


LET'S CHAT

Chat GPT

Can ChatGPT help you find love? No.
Can you use ChatGPT to help you start
a conversation and guide you through the
small talk? Yes, but at a price...

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ChatGPT, the artificial intelligence (AI) chatbot designed to answer your questions and help you with tasks, is officially taking over the world! According to Sam Altman, CEO of ChatGPT's parent company OpenAI, it can significantly alter and redefine society – with, he acknowledges, the possibility of replacing some human occupations, and the risk of these models being used for large-scale disinformation and offensive cyberattacks.

“Society, I think, has a limited amount of time to figure out how to react to that, how to regulate that, how to handle it,” he says.

Despite these concerns, imagine having access to something that was created to help you write your emails and work proposals, but can also create a personal training plan for you and help you converse on dating apps? So, curious by nature, I tried it out.

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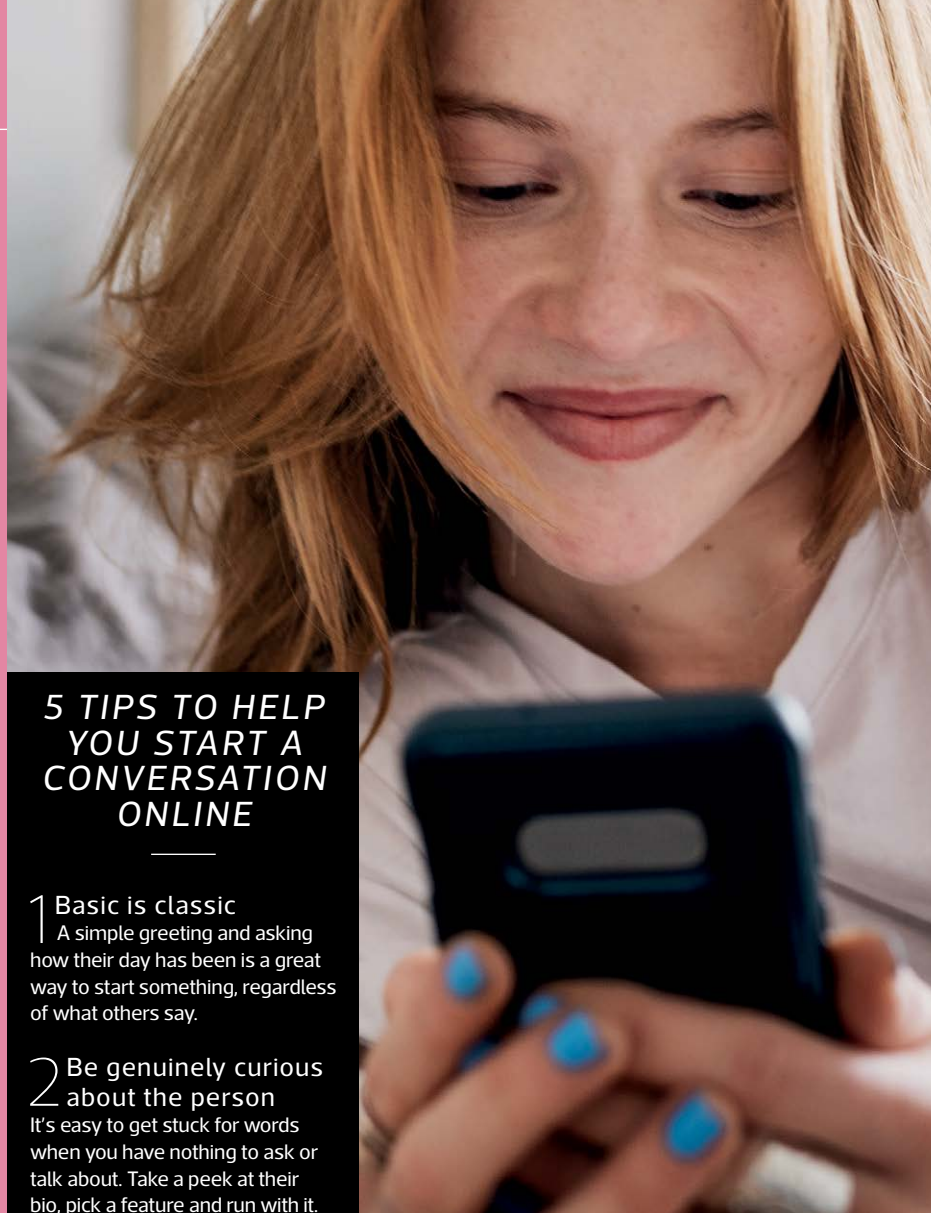
HOW IT STARTED

I wanted to see if ChatGPT could land me a date, so I hopped onto Bumble (because I'm afraid of Tinder) and started consulting my AI love guru. Surprisingly, it wasn't a complete catastrophe. It actually worked.

The AI gave me basic but fairly solid pick-up lines, responses and advice. I copied and pasted the replies of the guy I was talking to and then asked ChatGPT: "How do I respond to this?" or "How do I keep the conversation going?" And I got perfectly generated answers that I just needed to copy, paste and hit send.

Its conversational tone is semi-formal, so you might need to paraphrase or describe how you want your message to sound to the AI.

However, if I'm honest, this made things kind of boring for me. I mean, it's great to basically have a Grammarly for your conversations, but it takes away the excitement and air of authenticity – and it felt like extra admin.



5 TIPS TO HELP YOU START A CONVERSATION ONLINE

1 Basic is classic
A simple greeting and asking how their day has been is a great way to start something, regardless of what others say.

2 Be genuinely curious about the person
It's easy to get stuck for words when you have nothing to ask or talk about. Take a peek at their bio, pick a feature and run with it.

3 Conversation is a give-and-take interaction
Share something about yourself and then let them run with it.

4 Sometimes it's good to take things at face value.
If they want to talk to you after you've made your move, they will. If they don't, you'll know, so don't force it.

5 Take it easy – the ball is in your court.
Be yourself. Confidence, even through a screen, is noticeable and attractive.

One thing that the AI did really well was voicing its limitations! If your message is on the verge of being seductive, deceptive or overly emotional, it would direct its response to you, stating, "As an AI language model, I cannot encourage or provide advice on..."

It can also give you tips on how to navigate the situation yourself. "The goal is to use AI to facilitate conversation – ultimately, it's up to you to forge a connection and build a meaningful relationship with the other person." Pretty good advice, if you ask me.



that you gain from being behind a screen could vanish or translate differently in reality.

If you're someone who has social anxiety and struggles with small talk, I understand why using ChatGPT is an attractive option. It does work, at least to set you on a path of conversation, but you definitely need to be careful.

Know that your uniqueness, your weirdness, your 'you-ness', are enough and will help you attract the right person into your life. If you want to use ChatGPT to strengthen your conversational skills, by all means go for it, but don't abuse it or it could affect your real-life relationships in the long run. And don't use it to rizz people up... ChatGPT doesn't even know what that means! Stay safe and be cool. **X**

QUICK TIP

If you want a more informed response from the AI, feed it more details about your subject.
Be descriptive.

RED FLAG ALERT

That being said, there are grey areas to using ChatGPT for online dating specifically.

It felt like 'catfishing' with words. That's how good it was at speaking for me without even knowing me, which would make me question the ethics and trustworthiness of other people using AI to start relationships online.

Also, at the end of the day, this is still cyber-socialising and carries the same dangers of speaking to someone you have never met in real life. The confidence and power



How do I respond to [redacted] in a flirtatious and comforting manner?

Here is one possible flirty and comforting response:

"Aww, that's too bad you'll be stuck at work all day! But maybe we can plan something exciting for when you're free. In the meantime, I'll be thinking of you and sending you some positive vibes to help you power through your day"