COFFEE HOUSE WRITERS (http://coffeehousewriters.com)



RECENTLY PUBLISHED New Year's Changes As We Age (http://coffeehousewriters.com/new-years-changes-as-w

CULTURE (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/CULTURE/) FAMILY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/FAMILY/)
MEMORIES (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MEMORIES/) RELATIONSHIPS (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/RELATIONSHIPS/)
TECHNOLOGY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/TECHNOLOGY/)

Home (http://coffeehousewriters.com/) > Culture (http://coffeehousewriters.com/category/culture/) > New Year, New Discoveries

NEW YEAR, NEW DISCOVERIES

BY LISA MILDON (HTTP://COFFEEHOUSEWRITERS.COM/AUTHOR/LISA-MILDON/) / $oldsymbol{O}$ JANUARY 7, 2019 / $oldsymbol{O}$ 17 / $igcar{O}$ 0

SHARE:



As you may recall in my last article, I wrote about sending off my DNA sample to Ancestry.com. With much anticipation, my results arrived about 6 weeks later. To be honest, I didn't know what to expect. For years, I guessed, fantasized, dreamed of the possibilities, but never could I have guessed the results. Being adopted, I was used to creating my own background or at least assuming my adoptive family's ancestry. Perhaps it was this constant guessing that caused me to become so interested in genetics. I wanted to unlock why I looked the way I do and reveal secrets to my own past.

When I received the text from Ancestry.com, my heart skipped a beat. My breathing quickened rapidly. This was it! I was excited, but also terrified by what the results may reveal. What if it showed my birth parents? How would I react to that? What if it showed no relatives? Would I feel more alone than I do now? I quickly sat down to my computer to view the results on a larger screen. I suppose I thought it would help me absorb this newfound info easier if I could view it all in big screen splendor.

I nervously logged into the site and was welcomed by so much information. First, I was presented with my DNA story. Since I was young, maybe 5 or 6 years old, I have had an obsession with anything British. It was about the United Kingdom, I had to know everything. Well, apparently my obsession was rooted in my DNA. According to my DNA ethnicity estimate, 57% of my heritage is from England, Wales, and northwestern Europe. Another 28% from Ireland and Scotland. I had to smile seeing these results positing that perhaps my obsession was in my genes after all.

While these results seemed obvious, some of the other results or lack of really surprised me. Being a native of Oklahoma and it being home of the red man (that's a loose interpretation of the word Oklahoma), in other words, Native Americans are deeply rooted into the fabric of my home state, I assumed there would be at least a few drops of Native American DNA in my veins. Shockingly, not a single percentage. So, while I had many answers, I had a few disappointments.

My other ethnicity percentages are 8% Germanic Europe, 4% France, and 3% Sweden. Looks like I'm about as white bread as you can get. (LOL) I spent years assuming because of my dark brown hair that I either had some Native blood in my background or at least some Italian as my hometown has a large Italian settlement. At least I know where to start researching.

Another fun part of the results is some of the DNA traits. While this part of the report is in its infancy, Ancestry gives you a few tidbits to look at. Traits like hair color, eye color, etc. There were a few odd ones like earwax type and earlobe type. A bit weird, but interesting all the same for this genetics nerd. Even more fascinating is that you can compare your traits to those in your family tree.

So, you may wonder, did the report show family? It did indeed, but not what you'd expect. The closest relative in my DNA matches is first cousins. While helpful to a degree, these results have given me so many more questions. Ancestry gives everyone the choice of being private or sharing your info. So, the real detective work begins now. I can explore, within reason, my newfound relatives' family trees. As I still don't know for certain my birth parents' names, I'll have to do considerable digging. Ancestry also allows you to contact those relatives (if they allow) within their website. My next big decision will be whether to face those fears and contact them. So, stay tuned. In the next part, I'll discuss the adventures of researching my tree.

II Post Views: 3

 TAGS
 ADOPTED (HTTP://COFFEEHOUSEWRITERS.COM/TAG/ADOPTED/)

 ANCESTRY.COM (HTTP://COFFEEHOUSEWRITERS.COM/TAG/ANCESTRY-COM/)
 DNA (HTTP://COFFEEHOUSEWRITERS.COM/TAG/DNA/)

 FAMILY (HTTP://COFFEEHOUSEWRITERS.COM/TAG/FAMILY/)
 FAMILY TREE (HTTP://COFFEEHOUSEWRITERS.COM/TAG/FAMILY-TREE/)

 GENETICS (HTTP://COFFEEHOUSEWRITERS.COM/TAG/GENETICS/)
 EMILY TREE (HTTP://COFFEEHOUSEWRITERS.COM/TAG/FAMILY-TREE/)

Previous Article

An Account Of A NaNoWriMo Failure (http://coffeehousewriters.com/nanowrim o-failure/) Next Article 🗕 🔶

Top 10 Most Anticipated T.V. Shows Of ... (http://coffeehousewriters.com/top-10-tvshows-2019/)

	I						
0	f	y	G+	Ø	£	in	
SHARES	(http://www.lfatpeblookittom.ogshowshasegpogle.con/http://www.lsttpn/blowpolinkodirs.com/sh u=http%3A%21F%21F%BlockBlockBlockBlockBlockBlockBlockBlock						
	year-	year-	year-		year-	year-	
	new-	new-	new-		new-	new-	
(http://www.lisamildon.o	discoveri com) ♥ (//w	es% i& ©veri ww.twitter.c	es% BE&text com/lcaffien	es‰oon‰20Y ^{d)} Lisa Mi	′eard‰20₩ew ildon	es aldr iskonie s	1969)F)
G+ (//plus.google.com/http in (//www.tinkedffP;coff9/fff/	s:u/2/+LisaMil ฟิษุษุรุศรษณ์สุดธุร	don) f (// բթյու/a թ եիջ	/www.facebo Klisa.piilder	ook.com/ht (http:// st.com/caf	tos:lisa.k.mi / Coffeeho feina) sa- mildon	ldon) USEwriter s	s.com/au
Ø (∕/www.instagram.com/l	isa_mildon)	T (//Imildor	n.tumblr.con				
					0	eek girl who lo	
magic that words and stories bring. I'm an experienced technical writer and IT professional that							
is finally r	eaching for the	e stars by ge	etting my cre	eative writir	ng degree. I'v	ve been an av	id reader

1

is finally reaching for the stars by getting my creative writing degree. I've been an avid reader since an early age. I love to play PC games and obsessed with traveling. My husband and I have two adorable rat terriers and 2 kitties (all rescues).

LEAVE A REPLY

Message		
Name*	Email*	Website
SEND		

RELATED ARTICLES MORE FROM AUTHOR

 CULTURE (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/CULTURE/)
 ENVIRONMENT (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/ENVIRONMENT/)

 FAMILY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/FAMILY/)
 HEALTH (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/HEALTHWELLNESS/)

 HOME (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/HOME/)
 MEMORIES (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MEMORIES/)

 RELATIONSHIPS (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/RELATIONSHIPS)
 MEMORIES (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MEMORIES/)

A Letter To Myself (http://coffeehousewriters.com/a-letter-to-myself/)

O DECEMBER 10, 2018 / BY SARAH DOWELL (HTTP://COFFEEHOUSEWRITERS.COM/AUTHOR/SARAH-NADED/)

CREATIVITY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/CREATIVITY/)

FAMILY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/FAMILY/)

HEALTH (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/HEALTHWELLNESS/)

HOME (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/HOME/)

Yoga For Pregnancy: Mastering Tips For Every Trimester (http://coffeehousewriters.com/yogapregnancy/)

④ JANUARY 8, 2018 / BY NICOLE YINGLING (HTTP://COFFEEHOUSEWRITERS.COM/AUTHOR/NICOLE11/)

Here It Comes ... (A Poem About Anxiety) (http://coffeehousewriters.com/here-it-comes/)

④ JULY 3, 2017 / BY SYLVIA STEIN (HTTP://COFFEEHOUSEWRITERS.COM/AUTHOR/SYLVIA-STEIN/)

CULTURE (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/CULTURE/) FAMILY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/FAMILY/)
MEDIA (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MEDIA/) MEMORIES (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MEMORIES/)
UNCATEGORIZED (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/UNCATEGORIZED/)

5 Reasons You Should Give The "Roseanne" Reboot A Try... (http://coffeehousewriters.com/roseanne-reboot/)

MARCH 5, 2018 / BY SYLVIA STEIN (HTTP://COFFEEHOUSEWRITERS.COM/AUTHOR/SYLVIA-STEIN/)

 CREATIVITY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/CREATIVITY/)
 FAMILY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/FAMILY/)

 FOOD (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/FOOD/)
 HOME (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/HOME/)

 MEMORIES (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MEMORIES/)
 MUSIC (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MUSIC/)

 RELATIONSHIPS (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/RELATIONSHIPS)
 FAMILY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/MUSIC/)

7 Things I Absolutely Hate About Christmas (http://coffeehousewriters.com/7-things-iabsolutely-hate-about-christmas/)

O DECEMBER 24, 2018 / BY NOELLE HOYNE (HTTP://COFFEEHOUSEWRITERS.COM/AUTHOR/NOELLE-HOYNE/)

CREATIVITY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/CREATIVITY/)

POETRY (HTTP://COFFEEHOUSEWRITERS.COM/CATEGORY/POETRY/)

Sadness: A Poem About Grief (http://coffeehousewriters.com/sadness-a-poem-about-grief/)

O AUGUST 27, 2018 / BY SYLVIA STEIN (HTTP://COFFEEHOUSEWRITERS.COM/AUTHOR/SYLVIA-STEIN/)

LATEST REVIEWS TOP REVIEWS

TIMELINE

JANUARY 7, 2019

New Year's Changes As We Age

(http://coffeehousewriters.com/new-years-changes-as-we-age/) JANUARY 7, 2019

Hello, My Human

(http://coffeehousewriters.com/hello-my-human/) JANUARY 7, 2019

Nightmare

(http://coffeehousewriters.com/nightmare/) . JANUARY 7, 2019 0

The Ultimate Bucket List: You Time

(http://coffeehousewriters.com/bucket-list-you-time/) **JANUARY 7, 2019** ο

My 2019 #OneWord: Acceptance.

(http://coffeehousewriters.com/my-2019-oneword-acceptance/)

LATEST COMMENTS

TRACY BUSBY on JANUARY 3, 2019

TRIGGER WARNING And this is my totally unprofessional opinion. Sarah, I know ... I read the ... (http://coffeehousewriters.com/i-want-to-bereborn/#comment-3339)

VERONA JONES on DECEMBER 31, 2018

Thank you :)) I love Celtic history and I will have to read Heartfelt (your articles now. (http://coffeehousewriters.com/winter- to find an solstice/#comment-3338)

Minter Colotion



FIND US ON FACEBOOK



ABOUT US

☑ coffeehousewriters3@gmail.com (mailto:coffeehousewriters3@gmail.com)

Tunar 04

f 🎔 in 🔿 🎬

(https://www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//www.//

house- PzihLssXkBFTng)

© 🕼 🕼 🖉 🖉 🖉 🖉 🖉 🖉 🖉 🖉 🖉 🖉 🖉