

Lily Mott

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EDUCATION

- Cardiff University**, Cardiff, Wales 2023-2024
- M.A. in Digital Media & Society
- Washington and Lee University**, Lexington, VA 2019-2023
- B.A. in Politics and Journalism
 - Cumulative GPA: 3.837; Cum Laude
- Mansfield College, University of Oxford**, Oxford, England 2021-2022
- Visiting Student Program with coursework in Politics, Philosophy, and Economics

ACTIVITIES

- “Be the change.” Media Network**, Cardiff, Wales 2020-present
- Founder and Host of Be the change. Podcast, Be the change. On Air, and Checking In with Changemakers
 - Producing weekly podcast episodes, live radio shows, and social media posts, reels, stories, and Instagram Live shows featuring young changemakers from around the world, engaging over 9,000 new Instagram users each month, reaching an audience in 61 countries, and garnering over 28,000 podcast downloads
- Xpress Radio**, Cardiff University 2023-present
- Deputy Station Manager and Head of Speech & Podcasts
 - Overseeing all speech-based shows airing on the station, training new podcasters, leading a team of podcasters
- School of Journalism, Media, and Culture**, Cardiff University 2023-present
- Student Chair of Postgraduate Student-Staff Panel – Chairing meetings between students and staff
 - Academic Rep. of the Year Nominee – Honors students who positively impacted the university
 - Digital Media & Society Course Representative – Representing my course mates at student-staff meetings
- Society of Professional Journalists**, Washington and Lee University 2020-present
- President (2022-2023), General Member (2020-present)
- Gair Rhydd, The Ring-tum Phi, Cardinal News, and Canyon Courier**, Wales, Virginia, and Colorado 2022-2024
- Reporting on local, national, and international news for Cardiff University’s student-led newspaper, Washington and Lee’s student-led newspaper, and publications in Virginia and Colorado
- The Rockbridge Report**, Washington and Lee University 2019-2023
- Producer (Winter 2023), Reporter (Fall 2022), Lead Anchor (2020), Meteorologist (Fall 2019)
 - Produced, anchored, and reported for Rockbridge County’s only news website and broadcast

INTERNSHIP AND WORK EXPERIENCE

- Broadcast Journalist at Bro Radio**, Barry, Wales Winter 2024-present
- Researching, reporting, and broadcasting news stories and bulletins from Barry and surrounding areas
- Writing Center Tutor**, Washington and Lee University 2020-2023
- Assisted students with their essays, projects, applications, and resumes (virtually while abroad)
- Editorial Intern at News Over Audio (Noa)**, Dublin, Ireland and Outer Banks, NC Summer 2021, 2022
- 2022 – Published “Series” and designed a university distribution project with the Head of Growth (in Dublin)
 - 2021 – Wrote introductions, edited audio, and prepared “Series” for publication on the app (remotely)
- Communications Intern at United Nations Foundation Girl Up**, Oxford, England Spring 2022
- Produced social media, audio, and video content to raise awareness about the initiative
- Podcast Intern at Brady Campaign to Prevent Gun Violence**, Lexington, VA Spring 2021
- Assisted in the production of the “Red, Blue, and Brady” podcast

Press Intern at the Office of Congressman Joe Neguse (CO-02), Washington, DC Summer 2020

- Developed social media content and press releases and attended press events

HONORS, AWARDS, AND GRANTS

US-UK Fulbright Postgraduate Award, Cardiff University 2023-2024

- A full-tuition scholarship awarded based on academic excellence, flexibility, dynamism, and other qualities

Vice-Chancellor's International Scholarship, Cardiff University 2023-2024

- A £2,000 merit award designed to recognize international students attending Cardiff University

Johnson Scholarship, Washington and Lee University 2019-2023

- A full-tuition merit scholarship awarded based on academic achievement and demonstrated leadership

Certificate of International Immersion Recipient, Washington and Lee University 2023

- Recognized nine students who showed significant commitment to global learning

President's List Honoree, Washington and Lee University 2020, 2023

- Honors undergraduate students were in the top 30% of the students in their class year

Omicron Delta Kappa Alpha Circle, Washington and Lee University 2022

- Recognizes and encourages superior leadership and exemplary character

Pi Sigma Alpha, Washington and Lee University 2022

- Honors junior and senior Politics majors in the top third of their classes

Edward Jackson Reporting Fund, Washington and Lee University 2022

- Received \$5,500 to support my internship at News Over Audio in Dublin, Ireland

2021 Distinguished Amplifier, The Conversationalist 2021

- Honors an exclusive group of Gen-Zers who are using their voices for good

Omicron Delta Kappa Rupert Latture Award, Washington and Lee University 2021

- Recognizes a sophomore who has demonstrated outstanding leadership potential

Johnson Opportunity Grant, Washington and Lee University 2020

- Received \$7,000 to pursue my internship in Washington, DC

Phi Eta Sigma, Washington and Lee University 2020

- A national honor society for college freshman with a class rank in the top 20%

SOCIAL IMPACT EXPERIENCE

My Life My Say (MLMS) Squad Leader, London, England Winter 2024-present

- Participating in the Squad Leadership Program, representing MLMS on panels and other speaking engagements

Awareness 360 Fellow, Cardiff, Wales Winter 2024-present

- Undergoing 16 weeks of a rigorous Youth Development Program and 3 weeks of social action projects

Spark EU Climate Action Youth Training Program Participant, Cardiff, Wales January 2024-March 2024

- Participating in an activist training workshop for young people from around the world

Burish Service Leader for the Education Studies Program, Washington and Lee University 2020-2023

- Tutored local high and elementary school students and connected W&L students with opportunities

REFERENCES

Professor Alecia Swasy
Professor of Journalism and Mass
Communications
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