

Glossy GUIDE

Your go-to for bridal beauty and body prep

Whole LATTE LOVE

Getting through wedmin without a cup of coffee is near impossible, but did you know a shot of caffeine in your beauty regime can pep up your skin and hair, too? It stimulates circulation, perks up tired skin and temporarily reduces the appearance of puffy eyes and dark circles. From fabulously scented body cream to hardworking scrubs, here's our edit of our favourite coffee-based products.



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Clockwise from top left: Orbe Gold Lust Repair & Restore Shampoo, £46. Origins GINZING Energy-Boosting Treatment Lotion Mist, £18.50. Frank Body Lip Scrub, £9. Laura Mercier Flawless Skin Repair Serum, £79. DCL C Scape High Potency Eye Treatment, £77. The Base Body Co Coffee and Peppermint Coffee Scrub, £15.99. The Inkey List Caffeine Serum, £8.99. Dr Botanicals Coffee Superfood Renewing Facial Exfoliator, £14.90. Sol de Janeiro Brazilian Bum Bum Cream, £18.