

GLUTEN FREE *& more*

HELLO
FEBRUARY



Celebrating Love

Ah, February—the month of love, heart-shaped everything, and sweet surprises! But who says Valentine's Day is just for couples?

Whether you're celebrating with your partner, or your besties, or indulging in a little self-love, we've got the perfect recipes to make your day extra special. Start your morning with buckwheat pancakes topped with fresh berries and a drizzle of maple syrup. For appetizers, whip up a savory treat that'll wow anyone lucky enough to share the table with you. Raise a glass to love (of all kinds) with a festive drink, and don't forget to finish with dessert—a decadent gluten-free plant-based pudding that's creamy and dreamy.

And because no celebration is complete without a touch of sweetness, we've included four creative sweet treat recipes to make your heart sing. Let's make February delicious and full of love—because you deserve it.

Xo,

Recipes For All The Sweet Love



Lemon Cookie Butter

Indulge in a little sunshine this February with this zesty lemon cookie butter! Perfectly creamy, with just the right balance of citrus and sweetness, it's a treat that feels like a hug for your taste buds. Spread it on your morning toast, swirl it into yogurt, or grab a spoon and enjoy it straight from the jar—we won't judge. It's love at first bite!

[Read more & get the recipe here](#)

Buckwheat Pancakes with Blueberry Caramel Sauce and Fresh Berries

These buckwheat pancakes, topped with a luscious blueberry caramel sauce and fresh berries, are the perfect way to kick off your morning with loved ones or with friends. It's gluten-free and packed with protein to keep you full of love all day. Whether it's a cozy weekend brunch or a midweek treat, this recipe will have you coming back for more!

[Read more & get the recipe here](#)



Snickers Martini

Raise a glass to the ones who make life sweet with a Snickers Martini—because February is all about love, friendship, and treating yourself! This indulgent drink is a decadent blend of chocolatey goodness, a hint of caramel, and just the right nutty note to channel your favorite candy bar.

Whether you're toasting with friends, and loved ones, or enjoying a little self-love moment, this cocktail is the perfect way to celebrate the sweetness in your life. Cheers to love in all its forms! ♥☐

[Read more & get the recipe here](#)



Plant Based Chocolate Pudding

Treat yourself this February with a dessert that's as wholesome as it is indulgent—Plant-Based Chocolate Pudding! With its creamy texture, rich chocolate flavor, and simple, wholesome ingredients, it's a dream come true for any chocolate lover. Perfect for a solo treat or a sweet moment shared with loved ones, this pudding is sure to impress. The best part? It's completely guilt-free, so you can savor every spoonful without hesitation. Whip up a batch today and make your February a little sweeter!

[Read more & get the recipe here](#)



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