



SOPHIE RICE

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EDUCATION HISTORY

- **City of Norwich Sixth Form (September 2021– August 2023)**

A levels: English Combined (B), History (B) and Geography (B)

- **Long Stratton High School (September 2016–August 2021)**

GCSEs: 10 A*–C grades, including Maths, English Language and Literature

EMPLOYMENT

- **The Feed– Waterloo Park Pavilion cafe (September 2023– present)**

Catering Assistant

- **Tesco Harford Bridge (October 2022– September 2023)**

Personal Shopper

- **Harker House care home (November 2022– January 2023)**

Domestic Assistant

- **Netherton Steakhouse (September 2021– October 2022)**

Front of House

- **Goodies Food Hall Restaurant (May 2021– September 2021)**

Front of House

ABOUT ME

I am an aspiring journalist from Norwich. I have had experience in radio, print, podcast, social media and digital/online journalism. I am curious, driven and motivated to develop my expertise further. I pursue journalism to give a voice to those who feel silenced. I believe everyone we pass has a story to be told and we can use the media as a tool to ensure these stories can be heard.

WORK EXPERIENCE

- **Production Assistant at Future Radio–**

Role requires writing cues for interviews, booking guests and writing daily crib sheets

- **Presenter of ‘Norwich Today’ at Future Radio**
- **Social Media assistant at Future Radio**
- **Member of the Steering Group at Future Radio**
- **Writer and part of the Social Media team for ‘Outline Magazine’**
- **Presenting radio in Gran Canaria with ‘Coast FM’–**

Learnt about ‘Myriad’ and also had the opportunity to present the news, as well as a live show.

- **Journalist with Norfolk Live–**

I had multiple pieces published on their website, including police press releases, breaking news and ‘what’s on’ pieces. I also was able to visit their offices in Canary Wharf twice.

- **Journalist with Norwich Evening News and Eastern Daily Press–**

I had pieces published on both of the websites for the Norwich Evening News and Eastern Daily Press, as well as in print in the Eastern Daily Press. I also produced a TikTok for the page for the Norwich Evening News, which received over 40,000 views.

- **Writer and Editor of my sixth form’s magazine, EXiA’**

I also helped run the Instagram for ‘EXiA’. The magazine won ‘Best Magazine’ at the 2023 Shine Media awards

- **Created my own podcast for my sixth form, ‘The Lion’s Den’**

I planned, recorded, edited, published and promoted all videos. The podcast won ‘Highly Commended’ at the 2023 Shine Media awards

- **Involved with BBC Radio One’s ‘Minute of Me’ competition**

- **Had my own radio segment on BBC Radio Norfolk’s ‘The Social’, called ‘With Love’**

- **Created my own website and created pieces on local creatives, musicians and businesses–**

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REFERENCES

References are available on request