

Article

Rygor colleague dons his running shoes in memory of colleague.

Gavin Brown, a colleague from Rygor Commercial in Gloucester, is no stranger to a challenge and he's about to take on his toughest one yet! On 20 June Gavin will be taking part in the Black Mountains ultra-marathon. The gruelling feat of endurance will see Gavin running 50 miles across the beautiful black mountains of Wales.

The reason Gavin is undertaking the challenge is one very close to his heart, he's aiming to raise at least £2000 for the charity [Prostate Cancer UK](#) in memory of his friend and former colleague James Watt. James sadly passed away from the disease in 2018 and was helped immensely by the charity.



The Black Mountains, where Gavin will begin his marathon.

Gavin said, "James was a dedicated, passionate and valued member of the Rygor team. As soon as he started work we formed a bond, whether working on projects professionally or socialising at the weekends with our respective families. James was a true team player, who loved the outdoors. I want to do this for him."



James Watt (left) and Gavin Brown attending the Rygor Christmas party in 2016.

Rygor Commercial managing director, Greg Allan, commented, “We are very proud of Gavin and his commitment to the cause. James is very much missed and Prostate Cancer UK helped him to live as normal a life as possible for as long as he could. We would be happy to double the donation total so the charity can continue their vital work.”

You can follow Gavin’s training journey and donate via his [Just Giving](#) site. Good luck Gavin, we have everything crossed for you.

Social media post



Rygor Commercial Gloucester colleague Gavin Brown is lacing up his running shoes to take part in the gruelling Black Mountains ultra-marathon. Gavin is aiming to raise £2000 for the charity Prostate Cancer UK in memory of friend and former colleague James Watt. [Read our blog](#) to discover more about Gavin’s journey and donate.

E-mail

Dear colleagues,

On Wednesday 20 June 2021, Gavin Brown from Rygor Commercial Gloucester is taking part in a 50-mile marathon through the Black Mountains in Wales. He has undertaken the challenge in memory of his good friend and colleague James Watt. Gavin hopes to [raise at least £2000](#) for the charity [Prostate Cancer UK](#). James sadly passed away from the disease in 2018 and Gavin wants to pay tribute to his former colleague and friend.

“James was an enthusiastic salesperson, who was proud to represent Mercedes-Benz through Rygor. He won the prestigious title of Salesperson of the Year twice in 2016 and 2017. It would mean so much if his memory could be honoured in this way”, said Gavin.

The 50-mile trek will take Gavin through some of the toughest terrain Wales has to offer but he is more than prepared. “James and I used to love fell running most weekends and so I’m very much up for the challenge. Prostate Cancer UK helped him to live his life to the full, with dignity and I can’t thank them enough for that”.

Rygor Commercial managing director, Greg Allan, added, “We are very proud of Gavin and his commitment to the cause. James is very much missed and [Prostate Cancer UK](#) helped him to live as normal a life as possible for as long as he could. We would be happy to double the donation total so the charity can continue their vital work.”

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James Watt (left) and Gavin Brown attending the Rygor Christmas party in 2016.

