

RESILIENCE, INC

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FOR IMMEDIATE RELEASE

RESILIENCE, INC PARTNERS WITH POWERFUL YOU

Tampa, Florida (October 14, 2020) –Resilience is proud to announce that we have partnered up with Powerful You. Powerful You is dedicated to enhancing the school curriculum in some of the same ways as Resilience, Inc. Powerful You not only provides successful SEL coping mechanisms and counseling programs, they also are working towards bringing Social Emotional Learning to school’s everywhere. Powerful You has created an emotional wellness program that directly compliments Resilience’s SEL curriculum and enhances the experience overall for children and adults. We are excited to work together towards expanding the school curriculum to fit every child’s social and emotional needs. Together, we can make a lasting impact on the well-being of the future generations!

About Resilience, Inc

Resilience is dedicated to distributing learning tools to teach emotional intelligence to K-12 schools, with the hopes of reducing school shootings, drug addiction, depression, low student engagement and poor test scores. For more information about Resilience, Inc, visit its website at <https://mylearningtools.org/>

About Powerful You

Powerful You is a website with resources for guidance counseling, breathing techniques, helpful videos, and emotional wellness lesson plans. The proactive, repetitive emotional wellness program was designed to help you spend more time connecting and bonding with children and less time worrying and stressing. Powerful You is focused on improving the emotional well-being of our children and looking to change guidance counseling in a fun and effective way. For more information about Powerful You, visit its website at <https://www.powerfuleyou.info>

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RESILIENCE, INC DEPLOYS SELENA TO DREAM ACADEMY

Tampa, Florida (September 17, 2020) –The U.S school system is challenged with multiple problems including below average test scores, a lack of respect for teaching staff and elders, poor student engagement, and low levels of self-discipline. These issues have decreased student attendance and confidence in the school system. The affect of this is that an average of 1.2 million students drop out each year. Students with a deficiency in mental and emotional resilience show an increase in rates of depression, suicide, and drug use. To counteract these problems, Resilience, Inc developed its own curriculum that addresses the core issues, and this curriculum will now be used by Dream Academy.

Resilience utilizes SELENA, Social Emotional Learning Enhancement Application, curriculum to K-12 students to develop their self awareness, self-regulation, social awareness, relationship management and, goal setting and decision making. Social Emotional Learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, maintain positive relationships, and make responsible decisions. The SELENA program has 5 core topics. These 5 topics are broken into 65 brief lessons that can be fit into Language Arts, Social Studies, Health class and others. Resilience, inc believes that mental strength and emotional resilience are just as important for children to learn in school, along with their current primary core classes.

About Resilience, Inc

Resilience is dedicated to distributing learning tools to teach emotional intelligence to K-12 schools, with the hopes of reducing school shootings, drug addiction, depression, low student engagement and poor test scores. Resilience, Inc is focused on making a positive impact on the school system, educating children about various topics including Empathy, Diversity, Anger Management, Gratitude, and others. For more information about Resilience, Inc, visit its website at <https://mylearningtools.org/>

About Dream Academy

Dream Academy is a Private K-12 School registered in the State of Florida (School Code 9366). We are a Blended Learning School, offering 24/7/365 access, with a series of Learning Centers to provide in-person support and regular contact. We offer a High School Diploma and Associate in Arts degrees, as well as a number of Workforce and Military preparation options. For more information about Dream Academy, visit its website at <https://www.dreamacademyschools.com/>