### Learning Objectives

Learning Objective 1:
Stigma Around
Depression

Understand how to address and overcome patient stigma around depression

Learning Objective 2: Treatment Goals for MDD

Understand how to align with patients on treatment goals for depression—and perceptions of treatment adequacy—being centered on symptom resolution and rapid remission

Learning Objective 3: Consequences of Inadequate Treatment of MDD

Understand the consequences for patients with depression of experiencing delayed remission or remission failure

Learning Objective 4:
Role of Neuroactive
Steroids in MDD

Understand how the role of neuroactive steroids and GABAergic signaling in MDD offers a new opportunity for improved treatment

Learning Objective 5: Common Neurobiology Underlying MDD and PDD

Understand the similarities in the underlying neurobiology of MDD and PPD and how this presents common mechanisms to target for treatment

#### **Learning Module Pre & Post Testing**

- Each content item (Learning Module) preceded by a pre-test and followed by a post-test to assess uptake of the Learning Objective (LO) associated with that piece
- A variety of content items for each LO will be fielded each quarter

### **Quarterly Surveys**

# Survey 1 – Fielded During Q2 23

- Demographic information
- Baseline assessment of knowledge/confidence of each LO
- Intent to make 1 or more practice change(s) associated with each LO

# Survey 2 – Fielded During Q3 23

- Subjective assessment of overall quality of the intervention
  - The quality of the educational design and faculty
  - To what extent it met its learning objectives
  - Whether it was scientifically rigorous, objective, balanced, and free of commercial bias
- Reassessment of knowledge/ confidence of each LO

# Survey 3 – Fielded During Q4 23

- First follow-up on intent to make 1 or more practice change(s)
  - Assess whether live learners who had indicated intent to make 1 or more practice change(s), implemented their intended change(s) or still intend to implement a change
- Reassessment of knowledge/ confidence of each LO

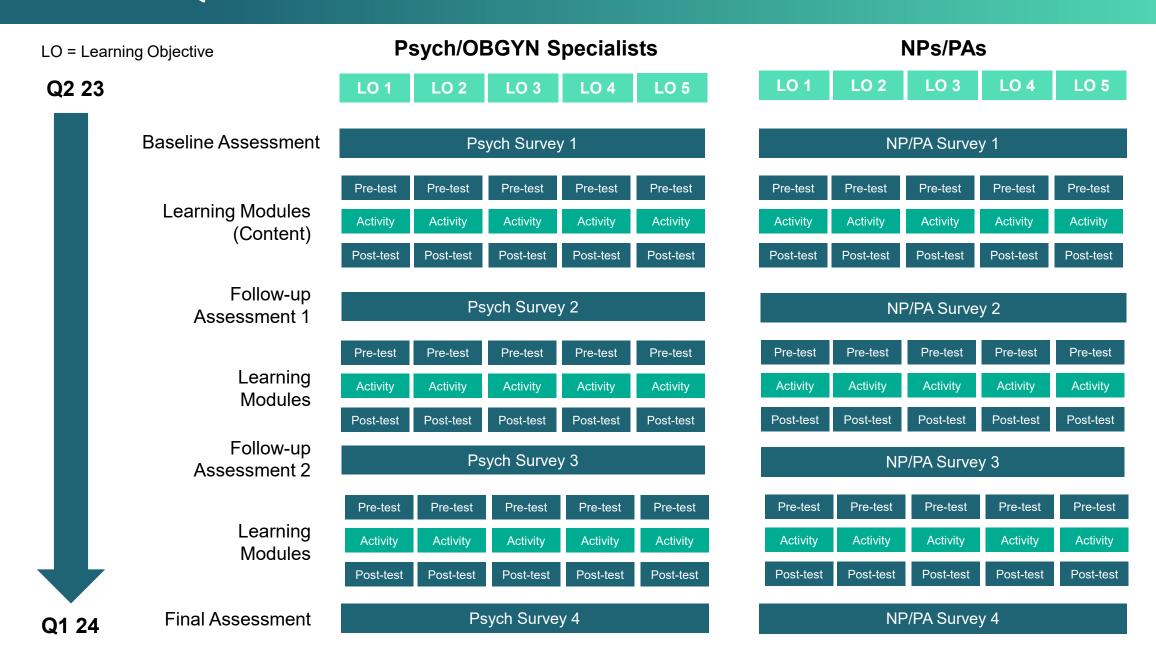
# Survey 4 – Fielded During Q1 24

- Repeat subjective assessment of overall quality of the intervention
- Second follow-up on intent to make 1 or more practice change(s)
- Reassessment of knowledge/ confidence of each LO



### Instructional Plan and Learning Outcomes Assessment

### HMP Global





### Learning Outcomes Reportable Metrics



