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| Learning Objective 1: Stigma Around Depression | Understand how to address and overcome patient stigma around depression |
| Learning Objective 2: Treatment Goals for MDD | Understand how to align with patients on treatment goals for depression—and perceptions of treatment adequacy—being centered on symptom resolution and rapid remission |
| Learning Objective 3: Consequences of Inadequate Treatment of MDD | Understand the consequences for patients with depression of experiencing delayed remission or remission failure |
| Learning Objective 4: Role of Neuroactive Steroids in MDD | Understand how the role of neuroactive steroids and GABAergic signaling in MDD offers a new opportunity for improved treatment |
| Learning Objective 5: Common Neurobiology Underlying MDD and PPD | Understand the similarities in the underlying neurobiology of MDD and PPD and how this presents common mechanisms to target for treatment |

Learning Module Pre & Post Testing

- Each content item (Learning Module) preceded by a pre-test and followed by a post-test to assess uptake of the Learning Objective (LO) associated with that piece
- A variety of content items for each LO will be fielded each quarter

Quarterly Surveys

Survey 1 – Fielded During Q2 23

- Demographic information
- Baseline assessment of knowledge/confidence of each LO
- Intent to make 1 or more practice change(s) associated with each LO

Survey 2 – Fielded During Q3 23

- Subjective assessment of overall quality of the intervention
 - The quality of the educational design and faculty
 - To what extent it met its learning objectives
 - Whether it was scientifically rigorous, objective, balanced, and free of commercial bias
- Reassessment of knowledge/confidence of each LO

Survey 3 – Fielded During Q4 23

- First follow-up on intent to make 1 or more practice change(s)
 - Assess whether live learners who had indicated intent to make 1 or more practice change(s), implemented their intended change(s) or still intend to implement a change
- Reassessment of knowledge/confidence of each LO

Survey 4 – Fielded During Q1 24

- Repeat subjective assessment of overall quality of the intervention
- Second follow-up on intent to make 1 or more practice change(s)
- Reassessment of knowledge/confidence of each LO

LO = Learning Objective

Q2 23

Psych/OBGYN Specialists

NPs/PAs

Baseline Assessment

Psych Survey 1

NP/PA Survey 1

Learning Modules
(Content)

Follow-up
Assessment 1

Learning
Modules

Follow-up
Assessment 2

Learning
Modules

Final Assessment

Psych Survey 2

NP/PA Survey 2

Psych Survey 3

NP/PA Survey 3

Psych Survey 4

NP/PA Survey 4

LO 1

LO 2

LO 3

LO 4

LO 5

LO 1

LO 2

LO 3

LO 4

LO 5

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Q1 24

Psych/OBGYN Specialists

NPs/PAs

| | LO 1 | LO 2 | LO 3 | LO 4 | LO 5 | | LO 1 | LO 2 | LO 3 | LO 4 | LO 5 |
|------------------------------|------|------|------|------|------|---|------|------|------|------|------|
| Report 1 (July 2023) | | | | | | <ul style="list-style-type: none"> • Demographic information • Baseline knowledge of each LO • Self-reported attitudes/confidence • Intent to make 1 or more practice change(s) • Immediate changes in knowledge of each LO from pre/post-activity testing | | | | | |
| Report 2 (Oct 2023) | | | | | | <ul style="list-style-type: none"> • Subjective assessment of overall quality of the intervention <ul style="list-style-type: none"> • The quality of the educational design and faculty • To what extent it met its learning objectives • Whether it was scientifically rigorous, objective, balanced, and free of commercial bias • Immediate changes in knowledge of each LO from pre/post-activity testing • Changes in knowledge/confidence of each LO from baseline | | | | | |
| Report 3 (Jan 2024) | | | | | | <ul style="list-style-type: none"> • Follow-up on intent to make 1 or more practice change(s) <ul style="list-style-type: none"> • Assess whether live learners who had indicated intent to make 1 or more practice change(s), implemented their intended change(s) or still intend to implement a change • Immediate changes in knowledge/confidence of each LO from pre/post-activity testing • Changes in knowledge/confidence of each LO from baseline • Individual Learner increases in knowledge/confidence of each LO – Case Study | | | | | |
| Report 4 (April 2024) | | | | | | <ul style="list-style-type: none"> • Subjective assessment of overall quality of the intervention • Follow-up on intent to make 1 or more practice change(s) • Immediate changes in knowledge/confidence of each LO from pre/post-activity testing • Changes in knowledge/confidence of each LO from baseline • Individual Learner increases in knowledge/confidence of each LO | | | | | |