



BECOME AN ASCENSION HEALTH CHAMPION FOR CHANGE

When your company becomes a Health Champion, you'll benefit from a happier, healthier, and more productive workforce.



HOW TO GET STARTED

To qualify, you must have a minimum of 10 employees or members at a site, and meet the following criterion:

- 1 **Nutrition & Weight Management:** Offer at least 5 options (i.e. healthy vending machines, company-wide weight loss program).
- 2 **Mental Health:** Offer at least 3 options (i.e. free or low-cost behavioral counseling, off-site support group info).
- 3 **Overall Well-Being:** Offer at least 4 options (i.e. a smoke-free workplace, an onsite wellness program).

WHAT YOU'LL RECEIVE

-  **Health Champion signage for display**
-  **Exclusive logo rights for your site and socials**
-  **Customized PR materials for the media**
-  **Recognition on the American Heart Association site**

BECOME A HEALTH CHAMPION TODAY!

Have questions? We can help.

1-314-733-8000

Monday-Friday, 8:30 a.m. to 8:00 p.m. EST

[APPLY NOW](#)



Founded in 1999, Ascension Health is a faith-based healthcare organization, the largest non-profit health system in the United States and the world's largest Catholic health system.

15,506

VOLUNTEERS

51,822

VOLUNTEER HOURS

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