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What is your Money Mindset?

By Bob

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Take a \$10 bill out of your wallet. When you look at that beautiful bill, do you see abundance? Or do you see "only" a \$10 bill, and find your mind circling the poverty-consciousness drain?

02.08.21 09:26 AM · 0 Comment(s)

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To a billionaire who's in the frightening process of losing all of his money, coming *down* to \$10 million feels like coming down to \$10! To the penniless entrepreneur who begins to be able to dine out instead of shopping at a dollar store, coming *up* to \$10 is a boost.

You can decide what kind of money mindset to build, with just a few steps.

Here are two powerful perspectives you need to adopt in order to create a business abundant in not just bottom-line success, but personal success.

Is Thor the Only One Who's Worthy?

If I told you that you're secretly a superhero, I doubt that you'd believe

me. And while it is easy for me to have the utmost faith in your eminent worthiness as a human being and a business owner – and your absolute ability to do anything you set your mind to – you might find that faith a bit harder to access now and again.

Most of us do! And feeling worthy can be a hard nut to crack. But it's not impossible, and you don't even have to be Thor!

Many messages of self-doubt have been hammered into our brains from many different directions: negative childhood messages, difficult work situations which have painfully impacted us, social expectations that we may not feel we've measured up to.

So, understanding first and foremost that your sense of self-worth is something you're basing on your history (and not on your true abilities) is the first step on our road to reclaiming our worth.

That mental shift alone is golden.

