

Tisha Berg

M.A., TLLP

I am a graduate of the Michigan School of Psychology in Farmington Hills, MI. My work experience includes providing therapy for the LGBTQ population in a community mental health center, assisting with behavioral and medical research studies in a University setting and providing care for hospital patients dealing with chronic illness and end-of-life issues. My current clinical focus is on social justice, crisis intervention and helping clients heal from traumatic life experiences.

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EDUCATION

M.A. Clinical Psychology

Michigan School of Psychology

09/2018 – 07/2019

Farmington Hills, MI

Domestic Human Sex Trafficking Continuing Education Workshop

Michigan School of Psychology

05/2019

Certificate in Clinical Hypnotherapy

Hypnosis Motivation Institute

08/2008 – 09/2009

Tarzana, California

B.A. Theater History

Hunter College of the City University of New York

09/1996 – 06/1999

New York, NY

WORK EXPERIENCE

Counseling Intern

The Center for Relationship and Sexual Health

02/2019 – 07/2019

Royal Oak

Psychotherapy private practice focusing primarily on relationship dysfunction, gender issues, addictions and behavioral problems.

Tasks

- I worked with individual clients to help them manage grief, develop tools for managing anxiety and repair relationship dysfunction.
- I created and presented community mental health workshops on various topics including cultural sensitivity, LGBTQ education, preventing sexual abuse and avoiding trauma overload when working in the mental health field.
- I helped facilitate support groups for Transgender youth and adults.

Contact: Joe Kort – joekort@joekort.com

Counseling Intern

Affirmations Center

09/2018 – 12/2018

Ferndale, MI

Info:

- I provided individual therapy sessions for clients in a Community Resource Center that serves the LGBTQIA population in SE Michigan.
- I worked with transgender clients on adjustment issues and preparations for commencing hormone replacement therapy.
- I completed workshops on cultural sensitivity and gender inclusion and provided informational resources for community members.

Contact: Heather Aymer – haymer@goaffirmations.org

WORK EXPERIENCE

Clinical Care Extender (CCE)

Cope Health Solutions

10/2013 – 09/2015

Glendale, CA

COPE Health Scholars, a division of COPE Health Solutions, provides an educational opportunity for individuals interested in making a difference in health care, advancing their careers, and building lifelong relationships and learning through the COPE Connect network.

Tasks:

- Took patient vitals
- Assisted nursing staff with feeding, bathing, transporting, admitting and discharging patients
- Accompanied physicians on patient rounds
- Provided general patient care/assistance in Oncology, Critical Care, Surgical and Cardiac Catheter Lab units

Contact: Alex Mitre – gamcalumni@copehealthscholars.org

Blogger/Web Content Writer

Self-Employed Freelancer

09/2009 – 07/2016

Home-based

Tasks

- I wrote blog posts, search engine optimized (SEO) and advertorial-style articles, press releases, newsletters and other marketing content for my own blog, small businesses and high profile corporate events.

Hypnotherapy/Counseling Intern

Hypnosis Motivation Institute Clinic

04/2009 – 09/2009

Tarzana, CA

Tasks

- Provided therapy services and hypnosis sessions to assist clients with issues such as weight loss, stage-fright, work-related stress, relationship building and anxiety, among other problems.

Stay-at-Home Mom

Primary caregiver to 2 daughters over a period of 12 years

05/2004 – 07/2016

Burbank/Glendale, CA

Achievements/Tasks

- PTA Board member (historian), Girl Scout troop leader, Classroom parent helper, Art Program teaching assistant and many other roles.

RESEARCH EXPERIENCE

Appendicitis Study (11/2014 – 11/2015) [↗](#)

- UCLA, Dept. of Emergency Medicine (Santa Monica Hospital) - Surveyed newly admitted patients & examined blood test results to determine eligibility/interest in receiving antibiotic regimen instead of surgery for their condition. Entered resulting data into a research database. (Talan, D.A., Saltzman, D.J., Mower, W.R., Krishnadasan, A., Jude, C.M., Amii, R., DeUgarte, D.A., Wu, J.X., Pathmarajah, K, Morim, A., Moran, G.J.)

Urology/UTI Study (01/2015 – 11/2015)

- UCLA, Dept. of Emergency Medicine (Santa Monica Hospital) - Obtained urine specimens and distributed questionnaires to Emergency room patients to help researchers develop more effective treatments for urinary tract infections.

National Emergency X-Ray Utilization Studies (NEXUS) Head CT Validation (04/2015 – 11/2015) [↗](#)

- UCLA, Dept. of Emergency Medicine (Ronald Reagan Hospital, Westwood, CA) - Presented questionnaires to ER doctors who were treating newly admitted emergency room head trauma patients. The questionnaires determined whether patients met criteria to forego expensive CT scanning without risk of missing any serious intracranial injuries. (Mower, W.R., Gupta, M., Rodriguez, R., and Hendey, G.W.)

Schema, Emotion and Behavior-Focused Therapy for School Children (SEBASTIEN Jr.) Study (07/2014 – 09/2014) [↗](#)

- UCLA School of Education & Information Studies in collaboration with the UCLA Center for Autism Research & Treatment (CART) - Worked as part of the observation team visiting children at their schools during recess to conduct observations surveys. The project was designed to help school-aged children with Autism Spectrum Disorder (ASD) learn how to improve their peer relationships and adaptation to school. (Wood, J.)

RESEARCH EXPERIENCE

Poverty & Resilience (05/2019 – 07/2019)

- Michigan School of Psychology, Farmington Hills, MI - Reviewed participant surveys and created reports that outlined the overall emotional and social strengths, weaknesses and challenges experienced by the participants. The goal was to identify growth areas in which mental health practitioners could best offer education, resources and tools to assist families in marginalized and financially impacted populations. (Chavez-Korell, S. and Newell, M.)

LEADERSHIP ACTIVITIES

Coca-Cola Company (2015) - 5By20 AMBASSADOR - Traveled to Atlanta, GA to help celebrate and promote the launch of the online store for 5By20, a Coca-Cola Company global initiative to enable the economic empowerment of 5 million women entrepreneurs by 2020. From handbags to earrings to bracelets and iPad covers, artisans in disadvantaged communities around the world make 5By20 store items by hand using recycled beverage packaging to increase their family's income. (06/2015 – 06/2015) [↗](#)

"The Talk" on CBS-TV (2014) - SOCIAL MEDIA AMBASSADOR/INFLUENCER - Participated in a promotional campaign for the daytime television show "The Talk" on CBS. Activities included writing blog posts, live-tweeting, on-air appearances and roundtable discussions with the show's hosts. (09/2014 – 09/2014) [↗](#)

Blog Talk Radio - Hosted a weekly internet radio show about entrepreneurship and the importance of finding an intersecting balance between work, skills and passion. (04/2010 – 07/2011)

Save the Children (2016) - VISITING FELLOW - Traveled to Washington, DC to learn about Save the Children's national scope of work protecting children before, during and after emergencies. Met with Save the Children experts, communications leaders and government officials charged with protecting U.S. children from disaster. Participated in a roundtable exchange of ideas, information and strategies aimed at inspiring unprecedented awareness and action to keep children safe in emergency situations. (08/2016 – 08/2016) [↗](#)

PreMed Life Magazine (2015) - Student Advisory Board Member - As a UCLA Extension intern, I, along with 12 other college students, offered feedback about the articles, advice and resources being shared with the magazine's readership. (2014 – 2015) [↗](#)

CONFERENCE & COMMUNITY MENTAL HEALTH PRESENTATIONS

Society for Humanistic Psychology (03/2019)

Annual Conference (Corvallis, Oregon)

- Poster presentation, March 2019. "Put Your Anger Down or I'll Shoot: Police Brutality, Unjust Incarceration & the Criminalization of Minority Women."

Michigan Academy of Science, Arts and Letters (03/2019)

Annual Conference (Alma, Michigan)

- Poster presentation, March 2019. "Beyond Recognition of Gender and Sexual Orientation - Reducing Stigma, Anxiety, and Depression in Asexual and Other Sexually Non-Conforming Populations." (Co-presented w/ Jared Boot)

Core Learning Inc. (06/2019)

Continuing Education Presentation (Southfield, MI)

- Workshop for trauma workers in the mental health field, "Avoiding Trauma Overload and Implementing Self-Care Practices" (Co-presented w/Mark McMillan, LMSW-CAADC)

SmartLove/SmartSex Monthly Series (07/2019)

Center for Relationship & Sexual Health (Royal Oak, MI)

- Community mental health presentation on how to identify the signs and signals and prevent sexual abuse within family systems.

VOLUNTEER EXPERIENCE

Various Volunteer Roles (Fundraising, Food Delivery, Senior Assistance, Holiday Helper)

Big Sunday

2009 – 2016

Los Angeles, CA

Info:

- Organization that recruits volunteers and promotes year-round community service at various locations in the Los Angeles area.

Teaching Counselor

Birch Family Camp

06/1998 – 06/1998

New York, NY

Info:

- Summer camp for children and families dealing with critical and terminal illnesses. I served as a drama counselor for kids ages 5 - 15.