



**Unicyclist:**  
Getting high  
in Huntington

See Page 6



**Oil Addiction:**  
Feed it or  
cure it?

See Page 4



**Best Choices:**  
Restaurant  
reviews

See Pages 7 & 12



**Health Center:**  
Affordable  
care for all

See Page 3

**INSIDE:**

Coupons  
Calendar Section  
Business Directory

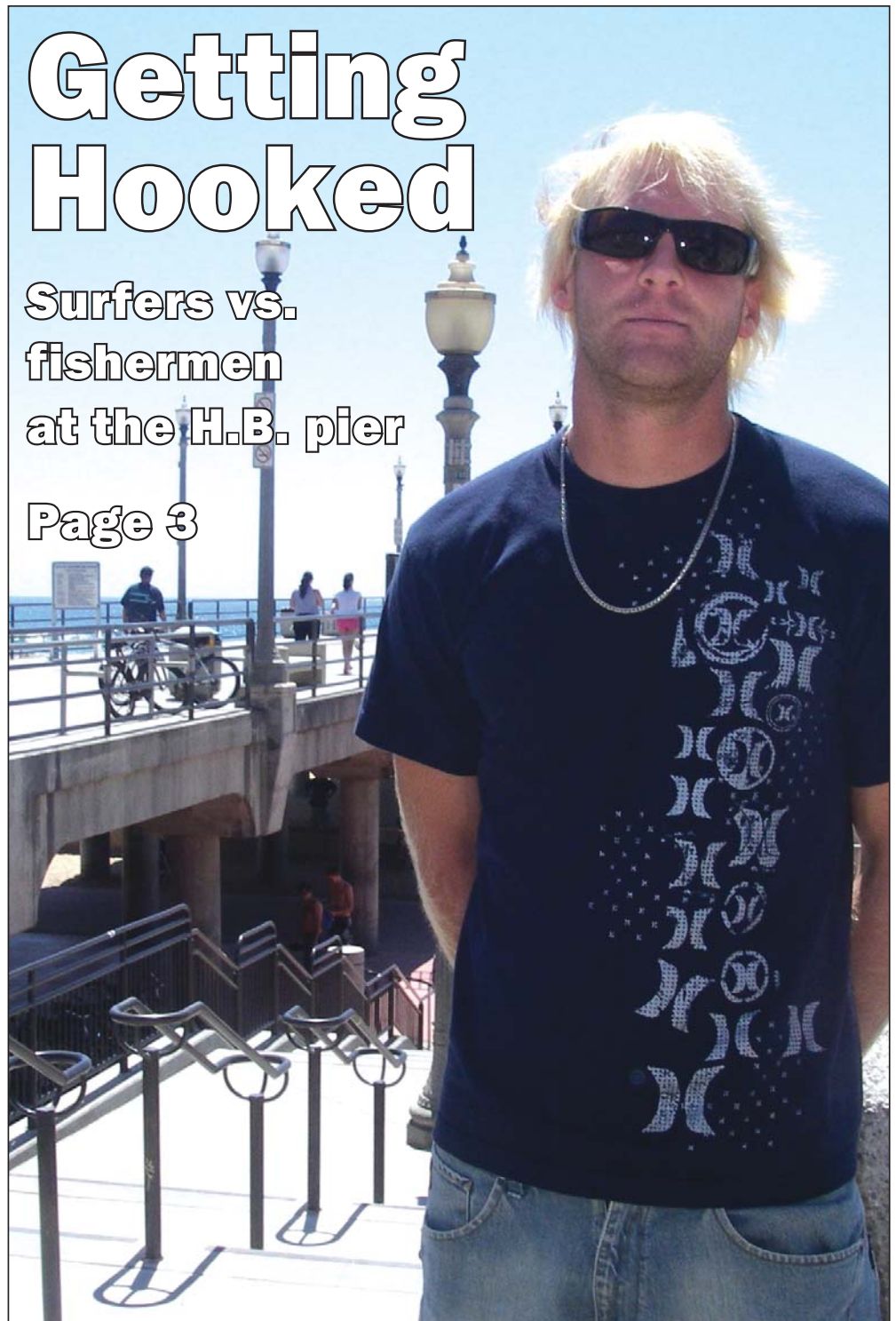
# THE ORANGE COAST VOICE

Vol. 2 No. 24 Serving Huntington Beach and surrounding communities Sept. 2008

## Getting Hooked

Surfers vs.  
fishermen  
at the H.B. pier

Page 3



H.B. SURFER STEPHEN STEMMEN / PHOTO BY LISA WELLS

# NEED A PASSPORT?



**The Huntington Beach City Clerk's Office offers Passport Acceptance Services**

conveniently located on the 2nd floor of City Hall, 2000 Main Street (corner of Main/Yorktown)

## Services Include:

- First-time passports
- Passport renewals
- Passport photo services
- Passport expediting

## Benefits Include:

- No long lines
- Multiple experienced agents
- Standard fees apply, but money stays within the City, going into general fund projects that benefit the entire community!

**Passport Acceptance Hours:**

**8:00 a.m. - 4:30 p.m.**

Monday through Friday, excluding Holidays

For recorded information call:

**(714) 374-1600**

or access the City's website at:  
**www.surfcity-hb.org**

(On the City's home page, click the "Passport Information" link under "What's New")

## NEED A LIPO SPECIALIST?



SHED THE TRED FOR SUMMER!

**LIPOSCULPTURE  
ABDOMINOPLASTY  
BREAST SURGERY**

NEWPORT BEACH  
HUNTINGTON BEACH

**HOROWITZ / NICHTER**  
PLASTIC SURGERY  
25 YEARS OF EXPERIENCE  
PACIFICCENTERFORPLASTICSURGERY.COM

**CALL TODAY! 714 . 902 . 1100**

## The Local Solution To All Your Plumbing Needs!!!

Family Owned & Operated



LIC. 894317

BOND 6075799



**714-963-0705**



PAID ADVERTISEMENT

## YOUR LIVING TRUST: *It is not Wonder Bread!*

By John M. Maag

Swimming in the huge Verdugo Plunge. Watching *The Blob* and *The Thing* at the Temple Theater. Running for fly balls on blacktop schoolyards. Glendale was a fun place to live in the 1950s.

I often find myself daydreaming about my boyhood past. It happened recently when I was shopping at Albertson's and saw a loaf of Wonder Bread. I immediately recognized the white plastic cover with red, blue and yellow spots. My mother used Wonder Bread—some 50 years ago—to make fried-egg sandwiches on Sunday mornings. Albertson's was selling the 24 ounce loaf for \$3.69 (wow, this quickly woke me up!), so I decided to go across the street to Vons. It was a good decision because I found the same Wonder Bread at a reduced price (20 cents cheaper at Vons).

On July 19, 2007, in Garden Grove, the Continuing Education of The Bar presented a lecture on *Estate Planning Scams, Botched Trusts and Other Disasters*. Being a professional trustee, trust consultant, and probate court researcher, I attended this event with great interest. Southern California—home of the aging Wonder Bread connoisseurs—is now the hotbed of costly trust problems. Family trust disputes, for example, often generate \$100,000 to \$200,000 in attorney litigation fees!

How in the world, you may be asking yourself, can trust problems, daydreaming and shopping for Wonder Bread be related? Perhaps this author watched too many horror films at the Temple Theater!

When I was at Vons and Albertson's, I was comparing the price of the same exact product (Wonder Bread). The product's color, weight and ingredients (a scary list!) were identical at each store. Therefore, buying the bread at Vons for 20 cents less was a "no brainer." Now, consider the thousands of trust bargain shoppers who—while daydreaming about all trusts being alike—purchased a trust based on price alone. **Buying trusts and groceries in the same way is the leading cause of today's trust problems!**

Every trust is a unique consumer product that has a degree of quality ranging from good to poor—depending on the skill and knowledge of the preparer. Unfortunately, the majority of boilerplate trusts are "user unfriendly" because the preparers have obtained little or no experience as trustees. Also, there are many different types of trust designs, some of which have problematic histories. It is these variables (quality and design) that make trust shopping as dangerous as diving into the new Verdugo Plunge, which is an asphalt parking lot!

If you buy a \$10,000 trust in Newport Beach, will it be better than a \$3,500 trust available in Santa Ana? The answer may be no! The design of the \$10,000 trust, for example, might be inappropriate for your assets or family situation. Also, the \$10,000 trust could require years of costly—and unexpected—postmortem (after-death) management. Wealthy trust purchasers, unlike bargain shoppers, often fall victim to their own "pay more and get more" attitudes. They incorrectly believe that the quality of a trust increases with the price. As Shakespeare wisely wrote, "All that glistens is not gold."

The "bottom line" for current and want-to-be trust holders is the same: **get real and get educated!** For starters, a few visits to the Lamoreaux Justice Center in the City of Orange could prove to be invaluable. The Probate Court Office has thousands of cases on file involving trusts problems! At no cost (your tax dollars at work), you can easily use the public computers to view—and learn from—these court cases. This type of "street-wise" knowledge will help you detect many common trust flaws and evaluate trust designs before (timing is everything!) a death or disability occurs.

Woody Allen once said, "I don't fear death. I just don't want to be there when it happens!" Despite your fears or dislikes, you must become proactive to protect your property, privacy and intentions. Otherwise, as an uninformed spouse (or heir), you can easily become the next victim of an estate planning scam, botched trust or other disaster!



Since 1981, John M. Maag has operated Estate Conservation, Inc., in Huntington Beach. The firm specializes in researching trust problems ([www.estateconservation.com](http://www.estateconservation.com)). John is also the author of *The Revealing Trust Series* and *The "Big Time Money" Mystery*. He can be contacted at (714) 847-0377 or [estcons@aol.com](mailto:estcons@aol.com).



# H.B.'s Health Center

*Offers a safety net for low-income & uninsured patients*

By **LISA WELLS**  
OC Voice Staff

**O**ver 40 million Americans are uninsured and the nation's 1,300 public hospitals cannot handle the resulting burden.

So many patients are flooding hospital emergency rooms that one in five E.R. doctors knows of a patient who died due to waiting too long for care, according to a survey conducted last year by the American College of Emergency Physicians.

The privatization of public health care by the Orange County Board of Supervisors in the 1980s means that Orange County is now one of three counties in California without a public hospital. And because 500,000 O.C. residents lack health insurance, emergency rooms often serve as their only option.

One small but vital exception to the county's lack of affordable healthcare is the non-profit Huntington Beach Community Care Health Center.

"We're the safety net," says Shirley Detloff, chair of the Center's health council. "The health care system is failing throughout the United States and people are literally dying due to a lack of access to health care."

Detloff, a former H.B. mayor, is dedicated to the Center's mission: "To lead in providing high quality, affordable, accessible health care to people in need."

The federally accredited clinic was opened 38-years-ago in response to community need by ten mental health interns who each put \$200



PHOTO BY LISA WELLS

**SAFETY NET:** Over 24,000 people are served each year by the H.B. Community Care Health Center.

down for a store front and placed an ad in the newspaper. Within a week they had a doctor.

The Center still exists and has grown into a complete health care facility due to the overwhelming efforts of volunteers and great community support, says Detloff.

Over 14,000 people receive care at the H.B. facility alone and a total of 24,000 patients are served under its six-clinic umbrella, which includes

a pediatric clinic with a comprehensive prenatal program, two women's health clinics, a general practice clinic as well as a dental care center. Mental health services are also offered.

"If we were to go away tomorrow the system would flood," says Jacqueline Ritacco, vice president of Orange County Operations for AltaMed Health Services Corporation, the Center's newly-merged partner and the state's largest nonprofit com-

munity medicine corporation.

The main clinic in Huntington Beach is due for an expansion, but even if it increased its current capacity by 240 percent it would still reach only half of the county's medically underserved population, says Ritacco.

Ritacco says that the merger will bring better health care for patients, but adds that, "At the end of the day, merger or no merger it's the same work... We're trying to build a business on people who can't pay us. Anyway you look at it, it's just plain hard work."

The Center keeps fees as low as possible and seeks every possible funding source in order to complete its mission. "We try to [elgibilize (sic) patients for whatever [outside funding] source they may be qualified for and we have sliding-scales fees based on income and family size," says Ritacco.

But 20 percent of its patients cannot pay anything. Out of a \$10 million dollar budget, only \$200,000 was collected from patients last year for services rendered. Funding comes mostly from Medi-Cal and grants. Corporate, government and private funds are also essential, but funds are always short in the face of growing need and a failing healthcare system.

One popular fundraising event is the annual Duck-A-Thon. Huntington Beach resident Donna Cross founded the event 17-years-ago and this year 4,000 rubber ducks, which went for \$20 apiece, were set afloat around the H.B. pier during

See **HEALTH CENTER**, Page 6

419 Main St., #209  
Huntington Beach, CA  
92648

(714) **656-3607**

admin@ocvoice.com

**Publisher**

Duane J. Roberts

**Editor**

John Earl

**Staff Writers**

Sara Ellis

Lisa Wells

David L. M. Preston

Scot Sink

**Columnists**

Serge Dedina

Doug Korthof

**Contributor**

Sarah Mosko

**Sales Consultants**

John Perkins

Debi Laird

Mike Tasker

**Interns**

Gema Salas

The Orange Coast Voice is an independently owned monthly newspaper serving Huntington Beach, Costa Mesa, Fountain Valley, and Seal Beach and currently delivering 15,000 copies to single family residences, local businesses, churches, schools, libraries, community centers, mobile home parks and other locations.

The goal of the Orange Coast Voice is to give its readers information that can be used to improve the quality of life in their communities and beyond. The Orange Coast Voice is your local newspaper.

**Advertising:**  
(714) 656-3607

**Press Releases:**  
news@ocvoice.com

**News Tips:**  
news@ocvoice.com

**Letters to the Editor:**  
letters@ocvoice.com

All rights reserved. Any use of the contents of this publication without the written permission of the publisher is strictly prohibited. The works of authorship contained in this publication including but not limited to all design, text, and images, are owned, except as otherwise stated, by the Orange Coast Voice. Opinions expressed by contributors do not necessarily reflect the views of the owners of the Orange Coast Voice. The newspaper does not endorse or guarantee any products or services advertised. The publisher cannot accept responsibility or liability for the products or services offered through advertisements.

# Getting Hooked

*Surfers & fishermen compete for H.B. pier space*

By **LISA WELLS**  
OC Voice Staff

**H**untington Beach has one of the longest piers along the west coast of the United States, but it may not be big enough for both surfers and fishermen.

As one of the few places in California to fish for free without a license, the H.B. pier attracts fishing enthusiasts from all over the Southland. And the world class waves rolling to shore along its sides attract thousands of surfers, swimmers and body boarders as well.

But fishing lines sometimes hook and entangle surfers, forcing them to face potential injury, even death. The presence of surfers near the pier, on the other hand, conflicts with one of the pier's main purposes, fishing.

The conflict is nothing new for the city, but it appeared once again at the Aug. 4 H.B. City Council meeting when local resident Stephen Stemmen (cover photo), a 22-year-old surfer who works in construction, told council members that he was recently tangled up in fishing lines twice in one evening while surfing near the pier. He requested that fishing be restricted near the breakwaters and moved to the second "T," just past the lifeguard tower located on the pier.

Stemmen says he's been fish-hooked on other occasions as well, but being caught twice in one day motivated him to act. There were two other surfers who had close encounters with fish hooks earlier that same evening, he told the *Voice*.

"Me and my buddies are always



PHOTO BY LISA WELLS

**ANGEL JASSO:** Says that surfers should stay 100 feet away from the pier to avoid getting caught in fishing lines.

getting tangled up in lines and just this summer getting caught up twice I got fed up with it, so we started talking and started shooting some ideas seeing what we could do to prevent death or injuries," he complained.

The evening when Stemmen's surf board and legs were tangled in fishing line he was dragged perilously close to where the ocean waves pound against the pier's muscle and barnacle covered pilings. "I had to take the line and snap it just to get away from the pier because I was getting sucked in. In the process of snapping the line I got sliced on my

fingers and was bleeding," he recalled.

Angel Jasso, a 50-year-old Riverside resident fishes everyday off the H.B. pier and says that he has gotten surfers tangled up in his line a couple of times. "It would be safer for them and for us if they moved out 100 feet away from the edge of the pier. That would accommodate for them and for us," he says.

When asked what he thought of Stemmen's plan to move fishing down the pier, Jasso responded, pointing to the breakwater, "It's not where you fish at, it's where the fish are. Right here you fish for perch,

corbina and croaker, for example."

But others who fish on the pier say that more precautions can be taken. Ron Bascos from Anaheim Hills says he hasn't caught anyone because he's aware of his line and is always actively reeling it in to avoid a lack of tension that makes a line difficult for a surfer to spot. But, he points out, getting to the heart of the conflict, "We have the same right to fish as they do to surf."

H.B. Lifeguard's marine safety officer Todd Bartlett agrees that fishermen aren't always aware of their lines and the potential danger they pose. He says that for the most part fishermen drop their lines directly under the pier where surfers don't generally go, but that sometimes they will leave their lines in the water and then the current grabs the line and pulls it away from the pier. That's usually when surfers tend to get tangled, he said.

Bartlett believes that the entanglements happen every now and then, but that a ban on fishing would be difficult to enforce. "Our first job is to watch the water and make sure there are no drownings," he said. "I guess I wouldn't be opposed to it [a fishing ban], [but] if anyone does get entangled they should let the lifeguards know so we can research it and address the issue."

Stemmen says he's collecting petition signatures to present to the city council. He vows to fight until there's a solution. "I just want to prevent injury or death. They're not going to hear the last of me until I can get some kind of resolution or we can make a deal."

LOOKING OFFSHORE

# Our Oil Addiction

*Should we feed it or change our ways?*

By **CHRISTINE NEILSON**  
Special to the OC Voice

**A**re Californians desperate enough for oil to overcome their deep-seated aversion to offshore drilling?

Will a new Democratic or Republican president and Congress lift the national moratorium on offshore drilling for oil instituted by former president George R. Bush, Sr., as requested by his son and current president, George W. Bush?

California's offshore oil industry stretches back more than a century. The world's first offshore well was drilled in 1897 at the end of a wharf in Summerland, just east of Santa Barbara.

The waters between Santa Barbara and the Channel Islands still hold most of California's operating oil platforms.

The U.S. Minerals Management Service controls oil leases in federal waters, which start 3 miles off the California coast. Most of the state's known oil fields lie not far from shore, in an arc stretching from Santa Maria to Long Beach.

A 1969 blowout at a rig near Santa Barbara spewed crude oil into the sea, coating or contaminating 30 miles of shoreline. The spill helped forge the modern environmental movement and led to state and federal moratoriums on new offshore drilling.

On Feb. 7, 1990, the steam tanker American Trader spilled an estimated 416,598 gallons of crude oil into the Pacific Ocean off of Huntington Beach.

At the time, the vessel was carrying a cargo of Alaska North Slope crude oil from the Keystone Canyon, a very large crude carrier anchored in Long Beach to several locations along the southern California coast, including the Golden West terminal at Huntington Beach.



WIKIPEDIA.ORG

**OIL SPILL VICTIM:** Even in tough economic times, Californians care about the environment, according to a survey.

The vessel's anchor punctured two holes in the starboard cargo tank due to a combination of ocean swells and inadequate water depth during an attempted mooring at the sea berth.

**Effects on Environment**

The spill affected 60 square miles of ocean

and washed ashore along approximately 14 miles of beaches, affecting seabirds and recreational use of beaches for five weeks. Approximately 3,400 birds died, and as many as 9,500 chicks were not born as a result of the spill. The brown pelican (*Pelecanus occidentalis*)—a fed-

erally listed endangered species—was severely affected. An estimated 195 of these birds died.

Threats to ecological sensitive areas, according to the Environmental Protection Agency reports, are the expelling of arsenic, lead, mercury, cadmium, barite, chrome lignosulfate, petroleum hydrocarbons, vanadium, copper, aluminum, chromium, zinc, polynuclear aromatic hydrocarbons, radionuclides, and other heavy metals into the atmosphere.

An oil spill can also harm organisms that live on the bottom of the ocean and lead to negative impacts on other marine life throughout the region, including changes in its richness and diversity.

The moratorium froze California's offshore oil industry. Oil companies holding undeveloped leases have spent years haggling with environmental groups and the federal government—in and out of court—to extend their leases or sell them back to the government.

Federal agencies estimate that California's coastal ocean bottoms could be covering 10.13 billion barrels of oil. That's almost the same amount believed to lie beneath the Arctic National Wildlife Refuge. It's also enough to supply all the oil Americans consume for about 17 months. It would feed California's total oil appetite for 15 years.

**Political Debate**

Area politicians are drawing a line in the sand over America's insatiable hunger for oil. A debate that has changed from oil spills to oil supply.

U.S. Congressman Dana Rohrabacher of the 46<sup>th</sup> District of California including Huntington Beach supports the "American Energy Act" H.R. 6566 proposed July 23 by members of the House Republican Conference. This Act is a compilation of all the major Republican initiatives to allegedly bring down the price

See **DRILLING**, Page 10

**CONNELL**

**MARK RANAURO**  
Executive Manager

(714) 444-4220  
Cell (949) 257-8302  
Fax (714) 434-6279  
E-mail: Ranauro@aol.com

2850 Harbor Blvd.  
Costa Mesa, CA 92626  
www.connellnissan.com

**NISSAN**  
SHIFT

**Oriental Piece**

RATTAN FURNITURE  
ASIAN INTERIOR  
NATURAL LIVING

(714) 841-1828

16562 Gothard st # F  
Huntington Beach  
CA 92647

www.orientalpiece.com

**BEACON FINANCIAL PARTNERS, LLC**  
A Fee-only Registered Investment Advisor

**BFP** "Planning For Your Prosperity"

**Carl Carpenter, CFA®, CFP®**

2130 Main Street, Suite 233 E-mail: cc@beacon-fp.com  
Huntington Beach, CA 92648 Tel: (714) 969-8484  
Website: www.beacon-fp.com Fax: (714) 969-8120  
Wealth Management \* Financial Planning \* Asset Management \* Hourly Consulting

**Mention ad and get \$100 off financial plan**

**Turn your spring cleaning into cash!**

We buy old gold, platinum, silver, class rings, broken chains, earrings, watches, silverware, coins, dental crowns

**INSTANT CASH! FREE QUOTES!**

**Montgomery Jewelers**

501 Main Street, #G., Huntington Beach, CA  
(714) 374-4517 or (888) 557-4005  
www.montgomeryjewelers.com

Open 6 Days

**Patronize our Advertisers!**

**Energy Efficiency Solar**

**SOLAR ELECTRIC SOLUTIONS**

**Make your own CARBON-FREE ELECTRICITY**

We do the rebate paperwork.  
CALL FOR A FREE SITE VISIT  
**(909) 865-8561**  
sales@eesolar.com  
**WWW.EESOLAR.COM**  
Cal. License #827074



# LETTERS

WWW.OCVOICE.WORDPRESS.COM

The *Orange Coast Voice* encourages letters to the editor and will attempt to print all those received. However, due to space constraints, letters are subject to editing. All letters must include the author's name, address and phone number for verification purposes. Letters can be electronically sent to [letters@ocvoice.com](mailto:letters@ocvoice.com), or mailed directly to: *Orange Coast Voice*, 419 Main Street, #209, Huntington Beach, California, 92648.

## Offshore oil drilling is needed

Re: "Bush-Rigged" (August 2008, *OC Voice*). America spends billions to buy oil from some of the most despicable regimes on earth (and those are just our "allies") yet our own oil is off-limits. This is insane.

While it may be true that it would take years for new offshore oil drilling to bring oil to market and impact prices, that is a disingenuous argument coming from people who have opposed oil drilling for decades.

Conservation? Alternative energy sources? Great, bring it on. But why must this be an "either/or" question? New technologies will also take many years to develop and implement; like it or not, we will continue to need to use oil for many years to come.

Reasonable precautions can be taken against the environmental hazards of offshore drilling, and remember that the oil companies can't sell what they spill. But all industrial processes have risks, and if you want to eliminate all risk we can go back a couple of centuries to pre-industrial times when 99% of the population lived short, miserable, impoverished lives - a time that I suspect many environmentalists look at with nostalgia.

*Frederick Singer  
Huntington Beach, CA*

## California is progressive

It's about time someone has the guts to speak out against the so-called conservative stronghold it has on Orange County and San Diego County. Thank goodness for the rest of California for being progressive and voting Democrat (except Arnold S. who didn't qualify in any way to be governor of California). I hope to see the last of him soon. The whole White House gang should be on trial for their crimes imposed on America and the American people. The religious right cannot think for themselves so they vote Republican.

*Carol Willita  
Huntington Beach, CA*

## Korthof's articles a must read

Doug Korthof's article in the July 2008 edition of *OC Voice* is a must read. Solar is an energy source that appeals to many people for a variety of reasons. Perhaps foremost in people's minds is financial savings. Our electric bill dropped from \$120 a month two years ago when EESolar installed our system to \$5 today. Each time I see those panels on our roof I feel a sense of satisfaction knowing that there is no smoke, no sound, or any other pollutant enter the air I breathe as they create the electricity that we need. Our neighborhood is home to that AES relic that has belched its waste into the air for 50 years. It is comforting to know that we are part of an effort to provide energy without polluting the air people breathe and endangering our world with greenhouse gases.

It is so good to read a newspaper that has pertinent and serious information in it. I wish that the *OC Voice* were a daily source of news. If it were I would be a lot better informed on the real issues that we face.

*John Scott  
Huntington Beach, CA*

## OC Voice balanced?

I am curious to know where the balance is in the *OC Voice*? In every issue that I read, you seem to carry a very liberal tone with no counter balance of other views? You certainly are entitled to that view, but since you call yourself the *OC Voice*, you are implying that you speak for all of the Orange Coast? I for one don't think that is true? I guess I would have no problem if you call yourself "The Liberal Orange Coast Voice." Don't you think it would be more interesting to read ALL views? Just a thought.

*Jim Brydon  
Huntington Beach, CA*

## 9/11 worse than oil spills

I noticed your article on how offshore drilling would not lower prices ("Bush-Rigged,"

See **LETTERS**, Page 10

# The GOLD Standard in Real Estate

## Reduced

**\$575K** 2100sf Expanded  
3Bed, 2ba Garden Grove  
Pool Home, Excellent  
Neighborhood @  
Gilbert & Orangewood!  
Call Teresa for more info  
714-878-2914

## Duplex at the Beach

**\$1.3m** Live in one, rent the other!  
Each unit is 2 bed, 2 bath and 132 steps to the sand. Enjoy the beach life style among the multimillion dollar homes.  
Call today for more info.

## Your Home Listed HERE

Looking to sell YOUR property? Our extensive marketing plan will get your property sold with Virtual Tours on C21.com, Realtor.com and on other web sites and media!

## Live in a Park at the Beach

Two beds, two baths. 1440 square feet of living space just over a half block from the sand in HB. The club house has a kitchen, exercise room, pool room and large room adjoining the pool and spa.  
**Only \$88,900**

## List of Services

- Short Sales
- Market Analysis
- Virtual Tours
- Multiple Websites
- Escrow Services
- Bank Repos
- Mortgage Services
- Full Color Flyers
- Home Emporium
- Full Service Agents
- Newspaper Advertising
- Open House
- Office Caravan
- Broker Preview
- Credit Repair
- Internationally Recognized Brand in over 40 Countries
- Automated Property Search
- 13 Locations in So Cal
- Excellent Customer Service!



**Joe Whaling**  
**714-349-5393**  
[joewhaling@aol.com](mailto:joewhaling@aol.com)  
*Decades of experience  
at your service!*

**Century 21**  
Beachside, Realtors®

**Teresa Veldof**  
**714-878-2914**  
[www.teresaveldof.com](http://www.teresaveldof.com)  
*"Call me for Real  
Estate in the OC!"*



Book your next  
**CRUISE or TOUR**  
with your local AAA  
Huntington Beach office and  
receive a \$25.00 discount  
with this ad.

**AAA TRAVEL**  
**16160 Beach Blvd.**  
**Huntington Beach**  
**(714) 596-5770**

CTR#1016202-80 Offer valid 01/01/08-12/31/08

## YOUR WORLD OUR PASSION



**Evan T. Little**  
Green Realtor®  
EcoBroker®  
(949) 939-9687 phone/text  
(949) 625-7508 fax  
[evan@volkinvestmentsinc.com](mailto:evan@volkinvestmentsinc.com)  
[www.volkinvestmentsinc.com](http://www.volkinvestmentsinc.com)



## Interested in Buying Real Estate and Turning it "Green"?

Ask me about Energy Efficient Mortgages and how you may be able to qualify for extra financing to fund cost saving upgrades like insulation, windows and even a solar system.

- 63 percent of buyers are motivated by the lower operating and maintenance costs that come with energy and resource-efficient homes, according to a survey done in 2007 by the National Association of Home Builders.
- 46 percent of buyers would like a Green home, according to a survey done in 2007 by the National Association of Realtors.

The demand for "Green" housing is here, but inventory and understanding is not. Separate yourself by making financially savvy improvements to real estate that enhance energy efficiency and indoor air quality for a healthy return on investment when selling or leasing.

Contact me today, to understand which real estate improvements are just trendy green-wash fads and which ones are honestly sustainable as well as profitable over the long term.

## LEASE AND LIVE THE "GREEN" LIFESTYLE!

Hip, renovated, detached units in a prime East side Costa Mesa location. One block from Costa Mesa's Del Mar Community Garden. Walk or ride your bicycle to Orange Coast College, Vanguard University, OC Fairgrounds, public transportation, Newport Beach Back Bay, Shopping and Nightlife.

Brand new energy star appliances, low VOC interior and exterior paint and adhesives, restored wood and new bamboo flooring, recycled glass mosaic tile, increased natural lighting and low energy bulbs, dual flush toilets, PSC Certified wood. 2 & 3 bedroom units currently available. For more information, visit [www.2674eldenave.com](http://www.2674eldenave.com).

VISIT MY BLOG: [WWW.GOINGGREENORANGECOUNTY.COM](http://WWW.GOINGGREENORANGECOUNTY.COM)

31461 Rancho Viejo Road, Suite 203, San Juan Capistrano, CA 92675

# High in Huntington

*Tuesday night visitors look up to unicycle wizard*

By JOHN EARL  
OC Voice Editor

A lot of press attention has been given lately to after-hours drunk and disorderly conduct in downtown Huntington Beach, especially on the first few blocks of Main Street, east of Pacific Coast Highway, and across from the entrance to the pier.

But an entirely different scene also exists downtown from 5 – 9 every Tuesday night, when the first three blocks of Main Street are closed to auto traffic and entertainers like Fountain Valley resident Jamey Mossengren find new and better ways to attract and entertain thousands of spectators—without getting high.

Well, not exactly.

In fact, Mossengren probably gets higher than anybody else visiting downtown H.B., but that's not because he's sloshed with beer or has been smoking joints. It's because he's riding atop his homemade 12-foot-high unicycle, much to the thrill of hundreds of onlookers.

Mossengren has only been "street performing" for six months, but he has already become a signature feature in an already strong lineup of professional Tuesday night performers, including rap artists, tap dancers, magicians, acrobats, jazz artists, folk and pop rock singers and their bands.

Mossengren warms up the crowd up by doing incredibly difficult tricks on his standard size unicycle, like balancing with two feet on one peddle while dancing to music, peddling the unicycle with his hands, and jumping over the body of a 10-year-old boy.

Mossengren hands the smiling boy \$2.00 from his tip hat and tells the crowd, "I gave him \$2 because that's what you *should* do when somebody entertains you." The crowd laughs, but gets the point. If he gets enough tips for himself, Mossengren promises, he will ride the long unicycle while juggling.

Whatever he gets, Mossengren will have earned it. He has been riding unicycles since he was a boy growing up in Blaine, Minnesota, where he practiced 10 hours each day and lived until a year ago.

He has competed around the world (including Beijing in 2000) in races and for artistic



PHOTO BY JOHN EARL

**UNICYCLEMAN:** Jamey Mossengren stuns downtown audiences with sky-high acrobatics on a recent Tuesday evening. Mossengren is ranked #1 in the USA and has his own unicycle store.

style and is currently ranked 1st in the USA (over) in mountain unicycling, a new sport that and 2nd in the world in his age group (25 and is just like regular mountain bike racing but for

the missing wheel. "We can ride almost any trail that mountain bikers can," he says.

Mossengren started out his professional career in engineering after graduating from the University of North Dakota. But after three years, he couldn't take it anymore, he recalls. "The 9 – 5 job and sitting in front of the computer felt like jail and I just wasn't happy."

So one-year-ago Mossengren quit his job and started his own company called "Uniproshop," located in Westminster, which sells unicycles and accessories. He also began street performing.

To help make ends meet during the transition period, he also works twice a week as a movie theater manager. It's hard work on a shoe-string budget, but Mossengren is branching out. "I'm starting to do birthday parties and corporate events, half-time shows and fully trying to get my name out there," he says.

With the grand finale coming up, Mossengren's 12-foot long unicycle rests on the ground waiting to be mounted, a star-spangled white and blue, thin poll version of the American flag with a long chain running up from its patriotic red tire to its peddles.

Mossengren calls for two adult volunteers from the audience to hold the contraption up next to a street lamp pole. Then he ascends, somehow, and gets on the seat. Still holding on to the street lamp pole with one hand, he catches three juggling pins in his other hand. Then he launches out into the street.

At 6 feet and 4 inches tall, Mossengren towers like a human skyscraper over the surrounding crowd from a combined height of over 18 feet. He feigns a fall to thrill the audience, and then he starts twirling to operatic music and, true to his word, juggling at the same time.

He usually sets the juggling pins on fire first, but H.B. city officials won't allow that. The crowd is very pleased anyway.

Now, he says, "I'm more happy than I ever could have been. "It's about doing what you love and the fun of entertaining people, making them smile and making them laugh. It creates a great feeling."

## Just One Taste is All it Takes

Discover One of Orange County's Best Kept Secrets!







**17441 Beach Blvd. at Slater, Huntington Beach**  
(Next to Vista Point)

**Hours: 11am-10pm Mon-Sun 714-843-0655**





Photo courtesy of Jason Westman

## Health Center

Continued from Page 4

the three-day event.

As the Huntington Beach Community Care Health Center grows, Ritacco joins Detloff to acknowledge its roots and its life support system. "This truly does not exist without its community—it's owned by its community; it's loved by its community, it's supported by its community and it's only by those people that it will continue to be strong."

Huntington Beach Community Care Health Center  
8041 Newman Ave., Huntington Beach 92647

(714) 847-4222  
Hours: M,W, 8:30 a.m. - 5 p.m.; T, Th, 9 a.m. - 5:30 p.m.; Fri, 8 a.m. - 5 p.m. Closed Sat. & Sun.

More: [www.hbclinic.org](http://www.hbclinic.org)

[www.ocvoice.wordpress.com](http://www.ocvoice.wordpress.com)



## O.C. VOICE RESTAURANT REVIEW



# Hamilton Petit Café

*Big taste & variety in this little French hideaway*

By **DAVID L. M. PRESTON**  
OC Voice Staff Writer

**M**on Dieu, J'ai faim! And if you are hungry, the French certainly have a multitude of specialties to choose from: pastries and croissants, wines and cheeses, escargot and truffles, and the long crusty batons of bread, and I can go on. All wonderful, but for any true Francophilic gastronomist there is a special place in their heart for the light, delicious, flexible and extremely versatile crêpe.

Crêpes, to the uninitiated, are thin, usually wheat, pancakes that are cooked quickly and are, ideally, served freshly hot. They often serve as the curled wrap for fruits, nuts, creams, and other sweets for desserts, but can also be used for more savory meals by being stuffed with

mushrooms, meat, and any other filling one can imagine. There are breakfast crêpes, lunchtime crêpes, dinner and dessert crêpes, etc. But there is nothing like just a traditional plain crêpes with a touch of maple syrup.

The traditional plain crêpe just happens to be one of the many crêpes I ordered at the newer, small restaurant, the Hamilton Petit Café: The Crêpe House—the food from which started my prior homily on my love of these tasty pancakes of Brittany.

True to its name, the Petit Café is quite small, but cozy. There are only a few tables for four inside, though there is optional outside seating at a table or two just near the front door. If anything, the style reminds one of the cafés one actually finds in Paris or Marseille, at least the smaller ones used by locals and not the

touristy ones. The service was very polite and attentive, and the place itself is simply wonderfully quaint and comfortable.

Among the savory crêpes on their menu, all ranging between \$5.95 and \$7.95 in price, is a breakfast crêpe, with fresh spinach and tomatoes, Feta and eggs; a ham and asparagus crêpe, with Mozzarella and an Alfredo sauce; a more adventuresome chicken teriyaki crêpe, which includes pineapple and peppers; and the one I ordered, a salmon crêpe.

The salmon was wrapped within the crêpe, and mixed with appetizing mushrooms, a white béchamel sauce topped the dish. The salmon was baked, and retained a touch of appropriate fishiness and mixed well with the light pancake-wheat flavor and the added sauce. Very nice.

Of the dessert crêpes, like the banana-chocolate, Nutella, or orange brunch options, I went with the chocolate-sauce topped, strawberry crêpe. The cool berries were wrapped in the still hot crêpe, and the touch of powdered sugar ensured that the next time I visit I know exactly what I want to order for dessert.

Though the term “café” originates from the French word for coffee (historically, in the late 18th and early 19th centuries, coffeehouses became the meeting place for both intellectuals and the common workaday folks), the metamorphosis of the restaurant venue is such that French cafés, though always offering coffee, usually have much wider fare. And so it is with Petit Café.

There are sandwiches, most under \$5.95, such as a Cuban Style roast pork, a Grilled Cheese, and a Croque Madam (melted cheese and ham, with an egg and that béchamel sauce we saw previously on my salmon dish). For breakfast French toast (no, I don't believe it's ironic) and an omelet are options. Salads, like Cranberry Blue Salad and Chicken Avocado Spinach Salads, are offered as well, ranging in price from \$5.95 to \$7.95.

But this is Orange County, and the cross-cultural mixing is enjoyably endemic in our food, so while crêpes are this French restaurant's specialty, it also offers Vietnamese Spring Rolls (\$3.50), Shrimp Fried Rice, \$7.95, and various flavors of Pho (\$5.95-\$6.95).

Coffees, smoothies, apple cider, lemon soda and, just as in the cafés in France itself, beer and wine are available to compliment your meal. That practically everything on the menu is under \$9 is also strong pull to this cute and tasty peek into French crêpe cuisine. Très bien mes amis!

*Hamilton Petit Café:*

*The Crêpe House*

9556 Hamilton Ave.

Huntington Beach, CA 92646

(714) 887-6411

**HOURS** TUES.—SUN. 9 AM to 8 PM • MONDAY: Closed

9556 Hamilton Ave.  
Huntington Beach  
(on Hamilton, between Brookhurst & Bushard)  
**714-887-6411**

**CRÊPES**  
**Sandwiches**  
**Salads**  
**PHO**  
**gourmet**  
**COFFEES**

**\$1 OFF**  
any CRÊPE  
(limit 5 per party)  
With this coupon. Not valid with any other offer. Exp. 9/30/08

Advertise your restaurant here!

Call (714) **656-3607**

**AZTEGA'S**  
FRESH!  
**MEXICAN FOOD**

Three Locations for Dining

17491 Beach Blvd.

(At Slater)

Huntington Beach

(714) 847-2054

2383 Lincoln Ave.

(At Gilbert)

Anaheim

(714) 774-4441

18033 Magnolia Ave

(At Talbert)

Fountain Valley

(714) 593-5350

**\$5 TOWARDS DINING**

Receive \$5 toward the purchase of two adult entrees & two beverages at regular price

VALUE OF

**\$5**

**AZTEGA'S**  
FRESH!  
**MEXICAN FOOD**

This offer is not valid on holidays or in conjunction with other offers, discounts or special events. Dine-in only.

THIS OFFER EXPIRES  
OCTOBER 31, 2008

Seriously Awesome Food From...

# Shades

...at the Hilton Waterfront Beach Resort

**A Tasty Adventure**

**“We make the best food on the beach!”**  
— Chef Jeff Littlefield

**Food Should Be Fun.**

**SHADES**  
RESTAURANT & BAR

**Must Sea Views!**

Call us for reservations at 714-845-8444 or just stop by!  
[www.waterfrontbeachresort.hilton.com](http://www.waterfrontbeachresort.hilton.com)  
21100 Pacific Coast Highway Huntington Beach, CA • 92648

# SEPTEMBER CALENDAR

## ART

**The ARtery.** The LAB, 2930 Bristol St., Costa Mesa. Call 714-966-6660 for program; www.sobeca.net

**15 Minutes of Fame:** Artists, poets, musicians, dancers and the like will have 15 minutes on stage to do their thing in the living room every first Wednesday of the month. To sign up, email info@thelab.com. www.sobeca.net

**Fine Arts Gallery.** Golden West College, 15744 Golden West St., Huntington Beach. Call for current program. 714-895-8358 or 714-892-7711, ext. 51032; www.gwcfineartsgallery.com

**The Huntington Beach Art Center.** Gallery hours Wed. - Sat. 12 p.m. - 6 p.m. Sun. 12 p.m. - 4 p.m. Closed Mon. and Tues. 538 Main St., Huntington Beach. Call for current program. 714-374-1650. http://hbarts.tripod.com/calendar/mar\_cal.htm

**Windows Gallery.** A broad spectrum of artistic vision is represented in the works of both amateur and professional artists at this gallery on the Huntington Beach Central Library's first floor. Open during library hours. 7111 Tolbert Ave., Huntington Beach. 714-842-4481; www.hbpl.org

## DANCE

**Monthly Ballroom Dance.** Adults of all ages are invited to cut a rug the 2nd and Fri. of each month at a dance thrown by the Huntington Beach Council on Aging. The event welcomes both singles and couples and features live music, snacks, and beverages. From 7:30-10:30 p.m. Cost: \$5. Rodgers Senior Center, 1706 Orange Ave., Huntington Beach. 714-536-9387.

## FARMER'S MARKET/SWAP MEET

**Farmer's Market.** Weekly market sponsored by the Orange County Farm Bureau. Every Thurs. 9 a.m.-1 p.m., at Lot A at the Orange County Fair & Exposition Center, 88 Fair Dr., Costa Mesa. 714-573-0374; orange.cfbf.com or www.ocafair.com

**Farmer's Market and Art-A-Pain.** Every Fri., noon-7 p.m. (except during special events such as the U.S. Open of Surfing and Beach Games), at Pier Plaza next to the Huntington Beach Pier. 714-573-0374; orange.cfbf.com or www.hbartfair.com

**Golden West College Swap Meet.** Every Sat. and Sun. 9 a.m.-3 p.m. Free admission. Golden West College parking lot, 15744 Golden West St., Huntington Beach. 714-898-7927; www.goldenwestswapmeet.com

**Old World Village Antique Faire.** Shop for vintage treasures along the cobblestone streets of Old World Village the third Sat. of each month. 7561 Center Avenue, Huntington Beach. 714-893-1518.

**Orange County Marketplace.** Full of unique items and great bargains, this swap meet is held every Sat. and Sun. 7 a.m.-4 p.m. Cost: \$2 admission; kids under 12 free. Orange County Fair & Exposition Center, 88 Fair Dr., Costa Mesa. 949-723-6616; www.ocmarketplace.com

**Phill's Flea Market.** Monthly outdoor antiques market held the third Sat. of each month 7 a.m.-3 p.m., in the Gothard St. parking lot at Ocean View High School. Cost: free admission. 17071 Gothard St. (at Warner Ave.), Huntington Beach. 714-893-1518.

**Surf City Nights Downtown Street Fair.** Main Street is blocked off from cars for this weekly event that features a farmer's market, food booths, sidewalk sales, kids' activities, and live entertainment. The nearby Main Promenade parking garage offers 2 hours of free parking for this event.

Every Tues. from 5-9 p.m. on Main St. between Pacific Coast Hwy. and Orange Ave., Huntington Beach. 714-536-5542; www.surfcitylib.org/announcements/surfcity\_nights\_information.cfm

## GREEN STUFF

**Green Expo.** Sat. Sept. 20 - 10 a.m.-4 p.m. A joint effort of City of Huntington Beach and Huntington Beach Chamber of Commerce. Location: Parking lot at Huntington Beach Central Library, 7111 Tolbert Ave. Public invited, free admission. Vendor opportunities, call Joyce or Perry. (714) 536-8888. www.HuntingtonBeachGoesGreen.com

## MISCELLANEOUS

**Harbor Hunt.** Sat. Sept. 13 - 10 a.m. registration. The Alamitos Sall and Power Squadron will hold its fifth annual Harbor Hunt fundraiser at Sunset Aquatic Park at the end of Edinger Ave. Participants will be given clues and must search the harbor by boat to find the items. Includes a BBQ lunch, dancing, live music, silent auction and raffle. Proceeds support the United States Power Squadron Safe Boating and public educational programs. Registration is from 10 a.m. to noon. \$15, \$5 for children under 12. For more info 323-229-1768

**Chefs for Scholarships.** Sun. Sept. 17 - 4 p.m. 7 p.m. Twenty local restaurants will join the Golden West Patrons to present the 3rd annual Chefs for Scholarships to support local education. Location: Golden West College Student Center. \$45 adults, \$20 students. For tickets & more info: 895-8316 or www.chefs4scholarships.com

**Save-A-Life CERT Instruction.** Sat. Sept. 20 - 7:45 a.m. to 12 p.m. Community Emergency Response Teams (CERT) teaches CPR, disaster preparation and more. Location: 18301 Gothard St., Huntington Beach, CA. Call for more info: (714) 536-5974.

**Taste of New Zealand.** Sat. Sept. 20. 2nd Annual event in downtown H.B. Features themed foods and entertainment. Free. For more info: 714-536-5942

**Weiner National Dachshund Races.** Sun. Sept. 21, 2 p.m. The public can register their dachshunds to race. The track is fairly short so the run is not strenuous for most pets. Location: Old World Village, 7561 Center Ave., Huntington Beach. Cost: \$1 admission to watch. Call (714) 898-5111; www.wienernational.com Races will be held every Sunday through the month of October.

**Weekly Meditation.** Every Monday night at 7 p.m. Transform your life. Cost: free. All donations accepted. Tree of Life Wellness Center, 714 E. Adams Ave., #205, Huntington Beach. For more info, call 714-374-1988 or see www.TheTreeOfLifeCenter.com

## MUSEUMS

**Diego Sepulveda Adobe Estancia.** A tiny portion remains of the original adobe that missionaries built circa 1820 as a way-station for herding vaqueros. Later the home of Don Diego Sepulveda. Open on the first and third Sat. of each month, noon-4 p.m., or by appointment, 1900 Adams Ave., Costa Mesa. 949-631-5918; www.costamuseum.org

**International Surfing Museum.** Immerse yourself in the music, movies, boards, and memorabilia of an endless summer. Open Thurs.-Mon., 12-5 p.m. 411 Olive Ave., Huntington Beach. 714-960-3483; www.internationalmuseum.org

**Newland House Museum.** This charming landmark, built in 1878, is the oldest surviving residence in the city of Huntington Beach. Open



## BRANDON TYRA'S COMEDY

Brandon Tyra's comedy is high energy and fast paced. Onstage he is nearly always moving, either to strut back and forth, or to aid in the delivery of his material. His act is unique in that it combines a mixture of storytelling and impressions with a very physical, expressive performance style. One of the best parts of Brandon's act is the way he sets up his impressions. For one bit, he talks about which actors he'd cast if he could make a zombie movie with anyone in it. This quirky concept allows him to move seamlessly through a series of imitations of celebrities including a great impression of Will Ferrell if he played a zombie in Tyra's film. In another series of impressions, Tyra acts out a scene between actors such as Robert DeNiro and Sean Connery if they were appearing in *Breakfast Mountain*. In between doing impressions, Tyra tells stories about himself. He talks about being a college student, visiting the gym, and other elements of his daily life. In nearly every bit, if he's not doing an impression Tyra is acting out whatever he's telling the audience about. The movement often adds to the humor as he is likely to include funny facial expressions or gestures with his routine. A highlight of Tyra's physical style is how balanced it is with his written content. He rarely ends up mugging at the audience or relying solely on movement for laughs.

— Erikka Innes

*If you'd like to find out more about Brandon Tyra and his comedic work, visit his Myspace page at [www.myspace.com/brandontyra](http://www.myspace.com/brandontyra). The page offers contact information, clips of his comedy, and his blog. In 2006, Tyra won Orange County's Funniest Person Contest. You can see his winning set here: <http://vids.myspace.com/index.cfm?fuseaction=vids.individual&videoid=130796336>.*

Sat. and Sun. (except on holidays and rainy days), noon-4 p.m. Cost: \$2 for adults, \$1 for kids. 1920 Beach Blvd., Huntington Beach. 714-962-5777; www.hbnews.us/nhouse.html

## MUSIC

**BB Jazz Festival.** Sat. Sept. 6 - noon to

9 p.m. Concert in the Park. All star line up of smooth jazz in a beautiful setting to raise funds for a nonprofit organization for youth with autism. Location: Central Park behind Central Library, 7771 Tolbert Ave., Huntington Beach, CA. Cost: \$45 (lawn seat) to \$205 (VIP with meal and table seating close to stage.) Tickets: www.bbazz.com

**Ballet Repertory Theatre.** Sat. Sept. 6 (7:30 p.m.) & Sun. Sept. 7 (2:30 p.m.) A selection of exhilarating pieces, featuring Artists of Utah's Ballet West, Christopher Sellers and Katie Critchlow: The Seasons, Spring Waters Pas de Deux, Dance of the Wilts from Giselle, Ballet Studio, Won't That Be Fine, and Rhapsody in Blue. Location: Golden West College Mainstage Theater, 15744 Golden West Street. Tickets: \$15 adults, \$12 seniors/children under 12. For more info: www.gwcollege.com or 714-895-8150 or brtpublib@gmail.com

**Lang Lang, piano.** Elizabeth & Henry Segerstrom Select Series. Wed. Oct. 1, 7 p.m. Piano superstar Lang Lang in an evening of piano mastery you will not soon forget! Renée & Lenn Segerstrom Concert Hall

615 Town Center Dr. Costa Mesa, CA 92626 (949) 553-2422 www.philharmonicociety.org/calendar.aspx

**Senior Saturday.** Sat. Sept. 13 - 9 a.m. to 2 p.m. Celebrate senior living with food, bands and information to help seniors get the best out of life in Huntington Beach. Cost: \$2/person. Location: Pier Plaza, Pacific Coast Highway at Main St. For more info call: (714) 536-9387

**Surfin' Sundays - Sun. Sept. 14 - 1 p.m. - 4 p.m.** Chum and the Black Widow will be performing at the International Surfing Museum located at 411 Olive in Huntington Beach, two blocks up Main St from PCH and between Main and 5th St on Olive.

**Surfin' Sundays - Sun. Sept. 21 - 1 p.m. to 4 p.m.** Goolyfoots will be performing at the International Surfing Museum located at 411 Olive in Huntington Beach, two blocks up Main St from PCH and between Main and 5th St on Olive.

## NATURE

**Amigos de Bolsa Chica Tours.** Walking tours cover history, birds, endangered species, ecology, and restoration. Cost: free. Meet at the south lot of the Bolsa Chica Ecological Reserve in Huntington Beach, across the street from the main entrance to Bolsa Chica State Beach. Also available: The Mesa Hiking Tour and the Footbridge/Loop Trail Tour; contact Amigos de Bolsa Chica for schedule info. 714-840-1575; www.amigosdebolsachica.org

**Bolsa Chica Conservancy.** This nonprofit organization promotes the restoration and preservation of the Bolsa Chica Wetlands. Open to the public from sunrise to sunset daily. No bikes or pets are permitted on the trails. Cost: free. The interpretive Center is open Tues.-Fri. 10 a.m.-4 p.m.; Sat., 9 a.m.-noon; and Sun., 12:30-3:30 p.m. 3842 Warner Ave. (SE corner of Warner Ave. and Pacific Coast Hwy.), Huntington Beach. 714-846-1114; www.bolsachica.org

**The Bolsa Chica Land Trust Wetlands and Mesa Tour.** On the third Sun. of each month at 10 a.m. enjoy a 2 hr. guided walking tour presented by the Bolsa Chica Land Trust. Tour departs from the south parking lot (off Pacific Coast Hwy.) of the Bolsa Chica Ecological Reserve in Huntington Beach. 714-846-8370 or 714-846-0001; www.bolsachicalandtrust.org

**Shipley Nature Center.** Situated within Huntington Central Park, this 176-acre natural area is a sanctuary for local wildlife and a haven for nature-friendly humans. Open to the public. For more info call: 714-842-4772. Location: 17829 Golden West Street. The center is open Mon.-Sat., 9 a.m.-1 p.m. 17829 Golden West St., Huntington Beach. 714-842-4772 or 714-960-8895; www.shipleynature.org

## PARTY

**Oktoberfest at Old World.** Sept. 24 - Oct. 26 - Doors open 6:00 p.m. Wed - Sun nights. German bands, dancing and tasty German foods, plus a variety of German and assorted beers on tap are served. Free on Wed & Thurs for family nights. Sat/Sun 10, adult nights. Sundays are family days (opens at 2:00, \$5) including kids bounce houses, games and entertainment on the outdoor patio. Location: Old World Village, 7561 Center Avenue. For more info and hours: 714-647-7107. www.oldworld.ws

## POETRY

**Breaking the Silence: A Spoken Word Series.** Don't just write poetry - read it. Share poems, essays, short fiction, etc. the third Thurs. of each month, 6-8 p.m. Also: 15 Minutes of Fame where poets, dancers, musicians and artists have a quarter of an hour on stage to unleash their creative genius. Starts at 7 p.m. the first Wed. of each month. The Living Room, the LAB, 2930 Bristol St., Costa Mesa. 714-966-6660; www.sobeca.net

## POLITICS

**Standing Up for Justice and Peace.** Nonviolent protesters gather weekly to give the community to give peace a chance. Bring signs and help stop George Bush's corporate jihad. Held every Fri. at 5 p.m. outside South Coast Plaza at the intersection of Bristol St. and Anton Blvd., Costa Mesa.

**Native Americans Vs. Heartside:** First Saturday of each month join Native Americans at 10 a.m. for walk-

through protest of the Heartside's home project being built on an 8,500-year-old village and sacred burial site. Start at the corner of Warner Avenue and Bolsa Chica Avenue, Huntington Beach.

## RELIGION/PHILOSOPHY

**Fairview Community Church:** Reverend Sarah Halverson. Sun. service 10 a.m. Wed. Bible study 7 p.m. 2825 Fairview Rd., Costa Mesa, CA 92626 (corner of Fair and Fairview). 714-545-4610

**Humanist Association of Orange County:** HAOC normally meets the third Sunday of every month at 1:30 p.m. Irvine Ranch Water District 15600 Sand Canyon Ave., Irvine. 714-446-9283 www.ochumanists.org

**Orange Coast Unitarian Universalist Church in Costa Mesa:** Regular services and events. 2329 Victoria Street, Costa Mesa, 92627. Call 949-646-4652 or go online www.occuc.org for program information.

**Orange County Atheists.** www.ocaesthis.com

**Unitarian Universalist Church in Anaheim:** Call or check web site for March program. 511 So. Harbor Blvd., Anaheim, 92805. 714-758-1050. www.uuchurch.org

**Americans United for Separation of Church and State:** For more information call 714-957-0748 or 714-299-4551 or e-mail the chapter at orangecountyau@yahoo.com. Website at www.au-oc.org

## THEATER

**Bay Boy: The Musical.** Sept. 26 - Nov. 2. Fridays & Saturdays at 8 p.m. and Sundays at 2 p.m. Ripped from the headlines of the World's Worst News, *BAY BOY THE MUSICAL* is a classic love story with a serious bite. Call 949-650-5269 www.costamesaplayhouse.org

**An Italian Straw Hat: A Vaudeville.** South Coast Stage Society - Theatre WORLD PREMIERE. Sept. 5 - Oct. 5. Segerstrom Stage Emmy Award-winning composer Dennis McCarthy ("Star Trek") teams up with Charles McArthur prize winner John Strand and director Stefan Novinski, who delighted SCR audiences with *A Little Night Music*, for the spirited American adaptation of a classic European farce by Eugene Labrie. 655 Town Center Dr., Costa Mesa. (714) 708-5555

## VOLUNTEERING

**Bolsa Chica Service Day.** Help raise public awareness of the importance of the Bolsa Chica Wetlands to our community by rolling up your sleeves and helping our staff remove trash and non-native plant species. Meet on the last Sat. of each month 9 a.m.-noon, at 3842 Warner Ave., North Parking Lot, Huntington Beach. 714-846-1114; www.bolsachica.org

**Huntington Beach Public Library.** Plentiful opportunities exist for volunteers at the central library and its 4 branches. These include Friends of the Children's Library, Friends of the Library and Gift Shop, the Genealogy Society, the HB Art League, the HB Playhouse, and Literacy Volunteers. For more info, visit the central library at 7111 Tolbert Ave., Huntington Beach, or one of its neighborhood branches. 714-842-4481; www.hbpl.org

**Orange County Public Library/Costa Mesa.** Volunteers are needed to help with daily branch operations and with Friends of the Library and Bookstore. All 3 Costa Mesa branches seek volunteers. 949-646-8845; www.ocpl.org

**Restoration Days.** Join community volunteers to help maintain the unspoiled beauty of the Shipley Nature Center. Meet on the first Sat. of each month at 17829 Golden West St., Huntington Beach. 714-842-4772 or 714-960-8895; www.shipleynature.org

**Orange County Public Library/Costa Mesa.** Volunteers are needed to help with daily branch operations and with Friends of the Library and Bookstore. All 3 Costa Mesa branches seek volunteers. 949-646-8845; www.ocpl.org

**Restoration Days.** Join community volunteers to help maintain the unspoiled beauty of the Shipley Nature Center. Meet on the first Sat. of each month at 17829 Golden West St., Huntington Beach. 714-842-4772 or 714-960-8895; www.shipleynature.org



**Good Food \* Live Music \* Irish faire \* Comedy Chursdays**

**BRING THIS COUPON FOR 50% OFF YOUR NEXT MEAL AT GALLAGHERS BEFORE 7PM\***

Downtown Huntington Beach  
Walnut St. at Main St.  
[www.gallagherspub.com](http://www.gallagherspub.com)

OFFER EXPIRES 9-30-08  
\*OFFER DOES NOT INCLUDE DRINKS AND CAN NOT BE COMBINED WITH ANY OTHER OFFERS

8 / SEPTEMBER 2008 / THE ORANGE COAST VOICE



**MAGNOLIA STREET BARBERS**

**MEN ..... \$8.00 WOMEN ... \$9.00 SENIOR ..... \$7.00**

**All men's, women's and senior haircuts are \$1.00 OFF with this coupon!**

*Also feature fade and military cuts. Shave around the ears by request.*

HOURS: MON-FRI 9:00-6:00, SAT 8:30-5:00, CLOSED SUN

18925 MAGNOLIA ST.  
FOUNTAIN VALLEY, CA. 92708 (714) 593-9000



# Mysterious Death

*Sister of victim questions Border Patrol's story*

By NORB GARRETT  
Courtesy of San Clemente Times

Almost two months after an illegal immigrant died in U.S. Border Patrol custody in San Clemente, questions surrounding his death remain. Meanwhile, the man's sister is working tirelessly to find out why her brother died less than an hour after being detained.

Tomas Sanchez-Orzuna, 36, died July 8 while in custody after being pepper sprayed and detained near a busy San Clemente street and Mexican restaurant.

The U.S. Border Patrol contends Sanchez-Orzuna died suddenly while being "decontaminated" at their facility off Interstate 5 south of San Clemente during a process in which water is used to flush off the spray.

That story doesn't sit well with Sanchez-Orzuna's sister, Rosario, who along with her family in Mexico was notified of her brother's death by officials at the Mexican consulate in San Diego on July 10, and five days later arrived in the United States to identify his body.

Since arriving in the U.S. from their hometown of Cuautla Morelos, Rosario has stayed with her cousin in Mission Viejo and has been working to find out what exactly caused her brother's death.

"I understand he broke the law by being here illegally, but he didn't deserve to die the way he did," said Rosario, 33, through an interpreter. She said her brother had been denied a visa but still came to the U.S. three years ago and had been working and living in San Clemente. "He was making his dreams come true,

but his plans were to come back. He was aware that he was in America illegally and that immigration could get him at any time."

Last month, a U.S. Border Patrol agent said that Sanchez-Orzuna started running when approached by agents who told him in Spanish to stop running away, was tackled and was pepper sprayed before being taken to the station in San Clemente to be processed. It was during the "decontamination" process that Sanchez-Orzuna took a sudden turn for the worse, stopped breathing, and died.

Agent Jason Rodgers said last week that the incident was very much out of the ordinary and was under investigation.

With the help of her cousin and others in the Latino community, Rosario says she has been able to piece together a very different set of circumstances leading up to her brother being taken to the Border Patrol station. According to witnesses she will not identify because they, too, are illegal immigrants, her brother did not run from Border Patrol, but two men with him did. They say that Tomas then was jumped and beaten by an

off-duty fireman in front of a restaurant on El Camino Real, and then sprayed by the Border Patrol agents. Rosario says her brother was not a violent man and was in good physical condition.

"He was a person who took care of his health," said Rosario. "No drinking. No smoking. No drugs. He was a patient person who liked to have lots of friends."

To assist her in finding out exactly what happened to her brother, friends and family have helped Rosario reach out to a number of agencies, including the Orange County Human Relations Commission, the Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA) and Hermandad Mexicana in Santa Ana. She also has been in contact with attorneys with the American Civil Liber-

ties Union (ACLU) and representatives from Senator Ted Kennedy's office in Washington, D.C. have reached out to offer their assistance in keeping her updated on the situation.

"Part of what we're helping her with is getting to the truth," said Angelica Salas, Execu-

tive Director of CHIRLA, a group that represents the human and civil rights of immigrants and refugees, "and for her to know that she's not alone. It's a very tragic and traumatic experience. She lost her brother and she just can't understand how this could have occurred."

According to Andrea Black, coordinator of the Washington, D.C.-based Detention Watch Network, there have been 83 known deaths of detainees in the United States in the past five years. Black says that number likely is larger. "ICE (Immigration Customs Enforcement) to date has not been required to report deaths in detention," said Black, whose group is pushing for reform on the nation's detention system.

For Rosario, some answers will soon come from the autopsy report, due within the next two months. On Monday, Aug. 5, Tomas' body was flown back to Mexico for burial on Wednesday. But while her family in Mexico grieves, Rosario is still fighting for answers.

"I've applied for a deep investigation into what really happened to him," she said. "I just don't want him to be one more statistic."



PHOTO BY NORB GARRETT  
Rosario Sanchez-Orzuna

Advertise in the  
Orange Coast Voice

PAID ADVERTISEMENT

# Retirement Rollover:

*Money at Summer's End*

By SAM F. WIDA

The summer of 2008 is coming to an end, and we can see more clearly how the economic and financial landscape has developed. Although there has been a bit of good news, the U.S. dollar is a bit stronger and the stock market has recently enjoyed a rally, things are still bad. And they look to get worse.

The credit crisis that has hit the housing market looks to be spreading to other forms of debt, such as auto loans and credit cards. There is rising unemployment, it is generally harder to qualify for a home loan, and the stock market is heading downward again. In our office we expect things to continue to get worse until sometime next year.

In this environment money is getting tight, debt is growing and opportunities to make money are getting smaller. Under these circumstances I continue to offer the same advice to investors: look for companies or institutions that are strong enough and stable enough to generate wealth by their own operations, without need of borrowed money or a rising economy.

Investing in companies that fund their own operations by internal cash flow and are even able to produce a surplus (and paid in dividends or distributions) are least likely to be affected by a credit crunch. Moreover, as a rule, the stock market, which is a forward looking institution, begins to advance even before the economy recovers. On average, stocks begin their recovery four to six months before an upturn in the overall economy. Buying the stock of companies that throw off money gives you wealth now and the possibility of capital gains when things get better. And very importantly, when the stock market recovers it tends to make its biggest gains, with further gains coming more slowly as everything else recovers.

Here is a very short list of companies that

pay dividends of distributions. These are not specific recommendations. They are not even general recommendations. Such recommendations should be made only by a professional who knows your financial situation and risk tolerance. I offer these merely as examples of companies that earn enough money to regularly pay out cash in the form of dividends or distributions.

**UST Inc.**  
UST sells moist smokeless tobacco products (chewing tobacco) and wine. Its most well known products are probably its Skool and Copenhagen chewing tobacco. It is a major player in this market and has consistently strong and predictable cash flow. Over the years it has been a fairly consistent performer. It currently pays a dividend of about \$2.25/share, which works out of a current yield of about 4.7% per year.

Stock of a company such as UST is often bought by investors who are eager to receive the quarterly dividends for income. As a result, these investors tend to hold on to their shares to keep receiving the money and are not quick to sell. This helps dampen the swings in the price movement of the shares. Over the last two years the share price of UST has fluctuated from a high of about \$61/share to a low of about \$48/share. Not nearly as much fluctuation as some other stocks, especially when you consider that for most of that time it traded narrowly in the low \$50 range. And of course, the dividend is eligible for preferential tax treatment; that's a yield of 4.7% with a maximum tax hit of only 15%.

**Southern Company**  
Southern Company is a regulated utility that provides electricity and gas to a large number of people across the southeastern part

of the country.

This utility has a history of not only paying dividends but also increasing them over time. In fact, it has had a number of dividend increases over the years. It currently pays \$2.26/share in dividends, which works out to a current yield of about 4.5%. The dividends are eligible for preferential tax treatment. And like other high dividend paying stocks its share price does not experience quite the same wild gyrations that some stocks do. In the past year its share price has fluctuated from \$38/share to about \$29/share with most of its fluctuation being in the mid \$30/share range.

As a regulated utility Southern Company can experience problems if the price of oil, its main raw material, rises too far too fast. The company needs to be granted authority to raise prices to keep up with cost. So far, unless the price of oil really spikes again, it looks as if the company is okay.

**Kinder Morgan Energy Partners LP**  
This company is a Master Limited Partnership. A Master Limited Partnership has the same basic ownership arrangement as a typical limited partnership, with a general partner who runs the operations and limited partners who are passive investors. The limited partners have no operational control over the company but receive periodic distributions (think dividends) and are entitled to tax benefits.

The big difference with a Master Limited Partnership is that MLPs are traded on the stock market, just like shares or ordinary publicly traded companies. They are completely liquid and their prices move in the same way that shares of stock in comparable companies will move.

Kinder Morgan Energy Partners stores and distributes energy products, mostly natural gas

and petroleum products. It owns a large network of transmission pipelines. It is a steady if not spectacular business that produces a distribution of \$2.04/share (which technically are known as units). This is a current yield of about 6.9%. This distribution, however, is not considered a dividend, and as such is not eligible for any preferential tax treatment.

As with other high payers, Kinder Morgan stock tends to be bought by investors who want regular income. The price of this stock over the last year has fluctuated from about \$48/share to about \$61/share with most of the movement being in the \$50 range.

These stocks are merely examples of income producing investments that should help investors in just the kind of economic climate that we are facing. They generate wealth on their own and share the surplus with investors on a regular basis. And, of course, they hold out the possibility of also producing nice capital gains when their prices rise. These gains, too, receive a preferential tax rate: maximum of 15%.

Do not invest in these or any of these kinds of stocks or MLPs, individually or in funds, unless you have investigated them and know that they are right for you. Consult a professional advisor. If you still have money left back in your old company 401(k) or 403(b) plan study the investment options that are offered to discover which ones pay dividends or distributions. As long as money is tight and wealth is being destroyed look for companies that are making money and willing to share it with you.

Sam F. Wida, a local financial and tax advisor, specializes in retirement rollover, financial planning and personal and small business income taxes. Initial consultations are free. Phone: 714-375-0028. Office: 16152 Beach Blvd #271 Huntington Beach.

# Proposition 7

*Why everybody hates clean energy*

By DOUG KORTHOFF  
OC Voice Columnist

Sceldom has a solar proposal drawn such uniform enmity as Proposition 7 that appears on the November election ballot. Big utilities, both major political parties, labor unions, solar installers, environmental, business and taxpayer groups all deplore it.

Those responsible for the electric grid must plan for the periods of peak power, which are weekday afternoons, especially in summer. Even one minute of shortage is a brownout, although during off-peak hours demand falls and there's a surplus of electricity. Providing economic power within the daily rise and fall of the electricity usage curve is their problem.

There are two types of electrical power generators: those that run best at constant output (nuclear, natural gas, coal), but require a long time to stop and start, and those that can be easily started when demand rises (hydro). Peak power is so valuable that water is pumped up to reservoirs such as Lake Castaic every night; the next day, the pumps turn into generators to meet daytime peak.

Solar power performs best during the times the grid needs power the most. Thus, solar is a natural "peaker" unit, which "comes on" only when needed, and turns itself off when big generators are brought down, an expensive and dirty process. Solar homes live under shade (there's a 6-inch air gap under the panels) which cools the roof at the same time the panels make electricity to run air conditioners, which have less work to do.

Electricity from solar generators thus has an intrinsically higher value than other kinds of electricity. Furthermore, solar rooftop "plants" need no fuel, no maintenance workers, and lower the burden on pole-mounted transformers and long-distance transmission lines.

So what's not to like about solar? Why isn't every rooftop solar?

An easy calculation shows that if all the roofs of America were solarized, it would make more power than needed, even if all of our cars were plug-in electric cars.

Why aren't insightful, prudent politicians and utility companies reaching out to the public, encouraging it to solarize their roofs?

The first thing to understand is that it's all about power, but not the kind that heats homes.

The big utilities were granted a monopoly to control the electric supply, and they want to maintain it. Opposition to rooftop solar power by the utilities is trenchant and determined. When people put solar panels on their rooftop, it's really "power to the people" because they drop off the billing system.

It isn't only utilities that suffer. Those companies that supply fuel to the power plants, such as coal, natural gas and uranium vendors, and the unions that are needed to run the plants, all are afraid of a loss of control, power, jobs and/or business.

Prop 7 forces utilities to buy more renewable power and creates a mechanism for solar concentrator plants in the desert run by the utilities. It is silent about distributed rooftop power; so it doesn't do much, but it's still too much for the power brokers.

Certainly the utilities could have reached out to local homeowners, paying for solar PV systems on otherwise unused roofs. Instead, SCE is fighting against cities like Oxnard, trying to put in dirty "peaker" plants that are only needed in the daytime. SCE never considered using the same amount of money (\$45 million) to find 4,500 solar homes in Oxnard willing to solarize their rooftops.

Utilities have fought the implementation of solar power instead of promoting it even though it solves their peak usage problem. They prefer fiery out-of-state coal plants.

Environmental groups stood by while Schwarzenegger put substantial obstacles in the path of anyone daring to put solar on their own private property. Under the guise of stopping citizens from ripping off the solar tax rebate, he required a complex system of "predicted performance" that makes the cost uncertain and requires dozens of pages of new red tape.

If solar power were promoted, we'd have clean electric power. But the utilities would have less political power, unions less work, pols fewer bribes, and the enviros would not have an issue on which to raise money.

So in a sense, the united opposition to this measure shows what a farce our "energy policy" has been.

The measure is flawed, of course. Instead of installing solar in the desert, it should order utilities to help citizens put it on their own rooftops. But it does force languid, bribed officeholders to do something, instead of nothing.

And nothing is what will happen if Prop 7 fails.



Solar House

# Save Our Ancient History

*Stop Brightwater development*

By FLOSSIE HORGAN  
OC Voice Guest Columnist

Issues concerning the archaeological excavations at Brightwater continue to grow. In a letter dated April 8, 2008, to the California Coastal Commission, the Native American Heritage Commission Larry Myers states, "The NAHC remains concerned about the Brightwater- Bolsa Chica Project. The NAHC has not received a report clearly showing the dates, locations and details of burial discoveries. At this point based on information available and the large number of burials recovered and associated items, it appears that the whole area may be a burial ground."

We have learned:

- The reburials of the human remains were far more than "bone fragments" as conveyed by the coroner reports. Burials of "the ORA 85 people" are not a few bone fragments.
- The archaeologist for the developer has confirmed that "the 22 coggled stones found at the 'house pit' of an apparent Shaman or tribal leader are clearly associated grave goods."
- Over 100,000 artifacts
- 4,217 artifacts found during the grading monitoring on ORA 83
- 83 prehistoric features uncovered with the burials
- 1,622 artifacts found during the grading monitoring on ORA 85
- 87 human "bone concentrations" need to be reburied

These recent disclosures raise much larger questions than who is to blame for the current situation. There has never been any doubt that the Coggled Stone site at Bolsa Chica was of international significance. The State Historic Preservation Commission voted in 2001 overwhelmingly to approve listing the Coggled Stone site as a historic site. The only other locations on earth that have such

a concentration of the 8,000 year old coggled stones are two sites in Chile, Huentelauquen site and Quebrada Las Conchas. That alone speaks to the amazing significance of this site.

What is being missed in the recent discourse is the tragic loss of our collective history. The first people of our region lived and raised their families here 8,000 years ago, fished in the water off Bolsa Chica, fashioned tools and jewelry, manufactured these mysterious coggled stones, traveled across to Catalina and laid their loved ones to rest here. All of this was happening 4,000 years before Stonehenge was built, and over 3,000 years before the pyramids of Egypt were constructed.

The fact that it is the last early Holocene coastal village site with an associated cemetery in Orange County should give us all pause. If this had been a Christian burial site, the site would be treated with reverence it deserves. What can be done to recover and remember our collective history? We recognize that Heartside Homes has the permits to build on the 65 acres. Would it be so difficult for Heartside to stop and reconsider this development footprint?

Bolsa Chica is such a place of natural beauty and archaeological significance that a memorial would be a wonderful way to save our precious history and help us all remember the ancient history of this region. Our children and their children would have a way to connect with their first people of Bolsa Chica by visiting this significant site.

Footnote: There will be a revocation hearing on this issue at the October Coastal Commission meeting in Ventura. The petition for revocation was signed by Native Americans from various tribes, the California Cultural Resources Alliance and the Bolsa Chica Land Trust.

Flossie Horgan is Executive Director of Bolsa Chica Landtrust.



Monthly Brightwater Protest

# Drilling

Continued from Page 4

of energy for the American people in order to reduce the price at the pump, according to Rohrabacher's press secretary Tara Setmayer.

"Bipartisan passage of the American Energy Act would demonstrate to the world that America will no longer keep its rich energy resources under lock-and-key. Not only will it help bring down the price of gasoline now, but it will make needed investments in the alternative fuels that will power our lives and our economy in the future" Setmayer concludes.

Drilling advocates claim the lack of increased offshore drilling has contributed to California's growing dependence on imported crude. The state used to produce more oil than it abundant. But overall production peaked in 1983 and has been dropping ever since.

The good news for opponents of new offshore drilling is that the Public Policy Institute of California, a nonpartisan research organization, finds that spiraling gasoline prices might not be the deciding factor for Californians even as the offshore oil push by President Bush and Republican candidate John McCain, as well as

House leader Nancy Pelosi and Democratic candidate Barack Obama, is resonating with the public.

"Tough economic times have not diminished the importance of environmental issues for Californians," said Mark Baldassare, president of the institute. "The environment is seen as a matter of health and well-being, and residents don't want to cut corners there."

Mayor of Huntington Beach and one of Rohrabacher's Congressional election opponents, Debbie Cook (D), agrees. "It is obvious to any observer that oil production, for whatever reason, whether geologic or geopolitical in nature, is not going to keep up with demand."

The U.S. Energy Information Administration, according to the Public Policy Institute staff, report that any new offshore drilling would take a decade or more to get underway and even then would have negligible effect on gas prices.

"The truth is that our economy was built on abundant cheap fossil fuels whose subsidized prices encouraged waste and rapid consumption," Cook says, adding that declining quality and quantity of available oil will devastate the economy.

"We can continue to waste precious time hanging on to the 19th century fuels or we can move rapidly and consistently toward the 21st century responses," Cook warned.

# Letters

Continued from Page 5

August 2008). My first answer to that would be that how come an incident like a guy hurting his foot in Nigeria, a storm in the gulf or our friend in Iran launching a few missiles could raise the price? The week following Bush's announcement that he would lift the presidential moratorium oil dropped. It is the OIL FUTURES market and it is as volatile and reactionary to news as that stock market. News of drilling in the US and new sources of a few million barrels per day coming on line in the future would lower prices today.

The area in Alaska where there are billions of barrels is about 50-60 miles from the existing pipeline, which is currently running at about 50% capacity. This means that additional million bbls pre day of oil could be brought on line relatively fast.

Yes the incident in Santa Barbara was horrible, but not as horrible as 9-11. The level of technology today is far superior to that of 1969. Today most desktop computers have the power of an IBM 7000 series computer (circa late 1960's) that would fill a medium sized

commercial building. A major fact that your article did not reveal was that since the 1969 incident, millions of barrels of oil, as much as the Exxon Valdez disaster, has naturally oozed from the ocean floor and many residents of Santa Barbra are now in favor of using new technology drilling to relieve the pressure of the oil, and lessen the natural seepage. A side benefit of this would be to bring more income to the state of California so Arnold would not have to put the muscle on the Indian casinos, which are laying people off, as high gas prices are keeping people away.

While we should be developing alternate energy, we cannot have this country revert to the Stone Age while we do it. Countries like Russia, and China, who is now drilling off the coast between Florida and Cuba and are moving forward on energy. If we don't we will be able to proudly claim we are turning over pristine property to its new owners, the Russians, Chinese, or the Saudi's, who will be using our money to buy us out.

Kipp E. Kington  
Huntington Beach, CA

[www.ocvoice.wordpress.com](http://www.ocvoice.wordpress.com)



# Saving Wildlife Habitat

Get your own backyard Certified by the National Wildlife Federation

By SARAH S. MOSKO  
Special to the OC Voice

Whether you lament dwindling rainforests or the disappearance of neighborhood cats to hungry coyotes, most of us recognize loss of wildlife habitats as a growing environmental concern.

As an alternative to hand-wringing, the National Wildlife Federation offers ordinary citizens the means to take action by establishing a Certified Wildlife Habitat in their own backyard. It's not only enjoyable but easy. I know because I did it in a matter of weeks despite starting out as an illiterate on the subject of gardening, who was unable to name one in ten plants in my own yard.

Here's how the program works. A yard has to qualify in all five areas outlined below, but each offers a wide range of options, only one to three of which is required per category. Then there's a two-page checklist to fill out - works on the honor system - and a \$15 processing fee. That's it.

#### Food Sources

A diversity of food sources is a must, whether via vegetation bearing fruits, pollen, berries or seeds or just manmade feeders. To get acquainted with my yard, I consulted a local nursery and came away smiling after learning the red and white trumpet flowers of lush honeysuckle vines and pale purple floral clusters on Abelia shrubs are providing nectar for hummingbirds.

As a lover of butterflies, hearing that dainty Teatree flowers supply seasonal nourishment for butterflies as well as bees was welcome news. It seemed a fitting move then to hang a saucer holding rotting fruit - a butterfly favorite - as a supplement for scarcer times.

That birds and ground squirrels enjoy the fruits of my treasured white peach and Japanese persimmon trees was already obvious, but I was pleased to discover that other resident trees or shrubs are abundant producers of tiny fruits or berries also favored by birds - cotoneaster, American pepper, and Indian hawthorn to name a few.

As four birdseed feeders already dotted the



SANCTUARY: Your yard can be certified by the National Wildlife Federation.

yard, I installed, at ground level, easy-to-open hinged & peanut-filled boxes to both support the local squirrel community and entertain my family.

A word of caution to the squeamish: The food chain can rear its head in unanticipated ways - red-tailed hawks come around now in search of morning doves or other avians for whom my yard has become a routine foraging stop.

#### Water Sources

Water sources for drinking and bathing is the category I low-balled because several of the options - like a lake or stream - just aren't in the cards in my seriously suburban neighborhood. An existing birdbath was enough to qualify, but it seemed prudent to add a second, placed more strategically to avoid predators.

A 'butterfly puddling area' is another easy option and can be done without spending a dime. Male butterflies apparently congregate on wet gravel surfaces to sip mineral-laden water. Scientists think it enhances their sex appeal. A pie pan filled with gravel and water, buried to ground level, and voila - a butterfly puddle!

#### Places for Cover

As my taste in landscaping runs in the less

manicured direction, places where critters can find shelter from weather and predators abounded from the get-go. Monstrous perennial shrubs of pittosporum and Indian hawthorn and flourishing xylosma trees all provide excellent off-ground cover for birds year round. A shady grove of Boston ferns, in turn, provides ground level refuge for lizards and hordes of insects. Even a long-neglected woodpile has earned new status as a safe haven for ground-dwellers.

For larger properties, grander scale options are available, like a meadow or pond. However, a humble rock pile, already visited by lizards, and a simple plywood butterfly house were the only wildlife refuge add-ons I made.

#### Places to Raise Young

Venues designed for wildlife to mate and raise young in range from commonplace dense shrubs and tall trees to more exotic wetlands and caves. Living in an older neighborhood where multi-story trees are the norm, my assortment of mature California sycamore, Aleppo pine, American pepper, and crepe myrtle trees, together with copious evergreen shrubbery, more than sufficed.

However, an irresistible opportunity pre-

sented here to dust off a long-forgotten wooden nesting box my daughter made at camp and tuck it among the patio rafters, awaiting any comers.

#### Sustainable Gardening Practices

This category covers strategies to conserve soil and water, minimize applied chemicals and encourage native plant species. Having abandoned chemical pesticides and fertilizers years ago in favor of composting and mulching was alone more than enough to qualify my yard. Moreover, a largely neglected compost pile serves to recycle leaves and small cuttings on site.

My yard is now Wildlife Habitat #107457, but the certificate is anything but an endpoint for me. How I perceive landscapes is forever changed. Where I once saw just eye-pleasing colors and textures, I now try to imagine from the perspective of a bird, squirrel, butterfly, lizard or honeybee. I want my yard to be more about 'them' than it is about me.

I will admit to some pride that I can name most of my plants now. But, the flip side is disconcerting awareness that most are non-native species, some even considered invasive or water-thirsty and ill-suited to this dry climate where annual rainfall is short of 15 inches.

Although I've no mindset yet to evict such interlopers, rest assured that any future plantings will be native and drought resistant. For starters, one sunny garden spot is already designated for broadcasting native wildflower seeds this fall in hopes of establishing a feeding and breeding ground for local butterflies, come summertime.

Certify by mail or online at [www.nwf.org/](http://www.nwf.org/) certify. Showing off your accomplishment with a small yard sign from the National Wildlife Foundation is optional.

Sarah S. Mosko is a member of the Earth Resource Foundation, which is based in Costa Mesa. For more information, please visit [www.earthresource.org](http://www.earthresource.org) or call (949) 645-5163.

## BUSINESS & SERVICE DIRECTORY (714) 656-3607

**The Democratic Club of West Orange County**  
Serving Orange County Democrats for 18 years  
Visit us at: [www.dcwoc.org](http://www.dcwoc.org)

Advertise in the Orange Coast Voice

Welcoming All  
**FAIRVIEW COMMUNITY CHURCH**  
A Vibrant, Open, and Loving Church  
Encouraging Each other in Our Faith  
Growing in Our Lives of Service  
Reverend Sarah Halverson  
Sunday Morning Service 10:00 a.m.  
Wednesday Bible Study 7:00 p.m.  
Theology on Tap - Thursdays (Call for more information)  
2825 Fairview Road  
Costa Mesa, CA 92626 (714) **545-4610**  
(Corner of Fair & Fairview) [www.ocfairviewchurch.org](http://www.ocfairviewchurch.org)

**SHAPIN & BUCHANAN**  
Social Security Attorneys  
Free consultation! No fee unless you win!  
2000 E. 4th Street, St. #120  
Santa Ana, Ca. 92705 (714) **567-0188**

**R.C.I.**  
Roofing & Construction Co., Inc.  
Residential • Commercial • Industrial  
Specializing in all types of Roofing, Repairs, Fencing, Fencing Repairs, Decking & Coatings  
(949) 650-1079 Construction Lic. B & C - 39 704392  
with integrity

Vibrant Food for Vibrant Living  
Dine IN Take Away Fast to Go Catering  
We turn good food into great taste and great taste into good health by offering the freshest ingredients.  
7AM - 7PM MONDAY TO SATURDAY  
5930 Warner Avenue, Huntington Beach, 92649  
[goodtogoorestaurants.com](http://goodtogoorestaurants.com) | 714.840.6400

OEX  
SUNSET BEACH  
Andy Allen  
[andy@oexsunsetbeach.com](mailto:andy@oexsunsetbeach.com)  
[www.oexsunsetbeach.com](http://www.oexsunsetbeach.com)  
16910 Pacific Coast Hwy.  
Sunset Beach, CA 90742  
(562) 592-0800

GET YOUR SMOG CHECK FOR ONLY \$29.95\*  
WHEN YOU PRESENT US WITH THIS COUPON!!!  
+1 Free Re-Test if Needed!  
\*CA Cert + ETC fee apply. Cash Only  
HB SMOG INSPECTION  
17281 Beach Blvd.  
Huntington Beach, CA 92647  
(714) **698-0208**  
[hbsmogtestonly@yahoo.com](mailto:hbsmogtestonly@yahoo.com)

## O.C. VOICE RESTAURANT REVIEW



### Silk Thai Cuisine

*Authentic & good enough for royalty*

By **DAVID L. M. PRESTON**  
OC Voice Staff Writer

**A**uthenticity, particularly in food genres, is a word that is much bandied about but can be pretty elusive. Every chef, and even every home cook, can have a unique signature take on even the simplest dish. Add an ethnic specialty to the equation and it becomes exponentially more complicated, though there are some general guidelines, though difficult to articulate, that can usually be agreed upon by the majority of tasters.

So it is with the above caveat that I approach the wonderful Silk Thai Cuisine, located in Huntington Beach (I'd say

surprisingly wonderful food, but the consensus of the people I spoke with, and the research I did, prior to visiting, was that it served excellent and "authentic" Thai food). My gut reaction, moments after looking at the menu (actually, even at walking in the door and the kind greeting I received from the attentive staff), was that this was a fine traditional take on the mainstays of Thai food.

I am certainly not royalty, but let me venture, a bit boldly, that King Bhumibol Adulyadej himself may happily sup here and appreciate the obvious care that is given to the food's preparation and presentation. No disrespect at all intended.

As an appetizer I'd thoroughly recommend the warm, savory E-San

sausage (\$7.99), presented on a bed of lettuce and with a distinct homemade sausage flavor. The Thailand-ubiquitous Satay (\$7.99, chicken or pork), with peanut sauce, is also a good start. Each dish can be specifically tailored to the taste, spiciness and ingredients of the patron's choice.

There are many vegetarian choices and practically every meat entrée can be ordered with tofu options. There is also a "level of spiciness" option. The wait-staff asks for a numerical ranking from "1 to 10," ten being the hottest. This attention to specificity was much appreciated.

So I ordered an impressive cup of Tom Yum Gai (\$6.99 for a cup; \$8.99 for a pot) a chicken and mushroom soup with

a lemony-sour broth, at a comfortable, for me, spiciness level of 7. I, personally, wouldn't go much higher. Other soups, such as the coconut milk soup base Tom Kha Gai, are also available to sample.

As an entrée I tried the chef's rendition of Pad Krapow, with chicken (\$8.99). This was a stir fry, which I had with steamed white rice, containing chili pepper, garlic and the matchless sweet Thai basil herb which is handled so well. The dish was well balanced flavor-wise and the chicken was nicely accented by the peppers.

Various other curries, in a colorfully-name selection (Red Curry, Yellow Curry, Green Curry, Pineapple Curry, and one mysteriously named Jungle Curry), are on the menu, each also at \$8.99.

For dessert I tried the Crispy Banana Roll (\$4.99), which consisted of banana wrapped in a light won-ton covering and quickly deep-fried. The dipping sauce which came with it had a mango hint to it, but I actually couldn't identify its flavor, its nom de plum simply being "special sauce." I loved the sauce, and the hot banana flavor, but have to admit that though very crispy the roll-covering itself was a touch unassuming. It distracted a bit from the banana and sauce flavoring. But if dessert was just a touch disappointing, the rest of the meal was not.

Authenticity is up for grabs, definition-wise, but from my own travels and my own culinary explorations I confidently agree with the crowd: Silk Thai is some of the best, authentic, Thai food you'll find in Orange County. Try the Larb (\$8.99) and decide for yourself.

*Silk Thai Cuisine*  
Newland Center  
19690 Beach Blvd  
Huntington Beach, CA  
(714) 964-1151  
[www.gosilkthai.com](http://www.gosilkthai.com)

# SHOOT THE TUBE!

Subscribe to the Orange Coast Voice  
and don't miss another issue!

Empower  
our community  
by supporting  
free and  
independent  
journalism!

### I WANT TO SUBSCRIBE TO THE OC VOICE!

One Year @ \$25  Two Years @ \$45  Three Years @ \$60

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Pay by Credit Card (Check one):  VISA  MASTERCARD  AMERICAN EXPRESS

Credit Card # \_\_\_\_\_ Expires \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Amount Authorized \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Mail to: Orange Coast Voice, 419 Main St., #209, Huntington Beach, CA 92648.

If paying by check or money order, please make payable to the Orange Coast Voice