

























# Competitive advantage and market entry for *Whatlf Studios*



# COMPETITOR ANALYSIS

	WhatIf	Shyft	Healthifyme	Curefit
Market Awareness				
Core Products				
Mobile App				
User friendly				
Marketing & Social Media Presence				
Subscription Charges				

# TARGET AUDIENCE



Demographic



Geographic



Psychographic



	Category 1 (Women)	Category 2 (Daily)	Category 3 (Chronic Wellness)
Age	25 – 45	25 – 45	35 – 65
Gender	Female	All	All
Occupation	Working	Working and non working	Working and non working
Location	Tier I Cities	PAN India	Tier I & Tier II Cities
Social Status	Middle to Upper class	Middle Class	Middle to Upper class
Lifestyle	Mindful eating Stress Management Fitness	Fitness Mindful eating	Mindful eating Sleep patterns Mental Health Fitness



# WHAT IF COMPETITORS – SWOT ANALYSIS

## STRENGTH

- Established consumer base
- Collaboration with well-known brands (Vistara)
- Good social media presence
- Referral program
- Strong Funding

## WEAKNESS

- No social media influencer tie ups
- No private label
- Low B2C Offerings
- Lacks consumer ecosystem

## THREAT

- Price sensitive customers
- Increased competition from healthcare services (Practo, 1MG)

## OPPORTUNITIES

- Fitness offerings
- Launch private labels
- International consumer base

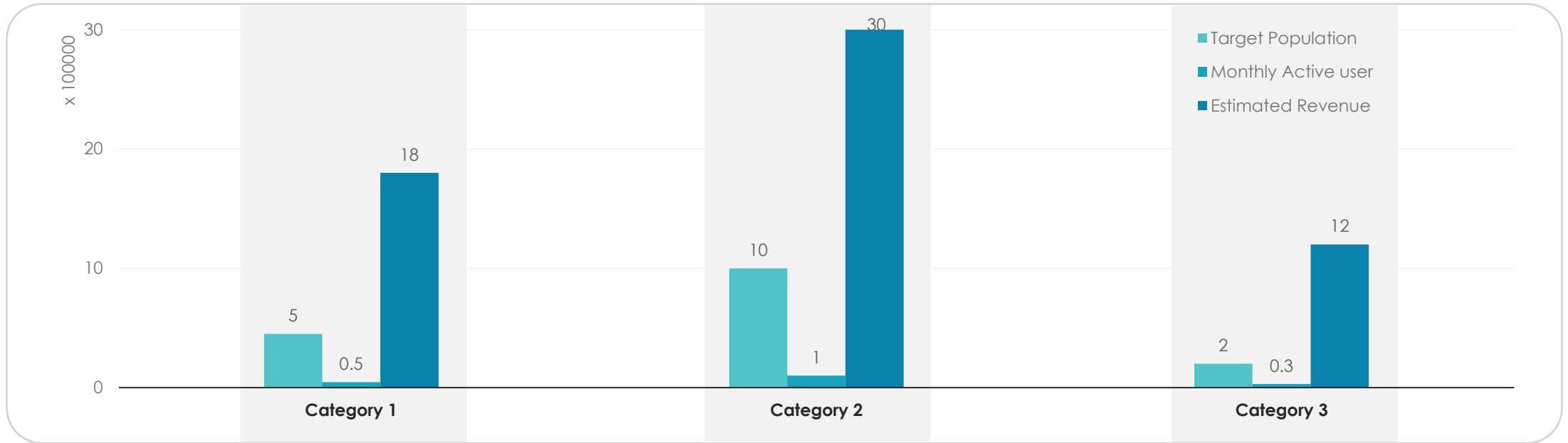
## Point of Difference:

- Affordable offerings
- Private label Eco-friendly merchandise
- Complementary content (Fitness video sessions)
- *WhatIf* subscribers IM groups
- Focus on conscious living rather in addition to clinical treatment of chronic wellness
- Issuance of Newsletter for Gold members

## Point of Parity:

- Similar consumer base
- Similar offerings

# Market Growth: Customer Base & Revenue



## Creating Market awareness and growth (Price Sensitive Group)

Target Population for Category 1: 4,50,000  
 Estimated MAU:  $0.10 \times 4,50,000 = 45,000$   
 Subscription rate: 2% =  $45,000 \times 0.02 = 900$   
 Monthly price: 1500 (Initial Deep discounting)  
 Monthly revenue add:  $900 \times 1500 = 13,50,000$

## Increase Market Penetration (Price Sensitive Group)

Target Population for Category 1: 10,00,000  
 Estimated MAU:  $0.10 \times 10,00,000 = 1,00,000$   
 Subscription rate: 2% =  $1,00,000 \times 0.02 = 2000$   
 Monthly price: 1500 (Initial Deep discounting)  
 Monthly revenue add:  $2000 \times 1500 = 30,00,000$

## Market Expansion (Price Insensitive Group)

Target Population for Category 1: 2,00,000  
 Estimated MAU:  $0.15 \times 2,00,000 = 30,000$   
 Subscription rate: 2% =  $30,000 \times 0.02 = 600$   
 Monthly price: 2000 (Price Hike)  
 Monthly revenue add:  $600 \times 2000 = 12,00,000$

*\*Note: Cult cumulatively charges 3532 for fitness, Mindfulness & diet training  
 Shyft charges on an average 2000 per month per user for Nutritional services*

# User Persona

- A user persona is a representation of a particular user segment of WhatIf mobile App & services.
- Understand User's psychology
- Addition/deletion of features, Interaction design

## Question asked during Interview:

**Q:** WhatIf is a nutrition and fitness solution provider .What do you look for in a application of such kind?

**A:** Over Internet, currently there are lot of disparate information, no one stop solution. Even the information is not specific to my needs and I find conflicting views to the same approach. Verified information isn't readily available

**Q:** Would you be willing to purchase merchandising products from the app.

**A:** Initially no, maybe later once I see the need

**Q:** Would you be more willing to stay on the app if your friends & colleague were to use the same app

**A:** Yes, if my circle uses the same app, it will be better as my circle also practices physical wellbeing

SHRUTHI SHETTY

WHAT IF

Age: 30  
Location: Bangalore  
Occupation: IT Engineer  
Status: SINGLE  
Income: 15,00,000

## Motivations

Nutritionists

Family & Friends

Social media Blogs

## Personality

Introvert  Extrovert

Technical Skills



" I would like to use an app that answers all my queries on healthy living and provides authentic means for it"

## Goals

- To be regular in meditation and mindfulness
- To regularly eat healthy
- To ensure daily physical activity, look good
- Reduce anger and increase productivity

## Pain Points

- Unable to find one-stop solution for healthy living
- Internet has a lot of conflicting views over simple needs
- Can't decide healthy items to eat

## Technology

- Fast Internet access
- iPhone user
- Most used app: Utility & Video Streaming

USER JOURNEY MAP	Search for Mindfulness	Search for Dietician	Book Appointment	Perform Action	Next Engagement
User Goals	<ul style="list-style-type: none"> <li>Find Certified <b>Yoga/ Meditation</b> Instructor with pre-booking facility</li> </ul>	<ul style="list-style-type: none"> <li>Find <b>Certified Dieticians</b> with pre booking facility over call or online</li> </ul>	<ul style="list-style-type: none"> <li>Seamless and hassle-free booking with instant confirmation</li> </ul>	<ul style="list-style-type: none"> <li>Easy online(recording available) consultation/sessions with data privacy</li> </ul>	<ul style="list-style-type: none"> <li>Creation of <b>health plan with visibility</b> on upcoming sessions, scheduled in calendar</li> </ul>
User expectations	<ul style="list-style-type: none"> <li>High availability of instructors</li> <li>Low cancellations/postponement</li> </ul>	<ul style="list-style-type: none"> <li>High availability of Dieticians</li> <li>Low cancellations/postponement</li> </ul>	<ul style="list-style-type: none"> <li>Multiple payment options</li> <li>Multiple available dates</li> <li>Option to reschedule</li> </ul>	<ul style="list-style-type: none"> <li>Private conversation</li> <li>On-time sessions</li> <li>Comfortable gender ratio in yoga/ meditation sessions</li> </ul>	<ul style="list-style-type: none"> <li>Upcoming sessions</li> <li>Provide feedback</li> <li>Batch discussion</li> </ul>
Process	<ul style="list-style-type: none"> <li>Simple UI/ UX</li> <li>FAQs/ Reviews</li> <li>Online chatbot</li> </ul>	<ul style="list-style-type: none"> <li>Simple UI/ UX</li> <li>FAQs/ Reviews</li> <li>Online chatbot</li> </ul>	<ul style="list-style-type: none"> <li>User makes payment &amp; schedules sessions</li> </ul>	<ul style="list-style-type: none"> <li>User takes part in 1-1 dietician and yoga/meditation sessions</li> </ul>	<ul style="list-style-type: none"> <li>User updates diet chart and daily/weekly goals (reward mechanism)</li> </ul>
Experience	<ul style="list-style-type: none"> <li>User should feel safe &amp; comfortable (<b>Chronic Wellness</b>) with the instructor (user reviews)</li> </ul>	<ul style="list-style-type: none"> <li>Safe, confidential and confident</li> </ul>	<ul style="list-style-type: none"> <li>User should be made available with session details (batch size, rooster)</li> </ul>	<ul style="list-style-type: none"> <li>Sufficient call duration</li> <li>Q&amp;A from user</li> </ul>	<ul style="list-style-type: none"> <li>No hassle of booking each session</li> </ul>
Touchpoints	<ul style="list-style-type: none"> <li>Interaction with Instructor (Website Application, customer care)</li> </ul>	<ul style="list-style-type: none"> <li>Interaction with Dieticians (Website Application, customer care)</li> </ul>	<ul style="list-style-type: none"> <li>Video/ Audio call</li> <li>Note taking and goal setting</li> </ul>	<ul style="list-style-type: none"> <li>No technical difficulties and sessions are recorded for user review</li> </ul>	<ul style="list-style-type: none"> <li>Automatic session booking</li> </ul>
Pain points	<ul style="list-style-type: none"> <li>Unavailability of preferred personal instructor</li> <li>Long wait time</li> </ul>	<ul style="list-style-type: none"> <li>Unavailability of preferred Dietician</li> <li>Long wait time</li> </ul>	<ul style="list-style-type: none"> <li>User is unable to get quick confirmation</li> </ul>	<ul style="list-style-type: none"> <li>User is unhappy if sessions are rescheduled</li> </ul>	<ul style="list-style-type: none"> <li>Users goals are not met</li> </ul>
Ideas	<ul style="list-style-type: none"> <li>Instant notification to instructor for confirmation</li> </ul>	<ul style="list-style-type: none"> <li>Instant notification to dietician for confirmation</li> </ul>	<ul style="list-style-type: none"> <li>User should have access to customer support to expedite the booking process</li> </ul>	<ul style="list-style-type: none"> <li>User should be regularly notified about the upcoming session details</li> </ul>	<ul style="list-style-type: none"> <li>Allow user to have ad-hoc support</li> </ul>

## WHATIF Mobile Application

Features:

- Chronic Wellness
- Mindfulness
- Merchandising



PRODUCT PRICING



- **Free Content to build Market awareness**
- **Membership model- Premium, Gold & Elite**
- **Subscription model**
  - Weekly, Monthly & yearly plans
  - Referral Programs
  - 2 level Pricing model: Subscription based & Booking based

## MARKETING MIX

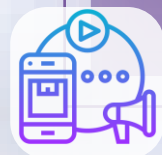
B2C

Digital product –  
Mobile Application &  
Website

B2B

Enterprise Edition

PLACEMENT PROMOTION



- **Digital Advertising:** YouTube, Instagram
- **Offline Advertising:** Tie-ups with local Dieticians, Therapists & Instructors
- **3rd party:** Tie-ups with 'Mindfulness apps' such as Calm, Headspace
- **Events**



# GO TO MARKET STRATEGY

## Clarify your value proposition

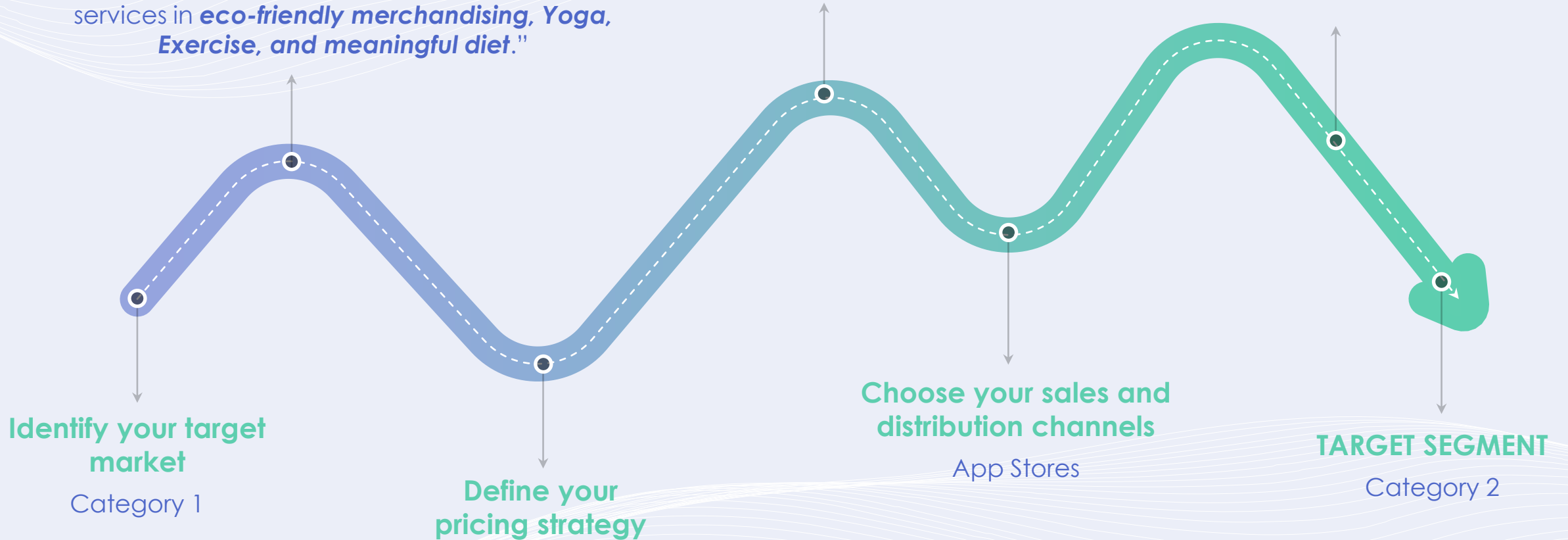
“For **people between the ages 25-65**, who are **looking at lifestyle management and ways to manage chronic wellness**, **WhatIf** is an application **for healthy living and conscious lifestyle** that **offers affordable choices towards mindful living & conscious lifestyle** because of its services in **eco-friendly merchandising, Yoga, Exercise, and meaningful diet.**”

## Craft your promotion strategy

- Social Media
- Email Marketing
- Social Media Ads
- Content Marketing

## Set metrics and monitor your performance

- Customer acquisition cost (CAC)
- Cost per dollar of sales expense
- Closing/ conversion rate
- Length of the sales cycle
- DAU/MAU



The image features a person's hands in the background, holding a string of light-colored prayer beads. In the foreground, a small, weathered Buddha statue is seated in a wooden bowl, adorned with a dark, multi-strand necklace of beads. The scene is set against a dark, teal-toned background.

THANK YOU

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IIM Kozhikode