

Lily Mott

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EDUCATION

- Cardiff University**, Cardiff, Wales 2023-2024
- M.A. in Digital Media & Society
 - Results: Distinction
- Washington and Lee University**, Lexington, VA 2019-2023
- B.A. in Politics and Journalism
 - Cumulative GPA: 3.837; Cum Laude
- Mansfield College, University of Oxford**, Oxford, England 2021-2022
- Visiting Student Program with coursework in Politics, Philosophy, and Economics

INTERNSHIP AND WORK EXPERIENCE

- Engagement Officer at My Life My Say**, London, England September 2024-December 2024
- Assisted in planning the Next Gen Conference, the largest youth and democracy conference in the UK
- Editorial Assistant at Emerging Voices**, London, England June 2024-December 2024
- Managing the webzine's social media content and promoting the Sumud-Uthabiti Project bringing together Gazan and Kenyan artists to create a short documentary series
- Broadcast Journalist at Bro Radio**, Barry, Wales January 2024-April 2024
- Researched, reported, and broadcasted news stories and bulletins from Barry and surrounding areas
- Editorial Intern at News Over Audio (Noa)**, Dublin, Ireland and Outer Banks, NC Summer 2021, 2022
- 2022 – Published “Series” and designed a university distribution project with the Head of Growth (in Dublin)
 - 2021 – Wrote introductions, edited audio, and prepared “Series” for publication on the app (remotely)
- Communications Intern at United Nations Foundation Girl Up**, Oxford, England Spring 2022
- Produced social media, audio, and video content to raise awareness about the initiative
- Podcast Intern at Brady Campaign to Prevent Gun Violence**, Lexington, VA Spring 2021
- Assisted in the production of the “Red, Blue, and Brady” podcast
- Press Intern at the Office of Congressman Joe Neguse (CO-02)**, Washington, DC Summer 2020
- Developed social media content and press releases and attended press events

SOCIAL IMPACT EXPERIENCE

- Aspen Institute UK Rising Leaders Fellow**, London, England Summer 2024-present
- Participating in a program designed for high-potential leaders from across the UK
- Speakers Collective Public Speaker**, London, England Summer 2024-present
- Speaking on panels and facilitating workshops about social action, youth empowerment, and social media
 - Selected to deliver a TED-Ed talk about political content moderation and young people in New York City
- #iwill Movement Ambassador**, London, England Summer 2024-present
- Representing the movement's mission to empower young people to make a positive difference in the world
- My Life My Say (MLMS) Squad Leader**, London, England Winter 2024-present
- Participating in the Squad Leadership Program and representing MLMS at speaking engagements
- Spark EU Climate Action Youth Training Program Participant**, Cardiff, Wales January 2024-March 2024
- Participated in an activist training workshop for young people from around the world
- Burish Service Leader for the Education Studies Program**, Washington and Lee University 2020-2023
- Tutored local high and elementary school students and connected W&L students with opportunities

ACTIVITIES

- “Be the change.” Media Network**, Cardiff, Wales 2020-present
- Founder and Host of Be the change. Podcast, Be the change. On Air, and Checking In with Changemakers
 - Producing 6 podcasts featuring young changemakers from around the world, engaging over 10,000 new Instagram users each month, reaching an audience in 68 countries, and garnering over 34,000 downloads
 - Awarded Best Podcast and Best Coverage of Student Led Activity by Cardiff Students’ Union
- Xpress Radio**, Cardiff University 2023-2024
- Deputy Station Manager and Head of Speech & Podcasts
 - Oversaw all speech-based shows airing on the station, trained new podcasters, and led a team of podcasters
 - Awarded Best Presenter and Outstanding Contribution to Xpress Radio by Cardiff Students’ Union
- School of Journalism, Media, and Culture**, Cardiff University 2023-2024
- Student Chair of Postgraduate Student-Staff Panel – Chaired meetings between students and staff
 - Academic Rep. of the Year Nominee – Honors students who positively impacted the university
 - Digital Media & Society Course Representative – Represented my peers at student-staff meetings
- Gair Rhydd, The Ring-tum Phi, Cardinal News, and Canyon Courier**, Wales, Virginia, and Colorado 2022-2024
- Reported on local, national, and international news for Cardiff University’s student-led newspaper, Washington and Lee’s student-led newspaper, and publications in Virginia and Colorado
- Writing Center Tutor**, Washington and Lee University 2020-2023
- Assisted students with their essays, projects, applications, and resumes (virtually while abroad)
- The Rockbridge Report**, Washington and Lee University 2019-2023
- Producer (Winter 2023), Reporter (Fall 2022), Lead Anchor (2020), Meteorologist (Fall 2019)
- ### HONORS, AWARDS, AND GRANTS
- US-UK Fulbright Postgraduate Award**, Cardiff University 2023-2024
- A full-tuition scholarship to pursue an MA awarded based on academic excellence, flexibility, and dynamism
- Vice-Chancellor’s International Scholarship**, Cardiff University 2023-2024
- A £2,000 merit award designed to recognize international students attending Cardiff University
- Johnson Scholarship**, Washington and Lee University 2019-2023
- A full-tuition merit scholarship awarded based on academic achievement and demonstrated leadership
- Certificate of International Immersion Recipient**, Washington and Lee University 2023
- Recognized nine students who showed significant commitment to global learning
- President’s List Honoree**, Washington and Lee University 2020, 2023
- Honors undergraduate students were in the top 30% of the students in their class year
- Omicron Delta Kappa Alpha Circle**, Washington and Lee University 2022
- Recognizes and encourages superior leadership and exemplary character
- Pi Sigma Alpha**, Washington and Lee University 2022
- Honors junior and senior Politics majors in the top third of their classes
- Edward Jackson Reporting Fund**, Washington and Lee University 2022
- Received \$5,500 to support my internship at News Over Audio in Dublin, Ireland
- 2021 Distinguished Amplifier**, The Conversationist 2021
- Honors an exclusive group of Gen-Zers who are using their voices for good
- Omicron Delta Kappa Rupert Latture Award**, Washington and Lee University 2021
- Recognizes a sophomore who has demonstrated outstanding leadership potential
- Phi Eta Sigma**, Washington and Lee University 2020
- A national honor society for college freshman with a class rank in the top 20%