

## BENEFITS OF BECOMING A HEALTH CHAMPION FOR CHANGE

When your company becomes a Health Champion, you'll benefit from a happier, healthier and more productive workforce, plus much more!



### How does my organization become a Health Champion for Change?

To qualify, your company or organization must have a minimum of 10 employees or members at a site and meet the following criteria:

1. Nutrition and Weight Management: Offer five of the 12 options such as offering healthy vending machines and a company-wide weight loss program.
2. Mental Health: Offer three of the five options such as free or low-cost behavioral counseling, seminars on stress, anxiety and mental health, access to confidential hotlines, floating holidays, and information about support groups held off-site.
3. Overall Well-Being: Offer four of the nine options, such as creating a smoke-free workplace, developing an on-site wellness program, and integrating health topics in internal communications.

### BECOME A HEALTH CHAMPION TODAY!

Have Questions? We Can Help.  
1-314-733-8000  
Monday-Friday, 8:30 a.m. to 8:00 p.m. EST

[APPLY NOW!](#)



**HEALTH CHAMPION**  
Use Health Champion signage for display at your organization.



**CHAMPION LOGO**  
Champion logos for your organization's website and internal communications.



**PRESS RELEASE**  
Get the word out about your Health Champion designation.



**RECOGNITION**  
Advertise your designation in publications and local advertisements.



**AMERICAN HEART ASSOCIATION**  
Receive recognition on the AHA website.



**SOCIAL MEDIA**  
Receive recognition through the various social media channels.