



FOUNTAIN  
LIFE™

# Executive Health Program



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[fountainlife.com/EHP](https://fountainlife.com/EHP)

→ Become the CEO of your organization's health.

**\$575 billion**

The cost of lost productivity due to employee sick time.

**15.7%**

The percentage of payroll costs attributable to lost supervisor productivity.

**2%**

The amount shares of US firms drop after announcement of an executive illness.

→ The body is amazing at hiding diseases

**14.4%**

of Fountain Life Members have a life-saving finding.

**2.0%**

of Members find cancer. Treatment alone accounts for 12 percent of employers' **\$125 billion** in medical costs in the United States.

**2.5%**

of Members have an aneurysm. The mean hospitalization cost for endovascular aortic aneurysm repair was **\$45,304**. The average aneurysm-related readmission and reintervention costs were **\$13,119** and **\$22,023**, respectively

[University of Georgia](https://papers.ssrn.com/sol3/papers.cfm?abstract_id=2155756)

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[John's Hopkins](https://www.johnshopkinsolutions.com/paying-attention-cancer-pays-off-employees/)

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[Journal of Vascular Surgery](https://www.jvascsurg.org/article/S0741-5214(19)32780-6/fulltext#secsectitle0010)

[https://www.jvascsurg.org/article/S0741-5214\(19\)32780-6/fulltext#secsectitle0010](https://www.jvascsurg.org/article/S0741-5214(19)32780-6/fulltext#secsectitle0010)



The best way to protect your leadership team's health, and your company's fiscal security, is by preventing and reversing serious disease and illness.

The Fountain Life™ Executive Health experience puts you in control of your well-being, enabling you to become the CEO of your organization's health. Our coveted plan gives you full transparency of your biometric data, and complete ownership of your health data so you can live better, for longer.

**Healthy leadership is good business.**

For your executives, the Fountain program means greater control of their medical needs and choices. For your business, it means protection of your company's greatest assets.



Fountain Life's Executive Health Program offers predictive, preventive, personalized care through a series of diagnostic tests that represent the cutting-edge of medical technology. These tests will determine whether you currently have, or are at risk for developing, any of the leading causes of a shortened healthspan and lifespan, specifically cardiac disease, cancer, aneurysms, metabolic disease, and neurocognitive function.



→ We are proud to provide two offerings to our Executive Health Program Members

- **Precision Diagnostics:** a one-time diagnostic snapshot of your current health.
- **APEX Membership:** a year-long membership, overseen by a functional medicine trained Longevity Health Team.



## → Your healthspan journey starts here

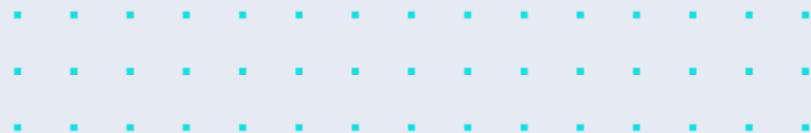
All programs begin at a Fountain Life Center. We are currently in four locations that offer personal and business benefits beyond our doors.



- Lake Nona, Florida – the “smartest” city in the world, located near the Orlando International Airport, is the newest technology hub in the US and a new home to businesses like Johnson & Johnson, KPMG and Cisco.
- Naples, Florida is a great place for a retreat with beautiful beaches and an active waterfront, along with corporate offices of Wells Fargo, AT&T and Walmart.
- Dallas, Texas has long been a hub for travel and business, and it’s the home of world-class professional sports teams the Dallas Mavericks and the Dallas Cowboys
- White Plains, New York is minutes from Manhattan, the global capital of finance, arts and advertising.

Our Centers offer privacy and confidentiality to all our Members, whether it’s in the spa-like waiting area or in one of our conference rooms. We have the capability to host a team meeting or retreat for up to 10 people.

All of our diagnostics equipment is based on the latest technology, and you will find it in a modern, comfortable environment designed to make you feel as welcome as possible.



# → The future of health care is well care.

Each Executive Health Program journey begins with a half-day of testing at one of our Centers, with the following diagnostics tests:

## Scans



### Full Body MRI with AI

Detects cancers and other anomalies of the brain, neck, chest, kidneys, liver, spleen, pancreas, and other abdominal organs as well as bladder, uterus, prostate and other pelvic organs.



### Coronary Computed Tomography Angiography (CCTA) with AI Overlay

Assesses present day heart disease risk by examining your arteries and characterizing any stenosis and plaque.



### Bone Density Scan

Measures your bone density to determine if you have osteopenia (bone loss) or osteoporosis (severe bone loss) that puts you at risk for fractures.



## Genetics and biomarkers



### Executive Blood Panel

Over 80 blood tests containing an extensive and comprehensive set of clinical biomarkers looking at kidney and liver function; autoimmune disease screening markers; cell membrane analysis; and a full set of heart disease risk factors.



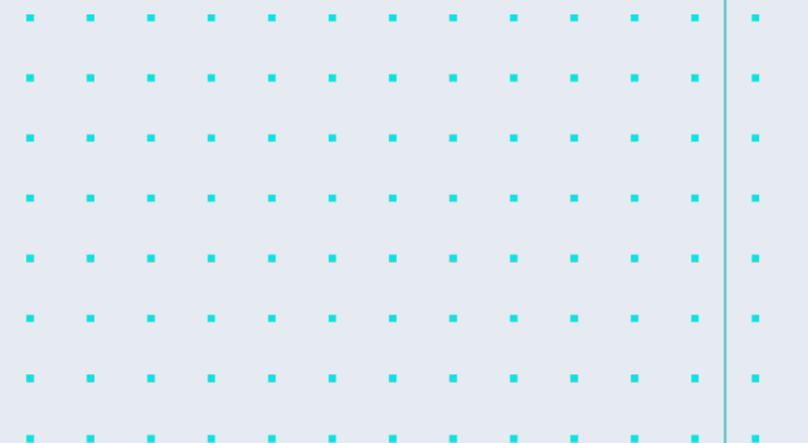
### Genetic Sequencing

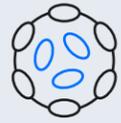
This genomic testing integrates DNA sequencing data with lab values and other properties to enable us to better understand how your DNA affects your health.



### Cancer Detection Blood test

Finds cancers at early stages, so they can be easily treated. Tests for those cancers that don't generally receive screening.





**Gut Microbiome Analysis**

Measures internal cell metabolism which indicates development of chronic diseases including GI disorders and colorectal cancer.



**Biological Age**

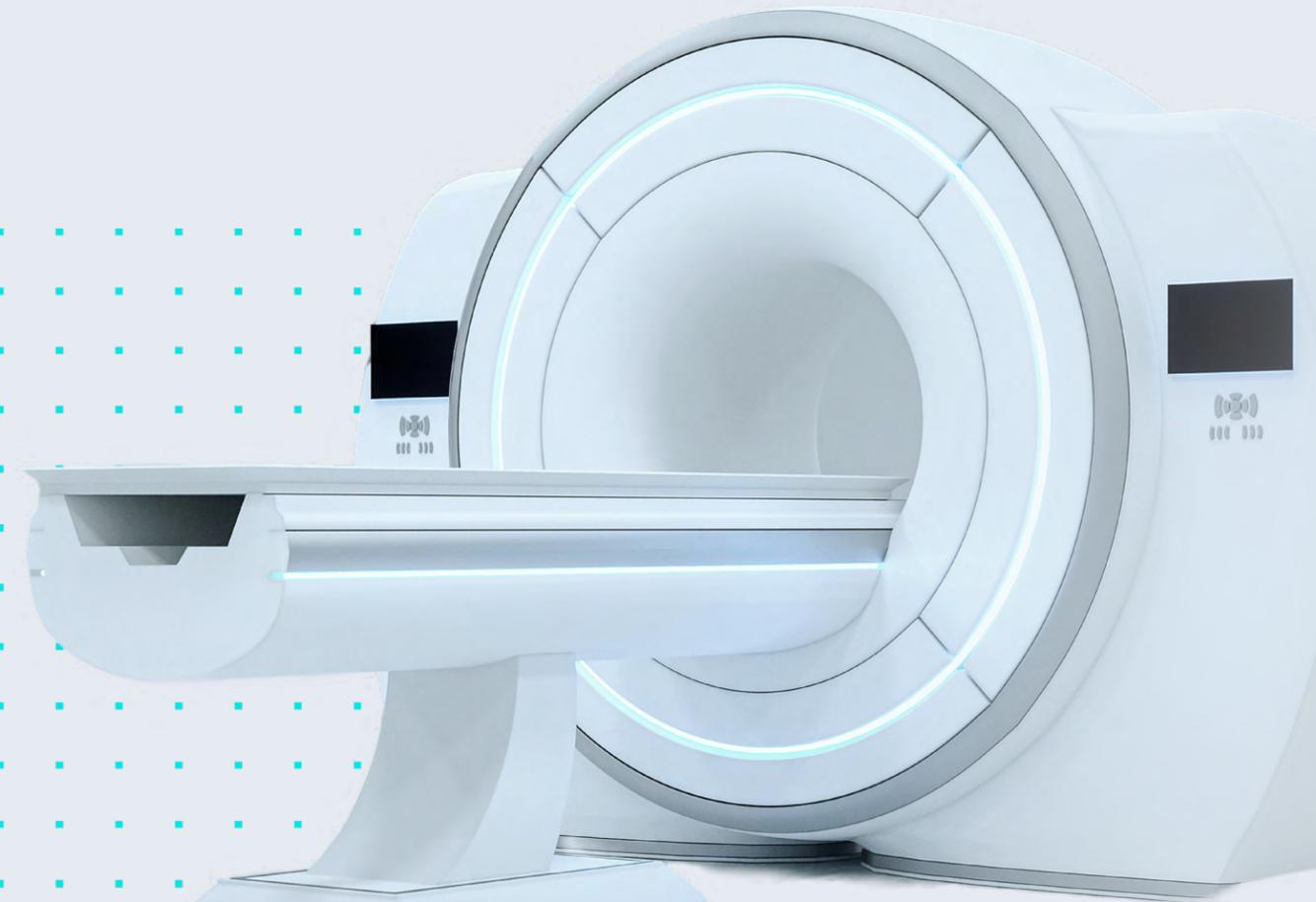
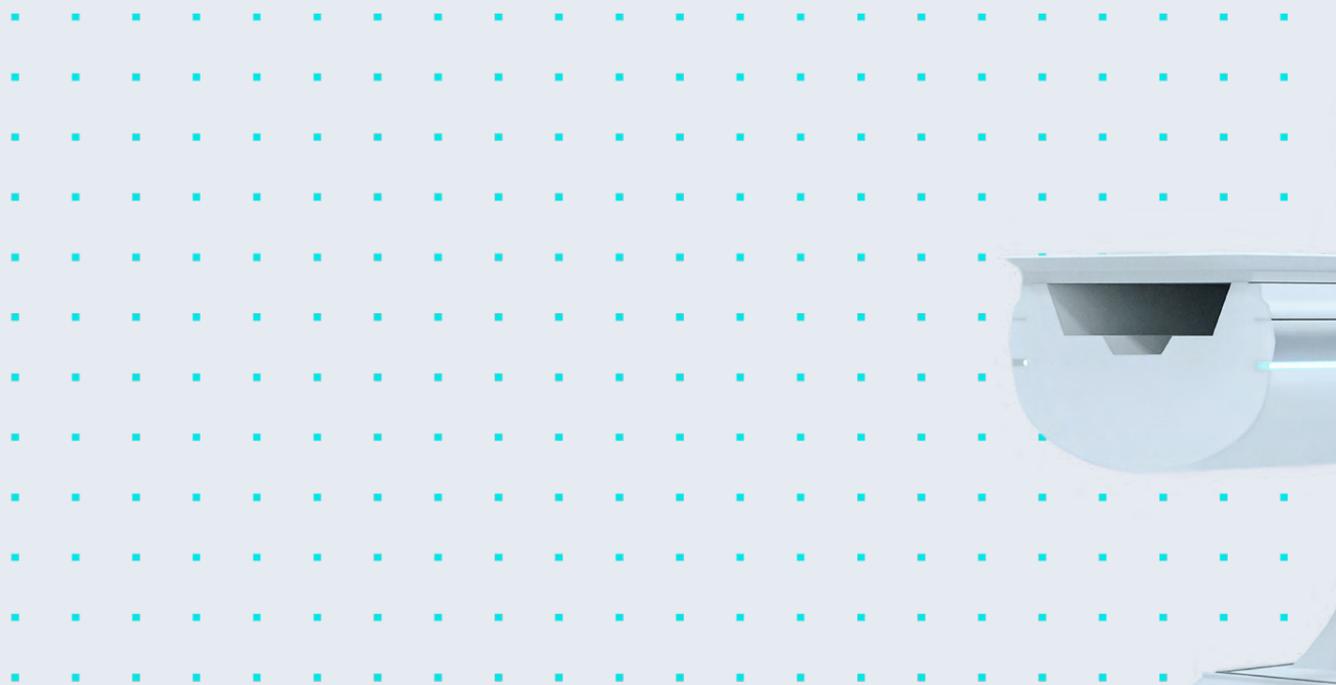
Epigenetic testing determines the impact of your immune system on the age of your cells along 6 different measures.

→ **Precision Diagnostics**

Your Precision Diagnostics plan ends when your testing results are complete

(usually 3-4 weeks after testing)

One of our Longevity Physicians gives you a Review of Results to share with your personal physician for treatment and follow-up.



## → APEX MEMBERSHIP

Your APEX Membership offers the following, in addition to all testing included in Precision Diagnostics:

### Your Year-Round Follow-Up & Health Team

This year-round membership program provides you unparalleled medical oversight with a fully-integrated health care team who follow up on a regular basis to address any health findings, and work to optimize your health and healthspan. These health care professionals will be available to provide you guidance on needed therapeutics (provided on an a la carte basis), and manage your progress to your goals. Your dedicated Health Care Team includes:

- Longevity Physician (trained in Functional Medicine)
- Nurse Practitioner
- Health Coach
- Member Care Coordinator

### Digital @Home Monitoring

The APEX Membership offers you a Member Health Portal and Member App with access to all your testing results and records, and your longevity and optimization roadmap. In addition, as an APEX member you have access to a comprehensive suite of wearables (e.g. Oura Ring, Apple Watch, CGM, Remote Blood Pressure monitoring, Inbody H2ON Smart Scale, Kardia EKG) that integrate with your Member Portal and Health Care team to provide on-going year-round support.

### Precision Diagnostics

- ✓ Diagnostics
- ✓ Review of Results with Physician

### APEX

- ✓ Diagnostics
- ✓ Review of Results with Fountain Life Longevity Physician
- ✓ Ongoing treatment to optimize healthspan
- ✓ Digital @Home health monitoring



## → Credo

We the Founders and leadership of Fountain Life seek to build a global company delivering the most advanced diagnostics and vetted therapeutics to those who seek a longer, healthier and more vital life.

**We believe that humanity is in the midst of a healthspan revolution.** Converging exponential technologies such as artificial intelligence, genomics, CRISPR, gene therapy, cellular medicine and sensors are allowing us to understand why we age and perhaps how to slow, stop and even reverse aging.

We concur with experts who predict that breakthroughs before the end of this decade **will enable us to add decades onto the human healthspan.**

As such, our mission at Fountain Life is to maximize the health and vitality of our members using advanced diagnostics to catch disease at the earliest signs, enabling members to stay healthy enough to intercept the longevity breakthroughs racing towards us.

We seek to extend member healthspan by using a foundation of “functional medicine based protocols” plus an annual 150 Gb “Upload” of imaging, genetic and blood-related diagnostics.

Our goal is to reliably predict future diseases and to detect any such disease at the earliest moment possible, thereby stopping and ultimately reversing its progression, returning our members to peak performance.

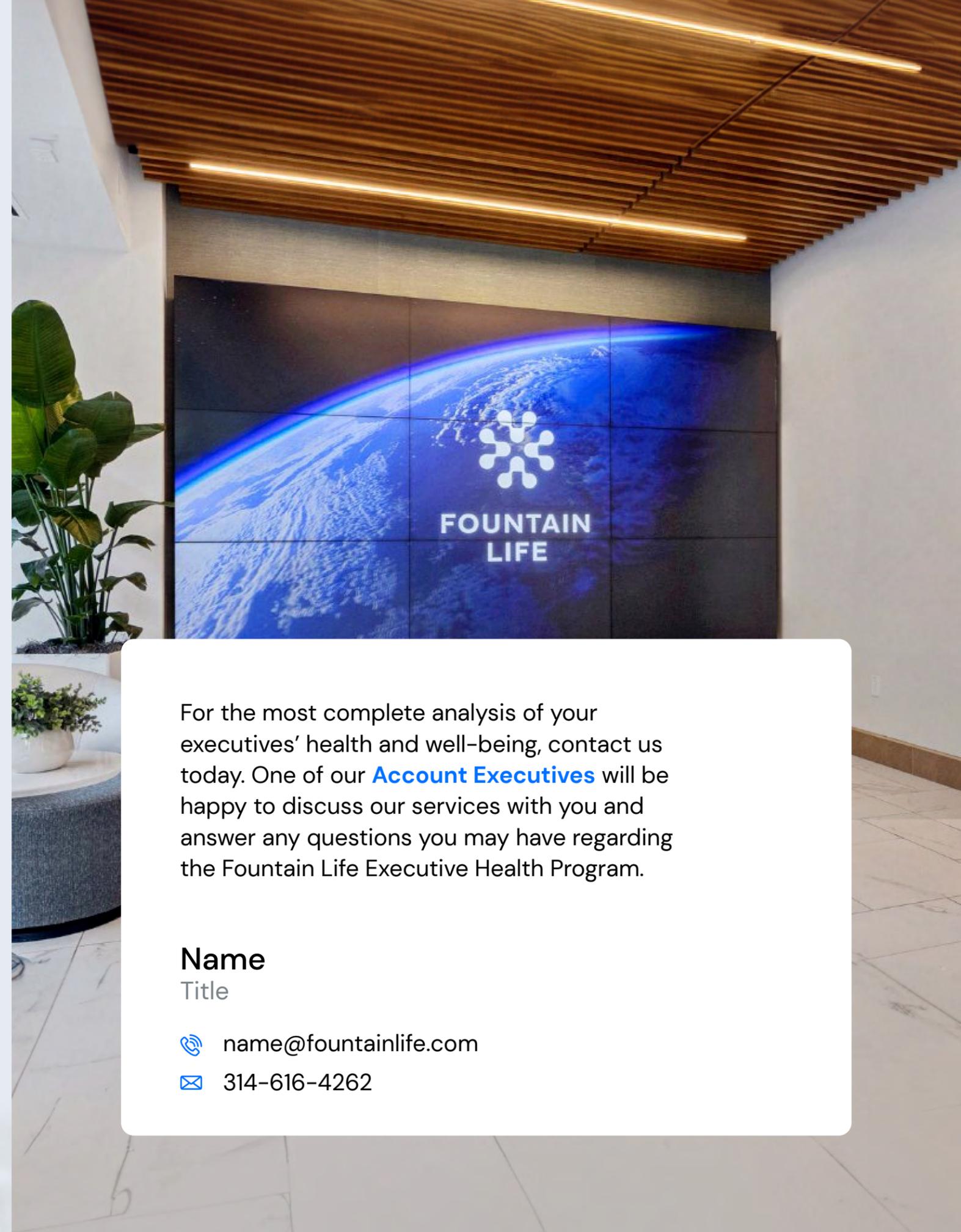


Fountain Life and its network of physicians and scientists are constantly scanning the world searching for low-risk, high-reward therapeutic treatments. Once vetted, those treatments with the greatest promise are made available to all members through our Centers. Fountain Life requires that treatments delivered to its members be either FDA approved or delivered under an approved investigational protocol.

Fountain Life believes that there is no substitution for a brilliant and thoughtful medical team delivering healthcare services. As such, we have developed an innovative care model, utilizing a vertically integrated, 6-person 'Health Care Team'. Each Fountain Life Member is supported by a Longevity Physician, Nurse Practitioner and a group of four healthcare coordinators and coaches. These teams are trained to the highest standards at Fountain University in accordance with A4M, the Functional Medical Institute and other cutting EDGE partnerships.

Finally, Fountain Life also is making use of the most advanced artificial intelligence technologies available in order to enable a smooth and seamless member experience, while at the same time mining our vast data-set to glean personalized insights capable of bestowing lifesaving consequences.

**In Health,  
Fountain Life's Founders & Leadership**



For the most complete analysis of your executives' health and well-being, contact us today. One of our **Account Executives** will be happy to discuss our services with you and answer any questions you may have regarding the Fountain Life Executive Health Program.

### Name

Title

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FOUNTAIN  
LIFE™

# Making 100 Years Old The New 60

Connect with us today  
at [@fountainlife](#) on



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