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## Experienced moms share their best tips

Forget the breast vs. bottle showdown—most parents are taking the “both/and” approach to feeding their little ones these days. But even with more families using a combo of breast milk and infant formula to nourish their babies, finding clear guidance can often feel like hunting down a pacifier at 3 a.m. We asked parents who’ve mastered the mix to share their wisdom—here’s what they said.

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