
If You Only Buy One Thing This Week, Make it This

The Hampstead Butcher & Providore



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(it's only available for a couple more weeks)

👉🏠 If you go down to the woods today, chances are you won't come across bears picnicking but you'll find a carpet of wild garlic - far better in our opinion. With its strong unmistakable smell and delicate white flowers, wild garlic can be added to pesto, salads, soups and..... cheese. Our **Wild Garlic La Bouse** is a delicious, super seasonal edition of this smooth, creamy, cow's milk cheese. It's now available in-store, but you'll have to be quick because it won't be around for long.

🍖 As for other seasonal produce, we have our succulent **new season lamb**. To make the most of it you can order our **English Lamb Box**, which includes a classic selection of free-range lamb cuts for you to cook or freeze. Serve with spring vegetables such as roasted parsnips and carrots, artichokes, kale or new potatoes which you can make into a potato salad with different **mayonnaises**.

🥚🍷 Whilst asparagus season doesn't usually start until the end of April, this year has seen an earlier start to the season due to warmer temperatures at the beginning of the year. You can't beat asparagus and poached eggs for breakfast, especially when they are **Fenton Farm's** award winning blue-green, brown and white eggs. Up your game by wrapping your asparagus in free-range Blythburgh pork **green streaky dry cured bacon**.

Want to learn more about the best ways to cook lamb or to see our seasonal produce? Visit one of our stores - we'd love to chat!

See you soon.

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