Essential and Inclusive Feminist Films to Add to Your Watchlist

There's no absolute to what makes a feminist film — it's a spectrum.

Streaming Services



By Jordan Nishkian | Last modified: January 17, 2024



female, trans, and nonbinary experiences, or disrupt the boundaries of the binary entirely. Some of the most powerful pieces of feminist media that come to mind share parallel plots of a female character finding agency

Cheers to movies featuring female equality and representation. (Image: Animal Pictures)

There are many ways a film can be feminist. It could push feminism's sociopolitical agenda of equality, encourage conversations on

despite living in a world where she's denied rights and/or opportunities because of her sex or gender. With that being said, a film doesn't have to make a big deal about overcoming sexism to be feminist, either.

One of my favorite examples of inclusivity and representation in TV is "Schitt's Creek." The show is known for its LGBTQIA+ representation and for highlighting the joy of being seen. While many LGBTQIA+ storylines showcase the trials and prejudices queer characters can face, "Schitt's Creek" creator Dan Levy decided to craft a world without it. "I have no patience for homophobia," Levy shared at the 2018 Vulture Festival. "As a result, it's been amazing to take that into the show. We show love

Similarly, a film's plot doesn't have to create a misogynistic world to build a feminist storyline; it's not wrong or a bad thing to do, but it also isn't mandatory. Sure, we love a confident, badass female character who can overcome these trials, but we also love a soft, flawed female character who doesn't need to impress male characters (or viewers) by disrupting an absurd patriarchal standard. We're allowed to respect these female characters simply for existing — they don't have to go to an extreme to earn it.

and tolerance. If you put something like that out of the equation, you're saying that doesn't exist and shouldn't exist."

This introduces another important point: A strong female lead doesn't guarantee a film is feminist. So what needs to happen for a movie to be considered a feminist film? It doesn't need to be an over-the-top melodrama about overthrowing the patriarchy, it certainly doesn't need a trope-y "strong female lead," and it doesn't need a "Good for Her" ending. It doesn't even need to pass the Bechdel-Wallace Test.

In my opinion, its primary goal is to exist beyond sexism and highlight the female experience through a female or nonbinary lens,

but this could be different for everyone — all the more reason to showcase more diverse voices and experiences.

Notes on Feminism and Inclusion

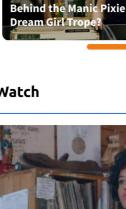


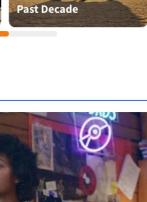
Don't get me wrong: Feminist storylines with white, cis-straight women as the leads still hold merit, but we can't pretend that this narrative accounts for all women's perspectives.

There will always be room at the table for more diverse stories, voices, and backgrounds, and hopefully, we'll see more of those in the future.

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student in Sacramento who dreams of escaping to an East The story of a Black woman in the South who finds her identity Coast college. after surviving decades of abuse.

This list barely scratches the surface of all the feminist films out there, but here are some that are definitely worth the watch (or

'Desperately Seeking Susan' (1985) A bored housewife from the suburbs of New Jersey becomes

captivated by a free-spirited woman featured in personal

Rent or buy on Amazon Prime Video 'Thelma & Louise' (1991)

Rent or buy on Amazon Prime Video 'The Watermelon Woman' (1996)

A young Black lesbian filmmaker delves into the life of The

'But I'm a Cheerleader' (1999)

lesbian.

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In suburban Detroit during the mid-1970s, a group of male

friends become fixated on five sisters who are closely guarded

A sweet, naive teenager is enrolled in a rehabilitation camp by her conservative parents when she's suspected of being a

A modern coming-of-age tale of love, rejection, and triumph unfolds as a young Maori girl strives to fulfill a destiny that her

'In the Cut' (2003) A writing professor from New York City has an affair with a

'Saving Face' (2004) A gay Chinese American woman and her traditionalist mother grapple with their reluctance to publicly acknowledge secret

loves that defy cultural expectations.

Rent or buy on Amazon Prime Video

Revolution. Rent or buy on Apple TV

Based on the eponymous graphic novel, "Persepolis" follows an

outspoken Iranian girl growing up during the Islamic

'Appropriate Behavior' (2014)

A young trans woman in Virginia dreams of becoming a designer in New York.

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Stream on Hulu

'Boy Meets Girl' (2014)

know that they're being hunted by a lonely vampire. Rent or buy on Amazon Prime Video 'Obvious Child' (2014)

An unexpected pregnancy forces a 20-something comedian to

face the realities of independent womanhood for the first time.

The desolate Iranian ghost town of Bad City may be thick with

the scent of death and isolation, yet its inhabitants still don't

'A Girl Walks Home Alone at Night' (2014)

Stream on Max

'The Love Witch' (2016)

'American Honey' (2016)

her, but her magic comes with fatal consequences. Stream on Peacock

A modern-day witch is set on getting men to fall in love with

Rent or buy on Apple TV

Seeking stress relief from caring for her mother, a closeted

'Signature Move' (2017)

prestigious ballet school to pursue her passion. Stream on Netflix

The summer before she leaves for college, a father and

dance company, ensnaring all those who enter its doors.

'Suspiria' (2018) A nightmarish, ominous force swirls at the core of a renowned

Stream on Amazon Prime Video

'Booksmart' (2019) Two bookish high schoolers are determined to fit four years'

worth of fun into one night before they graduate.

her cousin's impromptu wedding in China.

City as undocumented immigrants from Mexico.

Stream on Netflix 'The Garden Left Behind' (2019)

'Little Women' (2019) Follow the story of the March Sisters, a family of women

A trans woman and her grandmother navigate life in New York

'Kajillionare' (2020) An outsider's invitation to join her criminal parents in a major

'Miss Juneteenth' (2020)

Stream on Hulu

Stream on Hulu

rebellious teenage daughter in preparation for the Miss Juneteenth pageant. Stream on Netflix

'Never Rarely Sometimes Always' (2020)

seizes the chance to pursue her longtime crush, but finds

herself falling for an unexpected teammate instead.

Two teenage girls from rural Pennsylvania set out for New York City to seek medical assistance following an unintended

A single mom, once a beauty queen herself, guides her

'Saint Omer' (2022) A novelist attending a criminal trial with the intention of

Stream on Hulu

Coming soon to Hulu

scientist she calls "God."

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lesbian Muslim woman takes up lucha-style wrestling when she falls in love with a Mexican woman.

'Girl' (2018)

Stream on Amazon Prime Video

Navigating her gender dysphoria, a talented dancer enrolls at a

Stream on Peacock

'Hearts Beat Loud' (2018)

daughter form an unlikely songwriting duo.

Rent or buy on Amazon Prime Video 'The Farewell' (2019)

A Chinese American woman must keep a family secret during

determined to live life on their own terms during the aftermath of the American Civil War.

'Portrait of a Lady on Fire' (2019)

closer to her subject with each passing day.

Stream on Amazon Prime Video

heist turns a woman's life upside down. Stream on Peacock

A French painter in the 18th century is commissioned to paint a wedding portrait of a woman before her nuptials, only to grow

'Crush' (2022) Pressured to join her high school track team, an aspiring artist

Stream on Peacock

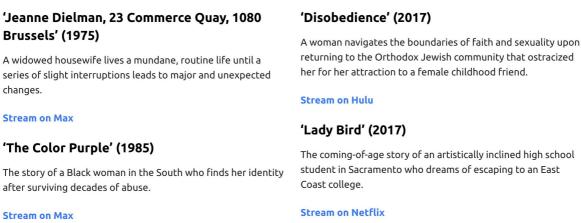
pregnancy.

Stream on Hulu 'Poor Things' (2023)

Dive into the extraordinary story of a young woman brought

back to life through the brilliant and unorthodox methods of a

crafting a modern-day adaptation of Medea finds her plans taking an unexpected turn as she questions her own judgments.



Embarking on what was meant to be an adventure, two best friends find themselves on the run from law enforcement.

portraying 'mammy' archetypes. Rent or buy on Amazon Prime Video

Watermelon Woman, a Black actress from the 1930s known for

'The Virgin Suicides' (1999)

by their strict, religious parents.

'Whale Rider' (2002)

Stream on fuboTV

grandfather refuses to acknowledge. Stream on Hulu

police detective who's investigating the murder of a young

Stream on fuboTV 'Persepolis' (2007)

woman in her neighborhood.

A young woman juggles identifying as the idealistic Persian daughter, a hip Brooklynite, and a politically correct bisexual without success. Stream on Amazon Prime Video

With nothing to lose, a teenage girl hits the road with a traveling magazine sales crew, entangling herself in a whirlwind of hard partying, law-bending, and young love.

'The Breadwinner' (2017)

A young girl in Afghanistan disguises herself as a boy to provide for her family after her father is captured by the Taliban.

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