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Top 6 Affordable Instagram-worthy Spas in London

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Of course, a spa break is to help you relax, recharge and refresh. You're there to indulge in uninterrupted relaxation - phones off! But if the spa has pool with chandeliers, or an underwater music system, or an ice fountain, it would be rude not to take a snap for Instagram.

Whether you're spending some quality time with your other half this Valentine's Day, indulging in some well deserved me time or taking a spa break with the girls, a stylish spa is guaranteed to do the trick, especially if you're looking to jazz up your Instagram feed.

Unplug, unwind and experience the purity of life in luxury without paying the huge price tag. Here are some of our favourite photo-worthy spas in the city.

ESPA Life at the Corinthia

A photo posted by Kristin Hettermann (@gracedelivers) ([https://www.instagram.com/p/BMj-RqYgevA/...](https://www.instagram.com/p/BMj-RqYgevA/))

London's most exclusive, most luxurious spa, offering world class pampering treatments - the dramatic Thermal Floor at ESPA consists of an Amphitheatre Sauna, Steam Room, Feature Showers, Ice Fountain, Pool, Vitality Pool with various air and water massage jets, marble heated lounges and relaxation bays.

While treatments are around the £300 mark, you can enjoy full access to the spa, with a delicious one-course lunch and a glass of Champagne or freshly-squeezed juice at The Spa Lounge for just **£145** pp.

<https://www.espalifeatcorinthia.com/> (<https://www.espalifeatcorinthia.com/>)

Urban Retreat at Harrods

A photo posted by Urban Retreat (@urban_retreat) (<https://www.instagram.com/p/BOXZ-3JgEDT/>) on...

Enter a world far away from the hustle and bustle of city life to relax and unwind in a beautifully handcrafted environment that resembles regal Morocco. Experience the Orient with the Moroccan Hammam spa, one of the best in the world and easily one of the most luxurious in London - this spa is guaranteed to rack in the likes. Do you really need any more convincing?

Full access to the warm room, relaxation and changing areas, plus complimentary fresh juice from The Urban Retreat Café, Moroccan mint tea, dried fruits, nuts and a selection of crudités is just **£29**. Treatment at the Urban Retreat are cheap - a one-hour long Discovery Hammam treatment is just **£45!**

<https://www.urbanretreat.co.uk/harrods/> (<https://www.urbanretreat.co.uk/harrods/>)

Agua at Mondrian London

A photo posted by Mondrian London (@mondrianldn) (<https://www.instagram.com/p/BOuu1H2hcKy/>) ...

Agua Bathhouse and Spa in Mondrian London at Sea Containers embraces the Hollywood glamour with bold statement art and design by Tom Dixon. An insta-ready eye-catching, gigantic, copper-plated teardrop dangles over a sunken pool for you to spruce up your feed. Opt for the back and body package. For just **£100**, you can experience the back and body special spa package with Lola's Apothecary, including an organic body scrub and back, neck and shoulder massage as well as your choice of bath oil from Lola's Apothecary.

After your 50 minute treatment, you can enjoy full use of the spa and gym facilities - perfect opportunity to take a snap.

*<https://www.morganshotelgroup.com/mondrian/mondrian-london/spa-fitness>
(<https://www.morganshotelgroup.com/mondrian/mondrian-london/spa-fitness>)*

Le Kalon Spa at the Bentley Hotel

A photo posted by The Bentley London Hotel (@thebentleylondonhotel) (<https://www.instagram.com/p...>)

Le Kalon Spa is a wellness sanctuary set inside The Bentley London. An authentic marble hammam is the focal point of the spa - luxury that speaks for itself in a picture. The spa's opulent marble interior is complimented with intricately hand painted walls and soothing colour palette - pictures galore! Opt for a spa-happy hour and choose from four treatments and enjoy 45 minutes of pure bliss for just **£60**. You can even treat yourself to a 24 carat gold facial for **£99**.

<http://thebentley-hotel.com/le-kalon-spa-kensington.html> (<http://thebentley-hotel.com/le-kalon-spa-kensington.html>)

The Health Club at One Aldwych

A photo posted by One Aldwych Hotel (@onealdwychhotel) (<https://www.instagram.com/p/4o85nwPb-...>)

The Health Club at One Aldwych offers a range of luxurious treatments. Nestled within the tranquil setting of The Health Club is their stunning chlorine-free swimming pool. This hidden gem is equipped with an underwater music system. The 18-metre / 59-foot swimming pool has soft mood lighting around the pool - perfect for a pool shot. Enjoy body treatments here from just **£55**.

<http://www.onealdwych.com/health-club/> (<http://www.onealdwych.com/health-club/>)

Chuan Body and Soul at The Langham London

A photo posted by Elyon Z (@elyonxotic) (<https://www.instagram.com/p/BHDIOtQhtPw/>) on Jun 24, 2...

Enjoy Europe's first Chuan Spa in the 5-star Langham Hotel in central London. Although now closed until August 2017, this spa is one to keep in your books. The spa has a pool with chandeliers and a Himalayan rock salt sauna. Details of the new spa have not been released yet, but if the previous spa is anything to go by, Chuan spa is a must.

<http://www.chuanbodyandsoul.com/en/London/index.html>
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