



*Persevering for positive outcomes.*

*The comprehensive orthopedic practice  
of Charles Granatir, M.D.  
and Anthony Parks, M.D.*



Central to our practice is the attitude of perseverance. In most cases, orthopedic diagnosis is readily apparent - as is appropriate treatment. In cases where it is not, we find or create the optimum treatment/solution for every patient's medical need.

Specific examples of how this tenacious quest has helped patients, some of whom had almost given up on their situation, are described in the following pages.

## **You have two concerns: the medical problem and your worry about it. We attend to both.**

*Whether an injury or a disease, there are always the accompanying fears..."is this treatable, is the damage permanent?"*

*We provide each and every patient with treatment for the physical, and respect for the worry. We explain our diagnosis and treatments with accuracy, understanding, and full consideration. Dr. Granatir, as an athlete\*, has suffered injuries and been "on the other side of the scalpel". He has experienced a patient's pain and worry that accompany a medical problem.*

*\* Dr. Granatir participates in running, triathlons, mountain and road biking, rollerblading, skiing, swimming, windsurfing, sailing, tennis, golf and weight training. He feels that being a "jock" makes him a better orthopedic "doc".*



*"If anybody ever had major surgery like I had, they're in good hands with Dr. Charles Granatir. His expertise, bedside manners, office staff... they are all so wonderful. I could just write a book!"*

*Betty Carter*

"Dr. Granatir is a highly respected professional in his field, not only as an outstanding orthopedic surgeon but as a kind, compassionate physician. He gives patients an opportunity to be part of the decision-making process in their care. He is especially compassionate when dealing with children. He is a remarkable physician."

Andres F. Leger,  
RT, AART, CT, MR,  
Chief Tech

## **Comprehensive Orthopedic Medical Care: excellence from routine visits to emergency surgery.**



*Few people want surgery, even when they need it. We understand this and recommend surgery only when it is medically and clearly necessary. There is an abundance of accidents, sports injuries, and diseases that require surgery without our practice adding more. This said, should you or a family member require orthopedic surgery, know that we have extensive and successful experience, including:*

*Arthroscopy of knee, shoulder & major joints*

*Diagnostic orthopedics*

*General orthopedic care*

*Disorders of bones and joints*

*Fracture care*

*Sports medicine*

*Total Joint replacements of hip and knee*

*Bone and joint surgery*

*Injuries to the spine and spinal surgery*

*Arthritis care*

*Knee, elbow ligament reconstruction*

*Be assured, you will never be subjected to any unnecessary tests or*



# ***Years of practice supported by exceptional educational foundations.***



*Dr. Granatir graduated from Massachusetts Institute of Technology (MIT); received medical training at Hahnemann Medical College in Philadelphia; and orthopedic training at Montefiore/Einstein University hospitals in Bronx, New York. Prior to establishing his independent practice, he worked at the Harvard Community Health Plan in Brigham & Women's Hospital; Beth Israel Hospital; and Parker Hill Hospital; all in Boston.*

*Dr. Granatir is a Board Certified Orthopedic Surgeon committed to current best practices and medical knowledge in his specialty. To anticipate change, he also studies related medical specialties even though he is not required to do so. He has written and lectured on many sports medicine topics.*

*Dr. Granatir has practiced Comprehensive Orthopedic Care in Kearny, New Jersey since 1986. He has hospital privileges at Clara Maass Hospital in Belleville, Saint Barnabas in Livingston, Columbus Hospital in Newark, and St. Mary's Hospital in Hoboken.*

*Dr. Parks received medical training at Albert Einstein College of Medicine with a highly coveted 4-year Merit Scholar Award. He received a Fellowship in Sports Medicine from the acclaimed Hughston Clinic, founded by Dr. Jack Hughston, the "father of Sports Medicine". He has successfully treated well-known athletes such as Charles Barkley (a former NBA great), and Theo Ratliff (an NFL Pro). His patients, though not all athletes, are happy to benefit from his skills and dedication.*



*"A great surgeon possesses superb surgical skills but also has excellent clinical judgement. I've worked with Dr. Granatir and Dr. Parks over 14 years and feel fortunate to have them as a resource for my patients who need orthopedic care."*

*W. Bleiweiss, M.D.*

# ***Minimally Invasive Surgery: less pain, more rapid recovery.***

"I came for a knee problem. Their complete history revealed my headaches. They ordered an MRI of my brain and discovered a tumor. They saved my life... and fixed my knee! Now I know what they mean by 'comprehensive care!'"

Celebrity patient



Traditional "open" surgery requires incisions extensive enough to allow the surgeon full access the problem area. The larger these surgical incisions, the longer and more painful it is for patient recovery. Arthroscopic surgery involves small punctures or incisions (often 2 inches or less) to insert tiny lens/scope which displays the patient's interior on a video monitor. Special surgical instruments are then inserted in the small opening to perform the procedure. Dr. Granatir and Dr. Parks employ Minimally Invasive

*Surgery techniques whenever advisable. These enable successful results with patients experiencing less trauma and far faster recoveries, particularly with knee, hip, shoulder and wrist injuries. Examples are:*

- 1/ minimally invasive Total Hip Replacement;*
  - 2/ mini open rotator cuff repairs of the shoulder with just a 2" incision;*
  - 3/ arthroscopic Anterior Cruciate Ligament and meniscus (cartilage) repairs of the knee microscopically;*
  - 4/ percutaneous fixation of wrist fractures (scaphoid) to yield scarless repairs depending on the injury.*
- The practice uses current, proven technology in its offices and in surgical procedures.*

# Perseverance provides positive patient results.

Often, Dr. Granatir and Dr. Parks will take on what others have given up on, or say cannot be done. The results they have been able to achieve over the years bolster their belief that professional perseverance is paramount.

1/ Ray Lucas (former Jets quarterback) broke his ankle in his High School football playoffs. Our treatment allowed him to play as Quarterback in the State finals one week later;

2/ Tony Meola (world-class Pro Soccer goalie) injured his ankle in High School, days before being named "Athlete of the Year" by Parade Magazine in soccer, basketball, and other sports. He was told he needed surgery or a thigh-high cast for 3 months. With our treatment, he played basketball 6 days later and was named MVP.

3/ Joseph Daly, star Quarterback for University of Nebraska (a Division 1 powerhouse team), received shoulder repair by Dr. Granatir in the Spring. This enabled him to fulfill his scholarship obligations as Quarterback the following Fall.

4/ Betty Carter could not walk for 5 years with a non-union fractured Femur. After Dr. Granatir's definitive surgery, she walked without any assistance down the aisle at her daughter's wedding the next year.

5/ A national Crew Rower broke his wrist. We devised a special cast that stabilized the wrist and enabled him to row effectively.

The practice of Dr. Charles Granatir and Dr. Anthony Parks: comprehensive orthopedic care and professional perseverance.



"I'm just lucky

I found you.

Thanks a million!"

Tony Meola  
Major League  
Soccer goalkeeper,  
2-time World Cup  
veteran

