# Memory Care Home Solutions

Kinkaid offers in-home Alzheimer's and dementia care throughout the Los Angeles area. Our team of nurses specializes in caring for the elderly and providing premium care for our clients.

## What are Alzheimer's and Dementia?

#### Dementia

**Dementia** is an umbrella term used to describe various memory-loss-related symptoms. It is *not* a specific disease. Symptoms associated with dementia include memory loss, change in thinking skills, difficulty focusing, low attention span, lack of reasoning skills, and decline in the ability to communicate.

#### Alzheimer's

**Alzheimer's** is a specific disease and is the most common form of dementia. While Alzheimer's can have numerous different symptoms, the most common is memory loss.

# Kinkaid's Memory Care Home Solutions

Your loved one will receive customized care depending on his or her situation. As no two cases of Alzheimer's or dementia are the same, we tailor our care to your specific needs. That being said, our nurses are experts in the following areas:

- **Providing Top-Notch In-Home Care:** Our nurses have decades of experience with providing the best Alzheimer's and dementia care possible from the comfort of the patient's home. Not only will your loved one's care exceed anything he or she could receive at a facility, but our in-home care will allow your loved one to remain as comfortable as possible by being able to live at home.
- **Maintaining and Improving Daily Routines:** One of the most important ways to treat Alzheimer's and dementia is to maintain a daily routine that works for the patient and his or her family. Having a daily routine will help your loved one go about his or her day with a greater sense of ease and comfort, while also allowing family to easily plan visits and organize on their end. Kinkaid's nurses are trained to focus on maintaining and improving the daily routines of our patients to ensure the highest level of care.
- Ensuring Safety and Preventing Wandering: For us, safety comes first. While Alzheimer's and dementia patients tend to wander off when not cared for properly, we ensure this never happens. Our nurses put the safety of your loved one as their top priority; we monitor our in-home patients and put measures in place to make sure they never wander off. We also help set up their home so it is free of safety hazards for those with memory-related diseases.

- **Prioritizing the Health of Your Loved One:** In addition to safety, we prioritize the health of our patients. We customize our health plans for each patient, so we find something that works for you. Our nurses are experts in coordinating the following:
  - **Effective Nutrition and Exercise Plans**: Eating healthy and exercising are important for elderly individuals with memory-related illnesses. However, what they eat and how they exercise can matter depending on each case. Our nurses are trained to provide and implement customized exercise and nutrition plans that fit your loved one's needs.
  - Administering Medication: Administering medication on time and in an effective manner is critical for any case of Alzheimer's or dementia.
  - **Increasing Mental Stimulation:** It is important for Alzheimer's and dementia patients to stimulate their minds whenever possible. Our nurses are experts in creating memory games and other related activities for our patients.
- **Prioritizing Communication:** Good communication is key for anything, especially for handling something as complicated as Alzheimer's or dementia. We prioritize communication with our patients and their families to ensure everyone is on the same page and that our patients receive everything they need in a timely and effective manner.
- **Supporting Our Patients' Families:** Few things are more difficult than having a loved one with Alzheimer's or dementia. Because of this, our nurses dedicate a portion of their care to supporting the families of our patients as much as possible. This support includes the following:
  - Providing resources for and educating family members on what to expect when caring for someone with Alzheimer's or Dementia
  - Training family members on how to manage a loved one with the disease
  - Providing coping strategies for family members throughout the caregiving process
- **Treating You With Respect:** It is common for those with Alzheimer's or dementia to behave disrespectfully or rudely toward their caregivers, despite the quality of care received. Our nurses are trained to professionally and calmly deal with these types of behaviors and will treat your loved one with respect, regardless of the circumstance.
- **Coordinating Related At-Home Services:** If necessary and/or requested by the patient or his or her family, our nurses can coordinate various services to help enhance the comfort and health of our patients. These services include at-home

doctor visits, other at-home medical services, acupuncture, private yoga instructors, and more.

### Why In-Home Memory Care?

Alzheimer's and dementia are serious conditions and caring for a loved one with these conditions can be a stressful, around-the-clock job. It's not uncommon for a fully-functioning person to become completely dependent on caregivers after developing Alzheimer's or dementia

But you don't have to go it alone. The good news is that memory care in-home services allow a person with Alzheimer's or dementia to receive the care they need without leaving home. Kinkaid's in home memory care services provide your loved one with the highest-quality care and give you the support you need, in the comfort and privacy of your or your loved one's home.

#### Who Provides Our Care?

Our care is provided by Kinkaid's team of in-home nurses with decades of experience caring for the elderly and those with Alzheimer's or dementia. Our nurses are trained to provide high-quality care in a kind and professional manner, while also ensuring excellent communication with families.

#### When is Care Provided?

We work with our patients and their families to coordinate the right care plan for each patient. This involves agreeing on the extent of our care and when nurses will be at our patients' homes. Regardless, though, our nurses are prepared to provide full 24/7 care when needed.

## In Home Memory Care in Los Angeles

#### Why Choose Kinkaid?

Kinkaid Private Nursing Care offers premium in-home services to patients looking for the best and most intensive at home memory care on the market. We only take on a few clients at a time, so we always provide specialized care to meet the needs of each client. Additionally, not only do we specialize in premium in home memory care, but we also practice proper management techniques to ensure your care is organized, efficient, and best for *you*.

Overall, we create a concierge medical experience for each of our clients. Our approach starts with building relationships with each of our clients and their families; we get to know you in the comfort and privacy of your home to understand your exact needs. We then create a personal care team for you consisting of at least a clinical nurse specialist, clinical case manager, and care coordinator. Our compassionate teams are clinician-led and available to you 24/7 to provide unparalleled service and attention to detail.

For more information, please call us at <u>866-368-7424</u> or fill out our contact form below.