulthood it is better to stand out, sometimes it's okay to just sit back and relax, and be nothing but yourself and if that is basic, then so be it. It is perfectly perfect, as you are you, and no one should try and change that for the world.

"I may not be there



# THE PEST THAT IS MAKEUP STAINS...

JUST HWEN YOU THINK THAT NEW WHITE TOP YOU BOUGHT IS RUINED, THINK AGAIN...

You utter a sigh under your breath as you look down at that lovely white top you just put on, to see a massive orangy-tan mark where you just rubbed off your foundation onto the top... You think it is ruined, but believe it or not, there is always a way to get makeup out of things. Typical me knows this because it is something I have done so many times, always getting foundation on new clothes, or eyeshadow on my carpet, and then desperately looking on the internet for a way to get it out. Look no further, this article is all you need.

So your first makeup miss-hap is the classic foundation on a top. The best thing to do is to immediately to take the top off, run it under COLD, not hot, water. Don't rub it, just wet the area. Once you have done this, squeeze the water out, and then lay the top onto a flat surface. For the next step you may have to place something between the layer of the top, to stop the foundation from seeping through to the next layer. The next thing to do is to get some white shaving foam and apply it to the area where the foundation is. Then just use your finger to gently rub it in. Leave it for a couple minutes , before washing it off with cold water and then if needed, repeating again. If the product you have spilled is oil based then immediately rinse it with a pre-wash stain remover. The rinse it with cold water. Then immediately after place it in the wash, onto the hottest setting possible. This is because hot settings will lift the oil. If it is nail poilish you have spilt, just place some

acetone onto a cotton bud and slowly and gently rub it in. It should lift most of the stiain. After this place some acetone onto the stained area and immediately put it into the wash. If the product is mascara, liptick, or powder then use a pre-wash stain remover to lift the stain, rinse it and then place the clothing in the wash as usual. Just make sure there are no lipstick tubes in pockets, as they can melt in the wash, entirely ruining your clothes!



# Autumn Essentials

Everything you will want and need for the change in season.

The leaves have started to fall creating a carpet or brown, orange and yellow across the pavements, it's finally that time of year again where people are ready to gather up pumpkins for carving, blankets for snuggling and wood for burning. Here's what you need and want for autumn to make it the best.

The first thing you need for autumn is a wardrobe refresh, you can have fun with this as what is better than new clothes. A nice new pair of boots and scarf is the ideal purchases for the change in season. Popular boots for autumn are Timberlands. Popular colours in fashion throughout autumn include; burnt orange, mustard, cream, burgundy and bottle green.

It's finally acceptable to start drinking those seasonal drinks again, like Chai Lattes and the infamous, Pumpkin Spiced Lattes. So why not head to your local cosy coffee shop, or Costa, to have a good cup of warm stuff. Want to make it even better? Pick up a book from a charity shop, on the way, to bury yourself in. Next thing for autumn is a good movie line up. Now you don't need to worry about this if you have Netflix, as you can endlessly just scroll through it to try and find something you want to watch. But there is also nothing better than putting on a good old DVD, like; Pitch Perfect, The Hunger Games, or Notting Hill. Make this even better by adding comfort food and drinks, blankets and fairy lights. Maybe even the odd candle.

Next thing, is to organise some fun things to do. With Halloween at the end of October, you could organise a costume party, or if you don't want to go to all that effort, then plan to go out somewhere. There are always things to do around Halloween; you could simply go out for drinks and a horror movie at the cinema, or you coud go to a fright night if you have one nearby.

Finally, make the most of the season! Autumn is one of the most colourful and picturesque seasons, so head out with your camera and friend and snap some autumnal photos, to post to Instagram later. If you're feeling inspired why not write a blog post, and publish it online...



### lifestyle

# how to create a blog

If you love to write, take pictures or even ramble on about anything and everything, then you may want to think about starting a blog. I have been blogging for around two years now under the name of 'With Compliments Pink', and I love it. It's a chance for me to write about whatever I like, whenever I like. Your blog could be on anything you like, for example, mine is on fashion, beauty and lifestyle. As a stressed student, writing is often my way of venting, hence why I love it so much...

First thing to think of when creating a blog is what you want to write about. This is important because this shapes your whole blog, and your writing style. Your blog can be on anything you want it to be on, whether this is fashion or cars, it's up to you.

The next thing you need to do, is come up with a name. Now this may take some time and it is definitely not something to chose lightly. Your blog name is permanent, shows what your blog is about and ultimately entices people to read your blog. You may also need to check if the name is taken, and you can do this with a domain checker online.

Once you've done this you need to start physically creating your blog. You may choose to do this and pay for a host, that allows you to create a site with no limits and your own excusive domain, on the other hand you may want to use a host site that allows you to create a blog for free, like BlogSpot, Wix or Wordpress. Most free sites provide help and templates for you to use. This allows you to easily design a blog that suits you. WordPress is a very popular hosting site across the world, you can chose with this site and many others, to either self host or be hosted. Sites like the ones I have mentioned help you to create a blog that is exactly you.

You may want to chose a colour scheme for your blog, that is consistent throughout your site. It's all about aesthetics with a blog, as when people go onto your blog and read your posts, the look of your site is crucial to their experience. If they like the look of our site they are more likely to come back to it again and read more of your future posts.

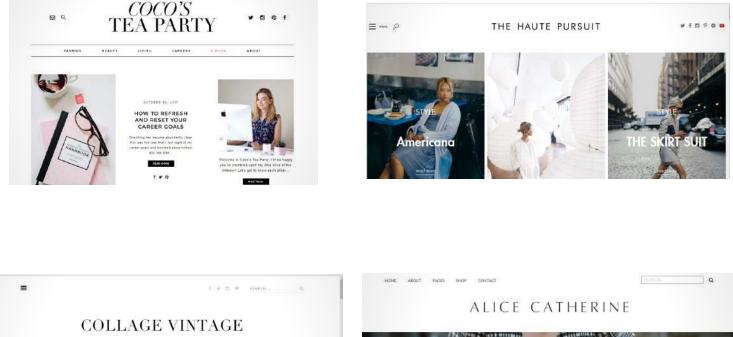
On this note, you should organise your blog into sub categories. On mine, for example, I have a lifestyle section, fashion section and then a beauty section. Categorising what I write helps my readers to find exactly what they want to read about, as not all of them may be interested in fashion for example. This will also help visitors who simply stumble across your blog to navigate around your site.

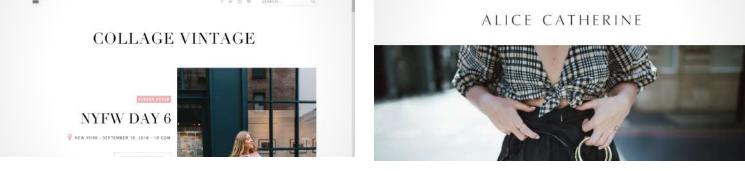
Promoting your blog is also important. Social media is one way of doing this, on your blog you can link all your social media accounts to their respective icons. So when the reader/visitor clicks on the icon it will directly go to your social media account it is linked with. You can then also on your actual social media accounts link your blog, like for example in your Instagram bio. Snapchat also allows you to send either message or photo messages with a link on, where the receiver can swipe up and it will take them to the site. Getting yourself out there like this can really help to promote your blog, and thus gain more readers over time. Overall, your blog should be exactly what you want it to be. You may want to do it for personal reasons, so more like an online diary than a published and promoted blog, or you my want to just write passionately and get your work out there, either way, using a host is the best way to go as well as planning what you want your blog to be like. Before you know it your blog will be launched and out there for everyone to enjoy and read.

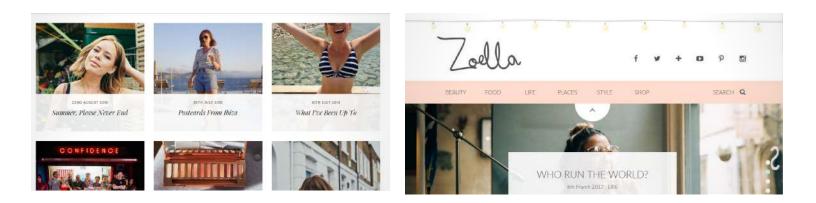
The top

# BLOGGERS YOU NEED TO KNOW

From fashion to Formula One, there is a blogger for everything.









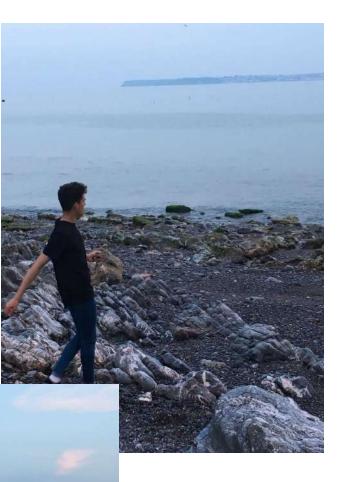


















Travel

# TRAVEL

**H**HBE

YOU ARE

1.1

"MY MOTHER USED TO TELL ME THAT ALL THE TIME. IT WAS THE BEST ADVICE I EVER GOT."

ALLIE CHARDIN

# THE DREAM OF TRAVELLING IN YOUR YOUTH

#### WHY ARE THE YOUNG SO KEEN TO SEE THE WORLD?

"'Wanderlust' is the word used to describe the want to travel far away and to as many places as possible, and this pretty much sums up what the young, fresh out of school and university, want to do. And who can blame them when there is a whole world available at the end of their fingertips for them to uncover?

Having that opportunity of exploring the world, normally means freedom. It allows you to discover the places that you have wanted to travel to, opening your mind to a world, you had never see.

With an increase in technology and social media over the past decade, travelling has never been more visible to us. It is everywhere we look, on the news, in TV adverts, in articles telling you about where to eat in Venice; travelling has never been more prominent. With the use of Instagram, travel journalists have increased, especially through this site in the form of photo journalism. Whilst you may wonder, why aren't they saving instead of blowing it all on a holiday, the Financial Times says that millennials 'form the backbone of tomorrow's economy.' Millennials are of an age where they are more inspired and have a wider range of opportunities available to them, urging them to travel.

Now you may be young and not want to travel, but most young men and women want to book a spontaneous trip abroad, wherever it may be. And travelling is not as expensive as it used to be. With sites like 'Booking.com', 'Groupon', and 'Kayak', booking a holiday has never been easier and cheaper, as you can shape your holiday to your budget. Also, sites like 'Villa Plus' allow groups to go on holiday together, without the pain of booking separate hotel rooms.

Who can blame our generation for wanting to explore cultures other than our own? So this leads me to the next series of articles, and if you hadn't already guessed, they are all travel based; showing you the places to go, and how to keep all your traveling costs to a minimum whilst still having the time of your life.



# KO PHI PHI, THAILAND

### AN ISLAND HOPPING HOLIDAY.

Now before you go 'surely this is out of my budget', flights and accommodation to this popular tourist holiday is the same as visiting a major city for a week. Instead of the rush of a city, enjoy the green landscape and white beaches in the calm islands, where you can laze about in the sunshine.





### WHERE, HOW MUCH...

With villas and resort rooms as cheap as £10 per night, this holiday to far far away, really doesn't blow your bank account. With many resorts on the island, there is a vast range of choice, each with pools, restaurants and other facilities free for you to use. If you feel like doing island activities, there are day trips and boat trips to other islands around £60, there is also water sport activities starting at around £25. This ranges from kayaking to snorkelling alongside turtles. The food on the island is fairly priced, and there is a variety of cuisines available, including basic English food. The island also has a wide range of shops to explore, including clothing shops and stalls as well as local products and tourism gifts to pick up for those you left at home.

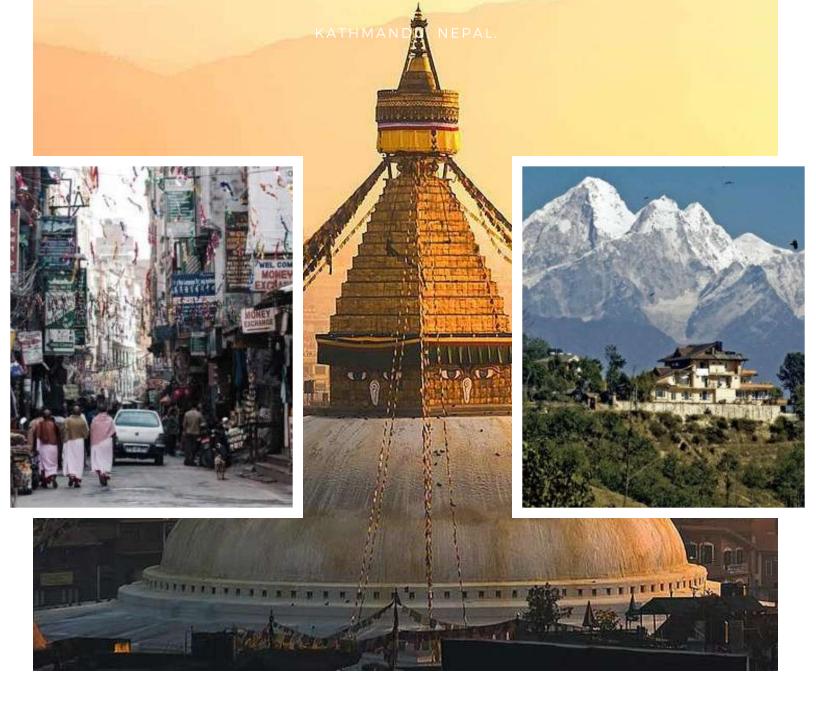
Overall, this holiday is great if you are on a budget but still want to go further a field, to somewhere that is beautiful, relaxing and hot..



# KATHMANDU, NEPAL

#### A CULTURAL AND OUTDOOR HOLIDAY.

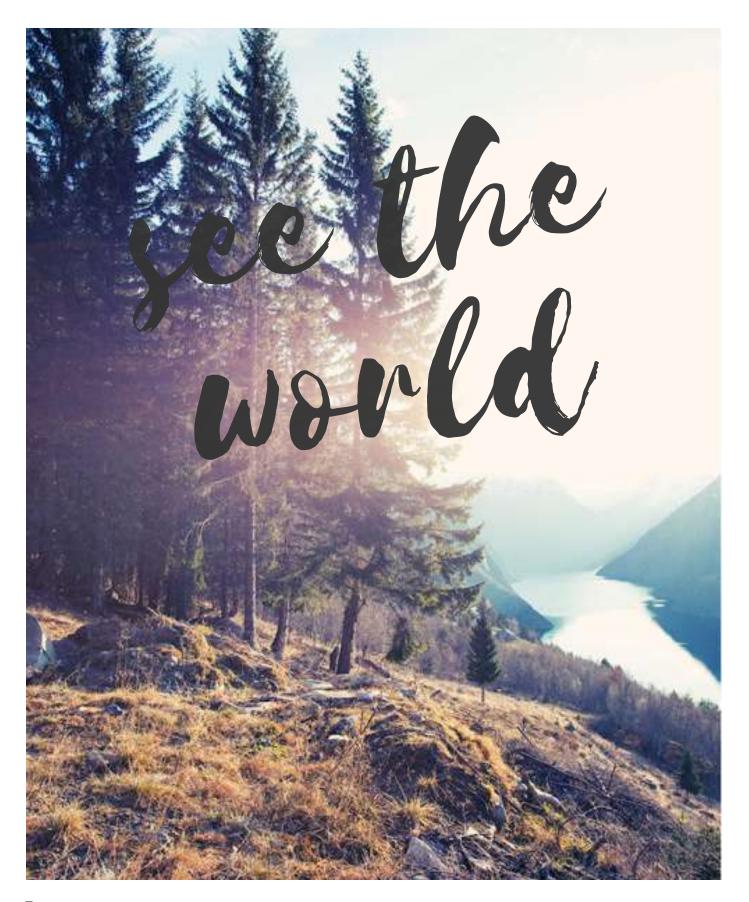
Kathmandu is situated within the Himalayan state of Nepal, making this holiday great for people who want to walk and explore, and see some truly amazing landscapes. Being the capital city of Nepal, this is a slightly more bustling holiday. This is a great holiday for those who want to experience a mix of things from a busy culture with rickshaws, to the religious architecture and tantalising treks.



### BUSY, BUSY, BUSY...

Kathmandu has many places to visit, and to fit them all in would be hard. Even a walk through the city to admire the architecture is a way of grasping the buzzing culture. However, there are many buildings, especially religiously orientated that are simply beautiful, like the 'Kopan Monastery'. You can visit this monastery as part of a private tour of all the Buddhist temples in Kathmandu, for £46. Kathmandu also offers a range of hiking tours, including Everest, for those who love to trek, at varying prices. Accommodation is rather cheap throughout the city, starting at just £10 a night for a double room. Most hotels match the uniue culture of Nepal, and most offer breakfast, whilst you stay. Flights are the only 'eee' thing about Kathmandu; if you are prepared and good at delving through the internet, you can find return flights for £375, but can easily reach up to £800, with stops...

Despite this, due to the amazing culture and landscapes; Kathmandu is not one to miss...



These beautiful Canadian mountains have a serene river running through them, another place that isn't explored as much but yet still so beautiful. Look out for places on your holiday of interest which may not typically b tourist spots.



### HOLIDAY PLAYLIST PERFECTING THAT PLAYLIST

Going on holiday is one of the most exciting things going. Nothing beats that pre-holiday excitement of getting new clothes for your holiday, whether that's warm clothing to block out sub-zero temperatures or pretty dresses for beach days, and then gathering it all together before desperately trying to fit it all in to your suitcase. Then there's traveling to the airport, going through customs and actually flying out to your destination, where you then collect your luggage and go off to your accommodation.

Now for this long journey you need something to fill your time, and occupy your mind. This is where music comes in. We all have different tastes therefore we must create a travelling playlist of our favourite songs, to make our journey to our holiday and back the best it could be.

The main app I would recommend for this would be Spotify. However, to create and download a playlist you'll need their premium subscription. This will then allow you to create a playlist with as many songs as you want and then download it to stream offline. Great travelling classics are 'Mr Brightside' by The Killers, 'I'm gonna be (500 miles)' by The Proclaimers and 'The Greatest Day' by Take That.

Having music is so important because it helps you to feel happy and inspired, exactly how you should be feeling when on holiday!



### Top 10 Places to go in London

SO I AM NO EXPERT WITH ALL THINGS LONDON, BUT I HAVE BEEN THERE MANY A TIMES; EACH TIME TRYING TO VISIT SOMETHING DIFFERENT, WHILST STILL NOT SPENDING MUCH MONEY.

LONDON IS KNOWN FOR ITS AMAZING LANDMARKS AND SKYSCRAPERS, WHICH TOURISTS USUALLY FLOCK TO IMMEDIATELY, THEN MAYBE DO A BIT OF SHOPPING IN OXFORD STREET BEFORE FINISHING THEIR HOLIDAY. BUT LESSER MUCH, TOURISTS DONT GO TO THE PLACES THAT ARE 'RARE GEMS'. ALSO DEPENDING ON YOUR BUDGET FOR YOUR TRIP, CHANGES WHAT YOU ARE ABLE TO DO. YOU MAY WANT TO VISIT SOME PLACES THAT ARE FUN BUT ALSO FREE, TO SAVE MONEY. HERE ARE MY TOP TEN PLACES TO VISIT IN LONDON, RANGING FROM FREE FUN TO SLIGHTLY PRICEY PLACES.

#### NUMBER ONE: NEAL'S YARD

THIS SMALL QUIRKY YARD IS SITUATED IN CONVENT GARDEN, AND IS ALSO A SHORT WALK FROM COVENT GARDEN TUBE STATION. THIS SMALL YARD, CONTAINS A 'NEAL'S YARD REMEDIES' AND SOME SMALL QUAINT CAFES. THIS LITTLE YARD IS DEFINITELY ONE TO VISIT IF YOU ARE SHOPPING IN COVENT GARDEN. MANY TOURISTS SNAP SOME VIBRANT PHOTOS, WITH THE USE OF THE MULTI-COLOURED BUILDINGS.

NUMBER TWO: GOD'S OWN JUNKYARD LABELLED AS 'A WONDERLAND OF CREATIVITY' IN THIS AMAZING NEON LIGHT EXHIBIT CHRIS BRACEY, THE OWNER, HAS



BEEN COLLECTING NEON LIGHTS FOR DECADES. HIS 'JUNKYARD' HAS BEEN FEATURE IN VOGUE AND IS DEFINITELY ONE TO EXPLORE AND TAKE SOME WACKY PHOTOS.

#### NUMBER THREE: CYBERDOG

SITUATED IN CAMDEN TOWN, THIS SHOPS IS FULL OF WEIRD CYBER AND ALIEN RELATED THINGS. THEIR DYSTOPIAN STYLE PRODUCTS AND CLOTHES ARE FASCINATING TO HAVE A LOOK AT AS WELL AS THEIR LIVE DJ, LIGHT DISPLAYS AND RATHER ODD SEX SHOP. IF YOU ARE WANTING AN EXPERIENCE AS WELL AS SHOP, THIS IS DEFINITELY THE PLACE TO GO.

NUMBER FOUR: HOUSE OF MINALIMA MINALIMA ARE THE GRAPHIC DESIGNERS OF EVERYTHING IN THE HARRY POTTER AND FANTASIC BEAST FILMS, FROM SWEET WRAPPERS TO PROPAGANDA POSTERS. GO AND EXPLORE THEIR CREATIONS, INCLUDING SOME ORIGINALS, IN A FREE TOUR.

NUMBER 5: CEREAL KILLER CAFE THIS CAFE FEATURES OVER 120 DIFFERENT CEREALS AS WELL AS TOPPINGS AND DIFFERENT MILK VARIETIES, FOR YOU TO GO AND ENJOY. ENJOY YOUR FAVOURITE CEREALS ANYTIME OF THE DAY, AT ONE OF THEIR LONDON CAFES.

NUMBER 6: CAMDEN SHOPPING IF YOU ARE PLANNING ON VISITING CYBERDOG, THEN YOU WOULD BE STUPID TO NOT DO THIS AT THE SAME TIME, AS THEY ARE IN THE SAME PLACE. CAMDEN IS HOME TO MANY AMAZING SHOPS AND STALLS, INCLUDING MANY VINTAGE SHOPS AND SHOPS THAT SELL FAKE DESIGNER PRODUCTS! PERFECT FOR GETTING THAT GUCCI BAG YOU ALWAYS LIKED BUT COULD NEVER AFFORD.



NUMBER 9: OXFORD STREET SHOPPING DAY NOW, YES, THIS MAY SEEM A TYPICAL TOURIST THING, BUT IT IS IMMENSELY FUN AND THERE ARE CERTAIN SHOPS YOU SHOULDN'T MISS, LIKE; THE MASSIVE PRIMARK, WHICH HAS A HARRY POTTER T-SHIRT PRINITING SHOP, OR THE TOPSHOP, WHICH HAS RACKS UPON RACKS OF VINTAGE CLOTHES AND JEWELLERY.

#### NUMBER 10: COCO DE MER & MONMOUTH COFFEE

NUMBER 7: BALLIE BALLERSON

WANT TO HAVE A BIT OF FUN ON A NIGHT OUT WHILST DRINKING? THEN THIS IS JUST THE PLACE. THIS BALL PIT THEMED BAR ALLOWS YOU TO MESS AROUND WHILST HAVE A RETRO

SWEETIE COCKTAIL. AND FOR THOSE WHO WANT TO BOOK A TABLE THERE IS EVEN A GOLDEN BALL PIT, IN THIS SHOREDITCH BAR.

NUMBER 8: SHRI SWAMINARAYAN MANDIR

HAS BEEN DESCRIBED AS BRITAIN'S FIRST

AUTHENTIC HINDU TEMPLE. A SIMPLY BEAUTIFUL VISITED, WHERE THE GUIDED

IN NEASDEN. IS BUILT ENTIRELY

TOURS ARE A MUST.

THIS BEAUTIFUL HINDU TEMPLE HIDDEN AWAY

OFTRADITIONAL METHODS AND MATERIAL. AND

COCO DE MER IS AN EROTIC UNDERWEAR AND ADULT PRODUCT SHOP, FEATURE SEXUAL PRODUCTS FROM OVER A CENTURY AGO! THIS TRULY FASCINATING SHOP, IS ONE OF PURE ELEGANCE AND GREAT JUST TO WONDER AROUND TO LEARN MORE ABOUT HOW SEX HAS BEEN EMBRACED AND DEVELOPED THROUGHOUT THE YEARS. THEIR ACTUAL PRODUCTS ARE ON THE PRICEY SIDE... SO AFTER THIS, HEAD TO MONMOUTH COFFEE NEXT DOOR, TO HAVE ONE OF THE BEST COFFEES IN LONDON. EVERYONE WANTS TO LIVE ON TOP OF THE MOUNTAIN BUT ALL THE HAPPINESS AND GROWTH OCCURS WHILE YOU'RE CLIMBING IT.

ANDY ROONEY

# LES HOUCHES, FRANCE

#### A SKIING/SNOWBOARDING HOLIDAY.

If warm weather isn't your scene or you're much more of an activities person, then Les Houches ski resort in France is probably the place for you. Only an hour drive from Geneva airport, this resort is cheap and easily accessible. With beautiful views of Mount Blanc Valley, this is the perfect place to leisurely ski or snowboard, but if you are craving black slops, you can head to Chamonix's ski fields only 6km away.



### SNOW SNOW SNOW

If you are looking for a place to see snow, go skiing or snowboarding for cheap, then Les Hauches is the right place. With the average lift pass being £35 a day or £180 for a 6 day pass, it is reasonably priced. Les Hauches bars also have happy hours between 5pm-7pm at the bottom of the slopes. With really cheap return flights, £61, to Geneva, you have plenty enough money for your lift passes or even a taxi to and from the airport. As for accommodation, mostly there are chalets from £29 a night, sill keeping well within a cheap budget. There are also lots of local restaurants and shops to get food from depending on what you want. This is a great place to go to with a group of friends as you can hire out a chalet together and even cook for yourself and split the cost. This would be a beautiful fun filled holiday so don't forget to snap snow pics.



### ALGARVE, PORTUGAL

#### A VILLA HOLIDAY.

As nice as it is to sometimes go trekking, or site seeing or have activities 24/7, it is also nice to sometimes just relax and chill in a completely different country. Algarve is just the place for this, the villa filled tourist town is very popular for beach holidays at a cheap price.



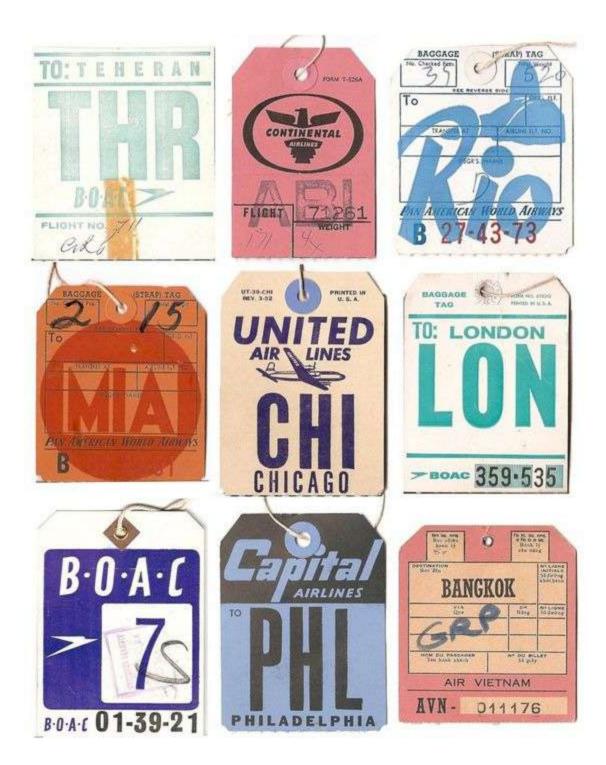
### FEELING HOT HOT HOT

Alrgarve in Portugal is one of the cheapest places to go on holiday if you are wanting to have a beach holiday and stay in your own villa for a week. Via Villa Plus, a weeks stay in a villa including flights starts aroung £300 per person. And for that small amount suddenly your travel and accomadtion is sorted, all you then need is spending money, food and maybe money for things to do. You won't need to worry about travel to the beach because most villas a short walk to the beach. This is the perfect place to go if you are going away with a large group of people as villas can accomadate up to 15 people. if you are looking for things to do other than laze on the beach all day then you can explore the local town, go on a local cave tour for £27, visit the local water parks or even go on a kayak tour for £27. As well as this there are also jiking tours, historical places to visit, and even whale and dolphin watching trips, all at little expense. There are also local shops for food.

### WHOWHAT WEAR

#### Your Complete Packing List

clothing		toiletries		
	Outfits		Deodorant	
	Pj's		Makeup + Remover	
	Bras		Hairbrush + Hair Accessories	
	Underwear		Hair Products	
	Socks		Face Wash	
			Toothbrush + Toothpaste	
general accessories			Floss	
91305 81305			Lotion (Face + Body)	
	Sunglasses		Glasses/Contacts	
	Jewelry		Perfume (Mini Recommended)	
	Clutch		Nail File	
	Purse			
	Belt	tech		
	Shoes (Dressy/Comfortable/Casual)			
			Headphones	
optional			Charger	
	Tights		International Adapter	
	Mittens	mic	miscellaneous	
	Hat	miscentaneous		
	Scarf		Prescriptions	
	Bathing Suit		ID/Passport	
	Beach Bag		Hand Sanitizer	
	Sunscreen		Tide Pen	
	Workout Clothes		Sewing Kit	
			Fashion Tape	





### LA TOMATINA

La Tomatina is a food fight festival held on the last Wednesday, of every August, in the town of Brunol, near to Valencia in Spain. The festival is know to be 'the world's biggest food fight', where thousands of people enjoy throwing over ripe tomatoes, through the streets and at each other.

This beautiful festival with a deep meaning, has been featured in the opening scenes of James Bond's Spectre..

#### DIA DE MEURTOS (DAY OF THE DEAD)

The Day Of The Dead is a day celebrated in Mexico, where they prepare food and drinks to celebrate those who have departed. The festival starts on Halloween and ends on the 2nd of November. Living alongside death means that Mexicans have learnt to accept it within their lives. This colourful festival includes parades.

### **This is Halloween, This is Halloween. Halloween! Halloween! Halloween! Halloween!**

#### **Top things to do on Halloween**



Tully's Farm Situated in Sussex, this attraction site yearly hosts Shocktober fest, which is fright nights throughout October, where the farm opens up various haunted buildings...

Escape Rooms Across the UK, there are various escape rooms of differing themes. You have a set time limit to try and escape the room. These are fun for groups of friends, and aren't that expensive to take part in...





#### Halloween Clubbing

This is a great one for those who love a good drink, a bit of dancing and a fun night out.. Dress up and head to your local club that is doing a Halloween night.

### "OH DARLING, LET'S BE ADVENTURERS"



Inspiration

#### SPRING

#### DO SOMETHING TODAY THAT YOUR FUTURE SELF WILL THANK YOU FOR.

Our actions and decisions today will shape the way we will be living in the future.

#### SUMMER



#### MAKE YOUR LIFE A MASTERPIECE; IMAGINE NO LIMITATIONS ON WHAT YOU CAN BE, HAVE OR DO.

We are who we are for reason, we should never forget that.

#### AUTUMN



#### THE MOST POWERFUL WEAPON ON THIS EARTH IS THE HUMAN SOUL ON FIRE.

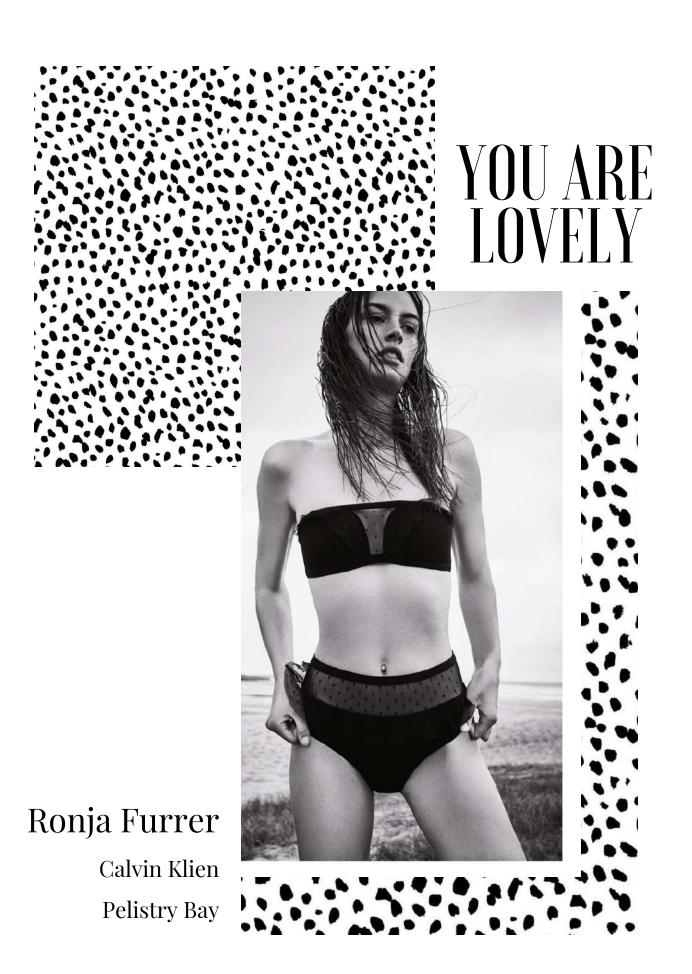
Sometimes we have to be a little crazy to achieve the things that makes us happy.

### WINTER

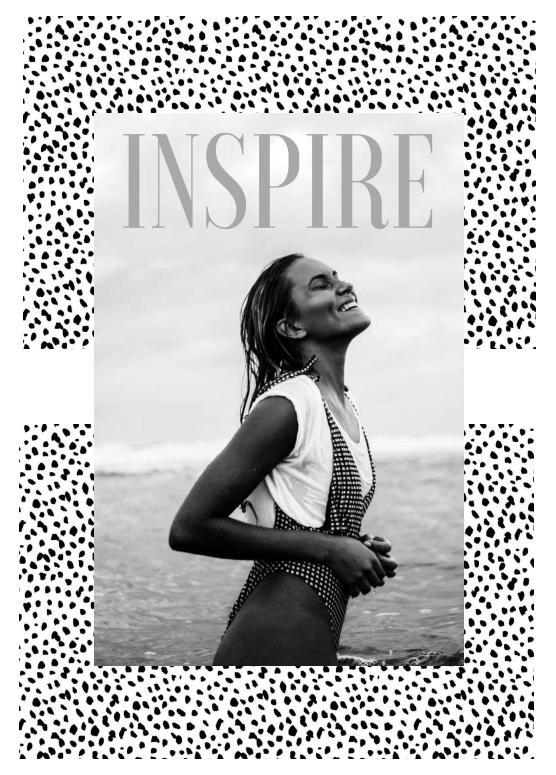


#### WINTER, I FOUND THAT THERE WAS, WITHIN ME, AN INVINCIBLE SUMMER.

Just because the weather changes doesn't mean you have to.



#### Nina Agdal



Billabong



No of the second

CARPON O













# ABOUT



## TALK SEX\*



## \* BA











# NK













## H&M

# XNICKI MINAJ



A project by Cyann Fielding 2018

Illunitate