



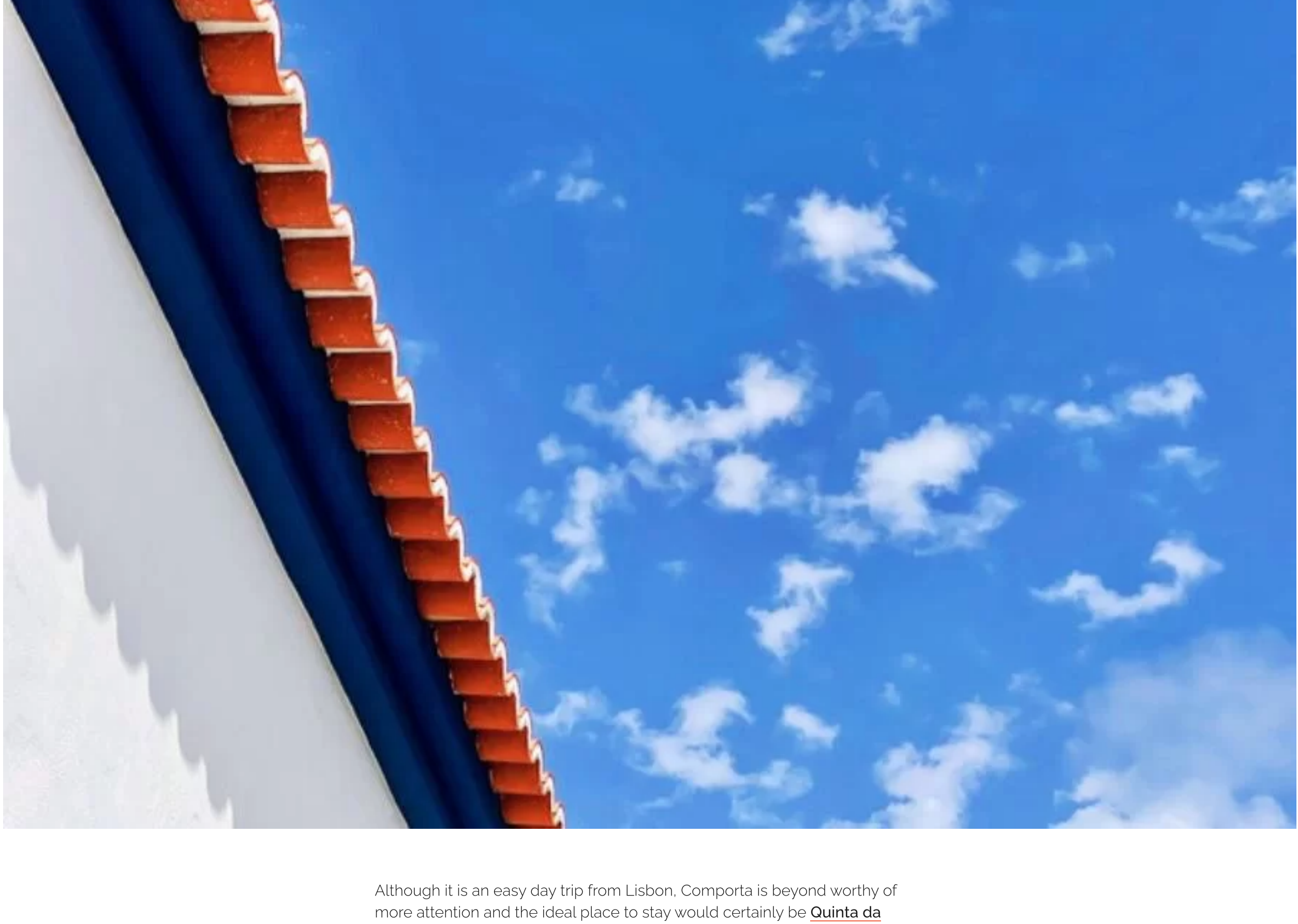
# The Charm of an Unspoilt Rendezvous - the Natural Spell of Comporta

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## A NOTEBOOK OF TRAVEL - DISCOVER THE BEAUTY OF COMPORTA AND THE PORTUGUESE COASTLINE

As H.G Wells said, 'the air of Portugal has a natural happiness in it, and the people of the country should be as happy and prosperous as any people in the world'. It's a notion guests will appreciate as they arrive in Comporta. Little more than an hour's drive from Lisbon, the town couldn't be further from the bustle and noise of the capital city; here, sunshine drifts through the gently swaying pine trees, and the coastal breeze carries with it a tranquillity that defines the landscape. This is an oasis of calm, wellness and relaxation.

The coastal town of Comporta – dubbed *Portugal's best secret beach spot* by Condé Nast Traveller in 2022 – is situated within a region of expansive rice paddies, tumbling sand dunes and dappled canals where barefoot luxury meets a traditional way of living. Laid-back yet glamorous restaurants pepper a town awash with high-end shops and cultural attractions while stalls brimming with fresh fruits and vegetables line the streets and showcase Comporta's rich agricultural heritage. Comporta has welcomed visitors including Andy Warhol, Christian Louboutin and Madonna; it is no surprise the town is fast becoming known as 'the Hamptons of Europe'.



Although it is an easy day trip from Lisbon, Comporta is beyond worthy of more attention and the ideal place to stay would certainly be Quinta da Comporta. A contemporary hideaway located just outside the town, the resort embodies this convergence of tradition and luxury. Quinta da Comporta is set within the town's unique natural landscape where pine trees soar above traditional architecture and protected ecosystems stretch to the horizon. Salvaged materials including wood, glass, wicker and stone stay true to Comporta's heritage and the striking décor created by local artisans creates an authentic space in which guests can admire their craft. Quinta da Comporta champions sustainability; the property makes use of upcycled pre-existing structures and materials and uses solar panels to heat the on-site pools.

The town of Comporta brings to mind slow living and nature-inspired relaxation, practices encouraged at the retreat's Oryza Spa. The experience here is tailored to each guest and the spa facilities and treatments can be combined to create a fully customisable wellness journey. Guests can enjoy the spa's indoor and outdoor heated pools, gym facilities, hammam and sauna as well as private treatment rooms.

However, a true understanding of the local heritage is impossible without first sampling some of the region's finest flavours. Sal Restaurant Comporta is an internationally renowned eatery with all the character expected of a restaurant on the beach. Here, guests can admire the spectacular ocean views from beneath a shabby-chic woven canopy as they feast on traditional Portuguese dishes. Freshly caught fish – such as sea bass and sea bream – attracts diners from all over the country and local produce including sweet potatoes and, of course, rice is the perfect pairing. Its popularity is such that a reservation is a must. Restaurants such as São João, Cavaliça Comporta and Gomes Casa de Vinhos & Petiscos are equally worth a visit.

