

## THE ESSENTIAL B VITAMIN FORMULA TO SUPPORT METABOLIC HEALTH:

# LivOn Labs Lypo-Spheric® B Complex Plus

### WHY B VITAMINS MATTER

Keeping up with vitamins and supplements can feel overwhelming—sometimes it's easier to skip them altogether. But staying energized and supporting your body's essential functions is key, and that's where B vitamins come in. Since our bodies can't produce them and they're water-soluble, we need to replenish them regularly to feel our best.

### WHAT MAKES B VITAMINS ESSENTIAL?

B-complex vitamins are a group of eight essential nutrients that convert food into energy, and support metabolism and brain health. Each one plays a unique role in keeping your body running smoothly. However, many people struggle to absorb and digest traditional supplements—especially as they age. That's why choosing the right B-complex is so important. We always choose LivOn Labs.

### THE POWER OF LIVON LABS LYPO-SPHERIC® B COMPLEX PLUS

This advanced formula delivers B vitamins and essential nutrients that fuel your body, but are often under-consumed and poorly absorbed:

- **Benfotiamine (B1) & B5** — Converts food into energy.
- **Riboflavin, Niacin (B3) & B6** — Supports metabolism, heart health, hormone balance, and brain function.
- **Quatrefolic® (pre-methylated folate)** — Ideal for those with the MTHFR mutation, enabling absorption.
- **B12** — Supports nerve and blood cell health.
- **Biotin (B7)** — Supports strong hair, skin, and nails.
- **Zinc, Selenium & Chromium** — Supports immune function, normal blood sugar, and overall wellness.
- **Boron & Vanadium** — Aids in mineral absorption and metabolic balance.
- **Cinnamon Bark Extract** — Supports metabolism.
- **Phosphatidylcholine & Choline** — Enables efficient delivery and absorption and supports cell and brain health.



### KEY HEALTH BENEFITS

- ✓ **Metabolism** — Supports a balanced and efficient metabolic rate.
- ✓ **Energy Levels** — Helps sustain energy.
- ✓ **Immune Support** — Supports white blood cell production.
- ✓ **Blood Cell Health** — Supports red blood cells to carry oxygen throughout the body.
- ✓ **Circulation** — Supports better blood flow and heart health. Supports regulation of homocysteine.
- ✓ **Digestive Comfort** — Gentle on the gut.
- ✓ **Cognitive Function** — Supports brain health and mood regulation, and replenishes nutrients depleted by stress.

### WHY CHOOSE LIVON LABS LYPO-SPHERIC® B COMPLEX PLUS?

This liposomal supplement bypasses compromised absorption systems, delivering B vitamins to the bloodstream and cells. It fuels mitochondria for energy production while strengthening cells with antioxidants and phosphatidylcholine. Customers rave about energy, immunity, mental clarity, and ease of digestion compared to other supplements.

With a complete B-complex plus essential nutrients, this formula enables elite absorption and delivers lasting metabolic benefits. Try it today and feel the difference!

Learn more at [livonlabs.com](https://www.livonlabs.com). (CFM)

As always, consult a medical professional before beginning any new protocol.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.