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15 Countries That Celebrate All Shapes And Sizes

These countries don't discourage gaining weight. In fact, they celebrate curvier and bigger bodies.

BY MACEE BINNS

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15 Countries That Celebrate Lots Cf Cushion For The Pushin'

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Here's a little quiz for you. What is every rapper's favorite body part? C'mon, that's an easy one. Ok, I'll give you a hint. "Oh, my, God Becky, look at her _____. It is so big, she looks like one of those rap guys' girlfriends. I mean, her _____, it's just so round, it's like... out there." Now can you guess? Yes, it's the booty! The butt is all the rage nowadays. So what is the world's obsession with backsides, anyway? It's hard to say, but Sir Mix-a-Lot really nailed it with his classic hit "Baby Got Back," because I think we can all admit that we like big butts and we can not lie these days.

More hip-hop artists have put their mind to the big butt issue than there are scientists working on curing cancer. And with modern behinds reaching colossal proportions as of late, where do these famous artists go to find inspiration for their next hit? The answer, curiously, seems to have something to do with the proximity to the equator, as hotter climates tend to have notoriously bigger backsides. We know that 2017 is the year of the rear in the U.S. but what about the rest of the world? Well, apparently booties are quite the worldwide epidemic, and in some cultures, butts are even known to be an extremely important status symbol.

Places where butts commonly reign supreme include South America, Africa, and the Caribbean, just to name a few. So to help aid you in your quest for the lands with the best derrieres, we have compiled a list of 15 countries that celebrate lots of cushion for the pushin' to make your search for the world's best booties a little bit easier. You are welcome, world!

15. Armenia



via: radaronline.com

It's no surprise that the queen of big bottoms herself, Miss [Kim Kardashian](#), is of Armenian decent. Her booty is reportedly so large that she can balance a cup on it, if the photographs in the tabloids are to be believed. Kim comes from a famously Armenian family, and it's common knowledge among Europeans that there's a whole ring of Baltic and Mediterranean countries, from Armenia through the Ukraine and back down into Greece, where women in particular often have big chests and even bigger butts. Here's what Kim has to say about her famously large derriere: "Everyone now says I have a fake butt or butt implants. I'm Armenian; you should see all the women in my family [...] That's how I was born. I can't help it. I'm not gonna fight it. I definitely need to work out more and tone up, but I'm proud of my body." Armenian women typically have no problem embracing their big behinds, as it is often celebrated in their country as a symbol of s*xuality and power. And in the case of Kim Kardashian, I think we can all agree that it is one powerful Armenian backside!

14. Colombia





via: nydailynews.com

Colombia is a country that is famous for its beautiful and shapely women. These women are not only known to have gorgeous faces and great curves, but they have amazing backsides to boot! Just take [Sofia Vergara](#) for example. This sexy Colombian actress rose to fame in the hit television show *Modern Family*, where her curvy figure helped sky rocket her to Hollywood A-list status as she played the role of the Jay Pritchett's hot new Colombian wife. As the stereotype goes, Colombians (Sofia Vergara included) have amazing butts that typically come in all skin tones and sizes. The only bad thing that can be said about Colombian booties is that there has been an influx of girls getting butt implants recently because the backside is held to such a high standards in their country. But whether these butts are fake or not, the women in this country are widely celebrated for their fabulously large bottoms! So shake what your momma or the plastic surgeon gave you, ladies, cause Colombian booties are something to write home about!

13. Brazil



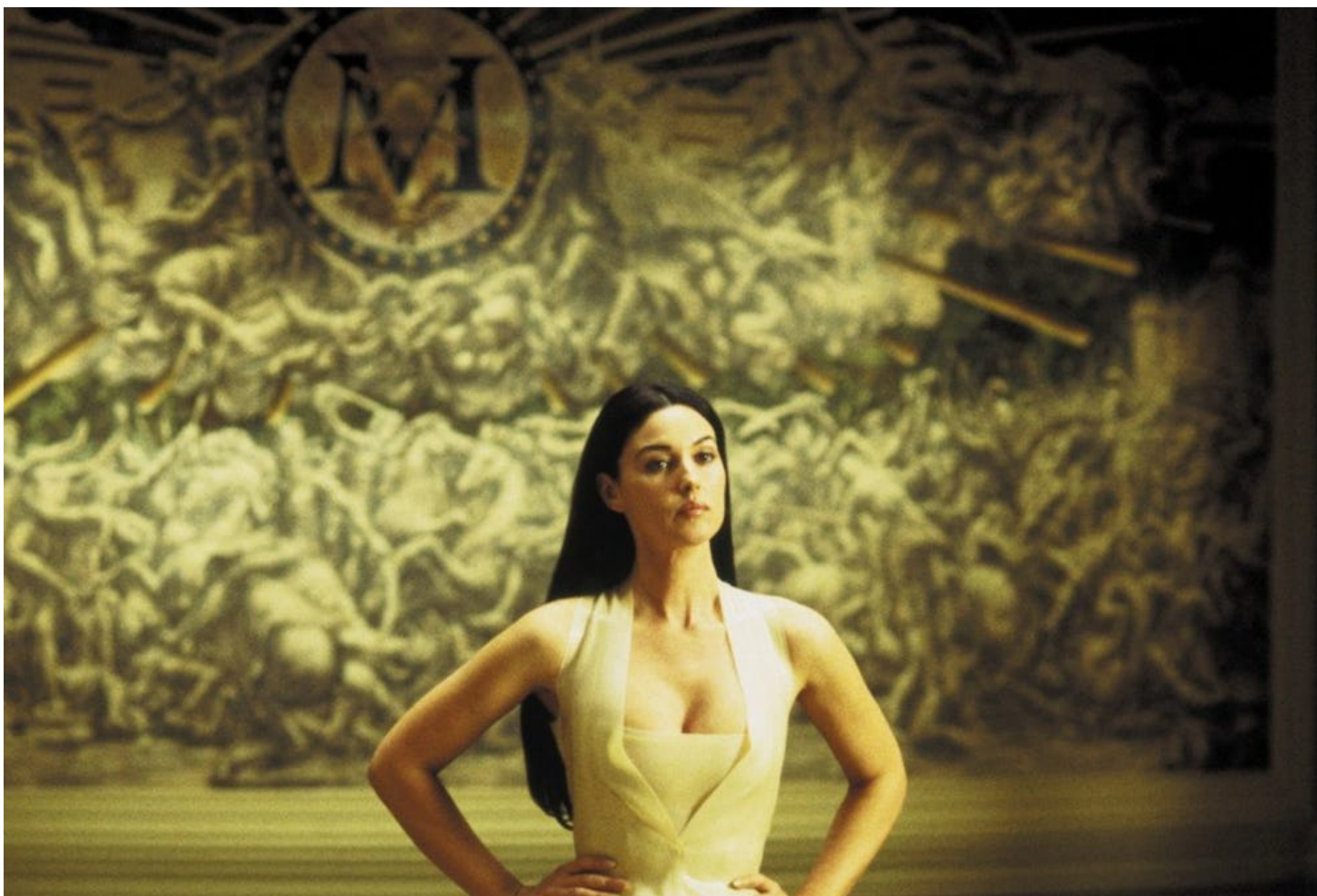


via: dailymail.co.uk

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From the steeplechase to fast walking, there were a lot of strange sports at 2016 Summer Olympics in Rio De Janeiro, Brazil, but this one takes the cake — literally. Every year in Rio, more than 100 competitors from all over Brazil show off their backsides in a competition geared toward winning the coveted title of Miss BumBum. According to the Mirror, traffic in Rio came to a stop as women from around the country paraded their butts around in bikinis as they competed for the title of Miss BumBum 2017. Judges eliminated all but 15 women, who will go on to compete in the annual competition in November. The guy behind the Miss BumBum contest is journalist Cacau Oliver. Oliver says that he invented the event to showcase the natural beauty of Brazil: “I think that is why Brazilian women look after their bodies, to show they are beautiful, they are complete with a postcard bum, so this competition is to show the strength of Brazilian women for those abroad.” Contestants have to prove that they haven’t had any plastic surgery, and the newspaper notes that some Brazilian women are so serious about their butts that they even take out insurance policies on them. Can you imagine making that phone call?

12. Italy





via: listal.com

Italy is known for its incredibly curvy, hippy, and voluptuous women with fiery passions and even fierier tempers. Maybe it's all the pasta that's making these ladies so hot! Recently, Italian women have become obsessed with the rotundity of their rear-ends and obtaining hourglass figures. Italy has even become one of the leading countries for butt augmentations, which are geared toward helping these sexy Italian ladies achieve their goal of having more cushion for the pushin'. It was recorded in 2014, that 1,552 butt augmentations were performed in the great boot of Italy, which landed them on the list of the top 10 countries with the most butt augmentations in the world. That means that about one in every 39,000 women in Italy have undergone the procedure. Obviously, like most of the countries on this list, rear augmentation is not the most common plastic surgery in Italy, but with a statistic like that, it only goes to show that Italy likes big butts and they cannot lie!

11. Iran





via: pinterest.com

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This country is known for its beautifully exotic people with olive skin tones, dark hair, and a variety of eye colors. Beauties like Nazanin Boniadi, [Nadia Bjorlin](#), and Bahar Soomekh are Iranian. The Kardashians are sometimes mistaken for Iranian, when they are actually of Armenian descent, but one can see how it's easy to mix up these two nationalities, as they are both known for their fantastically round behinds. Nonetheless, Iran is famous for its beautiful and voluptuous women, but in 2014 they also become known for their wide variety of padded booties, when Iran saw 697 butt augmentations performed amongst their local women that year. Iranians naturally tend to have hourglass figures, which some people choose to improve upon with gluteal implants. Regardless, the women of Iran are helping to bring sexy back in the media by flaunting their vivacious curves, and doing their part to make the former stick figure form of sexy go out of style. Skinny is out and curvy is in these days... or at least in Iran it is, plastic surgery and all.

10. Tahiti





via: halcyonpond.com

This tropical paradise in French Polynesia is known for celebrating yet another kind of beauty– that of the well-rounded female form. The Tahitian appreciation of ample body shape goes back to the traditional practice of ha'apori, which literally means “to fatten.” According to this ancient ritual, young women were made to put on weight so as to be presented to the chief for beauty and fertility inspection. Among the more material reasons, which have contributed to a culture of obesity in Tahiti, is a native diet that is rich in carbohydrates and high in calories. Since coconut milk is widely used in almost all of their native Tahitian recipes, their calorie intake is astonishingly high for almost every meal. You don't have to worry about what you look like in a bikini when vacationing on the paradise-like beaches of Tahiti because on this lovely island, less is definitely not more, especially when it comes to your backside.

9. Fiji



via: dailymail.co.uk

You won't find a Weight Watchers on the beautiful island of Fiji because fad dieting and being a size 2 is just simply not a concern in this tropical paradise. Sounds awesome, right? Like many other traditional cultures, in Fiji, ample body size is seen as a sign of material prosperity, as people with more resources are naturally thought to command a larger food supply, and thus they are more desirable in the social and s*xual context. Apart from this, many of the social customs of Fiji revolve around the giving of food as a sign of prosperity, which further encourage men and women to pile on the weight. Therefore, being fat is actually considered attractive in this nation, making apple bottoms and muffin tops a hot commodity that is highly sought after. So if you are worrying about your thighs rubbing together or cellulite showing on your backside in that bikini, then look no further than Fiji for your next beach vacation. That big badonkadonk will get you quite the positive attention on these beaches.

8. Tonga



via: unfpa.org

Island living doesn't sound so bad, and in the small South Pacific island of Tonga, beauty is marked by large physical size. This coupled with a reliance on fatty, nutrient-deficient imported foods and a decrease in activity has caused the nation to embrace obesity. About 100,000 of the island's 114,000 adult inhabitants are overweight. According to several studies released in 2014 by the North American Association for the Study of Obesity, Tongans are genetically predisposed to be fat. The predilection toward feminine obesity also appears to be rooted in heredity and custom. So if you are like most women, who are constantly on a diet and struggling to lose weight week after week, maybe it's time to throw in the towel and consider moving to Tonga, where big is considered beautiful! In Tonga, you can eat as much as you want and still be a hot commodity. Just a little food for thought, ladies.

7. Jamaica





via: flickr.com

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Everyone knows that Caribbean women are famous for their voluptuous rear ends, but in the islands of Jamaica, being big is actually celebrated. Despite being one of the most accessible tropical destinations, this Caribbean island still appears to be insulated from the slimming obsession that is so common in American pop culture. With nearly 65% of Jamaican females classified as obese, the ideal beach body is nearly twice its medically appropriate size. In this island nation, particular emphasis is placed on generous hips and hindquarters, a condition known as *steatopygia*. A study conducted in rural Jamaica associated thinness with sadness and heaviness with happiness and social harmony. There is also a burgeoning pill market, which caters to young women desiring to gain weight. So the heavier you are the happier you are, by Jamaica standards. We should all move to Jamaica and lounge on the beach eating junk food all day! Doesn't that sound like heaven?

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6. Kuwait





via: flickriver.com

According to the *Forbes* list of The Fattest Nations in the World, eight out of the top ten countries belong to the South Pacific, and the first country from another part of the world to figure on that list was Kuwait, where 74.2 % of the people living the country are considered overweight. Apart from a sedentary lifestyle and fatty diet, cultural preference for rounded physique may also have played a part in the high percentage of obesity across the nation. Historically, the nomadic desert people of Kuwait came to prize fatness as a sign of health and wealth. This is a trend which clearly continues to this day, to the extent that rich men still choose plus-sized wives as a living symbol of their material grandeur. You don't have to worry about being fat-shamed in this culture because having more cushion for the pushin' in Kuwait is something to be celebrated. The people of this country aren't bothered by these statistics at all, as they consider the many large booties that fill their nation a symbol of prosperity.

5. Puerto Rico





via: entertainmentaffair.com

Women all over the world are blessed with amazing shapes, and one of the features that men admire most about the female body is their butt. Baby got back? The bigger the butt the better, most men would say, and the Caribbean region is paradise when it comes to that part of the female anatomy. In a recent survey conducted in the Caribbean concerning what islands are home to women with the biggest behinds per capita, the results were somewhat shocking to most local islanders. Caribbean locals honestly expected Barbados to be the number 1 ranking big booty country on the map, but the Spanish women of Puerto Rico stole the show and out ranked Barbados 2-to-1 for the best derrieres by a landslide. Though many readers believe that a large number of Puerto Rican women are packing synthetic booties these days, Puerto Rico currently holds the crown for the best booty according to this pole. So regardless of whether it's natural or man made, Puerto Rico is the queen of backsides, in the Caribbean at least.

4. Greece



via: flickr.com

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The large buttocks has been important to the Greeks since ancient times. Erotic beauty was seen in statues focusing on the form of the female buttocks in the early days of civilization, such as depicted in the famous ancient Greek statue, Venus Kallipygos. The Hellenic body type, from this point onwards known as the "Hellenic booty," is a common sight among many Greek women, especially from a rear-end view. Today, on the beaches of Greece, tanned sexy butts are worshipped and adored across all of the islands. The apple bottom, or pear shaped body type, with its bigger than average behind has always been admired and sought after by many, dating back to ancient times. The ancient Greeks even had a name for it— *callipygian*, meaning "pertaining to or having finely developed buttocks." It appears that once again the Greeks know best, as big butts are now all the rage in our current culture, making Greece ahead of it time yet again in the development of the large posterior.

3. Mauritania



via: dailymail.co.uk

We all know that Africans are known for their amazing behinds, and Mauritania, located in West Africa, is the land of the big booties. Because of the abysmally high levels of people who routinely go without food in the country, being fat is considered a sign of prosperity. Women from the white Moor Arab population, in particular, are goaded to pile on pounds in the hope that they will be able to marry into wealthier families, since being overweight is equated with plentiful availability of food in the household and consequently a higher socio-economic status. So deeply entrenched is the connection between obesity and desirability that the country was recently in the news for having fat farms in rural areas where girls as young as seven years old are force-fed in order to put on weight. The BBC news report mentions that girls at these fat farms could end up weighing between 60 to 100 kilograms.

2. Nauru





via: loopnauru.com

Apart from being the world's smallest republic, this tiny South Pacific country has another distinction. They have the highest percentage of overweight men and women in the world. According to the Forbes list of the World's Fattest Countries, the rate of overweight people in Nauru was a whopping 94.5%. One of the causes of this can be traced to long-held cultural practices that encourage women to be fat for child-bearing purposes, while men were motivated to pile on weight as part of traditional strength competitions. A more concrete reason may be the lack of large-scale agricultural activity on the island because of phosphate deposits, which in turn has led to an absence of fruits, vegetables, and whole grains in the island's diet. Since importing fresh produce continues to be cost-prohibitive, mostly cheap and fattening foods are brought in from New Zealand and Australia, further increasing the rates of obesity. Because of this obesity rate, the women of Nauru are notoriously known for their larger-than-life butts.

1. The United States



via: nydailynews.com

Look no further than the deep American south to find some of the biggest behinds in all the lands. These are the kinds of fabulously large behinds that rap songs are written about. With cultural icon worship, you'd think America would be the absolute leader in butt implantations, but surprisingly, they weren't. The vanity Mecca of the world ranks only fourth on the list of butt augmentations, with only 11,959 butt related plastic surgeries reported in the US in 2014. Consider the celebrity icons [Kim Kardashian](#), [Nikki Minaj](#), [Beyonce](#), and [Jennifer Lopez](#) as the leaders in American butt culture. These women with their bulbous behinds are in almost every magazine, tabloid, and newspaper in the world, and Americans are continuously accosted by images of their famous backsides. So, the fact that only 1 in every 26,672 people in the U.S. has had a butt augmentation is almost... I don't know, disappointing? Maybe that's because a lot of the potential customers blew their budgets on implants and liposuction. Regardless of the reason, there's plenty of extra American cushion for the pushin', as the United States is ranked as one of the top 15 lands with above average rear-end size. To the land of the free and the home of the... booty.

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