



CAPITAL MANOR

Embracing a better life. Embracing life better.®

1955 Salem Dallas Highway NW, Suite 1200
Salem, OR 97304



Managed by  Life Care Services®



CAPITAL MANOR

A LIFE PLAN COMMUNITY



Your kind of
CARE.



*Embracing today —
and tomorrow.*

As a resident of Capital Manor, you'll have access to high-quality continuing care at a low, predictable monthly rate. So if your health needs change, you'll get personalized care from dedicated professionals who love what they do – and it is all right here.



Residential Care

For those who need assistance with activities of daily living, this is truly personalized care that lets you maintain independence. At our licensed Manor Care facility, you'll have the care of our nursing staff 24/7 including RNs and LPNs. We have a higher staff-to-resident ratio than the state requires and than you will typically find in Assisted Living. Our many great benefits include:

- **Private suites with private bathroom**
- **Freshly prepared three meals per day plus snacks**
- **Assistance with bathing, dressing, personal hygiene and mobility**
- **Medication management**
- **Laundry and transportation services**
- **Group and individual exercise programs**
- **Daily activities, special events, holiday and birthday celebrations**
- **Families welcome all hours**
- **Person-centered approach to care**



Memory Care

Those living with Alzheimer's or other forms of dementia enjoy a safe haven with meaningful enrichment opportunities designed to meet their needs. From music therapy, intergenerational activities and dynamic group exercise to friends and family celebrations and family support groups, every day is filled with purpose and compassionate, personalized care. In addition to Residential Care Services, Memory Care offers:

- **Private suites with private bathroom**
- **Secure environments with outdoor courtyard**
- **Whirlpool tub**
- **Dedicated, trained professionals**
- **24-hour security and emergency call system**
- **Heartfelt Connections – A Memory Care Program®**



Home Care

This is for those who need daily support and would like to receive it in the comfort of their Capital Manor residence. Choose from an à la carte menu of services provided by experienced caregivers and overseen by a Registered Nurse and our Home Care Manager.

- **Assistance in bathing, dressing, personal hygiene and mobility**
- **Medication assistance**
- **Transportation, errands and companionship**
- **Pet care**
- **Caregivers are Capital Manor employees, vetted and background checked**
- **Competitive pricing**
- **Biannual home visits to Independent Living Residents**



Support Services

We're here to support your health and wellness every day. Independent Living residents benefit from wellness checks when concerns arise. We offer ancillary services such as physical, occupational and speech therapies, a foot care nurse and a dental hygienist.

And we're here for your family, too. If health needs change, we help residents and families navigate the medical and hospital system as well as transitions in the continuum of care.

Have Questions?

We're always happy to give you the answers you need or to schedule a personal appointment and tour. Just give us a call.

503.589.3734